

MOST PEOPLE DO NOT KNOW CAUSE OF THEIR SICKNESS

Does human health depend on one organ alone? This question is becoming widely discussed since L. T. Cooper first advanced his theory that the stomach is the true seat of life and all health dependent upon it.

Mr. Cooper, who has met with remarkable success in the sale of his new medicine, believes that the stomach is responsible for most sickness, and that this organ is weak in the present generation. While discussing this theory recently, he said: "I am asked time and again to tell why my medicine has made such a record wherever I have introduced it. My answer always is, 'because it restores the stomach to a normal condition.' No one will deny that today there are more half-sick men and women than ever before. Nothing critical seems to be the matter with them. They are just half-sick most of the time. They don't know really what is the matter with them. I have talked with thousands during the past two years, and few knew indeed what their trouble was. One said nervousness, another said kidney trouble, another liver complaint, some constipation, or heart trouble, or lung trouble. Many had treated, as they called it, for most of these diseases at different times. A very common complaint is 'all run down,' or 'tired all the time,' or 'no appetite.'"

"I know positively that every bit of this chronic ill health is caused by stomach trouble and nothing else. My New Discovery puts the stomach in sound condition in about six weeks. Mighty few people can be sick with a sound digestion. That is why my medicine is selling at such a tremendous rate. I have convinced many thousands of people that these things are so, and the number is growing by leaps and bounds."

Among more recent converts to Mr. Cooper's beliefs is Mrs. Lottie L. Miner, living on Rural Route No. 2, Henniker, N. H., who says: "I was in poor health for six years, from stomach trouble and indigestion. Quite frequently my stomach was so weak that it would not retain solid food. I had vomiting spells every morning, and was subject to frequent attacks of dizziness. Life became such a burden that I often felt it was not worth the living. I tried everything I could hear of, but found nothing that would afford relief."

"For some time I had been reading of the Cooper remedies, and finally decided to give the New Discovery preparation a trial. After taking the first bottle, I noticed a marked improvement. Five bottles made me entirely well. I can eat anything I wish, and have not been troubled with my stomach since. The dizzy spells disappeared long ago."

"My mother, Mrs. Susan Parkins, is a nurse of long experience. Both she and my father have used the Cooper remedies with splendid results. I will be glad to answer any personal correspondence in regard to my case."

Cooper's New Discovery is sold by all druggists. If your druggist cannot supply you, we will forward you the name of a druggist in your city who will. Don't accept "something just as good."—The Cooper Medicine Co., Dayton, Ohio.

THOUGHT SO LITTLE.



Cholly Chumpleigh—I'm not afraid, don'tcherknow, to say what I think.
Miss Cutting Hintz—You may not be afraid—but you ought to be ashamed.

Spreading Like Prairie Fire.
News of the wonderful cures being made by the United Doctors, those expert medical specialists who have their institute at 16th and Harney streets, Omaha, has spread over the country like wild fire and patients now go hundreds of miles to be cured by these doctors.

Mrs. R. D. Stiles of Silver City, Ia., was cured of abscess of the stomach.
Mrs. Bell Vernon of Grimes, Ia., was cured of chronic appendicitis without an operation.

Mrs. Marie Lopton of Fort Crook, Neb., was cured of epilepsy.
S. H. Merritt of South Omaha was cured of rheumatism and backache.

The cures mentioned above are only a few among many hundreds that have been reported in the big daily papers.

The diseases treated by the United Doctors are diseases of the Nerves, Blood, Skin, Heart, Stomach, Kidney and Liver; including Rheumatism Paralysis, Loss of Nerve Force, Gout, Constipation, Catarrh, Epilepsy, Dyspepsia, Weak Back, Bloating, Dropsy, Eczema, Scrofula and all Chronic Diseases of Women and Men.

Good Quality.

Customer—Are these apples fresh?
Grocer—Well, I guess. They'll give you the best sass you ever had.

Constipation causes and seriously aggravates many diseases. It is thoroughly cured by Dr. Pierce's Peppermint Cure. Try sugar-coated granules.

Take a good watch to a pawnbroker and see how quickly the time passes.



NOT HARD TO COPY

HANDWORK ORNAMENTATION IS COMPARATIVELY EASY.

The Proper Thing This Season for the Clothes of Small Girls—French "Knots Lend Themselves to Effective Treatment.

