#### TACK THIS UP

Prescription That Breaks Up the Worst Cold in a Day.

Every winter this prescription is published here and thousands have been benefited by it. "Get two ounces of Glycerine and half an ounce of Concentrated Pine compound. Then get half a pint of good whiskey and put the other two ingredients into it. Take a teaspoonful to a tablespoonful of this mixture after each meal and at bed time. Shake the bottle well each time." But be sure to get only the genuine Concentrated Pine. Each half ounce bottle comes in a tin screw-top case. Any druggist has it on hand or will quickly get it from the wholesale house. Many other pine extracts are impure and cause nausea.

#### HE WOULD DO BETTER.



Chaplain-Tommy, I was very sorry to see you in a state of inebriety last

Tommy-Sorry, sir. In future 1 won't go out when I'm drunk.

THIS TELLS THE STORY.

Uncle Sam's Breakfast Food Co., Omaha, Neb. Gentlemen:

After using "Uncle Sam's Broakfast Food" for the past three weeks I felt like I must write and tell you what a mistake you make in not advertising your excellent food

It ought to be advertised in every newspaper in the country. I can not praise it too highly for the

great benefit I have derived from the Have had stomach and bowel trouble for years, but feel now this food

is going to cure me. I recommend it to all my friends who have any stomach trouble, but some of them tell me they are not able to procure it from their grocers, say

they never heard of it. Wishing you all the success possible, I am yours respectfully,

VIRGINIA HELWIG.

Middletown, O. We certify that the above is a true copy of the original and was not solicited.

U. S. BF. F. CO.

Clubwomen Plan Meet.

Nineteen hundred and ten means much to club women, for another biennial convention of the General Federation of Women's Clubs, with a membership of 800,000, will be held in Cincinnati, O., in May, bringing together women with a common purfrom the four corners of world.

### Natural Supposition.

"I am going to burn coal here-

"Hereafter? I thought Old Nick would attend to the heat problem for you then."

Beautiful Post Cards Free. Send 4c stamps for five samples of our very best Gold and Silk Finish Birthday, Flower and Motto Post Cards; beautiful colors and lovellest designs. Art Post Card Club, 792 Jackson st., Topeka, Kan

Talkative Woman. Hewitt-Some men talk and don't

say anything. Jewett-Yes, my wife is just that kind of a man.

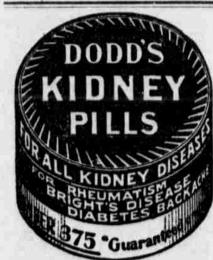
Whatsoever you do not wish your neighbor to do to you, do not unto him. This is the whole law. The rest

is a mere exposition of it.-Jewish Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduce flammation allays pain, cures wind colic. Eca b

When a youth begins to sow wild oats it is time for father to start the thrashing machine.

ONLY ONE "BROMO QUININE."
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GRUVE, Used the World over to Cure a Gold in One Day. 25c.

Many people want assistance-and a few really need it.



tramicted with Thompson's Eye Water

Baby Smiles— When He Takes THE BEST MEDICINE FOR GUGHS 40 GLDS

ALL CORN FOR PLANTING SHOULD BE TESTED.

# BEST WAY TO GO ABOUT IT

By Observing Carefully Directions Following Farmers May Reap Where They Have Sown.

The best way to test seed corn is in a germination box. This is a simple affair and can be made by anyone in

an hour's time. Take a box six inches deep and about two by three feet in size. Fill the box about half full of moist dirt, sand or sawdust. Press it well down so it will have a smooth, even surface. Now take a white cloth about the size of the box, rule it off checkerboard fashion, making squares one and a half inches each way. Number the checks 1, 2, 3, and so on. Place this over the sand, dirt or saw-

Take the ears to be tested and either lay them out on the floor and mark a number in front of each or attach a numbered tag. Now take off about six kernels from each ear (not all from the same place, but at several points on all sides.) Put these kernels on the squares corresponding in number to those placed on the ears of corn. Be careful not to get them mixed. Keep the ears numbered to correspond EXACTLY with the numbers on the squares of cloth.

