

The W. C. T. U.

Concrete illustration of the world work already accomplished by the Woman's Christian Temperance Union will soon reach Nebraska if plans of state officials mature. Two Spanish women, natives of Uruguay, have been sent by their government to the National W. C. T. U. of America to study the scientific temperance feature of industrial education. Their coming is the direct result of the work of Miss Hardynia Norville, W. C. T. U. missionary to Uruguay. Both have been active in temperance work and were especially chosen by their government for this training. The visitors will assist the American women in the last days of the million dollar-million member drive. Nebraska is making a strong bid for their services.

The present jubilee drive of the W. C. T. U. is spoken of as one of the greatest missionary movements of the age. Much of the fund being gathered will go to help fight the American brewer in his new location, the orient. Besides this, foreign activity white ribbon paid workers are already being placed in foreign settlements of this country under the Americanization plan.

Miss Christine Tinning of Virginia, lecturer and writer on scientific temperance, has been appointed W. C. T. U. missionary to China.

The recognition of the W. C. T. U. in Nebraska churches on Mother's day was unprecedented in the history of the state. Churches of all denominations participated.

With the close of the victory loan last Sunday, the W. C. T. U. started the whirlwind finish to its jubilee campaign. In Nebraska numerous workers are in the field. Mrs. Iva M. Innis of Rushville is traveling through the northern counties while Miss Lucy Herrick is busy in the southern counties. Mrs. Mamie M. Clafin and many local workers are putting the finishing touches to the middle of the state. Omaha and Lincoln have been well organized from the first to handle their own needs. Reports from all sections of the state give the work as booming. The St. Paul union is one example of unmitigated enthusiasm. Although its membership and cash quotas were completed the first week of the drive, the women are still hard at work "making hay". In University Place on May 1, membership day, 200 white ribbons were secured, making a total of 310 members.

The Nebraska W. C. T. U. will observe June 8 as its flower mission day. At that time flowers and cheery greetings will be taken to all shut-ins, either invalids or those forcibly detained by the law. This is a long observed custom in the Nebraska society.

York is already making big preparations for the 1919 state conven-

tion of the Nebraska temperance women which meets in the early fall. Among other interesting occasions will be a banquet for all the delegates when very notable visitors will be present. Although the banquet was a regular event when society was a smaller organization, of late years the custom has been dropped because of the great number of delegates. York with the facility of a big new hotel hopes to reestablish the banqueting custom.

War is bringing Turkish women out of the harem and from the veil. Ere long the centuries old curiosity about the veiled women of the harems will have been gratified. How they live, what they think, what their dreams may be is gradually unfolding.

Jump from Bed in Morning and Drink Hot Water

Tells why everyone should drink hot water each morning before breakfast.

Why is man and woman, half the time, feeling nervous, despondent, worried; some days headachy, dull and unstrung; some days really incapacitated by illness.

If we all would practice inside-bathing, what a gratifying change would take place. Instead of thousands of half-sick, anemic-looking souls with pasty, muddy complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste which it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms ptomaine-like poisons which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each morning clear the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, nervous days and sleepless nights have become real cranks about the morning inside-bath. A quarter pound of limestone phosphate will not cost much at the drug store, but is sufficient to demonstrate to anyone, its cleansing, sweetening and freshening effect upon the system.

330 MARKS BIG PAY IN GERMANY

A late issue of the Marne Division's paper "The Watch on the Rhine", just received by the local recruiting officer, in charge, prints the article given below under the heading "Come Across": New slogan of men on the Marne.

One of the pertinent facts mentioned in this article is the buying power of the Private's \$30.00 in Germany. It appears that the soldier's monthly pay which equal 330 marks, will buy most anything on the Marne.

Come Across, boys! Come Across! Now is your chance to replace your silver chevron for a gold stripe. We of the Third Division who have served through the campaigns from the Marne to the Argonne and are now reveling on the Rhine will welcome you. We would regret deeply leaving this land of boche and snow. Nevertheless, we do not wish to appear selfish.

We know there are thousands of young men in the States who are rearin' to come across. We know, because we have read of men who wept salty tears when the armistice was signed because they were deprived of doing their bit over here.

