LIFE-SAPPING PARA-SITES THAT WRECK **HUMAN SYSTEM**

The following remarkable statement was recently made by L. T. Cooper. It concerns the preparation which hav been so widely discussed throughou. the country during the past year, and has sold in such enormous quantities In leading cities:

"It is now a well-known fact that wherever I have introduced my New Discovery medicine, hundreds of prople have brought internal parasites, or tap-worms, to me. In many cases these people did not know the nature of the parasite, and were consequently ex tremely nervous until I explained the matter to them. In some cities so many have had this experience that the public generally became alarmed.

"I take this opportunity of explain-Ing what these creatures are, and what If have learned about them in the past. "Tapeworms are much more com-

mon than would be supposed. I venture to say that ten per cent, of all chronic stomach trouble, or what is tknown as a 'rundown' condition, is -caused by them. An individual may suffer for years with one of these great parasites and not be aware of it.

"Contrary to general belief, the appetite is not greatly increased—it only comes irregular. There is a general feeling of faintness, however, and a gnawing sensation in the pit of the stomach.

"People afflicted with one of these parasites are nervous and depressed Their chief sensation is one of languor, and they tire very easily. Lack of energy and ambition affect the body, and the mind becomes dull and sluggish. The memory becomes not so good, and the eyesight is generally poorer.

"The New Discovery, in freeing stomsch and bowels of all impurities, seems to be fatal to these great worms, and almost immediately expels them from the system. I wish to assure anyone who has the experience just refated with my preparation, that there is no cause for alarm in the matter, and that it will as a rule mean a speedy

restoration to good health." Cooper's New Discovery is sold by all druggists. If your druggist cananot supply you, we will forward you the name of a druggist in your city who will. Don't accept "something fust as good."-The Cooper Medicine To., Dayton, Ohio.

Mr. Adee in Europe.

Second Assistant Secretary Adee of the state department is on his annual vacation in Europe. In company with Mr. Thackera, United States consul general at Berlin, and Mrs. Thackers. e will devote about six weeks to a Dicycle tour of southern France. He expects to return to Washington about the middle of June.

Catarrh Cannot Be Cured LOCAL APPLICATIONS, as they cannot reach the disease. Catarrh is a blood or constituted that of the disease. Catarrh is a blood or constituted that the catarrh catarrh is a blood or constituted that is remades. Hall's Catarrh Cure is taken in the catarrh catarrh

New Fly Trap.

A Californian has taken advantage nof the fact that files always walk up a window by inventing a trap to be fastened to a pane in such a manner that a fly will enter it without being aware that it has left the surface of the giass.

CUT THIS OUT And mail to the A. H. Lewis Medicine Co.,
St. Louis, Mo., and they will send you free
a 16 day treatment of NATURE'S REMEDY (NR tablets) Guaranteed for Rheumatism, Constipation, Sick Headache, Liver, Kidney and Blood Diseases. Sold by
all Druggists. Better than Pills for Liver
Alls. It's free to you, Write today.

A Surprising Event. Mr. Brown (rushing excitedly into The room) -- Marie, Marie, intelligence has just reached me-

Mrs. Brown (calmly interrupting him)-Well, thank heaven, Henry.-

Get Some Free Land

In Colorado. Rich soil, fine climate. Write W. F. Jones, 750 Majestic Bldg., Denver, Colo., for full particulars.

Looking at it in another way, what mares is there in letting one head of hair make several generations of women beautiful?

When Your Meals Disagree

It is certainly time to take immediate action if you would ward off a serious sick spell. It is positive proof of a weak stomach and deranged digestion and for which you cannot take a better medicine than Hostetter's Stomach Bitters; but remember this, the longer you put off giving the assistance needed by the digestive system the harder it is going to be to cure you. We know of hundreds of cases, taken in hand at the very beginning in which a short course of the Bitters proved very efficacious. Therefore, be persuaded to get a bottle today from your druggist or dealer and thus avoid all possible danger of a sick spell. It is a wonderful tonic and invigorant for overworked, nervous and run-down persons, and in cases of Poor Appetite, Bloating, Heartburg, Indigestion, Dyspepsia, Costiveness, and Malaria it is the best.



Do the Lawmakers Like Baseball? Well!



WASHINGTON.—Chairman Oleott of the special committee which is conducting the Merchant Marine league investigation, is a game statesman. He entered the committee room recently with a long list of questions which he wanted to propound to B. N. Baker of Baltimore, the witness for the afternoon. Olcott called the meeting to order in the usual manner, and carefully arranged his questions before him.

A slip of paper with a question on it was handed to Representative Garrett, one of the committeemen. Garrett read the question and smiled. While Olcott was absorbed in his witness Garrett tucked the slip of paper among the others lying before the chairman. Olcott went along with his questioning, like this:

"Now, Mr. Baker, if you were going to take the quickest and shortest route to Buenos Ayres what would that route be?"

