

**GEORGE MCFALL IS ON THE WAR FRONT**

**Alliance Young Man Writes Interesting Letter of His Surroundings in War-Ridden France**

Lieut. George H. McFall, of Alliance, writing recently to friends from France, before he entered the lines of battle, tells them of the French people and their ways. The lieutenant is probably engaged in active warfare at this time, as the letter was written some time ago. It reads as follows:

"Another line from 'Sunny (?) France.' In a different place now. Have heard the boom of the big ones. Am feeling fine, eating good eats and sleeping good sleeps. The beds in this country are about two feet thick and a feather bed on top of that. Lieut. Lawler and I are quartered in the same place. Madame — is our hostess and believe me, she is a good one. She is about 60 years old, and is fairly forcing French down my throat. She makes me talk it. She is some talked, too. I manage to make myself understood and get what I want. I bought some wood for my stove today and had quite a time making myself understood. It was so funny and when we get alone we have many a laugh about our experiences.

"The cars for transportation are marked 40 hommes, or 8 cheveaux, meaning 40 men or 8 horses. The fellows had quite a laugh over that. Some times it is hard to make oneself understood and other times it is easy. The people here are very patient with us.

"Last night I slept in a building which was built in 1609. Also there was a trunk in it marked, 'Grand Duke Nicholas.' A ponderous iron gate was in the wall around the place and it looked just like pictures we have seen of historical buildings. Close to this building is another one with a tower. I went up in the tower and it was formed into prison cells, the lower one being called the dungeon. In it we found names carved in the stone, and dates running back to 1738. Napoleon I. at one time made it his headquarters.

"There are many other places, very old and all very interesting. From this tower one could get a wonderful view of the valley; but that is another place. We are now in a picturesque place and it is also very interesting. Napoleon is also said to have used some of these buildings. Don't know if it is true or not. I have sure enjoyed some of these scenes.

"Last night a Y. M. C. A. man told Lieut. McCoun that he was looking for his brother, Lieut. Layton. Lieut. McCoun said he was right here and the two brothers met here in France. Believe me, they were surprised and were so glad to see each other.

"I have never felt better in my life than I do right now and am getting

can't tell you much but will try to tell as much as I can without imparting any thing of military value. Don't worry about me. I'm having the time of my life. Can hear the big guns boom. That's music to me.

"We are going to have pancakes for breakfast. Had fried pork chops, beans, egg omelette and coffee for supper—a real good feed. For dinner we have roast pork, fresh fried potatoes, peas, chocolate and gravy. They never put upper crusts on the pies here. They call pancakes "crap." Sounds like gambling, doesn't it? Also going to have oatmeal for breakfast. I am mess officer and believe me we are having some mess.

"Must stop now. Will write again soon."

**THE DEMAND FOR POTATOES IS BETTER**  
(Continued from Page One)

offered in hampers and moved at \$2.75 @ 3.

**Light Northwest Movement**  
Los Angeles, Calif.—Potato shipments from California last week were 68 cars compared with 64 the previous week; total to date is 7,706 against the total last season to April

**URIC ACID IN MEAT CLOGS THE KIDNEYS**

**Take a glass of Salts if your Back hurts or Bladder bothers you—Drink more water.**

If you must have your meat every day, eat it, but flush your kidneys with water occasionally, says a noted authority who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or headache, dizziness, your stomach soon becomes coated and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To neutralize these irritating acids, cleanse the kidneys and flush off the body's urinous waste get four ounces of Jad Salts from any pharmacy here take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.

were 112 cars, the previous week 152, total to date 6,060 and total last year to April 1, 5,083 cars. Oregon shipments were 9 cars, the previous week 18, total to date 1,587 and total last year to date 3,138. Washington shipments were 44 cars, the previous week 76, total to date 2,269 and to the market on northwestern potatoes almost disappeared the last couple of weeks and the movement from the whole western section was almost stopped during the first week in April 1917, Oregon shipped 119 cars, Washington and Idaho have slumped similarly. These things are against further extensive shipments from Oregon this season. There are great crops in storage in Idaho, Colorado and Central western states moving to market at every opportunity and with less freight charges those points give shippers there such advantage over this section that northwestern potatoes can be sold only by accepting less money or giving better quality.

Prices in Oregon are such that they cannot go much lower. Some have sold at 50c per cwt. in bulk with sacked bringing 60 @ 75c. There is no speculative buying, so sales are in small lots. Growers figure they are not getting much more than handling charges now. The quality is not very good as Oregon's dry season made poorly developed and shaped tubers.