After the kernels have been placed carefully on the cloth which covers the moist sand, dirt or sawdust, cover them with another cloth, considerably larger than the box; cover this cloth with about two inches of the same moist sand and keep the box in a warm place. It must not get cold. The kernels will germinate in four

to six days. Remove the cover carefully to avoid misplacing the kernels. Examine them carefully. Some will have long sprouts, but almost no roots; others will not have grown at all, but the kernels from ears which will produce corn if planted will have both sprouts

and good root systems. Compare the numbers on squares with those on the ears. Put back into the feeding corn bin the ears which correspond in number to the numbers on the squares where the kernels did not grow or where

they showed only weak roots. The ears numbered corresponding to those on the cloth which showed strong signs of life are the ones to preserve for seed. Every kernel from these ears should produce a stalk, ev-

ery stalk an ear. Suppose one dead ear is planted. The planter fails to get one thousand stalks of corn-almost twelve bushels

of corn lost. A number of seed corn testers are manufactured for sale. They are all good-any implement dealer or seed house will know where to get them.

Word was received at Gothenburg of the death of O. Bergstrom in Tennessee. Mr. Bergstrom was the founder of Gothenburg and took an

active interest in its growth. tained too much moisture. It has been my opinion that corn which remained in the field would be in the best condition, but I may be mistaken in this and we are going to test every ear of corn before we plant it."

## Hill to Be at Lincoln.

James J. Hill, empire builder, will address the Commercial club at its annual banquet this spring. A telegram to this effect was received by Secretary Whitten.

Chancellor Cancels Dates. A severe attack of throat trouble

the State university to cancel a la " number of engagements for addrasses over the state. He was booked to deliver fifteen speeches during the next two weeks, but will not be able to deliver any of these. During the last three months the chancellor has been on several speaking tours and the strain of speaking every day has proved too great a strain on his c"durance. His physiclan has advised him to cancel all speaking engagements.

Boy "Flunkers" Predominate. A list of failures in the various departments of the state university for the last semester shows that of the total number of "flunkers" 80 per cent are boys and only 20 per cent girls. Five boys failed to pass in one or more studies during the semester for every co-ed that could make a per cent of 60-the passing grade-in her clases. In other years the failures among the boys have always outnumbered those of the co-eds, but the variance has never been so startling as that revealed by figures for the first semester of the present school year.

Claims of Foreigners. From the assistant secretary of state Governor Shallenberger a few days ago received a copy of the claims filed by the foreign citizens of South Omaha for damages sustained by the riot there in 1909. The government official asked the governor what he believed would be the attitude of the state in the matter. The claims are as follows: Austria-Hungary, \$3,134; Turkey, \$454; Greece, \$6,900, personal injuries; \$11,368.20 personal property and \$226,562.64 business property, a total of \$248,418.84.

# SEED TIME IS NEAR THE KITCHEN

weeks in the house one o' these terrible handy men that ask their wives to be sure and wipe between the tines of the forks, and that know just how to hang out a wash so each piece will get the best sun, it's a real joy to get back to the ordinary kind of man, Yes, 'tis so. I want a man should have sense about the things he's meant to have sense about, but when it comes to keeping house. I like him real help-less the way the Lord planned to have him."—Youth's Companion.

Dates as Food. The date, fig and raisin are valuable foods and with a few nuts one may make a wholesome meal with one or all of these fruits. A handful of dates and a bit of bread feeds the Arab, who is able to travel over the hot sands of the desert. These dried fruits may be used in combination the culinary art, are able to make an with many foods, making highly nutritive dishes.

Date sandwiches are delicious. Chop the dates, add pecans chopped fine, and a little salt, then spread over thinly buttered bread.

Date puffs are made like cream puffs, using chopped dates and whipped cream for the filling.

Date pie made with dates that have been cooked soft and put through a sieve, then added to a custard, makes a rich, delicious pie.

A date dessert which is a little unusual may be made as follows:

Date Whip. Cook one cupful of chopped sizned dates in one-half a cupful of boiling care. The most expensive cuts do not water until smooth. Press through a contain any more nutriment than the sieve. Beat the whites of three eggs until stiff, add one-third of a cupful of | cooking a tough, cheap cut must be sugar, one-half of a teasponful of salt | slow and expensive if cooked without and a tablespoonful of lemon juice. a fireless cooker. If one has one of Fold in the date pulp, pile lightly in a these valuable cook boxes meat may buttered baking dish and bake in a slow oven 30 minutes. Serve with a the ideal temperature. thin custard or whipped cream...