Baker answered. Then Olcott came to the slip of paper.

"Mr. Baker," he began, and then he

"Well," he continued, after he had turned the paper over once or twice in astonishment, "I guess I might as well finish this question. Somebody has been kind enough to furnish me with it.

He read: "Mr. Baker, if you wanted to attend the ball game in Washington this afternoon what time would you start?" "This blessed moment," said the witness.

Whereupon adjournment was taken, Postscript just to be fair-Olcott and the rest of the committeemen went to the floor of the house, where the railroad bill was under consideration.

On another day Representative Garrett told this story: A man went into a lawyer's office.

" I want to sue my administrator," he said. "Oh," said the lawyer, suavely, "you

mean that you want to sue your guardian." "Perhaps you know more about it

than I do," said the prospective client. "I'm just back from the war and they've got me reported dead. They've started already to administer my estate. I want to sue that administra-

Haled to Court for Beating a Goose



THE distinction of being the first man prosecuted for ill-treating a goose, under the cruelty to animals law, in the police court, fell to the lot of Conrad F. Springer, a resident of Gates road, near Chevy Chase.

Horses, cows, sheep, lambs, chickens, dogs, cats, pigeons, turkeys, pigs and even monkeys have been given the protection of the law in previous cases, but never before has one of the Anseranae family drifted into court.

It was described as a gray goose, three years old, somewhat weighty, of a kindly disposition and motherly in her attention to raising broods. She was "cruelly battered and bruised with stones" by Springer, charges her

The men are neighbors. The dentist was the first witness After telling that he saw the defendant hurl a stone at the goose and hit the mark, and repeat the performance with effect several times, the witness directed attention to the phrenologicport of his allegations.

"He has cruel, unsympathetic, torturing instincts," Doctor Bryant declared. "I am not surprised that this outbreak has occurred. It is distressing, of course, but to be expected.

"Now, if you will notice," he continued, "that the occipital protrusion and the nasal-"But how about the goose?" Judge

Pugh interrupted. "Oh, the goose! My goose? Ah, yes," and the witness returned to the

goose story. "Why, the goose was badly injured." The injuries were minutely de

scribed. Springer emphatically denied that he had been cruel to the goose.

"Nor any other goose, your honor. I like geese," he asserted with vehe-mence. "They're fine birds to have about one's place."

"The complainant is your neighbor, isn't he?" Judge Pugh asked. "He is," the defendant replied.

The court ascertained Bryant was a defendant in a stonethrowing case about a week before with Springer as complainant. "What did I do then, Mr. Clerk?"

the court asked.

"Personal bond," was the reply. "Well, make it the same in this al attributes of Mr. Springer, in sup- one," Judge Pugh directed.

Yes, the Statesman's Mind Was Clear



O NCE a statesman had typhoid fever. He was very Ill. For days his doctors thought he must die. He was delirious nearly all the time. After a while he became a little better. He begged that he be permitted to see another statesman whom he was particularly fond of. The friend came.

"Well, Jim," said the caller, "how are you getting along?"

Jim said he was getting along all right, but just then he had a slight attack of his former delirium. The friend tried to soothe him, but he was confused in his talk, and apparently unable to understand altogether what was transpiring.

"Jim, you've been pretty sick, but you're all right now. You've been delirious, you know; but that's all passed.

"Yes, I've been out of my head a good deal, I guess," Jim agreed. "But my mind's all cleared up now." "Sure, you know what's going on. | self, for he didn't smile.

By the way, have any of the boys

been to see you?" The man whose mind had cleared looked up in astonishment at his friend.

"Why, certainly, lots of them have been to see me," he said. "There are three or four of them under the bed now.'

A little newsboy makes most of his income selling papers in the house office building. He has separated the Democrats from the Republicans, so that he won't make any mistake in his replies when they "josh" him, as they constantly do. He came into Congressman Howland's office the other day. Congressman Durey of New York was there.

"Son," said Howland, "are you a Democrat or a Republican?" The boy had forgotten Durey's politics. He hesitated.

"This fellow's a Democrat and you know what I am," said Howland. "Now, what are you?"

The boy knew Howland for a Republican. It was pretty tough to be put into this position. But at length he answered: "Both."

And he said it like a statesman him-

City Bred Men as Tillers of the Soil



SECRETARY WILSON of the department of agriculture has just published his year book. W. J. Spillman, agriculturist in charge of the office of farm management, has written an urticle on "Farming as an Occupation for City-Bred Men." He hands out some tips that city men might profit by if urban life isn't all it's cracked up to be.