**New York Receipts Lighter**  
Rochester, N. Y. — With farmers getting into spring work there is a falling off in the receipts of potatoes and despite the prophecy that April would see growers feeding potatoes for lack of a market, the prediction has failed to materialize and further, under the light receipts there is a distinctly stronger tone to the market. Dealers will make no estimates of the amounts now in possession of growers, but some of the big buyers here are coming to the conclusion that stocks may have been rather overestimated.

Reports continue to come in to the effect that there will be some reduction of potato acreage this season owing to the unfavorable conditions that obtained last season in handling the crop. It is claimed that the acreage in Steuben county this year will be 19,000 as compared with 27,000 last year. Information from that county is that 1,140 farm hands have been drafted, have enlisted, or left the farms for one reason or another in the past year, and to make up this loss, only 400 new men have gone to the farms.

There is still some opposition against potato grading, although apparently the great proportion of growers and dealers favor it as a real prop to the potato business. However, there are few dealers willing to admit that they do not grade potatoes, but investigation shows that grading consists in a little hand sorting, rather than bona fide grading over a mechanical device. By special request of the federal food administration, Francis G. Ferrin, secretary of the New York State Potato Shippers' Conservation association, has been doing some investigation. Dealers are paying growers \$1.10 @ 1.30 per cwt., for U. S. grade 1, trackside delivery. Dealers are shipping U. S. grade 1, bulk, \$1.45 @ 1.50 f. o. b. Rochester.

**1,000 Cars in Louisiana**  
Alexandria, La.—The new potato

crop here and in this immediate section are in good condition at the present time and with continued favorable weather one of the largest and best crop in point of both volume and quality ever produced in this section is expected. The unusually good weather prevailing throughout the season has given the plants a hardiness and vitality rarely seen and all indications are for a considerable increase in the average yield. It is estimated that in the neighborhood of 1,000 cars of potatoes, mostly Triumphs, will be produced in this section practically all of which will be shipped out of this point. With continued favorable weather conditions, digging should begin about the first week of May and the carlot movement, it is believed, will be ready to open up actively by May 5 to 10.

**Florida Spuds on Market**  
Hastings, Fla.—The first carload of Hastings potatoes have been shipped with the yield of No. 1 stock larger than had been expected. The recent rains have caused damage which caused digging to begin a week or ten days earlier than usual.

Elkton growers are digging and shipping and the yield seems to be equal to that of Hastings.

At Federal Point growers are digging and on account of the scarcity of labor a good many engine diggers have been bought and are extensively used. With one digger and four to six packers a grower can harvest five to six acres a day, while with 25 hands two acres a day was the limit.

The railroads are co-operating with the growers and are furnishing all the cars obtainable.

**New Potatoes in Ohio**  
Cincinnati, Ohio—The Florida po-

tato movement this way opened early last week. Carlots of Rose packed in double head barrels arrived and some passed on to other markets further north. The new stock in all Ohio valley centers was well received and found an active consumptive demand. The houses receiving the initial shipments promptly distributed the arrivals as a whole will take on the early goods freely. The forepart of the week No. 1 Rose was selling at \$8.50 @ 9 per barrel, No. 2 at \$7.50 @ 8 and No. 3 at \$5.50 @ 6. A few Florida Triumphs put up in bushel packages were received here, bringing \$2.50 @ 3.00.

Old potatoes are doing a little better. All along the line a higher quotation prevailed compared with the previous week. No. 1 stock out of Michigan, Wisconsin and Minnesota brought in a general way on valley markets \$1.40 @ 1.50 per cwt., sacked. Staple varieties of seed, such as Early Ohio, Rose and Cobblers continue to move at prices in line with table stock.

**Potato Crops in Bermuda**  
Washington, D. C. — In a special report the acting director of agriculture of Bermuda makes the following statement with respect to the prospects of the current potato and onion crops:

"The potato acreage is larger than that of 1917. The increase is due chiefly to a corresponding decrease in the acreage planted to vegetables—that is, beets, carrots, lettuce, etc.—which was brought about by the lack of chill room accommodation on the New York-Bermuda route. The amount of seed potatoes imported for planting is about 11 per cent larger than the quantity imported last year, the quantity for this year being 9,989 barrels. At the time of writing the condition of the crop is good, although early planted potatoes especially have suffered from prolonged dry weather. Rain has fallen during the past week, and if the weather continues favorable a very good yield may be anticipated, for the crop is unusually free from leaf-rot or other low-yielding plants. Late blight is reported in some localities and the presence of this in conjunction with unusually light applications of fertilizer, brot about by its high cost and scarcity, may reduce the estimated yield which is 42,000 barrels.