An enormous lot of handwork is being lavished on the clothes of small girls, yet some of it is of so simple a nature that it does not require much skill with the needle to copy it. French knots, which are so decorative, are frequently employed on silk bands for a cloth dress, the dainty and simple trimming perhaps decking only the bodice and shaping the belt. One dress so treated had a little bertha of the silk in deep scallops, which were bordered with three small close rows of the knots, the result seeming rich even if the effect was simple.

For such practical dresses as may be used for second-best, narrow soutache braid will often be put upon a contrasting material with smart effect. Say the dress is blue and white checked wool; the plain banding in that case will be white or blue. Upon this the braid is used, blue on white, white on blue, with all the banding edged first with a straight row, this including one at either side, put on in half scallops, ending in loops.

Narrow ribbons of a rich and ornamental nature are charming decorations for the little veiling frocks which are six-year-old missie's Sunday go to meetings, though these same thick, brocaded bands are as often used on adult garments. The ribbon is rarely used alone on a fine little dress. Black or some solid-colored satin will pipe it at the edges, or bands of black baby velvet will charmingly frame it.

Over the buttons of fine little coats there are often crocheted covers, and though such buttons may be made with small expense at home, a ready-made garment with them will be dear.

On a white cloth coat for a child of five—the coat fastened diagonally—there were three such buttons, one at the side fastening, and two set at the waist line in the back. They were framed in ruches of white silk, and naturally the button coverings were in silk twist.

These buttons are made by covering wooden molds with the material, and then covering that with the crocheted, which is done in a species of spider web, very close at the center and loose at the outside.

With wash materials, any number of things may be done with the solid blue Indian calicoes in red and deep blue. A dress of coarse cream linen, which looked for all the world like dish toweling, displayed a treatment made by the red. This was used in two bias bands set some three inches apart on the white; between them other bands crossed slantingly.

VELVET AND SATIN.



All sorts of ingenious ways of arranging the new draped skirts have been evolved by the clever modistes, and an odd but pretty one is shown in the illustration. The long skirt of gold brocade velvet has an overdress of gold satin formed by two broad panels, one in front, another in back, and joined on sides with a band of gold and blue embroidered braid. The panels are handsomely embroidered at bottom in the same color scheme of gold and blue. The bodice has a blue velvet girdle, trimmed with embroidered braid, and the low cut bodice is finished with a band of blue velvet and white lace collar.

Shirtwaist Tailored Belts.

Three late designs in shirtwaist tailored belts include one of heavy tan-colored goatskin cut in two strips which are joined together with a band of basket-woven braid in white mercerized cotton, color-embroidered in

Bias bands of gayly plaited cottons are among the spring suggestions for trimming plain chambrays and cream, white and tan linens. These will outline the square neck and trim the side fronts and sleeves of many a practical dress in Russian model for three or four year olds.

Crocheted edging, done in thread almost as fine as a spider's yarn, narrowly borders some of the turn-over linen collars for both girls and baby boys.

EVENING DRESS.



Matze-colored liberty satin would look most elegant on this style, which is a tight-fitting princess cut with a long train, and has an elaborately embroidered plastron, taken from the back nearly to the hem in front, where a deep gold fringe edges it. The tucker and small puffed sleeve are of net, spangled with gold sequins.

Materials required: Eight yards satin 42 inches wide, 1 1/2 yard net, 42 inches wide.

Novelties in Linen.

Square table cloths with a circular center pattern and corners filled in with a handsome separate pattern are among napery novelties. The same pattern may be cut to a round cloth without in any way interfering with the central design. Another napery novelty has the owner's autograph reproduced in embroidery on table cloth and napkin corners, and a third set bears the monogram of the family's head woven in lace stitches about a fllet motif. Bedroom accessories include embroidered linen spreads, top sheets and pillow cases bordered with embroidery, hemstitching and scalloping and fine huckaback towels of three sizes, hand-embroidered in graceful designs and finished with hemstitching and scallops.

button effect. This belt, which is nearly three inches wide, fastens with a tongue run through an oval eyelet. Duplicate buckles of the severely plain harness type fasten a second belt composed of two inch-wide strips of eye-let-equipped patent leather, laced together with narrow black moire ribbon and a third novelty in waist bands consists of three pieces of white patent kid laced together by black satin ribbon inserted through large eyelets. The same idea is used for belts of natural-colored suede, combined with a dull shade of green or blue ribbon.

To Look Taller.

Here are hints for the woman who would be a little taller:
Avoid girdles.

