

JUST SUIT HER.



Employer—What we want is a night watchman that watches somebody who can sleep with one eye open and both ears, and who is not afraid to tackle anything. See?

Applicant—I see, boss; I'll send me wife 'round.

They Didn't Have to Change.
During the years in which our pure food laws have been put into effect there has been a great hurrying and scurrying on the part of the food manufacturers to change their methods to make them conform to the law.

The Quaker Oats Company is a conspicuous exception. It was admitted that Quaker Oats was as pure and clean as possible and that it was an ideal food.

It is so cheap that any one can afford it and so nourishing that everyone needs it. The result of last year's experiments at Yale and other points where food values were tested is that Quaker Oats has been adopted by many persons as their food on which they rely for adding vigor and endurance of muscle and brain.

The Quaker Oats Company meets all demands in the way it packs Quaker Oats; regular size packages and the large size family package; the latter, both with and without china.

A Revelation to the Cook.
A happily married woman, who had enjoyed 33 years of wedlock, and who was the grandmother of four beautiful little children, had an amusing old colored woman for a cook.

One day when a box of especially beautiful flowers was left for the mistress the cook happened to be present, and she said: "Yo' husband send you all the pretty flowers you gits, missy?"

"Certainly, my husband, mammy," proudly answered the lady.

"Glory!" exclaimed the cook. "he sutenly am holdin' out well."—Ladies' Home Journal.

One Thing That Will Live Forever.
PETTIT'S EYE SALVE, first sold in 1877, 100 years ago, sales increase yearly. All druggists or Howard Bros., Buffalo, N. Y.

Was a Father, Too.

"Say, Mr. Editor, I'm the father of twins."

"All right; we'll put it in the paper under the head of 'Double Tragedy.'"

HAVE YOU A COUGH, OR COLD?
If so take at once **Allen's Lung Balm** and water. Simple, safe, reliable. All dealers. Popular before—see the old and new bottles.

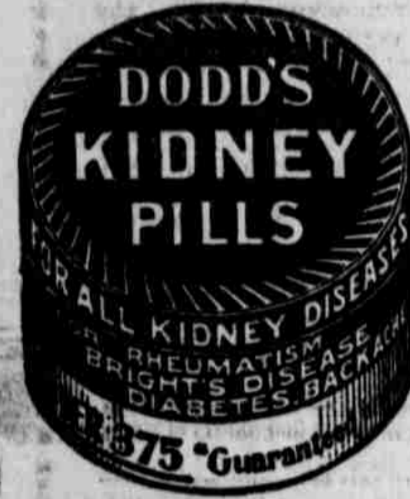
Don't believe everything you hear over a telephone wire.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, they granulate. Easy to take as candy.

In a man's life the greatest necessity is more money.

Many who used to smoke the cigars are now smoking Lewis' Single Binder straight 5c.

It is usually costly to follow cheap advice.



BROWN'S BRONCHIAL TROCHES
An absolutely harmless remedy for Croup, Whooping Cough, Croup, Hoarseness and Coughs. Give immediate relief in Bronchial and Lung Affections. Fifty years' reputation. Price, 25 cents, 50 cents and \$1.00 per box. Sample sent on request. JOHN I. BROWN & SON, Boston, Mass.

Makes Shaving Easy
NO STROPPING NO HONING
Gillette
KNOWN THE WORLD OVER

HOLD ON THERE! I want agents in every town. I am selling the best of all... MONEY IN THE HAND IS BEST. MONEY IN THE HAND IS BEST. MONEY IN THE HAND IS BEST.

FITS
Address Dr. W. Towns, Fond du Lac, Wis.
Baby Smiles—When He Takes PISO'S CURE
THE BEST MEDICINE FOR COUGHS AND COLDS
So pleasant that he likes it—and contains no opiates. There is nothing like it for Croup, Whooping Cough and all troubles of the throat and lungs. A Standard Remedy for half a century. All Druggists, 25 Cents.

The KITCHEN CABINET

HE thankful heart is full of gratitude at all seasons of the year, but joyfully sets apart one royal day in which to be especially thankful.

For the year of peace and plenty, And for blessings without end, Let the voices of the people, In Thanksgiving praise be heard. —G. C. Rhoderick, Jr.