Dates combine nicety with apples. Line a pie plate with a rich crust. Fill it with a mixture of chopped apple and dates, sprinkle with cinnamon and sugar. Cover with a top crust and bake in a moderate oven.

Dates filled with cream cheese well easoned make a nice dessert. Dates dropped in water. Cool, then stir unfilled with nuts are another way of serving them.

Dates, nuts, apples and celery with dressing are a good combination for a



bloom is over? what if the roses blush no more,

And the frost has killed the clover? Let us turn to the winter a smiling

And welcome the pale newcomer; Isn't love as deep, isn't life as sweet. As it was in the bygone summer -M. F. Williams.

The Winter Supper.

In cold weather the appetite craves hot food, especially if the children and man of the house have had but a simple lunch at noon. A nice hot soup of some kind like a cream of potato or celery, or an oyster stew, is both good and nourishing. A bean soup is another nice soup, and each dish garnished with a thin slice of temon adds both to the appearance and flavor.

The soup may be followed by a hot as forced Chancellor Samuel Avery dish like an escalioped dish of corn, potatoes, fish or meat.

If the dish is prepared of vegetables, cold sliced meat or hot frankfurter sausage may accompany it.

A chowder may make the main dish which will take the place of soup and meat. This may be made with vegetables, fish or oysters, and is sufficiently filling to make a good meal with bread and butter.

Milk or cream toast is another nice hot dish. Rarebits, omelets, souffles least half an hour. and hot croquettes are always nice especially when served with some kind of an appropriate sauce. A nice omelet when eggs are a little cheaper so that the expense is not too great. is made as any omelet, putting into the omelet pan with the butter a handful of blanched almonds, then pouring in the omelet and cooking as usual. The almonds will be a beautiful brown by the time the omelet is ready to turn. Serve with bot maple syrup.

Household Hints.

Half a cupful of milk added to a sistency of pound cake batter; add a dishpan of water will soften the wa- quarter of a pound each of shredded ter and leave the hands less likely to almonds and chopped citron. Sift two chap.

A sait water bath will be found to the flour. Drop by teaspoonfuls on a quiet nervousness if taken just before baking sheet and bake in a moderate retiring.

Suet and lard added together in the melted state, equal parts of each. make a good fat to use just as one uses larg alone.

Date Buns.

Roll light bread dough out quite pan under the flame of a gas burner, thin; spread it with soft butter and rub with butter and lay in the oysters. then with chopped dates. Roll the When brown on one side turn the othbread up and cut with a sharp knife er. When well browned pour over a into pieces half an inch thick; lay little melted butter and serve on them in a buttered pan and bake slices of buttered toast. when light. If nuts are mixed with the dates, a little richer bun is the

# **ONLY NECESSARY** TO TREAT STOMACH. SAYS COOPER

The new theory advanced by L. T. Cooper relative to the human stomach has attracted such widespread attention that the public in cities visited by the young man has been joined by many physicians in a discussion of his beliefs and medicines.

Mr. Cooper says human health is dependent almost entirely upon the stomach. He says that no disease can be conquered without first alleviating all stomach disorders. He further says that most men and women of this generation are half-sick owing to degenerate stomachs. And lastly, he claims that his New Discovery medicine will rejuvenate the human stomach in 90

and it comforts me—that by desiring what is per-

fectly good, even when we don't quite

know what it is, and cannot do what we would, we are part of a divine pow-

er against evil, widening the skirts o

light, and making the struggle with darkness narrower."—George Eliot.

Leftovers.

There seems to be a prejudice in

the minds of most people that any-

thing warmed over or served the sec-

ond time is objectionable. There are

rare housekeepers who are able to

waste, but they are indeed rare, Most

odds and ends which tax the inge-

The French people, who stand a

often thrown away in the American

Anybody who has an idea of cook-

real ingenuity to prepare attractive

and nourishing food on a small ai-

luncheon from the leftovers of the

Vegetables of all kinds with care-

ful handling may be transformed into

salads, creamed or escalloped dishes.

food, should always be bought with

cheaper ones, though the process of

be cooked at little expense of fuel at

Fondant for Icing.