We are willing to give them a chance to win that gold stripe. Of course things are a bit slow now. No longer do the G. I. cans blooze around us. Heinie no longer comes

across in his little booming machine with the tail-gate wide open. These little surprise attacks at dawn are no more. Goin' over the top to cash in in front of the boche machine gun nests is but a memory.

BESIDES, the chow has changed. Corn, canned willie, and hardtack are passe'. Goldfish is now almost unknown. But if you can carry on under the hardships and disadvantages why—

Come across, boys, come across! Still, Rhineland has its advantages. Even after July 1st, Germany has absolutely no prospect of going dry—so long as the Rhine flows. And you can smoke a cigarette here without hiding behind the barn as if you were committing a deadly sin.

And think of this! One dollar good U. S. is worth five francs. Five francs are worth ten marks. So a buck private, instead of getting 33 dollars per month, receives 330 marks.

Some money! 330 marks will buy anything in Germany. So come across, boys! Come across! It's a great life if you don't weaken. And win a gold chevron!

Nebraska will be almost without male birds in a few weeks, so determined are poultry owners to produce infertile eggs, according to University extension workers who have been holding demonstrations over the state. The high price of

eggs and the fact that infertile eggs keep much better caused people to realize the value of getting rid of the males as soon as they have sufficient hatching eggs. Infertile eggs not only keep better, but longer. No other kind should be used for storing. Hens laying fully as well without males. Many people sell off the old males and keep a few vigorous cacklers penned up for breeding purposes next year.

Women of Sweden, the only Scandinavian country in which women do not enjoy the same right to vote as men are clamoring for the ballot. The national Swedish Woman's Suffrage Association has a membership of 17,000.

Russia sold to the United States 18,500,000 pounds of sugar beet seed during the first nine months of 1916.



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BIG DISPERSION SALE

Tuesday, May 27, 1919

HAVING DECIDED TO CLOSE OUT OUR ENTIRE BREEDING HERD WE WILL SELL AT PUBLIC AUCTION AT THE AIREDALE RANCH ON PUMPKIN CREEK IN BANNNER COUNTY, SIXTEEN MILES SOUTH OF SCOTTSBLUFF AND THIRTEEN MILES SOUTH OF GERING, NEBRASKA, THE FOLLOWING DESCRIBED PROPERTY WITHOUT RESERVE TO THE HIGHEST BIDDER.

CATTLE

600 HIGH GRADE HEREFORD COWS, 3 TO 7 YEARS OLD, WITH CALVES BY SIDE; 30 HIGH GRADE HEREFORD HEIFERS, 2 YEARS OLD, 350 HIGH GRADE HEREFORD HEIFERS, YEARLINGS, 82 HIGH GRADE HEREFORD STEERS, YEARLINGS, 33 REGISTERED HEREFORD BULLS.

These cows have been bred up for years by using only Registered Hereford Bulls. Some of these bulls were the sires of carload lot first prize winners. Among them was Beau Victorious, who was a Beau President Bull bought by Eggleston & Hill of Guggell & Simpson.

These cows are individually smooth and regular breeders and collectively this one of the strongest breeding herds in the country. The calves from these cows have regularly sold for the highest prices current at the time. The bulls come from the well-known herd of Spooner & Sons, Mondamin, Iowa; J. H. Dickens of North Park Colorado; The S. L. W. Ranch of Kersey, Colorado; The J. O. D. Ranch of Arroya, Colorado; and the Danner Ranch of Ness City, Kansas. These bulls are bred right with such noted ancestors as "Fulfiller," "Financier," "Corrector," "Parsifal," and "Bonnie Brae." No better blood can be found in any herd of bulls. They come right from the range and are not fattened for sale purposes.

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HOGS

50 Brood Sows, all with pig or with pigs by side. 80 Fall Shoats.

MACHINERY

One 2-ton Nash Quad truck, four mowers, two walking plows, two sulky plows, two hay rakes, and many other articles too numerous to mention.

FREE LUNCH AT NOON

TERMS: Six months' time will be given on approved bankable note at 8 per cent interest. Parties from a distance will be furnished free conveyance from Scottsbluff, Nebraska.

Airedale Ranch & Cattle Company

ED. H. REID, PRESIDENT

For further information address Ed. H. Reid, Mitchell, Nebraska or Platte Valley State Bank, Scottsbluff, Nebraska.
Col. P. M. Gross and Col. E. Von Forell, Auctioneers T. L. Green, Clerk.

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