Thanksgiving Goodies.
In preparing for Thanksgiving day there are many of the good things that can be prepared some time in advance. The mince meat (without which Thanksgiving would lose half its charm), may be made early in November, and is better for standing to ripen. There are many delicious little cakes and cookies that will keep weeks without losing their daintiness.

Oyster Stuffing for Turkey.
Mix three cupsful of stale bread crumbs with one-half cupful of melted butter, salt, pepper and onion juice to taste; add one pint of cleaned drained oysters; mix all together and fill the turkey.

Cranberry Jelly.
Pick over and wash four cupsful of cranberries; add one cupful of boiling water and boil 20 minutes. Rub through a sieve, add two cupsful of sugar and cook five minutes. Turn into a mold or glasses.

Green Tomato Mince-Meat.
For those who do not like the rich old-fashioned meat mince-meat of our New England mothers, just try this combination: One peck of green tomatoes, slice and sprinkle with salt and let stand 24 hours.

Orange Sauce for Duck.
Brown one-fourth of a cupful of butter, add one-fourth of a cupful of flour with one-half teaspoonful of salt and a dash of cayenne, stir until well browned; add one and one-third cupsful of brown stock and just before serving, the juice of two oranges and the rind cut in fancy shapes.

Pumpkin Pie.
Take one cupful of stewed and sifted pumpkin, add two eggs well beaten, a pint of milk, one-fourth of a cupful of sugar, a half teaspoonful of lemon extract, ginger, cloves and cinnamon to taste and one-half teaspoonful of salt. When a richer pie is desired use one cupful each of cream and milk instead of the pint of milk. Bake in one crust as a custard pie.

Count Your Mercies.
Thanksgiving season is the time to make an inventory of our blessings. We may have had sad hearts in the year that has passed, but the gladness returns when we recall all we are blessed with in what is left to us.

Shoe Hints.
Those of us who are always ripping the facings or braid from our skirts by catching heels in the braid or facing, will be glad to learn of one woman who has solved that aggravating problem. Cut or file off the corners of the heels of the shoes, those little sharp corners are what do the mischief. No one enjoys the sight of a trailing bit of braid or facing, especially when it is fastened to her own skirt.

Household Hints.
A good furniture polish is made of equal parts of benzine and raw linseed oil. This is very good to use on hard wood finished woodwork.

Try This Mutton Stew.
Get two pounds, or more (the amount depending on the size of one's family), of mutton to stew. After careful wiping with a damp cloth cut it in small pieces enough for a serving and simmer slowly for an hour and a half in boiling water to cover. Take out the meat and brown in a little hot fat, turning occasionally and cooking slowly. Into the broth put potatoes, carrots and an onion, all previously parboiled, and cook until tender with a few bits of parsley. Arrange the meat on a platter and put the vegetables in groups around the meat. The meat should be seasoned well with salt and pepper when it has cooked about an hour.

Thanksgiving Pudding.
Pour four cupsful of scalded milk over one and one-fourth cupsful of crackers, and let stand until cool; add one cupful of sugar, four eggs, slightly beaten, one-half a grated nutmeg, one teaspoonful of salt and a third of a cupful of melted butter. Steam until soft one and one-half cupsful of raisins and add to the mixture; turn into a buttered pudding dish and bake slowly two and one-half hours, stirring the first half hour to prevent the raisins from settling. Serve with egg sauce or a sauce made with grape juice.

Grape Juice Sauce.
Cream one-fourth of a cupful of butter, add one cupful of powdered sugar gradually then one-half of a cupful of grape juice, the well-beaten yolks of two eggs and cook until thick, then add whites of the eggs beaten stiff and folded in lightly.

Sympathy.
The daring aviator had toppled out of his aeroplane. The big policeman rushed over and placed his hand on his chest.

"Too bad!" he murmured, dolefully. "Too bad!"

"Gracious!" exclaimed one in the crowd. "Has his heart stopped beating?"

"Oh, no, it's not that; he's broken all three of his ten-cent cigars and he promised me one of them."