Never under any circumstances wear a belt of a contrasting color. You can think it gives a smart color note, but you are wrong.

Let all your lines run up and down. Do not wear a yoke of the square variety; it shortens you. Have your gown all of one material, preferably a light tone.

Wear long gloves and carry a tall umbrella.
Hold your chin up to lengthen your throat line.

Carry your head straight, never tilted to one side. The tilted head is for the tall woman, who wants to look short.

Many Shades of One Color.

A significant item of the new modes is the use of two or three materials of different shades of one color. Satin, lace and chiffon, or cloth with net and tulle, are bound together in one color scheme by the same idea running in different gradations through them.

Rose is particularly well adapted to this idea, varying from the deepest vieux rose to the exquisite tint of the almond blossom.

Parma violet, April green and a soft shade of fawn known as parchment are alike capable of this scheme. A certain completeness of the color sympathy is attained through this alliance of shades and tints, and there is promised a picturesque color note that is ever attractive.

EXCELLENT TRADE IN WESTERN CANADA

SPLENDID CROPS, BIG PRICES, AND PROSPEROUS OUTLOOK FOR THE FUTURE.

Throughout all of Canada, and especially in the Western Provinces of Canada, there is a buoyancy in every line of business that is fully warranted by every condition. The crops of the past year were what was expected, and the prices for grain of all kinds, put the farmers in a class by themselves. Many of them are independent, and many others have got well started on the road. The latest reports are that seeding is well under way in almost every district, and the prospects are that a vastly larger area than that under crop last year will be seeded early this spring. In the Lethbridge district, in Southern Alberta, steam and gasoline outfits, hundreds of them, are breaking up the prairie at a tremendous pace, but they work night and day. As soon as it becomes dark, gangs are changed, a head light attached, and on, on through the night until the first streak of dawn, these giant monsters with their seven or eight gangs of breaking plows, keep up the work. Then the more modest farmer is putting in the longest hours possible with his teams of horses or oxen. And what will the Country be like in August, when these fields have become yellowed with the literally golden grain. There will be one vast expanse of wheat field. And there will be a market for it, because it is the best grain grown, and the demand will be everywhere. As previously intimated business throughout Western Canada is sound and good. The grain production of 1909 has been the great factor in establishing the reputation of Western Canada, and it is worth talking about. It surpassed all previous records, both in regard to quality and quantity, and such an achievement was by no means easy. The limit has not been reached, and a large average increase may be expected during the next ten years. There will be odd seasons when a falling-off will occur, and it is the falling-off that causes alarms and panics in the commercial world. The plains have done their duty so far in the out-put of grain and it would be reasonable to make occasional allowances for slowing-up. The faster the rate of increase is now, the sharper will be the check when the production diminishes. But there are some unreasonable people who wonder why the growth of one year is not continued during the next, and at an even faster rate. These same unreasonable people are the ones who see flaws in the situation as soon as an indication is given that the startling advances have not been maintained.

Studies in Still Life.

"I want a few colored illustrations of beets and tomatoes."

"Life size?" inquired the artist.
"Catalogue size," replied the seedsman, with a significant smile.—Louisville Courier-Journal.

All Tired Out.

Do you feel dull, occasionally—out of sorts? Headaches and Dizziness? The fault is either with your stomach or your liver. The safe, sure and easy way to get rid of either trouble is to take NATURE'S REMEDY. Take an NE Tablet to night—it will sweeten the stomach and regulate the liver, kidneys and bowels. Easy—sure to act. Get a 50c Box. The A. H. Lewis Medicine Co., St. Louis, Mo.

Too Busy to See.

Patience—Do you believe there are microbes in kisses?

Patrice—I never saw any.—Yonkers Statesman.

Red, Weak, Watery, Watery Eyes.
Relieved by Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. 50c at Your Druggist. Write For Eye Books. Free. Murine Eye Remedy Co., Chicago.

There are lots of people who can't take a joke, and a good many times it isn't through any fault of their own.

Takers of the United States Census will use Waterman's Ideal Fountain Pen because it is always ready and sure.

If the fool and his money were inseparable there would be no get-rich-quick schemes.

Mrs. Winslow's Soothing Syrup. For children's teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

It's easier to break away than it is to get back.

Lewis' Single Binder gives the smoker a rich, mellow-tasting 5c cigar.

One woman can stir up more trouble than a dozen mere men.



