THE SEMIWEEKIY TRIBUNE | TERMS 81.25 IN ADVANCR |
| :--- |
| NORTH PLATTE, $\cdot$ NEBRASKA | Shattered Nerves.

Many peopie complain of shatered
nerves. Very frequently this malady is caused by the overwork of body and
brain. Bad sleep or no sleep at all in shattered nerves. $A$ weary and yet
restless feeling during waking hours.
both day both day and night, is a simiar symp
tom. Excessive tritability, Instead of
good temper, fs another symptom. A good temper,
strong tencen everything, rather than the best, in
another ymppom. A wish for death
rather than Iffe, with such a state of
body and mind tis not

## symptom. Fear and foreboding of evil is another. What we ta

 cated an the kymptoms will Indicatethat the mind has a rreat deal to do
with all such caucs the New York Weekly, it is the mere
Idea, stronkly fixed, whith works all
the harm. If the mind could bantho
Ite depressilon, the same nerves that shastered may turn out to be quite
sound and good by the act of changed
thousht. But to do good work one thought. But to do good work one
muat bave adequate reas. More and
better work fs done by a good sleeper,
who dally takes at souns sleep, than by one who forces
himself to do less. Hut even it this himserf to do ess. But even if this
were not true, , would stll becertan
that it is ruinous to Hife's grandest ends to deny the nerve-systen
on which tis healthy state depe Romance got something of
back the other day when, from
steps of the Royal Exchange of steps of the Royal Exchange of Lon
don, the common crier made proclama-
ton that after August 1 the doubloon would cease to be legal tender in the
West Indies, Including Brtitith Gulana Now the boy who finda a plrate's bur
fed treasure will have to dispose of hil Spanish gold at its bullon value.
may console him to know that some years the doubloon has not
the preclous thing it was. In the precious ening it was
and for a century after, it wa
elght dollars, "mon elght dollars, "more or less;" but the
current doubloon ta worth only about five dolllars. It has ceased to be
colned in tis native country, spatn and now It will soon become unpopu Iar in the West Indies, where it has
figured in a mixed circulation embracing British, United states and
Spanish coins. In the interest of romance, however, the name at
must survive. it signifes n the value of a platole; but "doubloon ery as "pleces of eight, filling mock

which sug | gesta great riches, but |
| :--- |
| Spanish silver dollart | So far as experlence goes with the Chicago directory it is a painstakin

and truth-telling book. The publish era go to large expense to make it so If John Smith is lving at the corner
of Bouthwest street and Northwes boulevard and rumor hath it that he
atlll there and Intends to remain that spot for the reat of hin lite, they take It for granted that nuch
the case? Not at all, declares the Chy cago Dally Newa. They send a ma
out to see. That man reports on spectarly prepared blank and his wor
ts verified. That belng the is verified. That belng the case, why
should we not look on th as a truthtu book when th eatimates the populatio
of Chicago at $2,425,000$ ? True, the na tonnt censua will be along in a coupl of yeara and it may call us down, bur of feeling as large as possible. wis the school ce
and att down

## Some years ago Canada dectded observe Thankgiving in Oetober in

 observe Thanksgiving in October inatead of November, as a more chee
ful month for the fally and a more suttable fame for a ha vest festuval. The dayy of the week
however, was Thuraday, as the country. But now sulll, another thift
to to be made, by which Thakuty will hereafter come on Monday. Thi is in order that commerctan travelera,
students away from home ness men who liv
place of birth may
$\qquad$ or Sunday in the hollday fentival. The Mocred character of th many edrantages that plan offers so are to be congratulated upon the
chance, and Americans ought not to
be too

There are three principal kinds mosquitoea. One dlasemlnates yellow
fever, another makes a spectalty of malaria and the third is a stripe.
leggod atinging machine that makes its habitation in Now Jersey, Dont
stop to distinguish, but kill on stight. A Consecticut men has married his
cook, and will shortiy discover he hae
made a horrible blunder it it wos hat mada a horrible bluader if it was his
inteation to get rid of the servant latention
problem.

 she nodded
will you
"Yes,
"Ohed
ktle
"Non
Hght,
more
home
Her earnestress impressed me, bu
my resolution was not shaken.
Horten Horton rested her head on the table
in despair at my oubting
 need th." Manked Mother Borton and
I than
presed her hand, and she held the
candle as 1 taptooed down the stairs.
joining my wating guards and went
out into the night. out into the night.
"Where are Barkhouse and Phil-
Hpa?" I anked, as we turned our taces toward the west.
Porter kave alow whistle, and as
this falle to bring an answer, fol-
lowed it with one louder and more pro-
longed. We listened, but no response
came. came.
WU.d better get out of here", sald
Wilson. There's no telling what may
bappen when they hear that whilie"

 and



 cutoff to Pactio atreet. Wilson turaed

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## $\substack{\text { The } \\ \text { ond } \\ \text { than } \\ \text { camo } \\ \text { and }}$

$\qquad$

 TWO WOOTEN STVOD REFOEF AIEF LEADIVG A CHILD.


 tor much trom the bues.


HELPFUL ADVICE

 him.". All right," said Wainwright, ufting
the chill good men en abrams?" I asked, notin
that only six of my men were at hand
"You sent him forward," sald Lock
hart.
"Not tor all day,"
"Well, he hasn't been seen stnce yo
"It's no use to walt for hlm." 1
growied But the next man that
takes French leave had better look
somewhere else for a job, for by the
 of the crowd, I in no pleasant hume
and the men silent in reflection of $m$.
and displeasure. And with some dimfeulty
we found seats together in a forward
coach.
The train was the east-bound over
Tad. land, and it seemed hours before the
baggage was taken aboard and the
signal given to start. I grew uneasy
but as my watch assured me that only 10 minutes had passed when the en
gine gave the frrst gentle pull at th
tranin. I suspected that I was losing the
gift of patience.