WORTH KNOWING.
Simple Remedy That Anyone Can Prepare at Home.
Most people are more or less subject to coughs and colds. A simple remedy that will break up a cold quickly and cure any cough that is curable is made by mixing two ounces of Glycerine, a half-ounce of Virgin Oil of Pine compound pure and eight ounces of pure Whisky. You can get these in any good drug store and easily mix them in a large bottle. The mixture is highly recommended by the Leach Chemical Co. of Cincinnati, who prepare the genuine Virgin Oil of Pine compound pure for dispensing.

CALLS FLIRTING A PERIL
Chicago Pastor Sees Homes Wrecked and Divorce Decrees in "a Menacing Evil."
Chicago.—"It is a long distance from a flirtation on the corner of State and Adams streets to what has become infamous at Newport and on the Riviera, but He who looks down from heaven has given but one name to the whole road, and that name is destruction. When flirtation becomes less common, popular and fashionable, the number of divorces and blasted homes will diminish."

That was Rev. Frederick E. Hopkins' introduction to his sermon in the Pilgrim Congregational church which, in part, was as follows:
"Flirtation is the cause of our social evil. It undermines the home. It makes marriage look like a failure. The rapidly increasing number of women who drink and smoke in fashionable restaurants shows where stations on the route are located and the

THE DIFFERENCE.
"As there has been a change in our fortunes, Maudie, make haste and find a husband. You, Jack, don't make a fool of yourself by marrying."

SKIN ROUGH AS BARK.
Baby Boy Had Intense Itching Rash—Scatched Till Blood Ran.
Found a Cure in Cuticura.
"Our son, two years old, was afflicted with a rash. After he suffered with the trouble several weeks I took him to the doctor but it got worse. The rash ran together and made large blisters. The little fellow didn't want to do anything but scratch and we had to wrap his hands up to keep him from tearing the flesh open till the blood would run. The itching was intense. The skin on his back became hard and rough like the bark of a tree. He suffered intensely for about three months. But I found a remedy in Cuticura Soap and Cuticura Ointment. The result was almost magical. That was more than two years ago and there has not been the slightest symptom of it since he was cured. J. W. Lauck, Yukon, Okla., Aug. 28 and Sept. 17, 1908."

Rev. Frederick E. Hopkins.
men in the big, swift touring cars accomplish the rest of the trip with merciful brevity, but leave behind the fumes of a scandal that will fill the land.

"In respect of this evil, as of all others, we need to remember that first steps are the dangerous steps, first compromises the dangerous compromises. We are often asked: 'Can I dance, can I play cards, can I go to the theater, can I take a glass of wine?' And our answer is, not a dogmatic and positive no, but the question, 'What is safe for you?'"

"When men and women are loitering about through life wondering what they will do next, a serpent not far away is apt to lift its head and sight the bird. From the Garden of Eden to the present hour snakes have loved Eve in a snake's way. Samson has loved and joked with Delilah, Sappho has loved the young student, as the devil loves the world.

"It is a love with the most beautiful face you ever saw. It is love with the most attractive personality you have ever known. It is a love with what is called temperament, you know—makes a lie sound better than the truth. It can make the red-headed, black-faced Cleopatra look so fascinating that the great Marc Antony is content to be dragged behind her barge like a dead fish.

"The love of the flirt is a love that makes men and women forget their honor, their vows, their ambitions, their talents, their fathers and mothers, husbands and wives, and all the great hopes of time and eternity. The first steps may lead down the marble steps of a palace of pleasure. But look at the end!"

NEW RAILWAYS IN CENTRAL CANADA

AMERICAN SETTLERS WELCOME AND DOING WELL.

The Portland Oregonian, of Portland, Oregon, published a cartoon on the immigration of U. S. people to Canada, in its issue of October 5, 1909. The picture was accompanied by the following article:

"Losing American Citizens. The exodus of American farmers to Canada continues to be a phenomenon of the first importance. More of them are crossing the border this fall than ever before, and they are flocking from all parts of the country. Formerly it was the Middle West alone which thus lost the heart of its citizenship. Now all sections of the Union suffer alike. The regret which we cannot help feeling over the migration of many thousands of excellent citizens has an economic side which causes some concern. The 70,000 farmers who will go to Canada to live this fall will take with them some \$70,000,000 in cash and effects. This is by no means a negligible sum, and makes a very appreciable drain on our resources. But, of course, the most serious loss is the men themselves and their families, who have forsaken the land of the free and the home of the brave to dwell under the rule of a monarch.

