

**AIDS TO GRACE AND BEAUTY**  
By PRISCILLA DEAN  
Article Twenty-four

"Did you ever know that your mental state has a great deal to do with facial beauty?"

"You didn't? Well then I am going to tell you something I know to be absolute fact.

Have you ever noticed a woman whom everyone calls a cat? The woman who is always making unkind and hateful remarks about everyone? Nothing pleases her. She roasts her best friend the minute she is out of sight. She not even stops at gossip but she slanders wickedly.

No one is safe from the lash of her tongue. Do you think for a minute that such a woman is pretty?

She may have regular features, her nose perfect, her mouth like a rose bud, but she repulses you. You can see nothing that is fine and beautiful, try hard as you may.

The reason is, this woman reflects her mental self and no matter how beautiful her body may be, the mental conquers the physical and we see only her mind. Her bleak ugly thoughts.

Look closely. You will notice that the mouth has a hardline. The eyes, that at first we thought pretty are narrow as she thinks and schemes. No this woman is not beautiful and until her mind has cleared and her thoughts purified, she never will be.

Take, on the other hand, the girl whom we pass by, as first as plain.

As we listen to her and are thrown constantly in her company she appeals to us. She draws us closer by her kindness of speech and action. She is always ready and willing to help. You tell her your grievance and she listens just as if she never had any trouble of her own.

When you have finished she is most sympathetic and suggests some way in which you may be relieved.

Her nose isn't perfect. It's a bit too short. Her mouth is too large and her eyes too small. Her hair is that straw color that never was and never will be pretty, but you do not notice this. In fact, when it is called to your attention that she is not a Lillian Russell you are much surprised. You had always thought her beautiful, because she had reflected her MENTAL state, which was a very beautiful thing.

And so it goes. I know of another instance, this time a man's case.

This young fellow was very tall and handsome. He came from a fine family and had all the advantages that money could buy. When the war came, through his pull and money, he secured a "safe" position. After the war was over he returned home and at first all the girls were crazy about him.

He gloried in it. Time and time again he would tell them stories of

his adventures in France. Hearing him talk you derived the impression that it was quite unnecessary to have seen any other men over there. He could have won the war, all alone.

Finally they all became sick of his bragging and his arrogant manners. He forgot that he was no longer an army captain and ordered everyone about him in the same tone that he had adopted to the fellows beneath him.

Needless to say he never won any girl's heart. Those who had liked him at first, turned away in disgust, and now for the other fellow.

Oh, my he was homely. His mouth was so big. His nose so long he was slightly under medium height and was quiet, never butted in or offer his opinion, until asked. Then when he did talk, oh, girls, he was just lovely. You couldn't help but like him.

His manners were almost courtly and you know how women like that stuff. He bowed and salaamed and smiled a smile that lit up his whole face. He was an instantaneous hit. Poor Mr. Captain went to the rear.

So if you really want to be beautiful and you haven't legs like Ann Pennington or eyes like Theda Bara, or a neck like Norma Talmadge, just try thinking bright, pleasant things about people and you'll soon find you have no need for a beauty doctor.

**CEDAR RAPIDS MAN IS NOW CONVINCED**

**Believed Nothing Could Help Him But Tanlac Put Him Back On Feet**

"Since I began taking Tanlac I not only feel better than I have in years, but I have gained fifteen pounds in weight, and am still gaining every day," said Gary Walters, Cedar Rapids, Iowa.

"For seven years I had suffered from stomach trouble," he said. "My appetite was poor and my stomach so badly upset that at times even the sight of food made me sick, and everything I ate disagreed with me. After every meal I became nauseated, seldom being able to retain a thing and would have such severe pains in the pit of my stomach they almost drew me double. My heart palpitated terribly at times and often I had such smothering spells it was all I could do to get my breath. These spells troubled me most at night and sometimes I had to get up and walk the floor just fighting for breath. My head ached so bad at times it almost drove me distracted and I suffered so much from dizziness I could not begin to do any work that required bending over. I had lost weight and strength until I was in a badly run-down, weakened condition, and despaired of ever getting well again.

"I decided to try Tanlac because others said it helped them and not

that I had any confidence in it to help me. I did not doubt the word of the people giving these statements but I had taken so many different medicines without getting a particle of relief from them I didn't believe Tanlac or anything else could do me any good. Well, I had taken it only a short while when I began to realize it was not like other medicines I had tried, for the improvement in my condition was simply remarkable. As I kept taking Tanlac I kept getting better until today I am a well man. My stomach is in fine shape, everything I eat agrees with me, my heart does not palpitate and I never have a sign of shortness of breath. My head had stopped aching, I never become dizzy, and I have regained my strength so that my work as an iron-moulder is actually a pleasure to me. There is a wonderful difference in me now and before I took Tanlac, and it's a real pleasure to tell others about it."

"Tanlac is sold in Alliance by F. E. Holsten, in Hemingford by Hemingford Merc. Co., in Hoffland by Mullery Grocery Co."

That Japanese who was a former window washer in San Francisco and now owns a chain of hotels in his native land is nothing compared with what Greece may expect when its hat checkers go back home to enter business.

The great game now is guessing who is going to be hurt when the pyramid of high prices tumbles—the producers, labor, jobbers, overstocked retailers. For the law of gravity applies to prices as much as to poars.

A university chemist wants poison gas used in capturing desperate criminals and in dispersing mobs. One bad result of the war is the outbreak of freak theories which has followed it.

Responsibility for preventing the sale of wood alcohol as a beverage cannot logically be placed with the pure food authorities in view of the fact that no kind of alcohol is recognized as a food product.

**All in the Day's Work**

Whether it's clearing, tilling, hauling or harvesting—your tractor is called upon to perform a hundred different tasks in the course of a season. The speed and sureness with which it accomplishes these tasks, every day, year in and year out, depends largely upon the kind of lubrication it gets. Carbon, friction and wear are enemies of steady, efficient motor operation. You can minimize them by using our Tractor Oils.

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nate, to a large extent, the danger of scored cylinder and undue wear of engine parts. They keep your tractor on the job and full-powered the year around.

Our experts have made a study of the tractor lubricating problem. They have found STANOLIND TRACTOR OIL best suited to a majority of tractors, *Polarine Extra Heavy*, *Polarine Heavy* and *Polarine* being recommended for quite a number. For the proper oil to use in your tractor—consult your Stanolind dealer or write us.

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