"Wherever it is feasible," he says, 'a very good plan for the city man who has no knowledge of farming and who desires to become a farmer is to move to the suburbs and begin Moines. It must be recognized, howin a small way as a gardener. At ever, that men who have thus suc-Irst the principal aim should be to ceeded have invariably been men of produce truck crops for home con- unusual ability."

sumption. As experience is gained the industry may be enlarged and a market established. Many men have made the transition in this manner. Others have started with one or two cows, and have let the business grow from the profits. Others have succeeded by beginning in a small way with poultry or fruit. The knowledge gained in this way, both as regards the details of farming and concerning methods of marketing, finally enables the beginner to abandon his city employment and become a farmer.

"An interesting case of this kind state corn show in 1909 the ear of corn which took the grand prize, and which was sold at auction for \$160. was produced by a farmer who ten years previously had been a driver of a laundry wagon in the city of Des

The KUTGHEN



Cleaning of Rugs.

bright this house of our habitation.

so let our loving-kindness make

One of the greatest mistakes that many women make in cleaning rugs is to hang them on a line. If the rug is heavy it is sure to pull apart, leaving a ridge that can never be quite smooth again.

Another mistake is the beating on the wrong side of rugs that are made with the threads exposed on the under side. This beating breaks the threads and then we wonder why our rugs wear out so soon. A good oriental rug should last a lifetime if it is properly cared for. Lay the rug flat on the grass, beat and sweep it with the pile; sweeping against the pile roughs it and ruins the rug. Shaking a rug with fringe snaps off the fringe in a very short time.

Carpets and rugs may be worn out in a short time simply by the sweeping. It is not necessary to sweep with all one's might, light strokes remove the dust with much less wear on floor coverings, to say nothing of muscular

Carpets and rugs may be brightened by wiping with a cloth wrung out of ammonia water. Two tablespoonfuls of ammonia to a six quart pail of wa-

If one fears moths, a good way to completely annihilate them is to put a damp cloth along the earpet where they always work, and press with a hot iron. The steam kills the moths and it takes but a short time to go all around the room.



Brush wielders, ink slingers But she can't spare that friend of the

man with the hoe."
-Edward Berwick.

Gelatine Dishes.

Gelatine in its raw state is collogen transparent, tasteless substance which at one time was thought to be rich in nutritive qualities. It is obtained from the bones, tendons, cartilage and ligaments of animals. By boiling with water the collogen is

changed into gelatine. Gelatine is softened in cold water, but dissolves in hot water. Boiling it will decompose it so that it will not solidify on cooling.

Gelatine may be used in many kinds of desserts. It is also added to sherbets and ice creams to give them body. A simple dessert of fruit and fruit juices with gelatine may be molded and served with whipped cream, making an appetizing and nutritive dish.

Little Economies.

Grate any bits of left over cheese and keep in a glass jar to use for flavoring in escalloped dishes for souffles and toasted crackers. Bread crumbs may be kept covered

numberless dishes in which crumbs are indispensable. Save the bones of all meats for

broth. Chicken feet makes a good gelatine that may be used with without stirring, until it forms a soft chicken and hard cooked eggs, in a loaf, or as a salad.

with a sharp knife, sprinkle with flour and broll in a hot frying pan, carefully the snow in sugaring time. greased.

Bacon and Catsup.

Take nicely sliced bacon and trim free of rind. Place slices in a baking pan and place in oven. (You will find that by baking instead of frying your bacon it is much more tender and requires less tending.) When done-not too brown-remove each piece from fat onto a platter (one that may be placed in the oven.) Pour over each slice a generous quantity of tomato catsup, return to oven about five minutes. Serve while hot.

Hashed Potatoes.

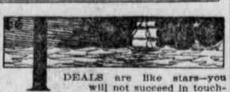
Wash, pare and chop fine one pint of potatoes. Let them stand ten minutes in cold water. Drain, then put two tablespoonfuls of butter or bacon fat into a hot spider, add the potatoes, sprinkle with salt and pepper, add one tablespoonful of vinegar and cover closely. Let them cook until tender, on the back of the stove. Before serving, brown, fold and turn out. Garnish with parsley.

Household Hints.

To kill flies: Dissolve 318 grains of bichromate of potash in ten ounces of water, sweetened with sugar and placed in shallow pans.

Air all woolen clothing, letting the sunshine do its perfect work, for the came to notice recently. At the lowa spring is the reason to look out for moths again.

> Penuchle. One cup milk, one cup brown sugar, one tablespoon butter, one teaspoon vanilla. Scald milk, add brown sugar, cook until thick. When thick add butter. Beat until creamy. Pour into buttered pans, put in cool place to harden, then cut into squares.



hands, but like the scafaring man on the deserts of water, you choose them as your guides, and following them, you reach your destiny."—Carl Schurz.

Bananas.

all the year round. There are many dishes such as salads, desserts and entrees that the banana may be used in with appetizing results. As a shortcake it is very good, adding a touch of lemon juice and salt to the bananas to give them character.