**Discolored Seed Not Fit**  
Wooster, Ohio — When selecting seed potatoes, beware of the tuber showing internal discoloration, cautions the Ohio experiment station, for by discarding such seed you are taking a long step in preventing wilt and blackleg that may later threaten the crop.

Fusarium wilt causes a shrunken, depressed area at the stem end of the potato, and inside it forms a dark crescent shaped marking. Plants in the field turn yellow and droop and yield a poor crop when this wilt becomes established.

Blackleg also causes plants to become unthrifty and finally die. The base of the stem turns black, and leaves often fold along the midrib. Infected tubers carry the disease over winter.

Treating seed potatoes before planting and spraying the plants have not controlled these diseases. Selection of disease-free potatoes and crop rotation are the only control measures recommended.

**22 Million Families in the United States**

**IF EACH FAMILY** saved one cup of wheat flour it would amount to 5,500,000 pounds, or more than 28,000 barrels. If this saving was made three times a week, it would amount to 858,000,000 pounds, or 4,377,000 barrels in a year.

You can do your share in effecting this saving and really help to win the war by omitting white bread from one meal today and baking in its place muffins or corn bread made according to this recipe:

**Corn Meal Muffins**

1/2 cup corn meal	2 tablespoons sugar
1 1/2 cups flour	No eggs
1/2 teaspoon salt	1 cup milk
4 teaspoons Royal Baking Powder	2 tablespoons shortening

Sift dry ingredients together into bowl; add milk and melted shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes. Same batter may be baked as corn bread in greased shallow pan.

*Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods mailed free—address*

**ROYAL BAKING POWDER CO., DEPT. H., 135 William St., New York**

**FOOD WILL WIN THE WAR**

**ATTENTION--LADIES**

We have opened an Up-to-Date Dressmaking Parlor and are prepared to do

**PLAIN AND FANCY SEWING—TAILORING ALTERATIONS OF ALL KINDS HEMSTITCHING, PICOTING**

ON OUR OPENING DAY, MAY 1st, to every lady that calls, **FREE DRESS PATTERN** drafted to individual measurement.

**SEWING CLASS**  
From 9 to 4 each day, starting May 1st. Practical sewing taught

**Ladies Tailoring College**  
LOTTIE COATES, Manager

208 1/2 BOX BUTTE PHONE 466

**ALLIANCE CANDY STORE**  
PURE HOME MADE CANDIES  
SODA FOUNTAIN

Quart Ice Cream 45c Pint Ice Cream 25c

Completely equipped—Sanitary Service  
COME IN at any time and let us serve with that cooling drink or delicious Sundae 10c with wafers.

We deliver goods to any part of city or out of town  
S. P. JACKSON, Prop. 210 Box Butte Phone 27

**Hotel Fontenelle**  
OMAHA  
BUILT BY NEBRASKANS FOR NEBRASKANS

MAKE THE FONTENELLE YOUR HEADQUARTERS WHEN IN OMAHA. UNFAILING COURTESY AND SERVICE SEEM TO MERIT YOUR PATRONAGE

330 ROOMS—330 BATHS

RATES: ONE PERSON \$2.00 to \$4.00  
TWO PERSONS \$3.00 to \$6.00

Management H. Edgar Gregory

**Clear, Peachy Skin Awaits Anyone Who Drinks Hot Water**

Says an inside bath, before breakfast helps us look and feel clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good, clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening, and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance, awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.

**Kill Friction and Save the Car**

**FRICITION** is the deadly enemy of your motor. Kill it with Polarine. With Polarine in your crankcase, summer and winter, you are assured perfect lubrication. Polarine flows freely at zero; it doesn't run thin or break up at the highest heat generated by your engine.

Polarine conserves power; is acid-free—will not pit the cylinders or eat away the piston rings. Burns up clean, neutralizing carbon.

Insist on **Polarine**

always. Get it where you see the sign. **Red Crown Gasoline** takes you farther on a gallon—makes hill climbing easy.

**STANDARD OIL COMPANY**  
(Nebraska) OMAHA

**Polarine MOTOR OILS**