Patriotism
The stomach is a larger factor in "life, liberty and the pursuit of happiness" than most people are aware. Patriotism can withstand hunger but not dyspepsia. The confirmed dyspeptic "is fit for treason, stratagems and spoils." The man who goes to the front for his country with a weak stomach will be a weak soldier and a faulty leader.
A sound stomach makes for good citizenship as well as for health and happiness.
Diseases of the stomach and other organs of digestion and nutrition are promptly and permanently cured by the use of

DR. PIERCE'S GOLDEN MEDICAL DISCOVERY.
It builds up the body with sound flesh and solid muscle.

The dealer who offers a substitute for the "Discovery" is only seeking to make the little more profit realized on the sale of less meritorious preparations.

Dr. Pierce's Common Sense Medical Adviser is sent free on receipt of stamps to pay expense of mailing only. Send 21 one-cent stamps for the paper covered book, or 31 stamps for the cloth bound. Address World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y.

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Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. **MONROE DRUG CO., Quincy, Illinois.**



GLADNESS COMES

With a better understanding of the transient nature of the many physical ills which vanish before proper efforts—gentle efforts—pleasant efforts—rightly directed. There is comfort in the knowledge that so many forms of illness are not due to any actual disease, but simply to a constipated condition of the system, which the pleasant family laxative, Syrup of Figs and Elixir of Senna, promptly removes. That is why it is the only remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact that it is the only remedy which promotes internal cleanliness, without debilitating the organs on which it acts. It is, therefore, all-important, in order to get its beneficial effects, to purchase and note that you have the genuine article, which is manufactured by the California Fig Syrup Co. only.

It is pleasant and refreshing to the taste, and acts gently yet promptly on the kidneys, liver and bowels, cleanses the system effectually, dispels colds, headaches and fevers and assists in overcoming habitual constipation permanently, also biliousness and the many ills resulting therefrom. The great trouble with all other purgatives and aperients is not that they fail to act when a single dose is taken, but that they act too violently and invariably tend to produce a habit of body requiring constantly augmented doses. Children enjoy the pleasant taste and gentle action of Syrup of Figs and Elixir of Senna, the ladies find it delightful and beneficial whenever a laxative remedy is needed, and business men pronounce it invaluable, as it may be taken without interfering with business and does not gripe nor nauseate. When buying note the name, California Fig Syrup Co. printed on the front of every package. Price, 50 cents a bottle.

A Free Book About Beautiful Walls

We have just issued a book about house decoration. May we send you a copy—free?

It tells how to produce those beautiful walls, now seen in all the finest of homes and hotels.

It suggests color schemes—offers a wealth of ideas. And it tells what has brought alabastine into universal vogue.

Alabastine

The Sanitary Wall Coating

Alabastine is the only wall coating that doesn't breed germs. It has been so for 30 years. In the past few years it has become the rage. Fashion now demands it. People of taste—both rich and poor—now have alabastine walls.

Please know the reason. Know the endless color schemes you can get from it. Know how easily you can apply it, even on papered walls. You will never use wall paper—never of taste—both rich and poor—now have use kalsomine—after you know the facts.

Alabastine Co., Grand Rapids, Mich.

Bakes—Roasts—Broils—Toasts



BAKES bread, pie and cake—bakes them perfectly all through, and browns them appetizingly.
ROASTS beef, poultry and game with a steady heat, which preserves the rich natural flavor.
BROILS steaks and chops—makes them tender and inviting.
TOASTS bread, muffins, crackers and cheese.

No drudgery of coal and ashes; no stooping to get at the oven; no smoke, no dust, no odor—just good cooking with greater fuel economy. Irons and water in wash-boiler always hot. The

New Perfection Oil Cook-stove

has a Cabinet Top with shelf for keeping plates and food hot. Drop shelves for the coffee pot or saucepans, and nicked towel racks.

It has long turquoise-blue enamel chimneys. The nickel finish, with the bright blue of the chimneys, makes the stove very attractive and invites cleanliness. Made with 1, 2 and 3 burners; the 2 and 3-burner stoves can be had with or without Cabinet.

CAUTIONARY NOTE: Be sure you get this stove—see that the name-plate reads "NEW PERFECTION."

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"I find Cascarets so good that I would not be without them. I was troubled a great deal with torpid liver and headache. Now since taking Cascarets Candy Cathartic I feel very much better. I shall certainly recommend them to my friends as the best medicine I have ever seen."
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Osborn Mill No. 2, Fall River, Mass.

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