This is the regular fondant which is

used in making French candles. When

eggs are high it is more economical

than the boiled frosting with egg.

Boil sugar and water without stirring

until it makes a soft waxy ball when

til creamy. The nice thing about this

frosting is it may be kept for several

days or weeks if covered with but-

wanted for use melt over hot water

HAT 'woman's work is never

Has often been disputed,

tered paper and kept cool.

and dip the small cakes in it,

But that she's worried is a fact And cannot be refuted.

Is greatest of these questions. And glad she'd be if some one else

Would make the meal suggestions."

Have two quarts of stock in the

Potato Puree.

Cook gently for one or two hours,

add to the puree with one cup of

cream or milk, one table spoonful of

finely chopped parsley, pepper and

salt to taste, stir and boil five min-

Plain boiled macaroni, cooked in

boiling salted water, drained when

tender, seasoned with butter, salt and

paprika, and sprinkled with cheese,

Household Hints,

ter by wiping off with a cloth, using

cold water and rubbing to a high pol-

ish with a dry cloth. It will take at

Finger marks or stains on wood or

porcelain may be easily removed by

rubbing with a cloth dipped in kero-

Paper may be cleaned a few times

by rubbing with crusts of brend. Free

Royal Nuggets.

and one-quarter cupfuls of sugar,

three well-beaten eggs. Stir in grad-

ually three cupfuls of flour, adding

milk to make the mixture of the con-

teasponfuls of baking powder with

Broiled Oysters.

the shell. Wash and carefully pick off

all bits of shell; dry carefully with

a soft cloth. Heat a shallow baking

Nellie Maxwell.

If possible use oysters fresh from

Cream one cupful of butter, add one

the room of dust first.

oven.

Mahegany can be given a good lus-

makes a good hot supper dish.

utes and serve.

The worry over what to eat

Meats being our most expensive

dinner of the day before.

nuity to make palatable.

household.

Cooper has been traveling from one city to another, conducting in each what he calls a campaign of education. For the past year he has met make ends meet and not leave any the public in the larger cities of the country, and his success has been of us find that we have all kinds of phenomenal. Thousands of people have flocked to his headquarters wherever he has gone, and the sale of his medicine has been beyond anything of the kind ever before witnessed.

the head (in reputation at least), in Possibly the most interesting feature of the attention this young man attractive meal from the food that is has attracted is what his army of followers, whom he has converted to his beliefs through his medicines, have to say on the subject. The following ery, with large means at her disposal statements are from two well-known may prepare a fine meal; but it takes residents of Chicago and Boston, respectively, and the enthusiasm of these is characteristic of Cooper's adlowance. In planning the menu for a mirers generally. week one is able to make dishes for

Mrs. H. B. Mack, of 3201 State street, Chicago, says: "I have been suffering for 12 years from a combination of stomach trouble, catarrh and constipation. I had a gnawing pain in the pit of my stomach, a sort of a dull pain that I could not quite understand. Then there was a dull head- DAIRY ASSOCIATION CO. ache, and my mind seemed to be wandering continually. I could not eat, and what little solld food I did eat I could not retain on my stomach. tried every remedy I could think of, and also tried out a number of patent medicines, but without any apparent result. It was through one of my friends that I heard of Cooper's preparation, and I immediately decided to try some of it. It is two weeks since I took my first dose of it, and I feel like a new woman. The headache seems to have disappeared, and the pain in my stomach, along with it. The medicine is worth its weight in gold, and I want to thank Mr. Cooper

for what he has done for me. Mr. Edwin F. Morse, of 20 Oakley street, Dorchester, a suburb of Boston, says: "For three years I had not a well day. My stomach was in frightful shape; the mere thought of food would nauseate me, and I really had a horror of anything to eat. All solid food would cause me extreme indigestion, bloating and gas on my stomach. and nothing tasted right. Some time ago I got some of this Cooper's medicine, about which there is so much talk. I actually feel as well and strong as a boy ever since the first bottle. Every sign of stomach trouble has disappeared, and I have a hearty appetite and eat three square meals; everything seems to taste good. Anyone who knows what chronic indigestion is can appreciate what this means to me. I consider this the most remarkable medicine I ever heard of."