Why do they go? Naturally the cheap and fertile land of Western Canada attracts them. Each emigrant goes with a reasonable expectation of bettering his fortune. Indeed, in a few years he may grow rich through the abundant crops he can raise and the increase of land values. But perhaps that is not the sole reason for the astonishing migration. There is a common notion abroad that in Canada life and property are appreciably safer than they are here. Murders are not so frequent, and are more speedily and surely punished. Mobs and the so-called 'unwritten law' are virtually unknown in Canada. Again the law is a vastly more ascertainable entity there. Canada does not permit its judges to veto acts of the legislative body. When a statute has been enacted it is known to be the law of the land until it is repealed, this naturally imparts to Canadian civilization a security and stability which we have not yet attained.

"We must remember, in the same connection, that the Canadian protective tariff is far less exorbitant than ours, and much less boldly arranged for the benefit of special favorites. Hence there is an impression, very widely diffused, that the Canadians are not so wickedly robbed by the trusts as we are in this country. Reasons like these sufficiently account for the exodus of a body of citizens, whom we can ill afford to lose, but they do not much assuage our regret that they cannot be retained in the United States.

Speaking of this, a Canadian Government representative says that the Americans who cross the border are most welcome. The splendid areas of virgin soil, a large quantity of which is given away as free homesteads, lie close to existing railways and to those under construction. The railway lines that are assisting in this development are the Canadian Pacific, the Canadian Northern and the Grand Trunk Pacific. The latter is built entirely on Canadian soil, and has opened up a wonderful stretch of land. Along this line during the year about closed thousands of American settlers have made their homes. They have built the towns, and immediately began as factors in the building up of the great Canadian West.

Agents of the Government are located in various cities throughout the United States who will be pleased to give any information that may be desired to further the interest of the settler.

An Ever Ready Opening.
The editor suddenly became conscious that some one was standing behind him. Looking round, his glance fell upon a seedy looking individual with the eyes of a crank.

"I beg your pardon," said the newcomer, "but is there an opening here for a first-class intellectual writer?"

"Yes," grimly responded the editor. "An ingenious carpenter, foreseeing your visit, has provided an excellent opening. Turn the knob to the right, and do not slam the door as you go out."—The Sunday Magazine.

BACKACHE IS KIDNEYACHE.
Usually There Are Other Troubles to Prove It.
Pain in the back is pain in the kidneys, in most cases, and it points to the need of a special remedy to remove and cure the congestion or inflammation of the kidneys that is interfering with their work and causing that pain that makes you say: "Oh, my back."

Thompson Watkins, professional nurse, 420 N. 23rd St., Parsons, Kan., says: "For some time I was annoyed with sharp twinges across the small of my back and irregular passages of the kidney secretions. Since using Doan's Kidney Pills, I am free from these troubles."

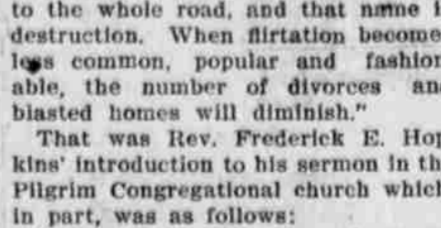
Remember the name—Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

As an eye-opener, what's the matter with an alarm clock.

ELEPHANT MADE OF WALNUTS

California Offers Unique Menagerie in Exhibit of Products at the Seattle Fair.

Seattle, Wash.—One of the most curious and unique menageries of animals at the Alaska-Yukon-Pacific exposition was seen in the California building in the shape of a bear, an elephant, and a cow made respectively of raisins, walnuts, and almonds. The



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"Two years ago," she writes, "being in a condition of nervous exhaustion, I resigned my position as teacher, which I had held over 40 years. Since then the entire rest has, of course, been a benefit, but the use of Grape-Nuts has removed one great cause of illness in the past, namely, constipation, and its attendant evils.

"I generally make my entire breakfast on a raw egg beaten into four spoonfuls of Grape-Nuts, with a little hot milk or hot water added. I like it extremely, my food assimilates, and my bowels take care of themselves. I find my brain power and physical condition much greater and I know that the use of the Grape-Nuts has contributed largely to this result.

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