Bananas are a cheap fruit, available

As a salad, cut a banana in halves, roll in chopped nuts, lay on a lettuce leaf and serve with a mayonnaise which makes a good salad. Bananas with oranges and dates make another nice salad. A nice confection which is new and very good is

made by stewing prunes until soft, stuffing with a piece of banana to take the place of the stone; roll in chopped nuts and sugar.

Orange Jelly.

This is a dessert that is a great favorite with invalids. Soften two tablespoonfuls of gelatine in one-half cup of cold water, then add one and one-half cups of boiling water, one cupful of sugar, one and one-half cups of orange juice, and three tablespoonfuls of lemon juice, turn into a mold and let stand until firm.

Lemon, coffee and cider may all be made into dainty jellies by the use of gelatine.

Prune Ple.

A dessert that is delicious and one easy to prepare is made by baking a shell for a pie, fill it with stewed prunes. Cover with a meringue made of whites of eggs-two will be sufficient-and three tablespoonfuls of powdered sugar. Bake until a light brown. Whipped cream may take the place of the meringue.



ing is defined, Few use the grand preroga tive of mind. How few think justly of the thinking few How many never think, who think they do."

-Jane Taylor.

Maple Sugar.

If one has ever had the privilege of visiting a real old-fashioned maple sugar camp, they have realized some thing for which many sigh.

The modern methods have done away with the boiling of the sap in a great fron kettle, but the sirup tastes quite as good, and the sugar makes in the same old way on pans of snow The sap is gathered from the bright

tin pails and put into a great hogshead on wheels, drawn by a horse. It is then carried to the house where it is cooked in great boilers until it is a thick sirup. This sirup may be cooked still longer until the sugar forms

Maple sugar and strup may be used in so many appetizing dishes. As a filling for cake there is nothing more if dry, and will be ready to use for the delicious than maple sugar or sirup cooked with cream, adding nuts. For an ice cream sauce, use a pound of maple sugar, one cup of thin cream, two tablespoonfuls of butter. Boil waxy ball when dropped in cold water. Keep hot by standing in a pan Treat a tough steak to a slashing of hot water. It will candy on the ice cream just as hot sirup does on

One of the most delicious of frozen dishes is made as follows:

Maple Parfait. Beat four eggs slightly, and pour on slowly one cupful of hot maple sirup. Cook until the egg is set, no longer, cool and add one pint of thick cream beaten until stid. Mold, pack in ice and let stand three hours.

One may freeze this, as any ice cream. Serve it with chopped nuts and thick maple strup.

A Good Stew.

Cut up two potatoes in thin slices Fry one sliced onion in a little chicken fat until a light brown. Add the onion to the potatoes, with a pint of chicken broth made from the bones, a cupful of tomatoes, cook until tender, add a little butter, sait and pepper and the stew will be good enough for anybody.

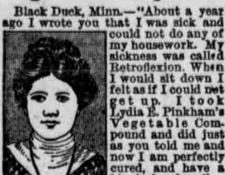
Nellie Maxwell. Proud of Her Life Work.

Mme. Marie Kraus-Bolte has just celebrated her fiftieth anniversary in kindergarten work. Mme. Kraus-Bolte was a pupil of Frau Froebel, and speaking of her early experience said: "I was simost afraid to come to America. I was afraid of the Indians, whom I was sure I would meet in America. I have always been glad that I overcame this groundless fear I shall keep right straight on with my kindergarten work, and some people tell me I am good for 50 years

longer." The celebration was given by the Kraus Alumnae association, which is comprised of pupils of Mme. Kraus

ANOTHER

By Lydia E. Pinkham's **Vegetable Compound**



could not do any of my housework. My sickness was called Retroflexion. When I would sit down I felt as if I could net reit as if I could not get up. I took Lydia E. Pinkham's Veget a ble Compound and did just as you told me and now I am perfectly cured, and have a big baby boy."—

Mrs. Anna Anderson, Box 19, Black Duck, Minn.

Duck, Minn.

Consider This Advice. No woman should submit to a surgical operation, which may mean death, until she has given Lydia E. Pinkham's Vegetable Compound, made exclusively from roots and herbs, a fair trial.

This famous medicine for women has for thirty years proved to be the most valuable tonic and invigorator of the female organism. Women residing in almost every city and town in the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound. It cures female ills, and creates radiant, buoyant female health. If you are ill, for your own sake as well as those you love, give it a trial.

Mrs. Pinkham, at Lynn, Mass., invites all sick women to write fer for advice. Her advice is free, and always helpful.

Don't Persecute your Bowels



L. DOUGLAS SHOES

THE STANDARD FOR 30 YEARS. Millions of men wear W. L. Douglas shoes be W. L. Douglas \$5.00 and \$4.00 shoes equal Custom Bench Work

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