soup pot free from fat, add six sliced Cooper's New Discovery is sold by potatoes, one small sliced turnip, two all druggists. If your druggist cannot finely chopped onions, one diced parsupply you, we will forward you the snip and a piece of celery cut fine. name of a druggist in your city who will. Don't accept "something just as strain and rub the vegetables through good."-The Cooper Medicine Co., Daya sieve. Mix one tablespoonful of ton, Ohio. flour with two of water until smooth,

Many a saint would have less trouble wrestling with the devil if he would get out and wrestle with a ball for an hour or two



To know how good the Bitters is in cases of Sick Headache, Heartburn, Indigestion, Costiveness, Colds, Grippeand Malaria, it is only necessary to try one bottle. The results speak for themselves.



only medicine in the world for cows only. Made for the cow and, as its name indicated a cow curr. Barrenness, retained afterbirth, abortion, scours, caked udder, and all similar affections positively and quickly cured. No one who keeps cows, whether many or few, can afford to be without KOW-KURE. It is made especially to keep cows healthy. Our book "Cow Mones" sent FREE. Ask your local dealer for KOW-KURE or send to the manufacturers.

Constipation Vanishes Forever Prompt Relief -- Permanent Cure

CARTER'S LITTLE LIVER PILLS never fail. Purely veget-



Turlock Irrigation District

of California

The LAND of SUNSHINE and OPPORTUNITIES. Healthful Climate. A-1 land; ABUNDANT WATER at low rate; Peaches, Apricots, Figs, Olives, Sweet Potatoes. Alfalfa and Dairying pay better than \$100,00 per acre yearly. Write for illustrated booklet. DEPT. B. TURLOCK BOARD OF TRADE, Turlock, Cal.

PATENTS Watson K. Coleman, Washington, D.C. Books free, High-W. N. U., OMAHA, NO. 10-1910.

Common Sense

Leads the most intelligent people to use only medi-cines of known composition. Therefore it is that Dr. Pierce's medicines, the makers of which print every ingredient entering into them upon the bottledaily growing in favor. No SECRETS. No DECEPTION.

The composition of Dr. Pierce's medicines is open to everybody, Dr. Pierce being desirous of having the search light of investigation turned fully upon

his formulæ, being confident that the better the composition of these medicines is known the more will their great curative merits be recognized.

Being wholly made of the active medicinal principles extracted from native forest roots, by exact processes original with Dr. Pierce, and without the use of a drop of alcohol, triple-refined and chemically pure glycerine being used instead in extracting and preserving the curative virtues residing in the roots employed, these medicines are entirely free from the objection of doing harm by creating an appetite for either alcoholic beverages or habit-forming drugs.

Examine the formula on their bottle-wrappers—the same as sworn to by Dr. Pierce, and you will find that his "Golden Medical Discovery," the great blood-purifier, stomach tonic and bowel regulator-the medicine which, while not recommended to cure consumption in its advanced stages (no medicine will do that) yet does cure all those catarrhal conditions of head and throat, weak stomach, torpid liver and bronchial troubles, weak lungs and hang-on-coughs, which, it neglected or badly treated lead up to and finally terminate in con-

Take the "Golden Medical Discovery" in time and it is not likely to disappoint you if only you give it a thorough and fair trial. Don't expect miracles. It won't do supernatural things. You must exercise your patience and per-severe in its use for a reasonable length of time to get its full benefits. The ingredients of which Dr. Pierce's medicines are composed have the unqualified endorsement of scores of medical leaders—better than any amount of lay, or non-professional, testimonials although the latter are received by thousands.

Don't accept a secret nostrum as a substitute for this time-proven remedy or known composition. Ast your neighbors. They must know of many cures made by it during past 40 years, right in your own neighborhood. World's Dispensary Medical Association, Dr. R.V. Pierce, Pres., Buffalo, N.Y.

