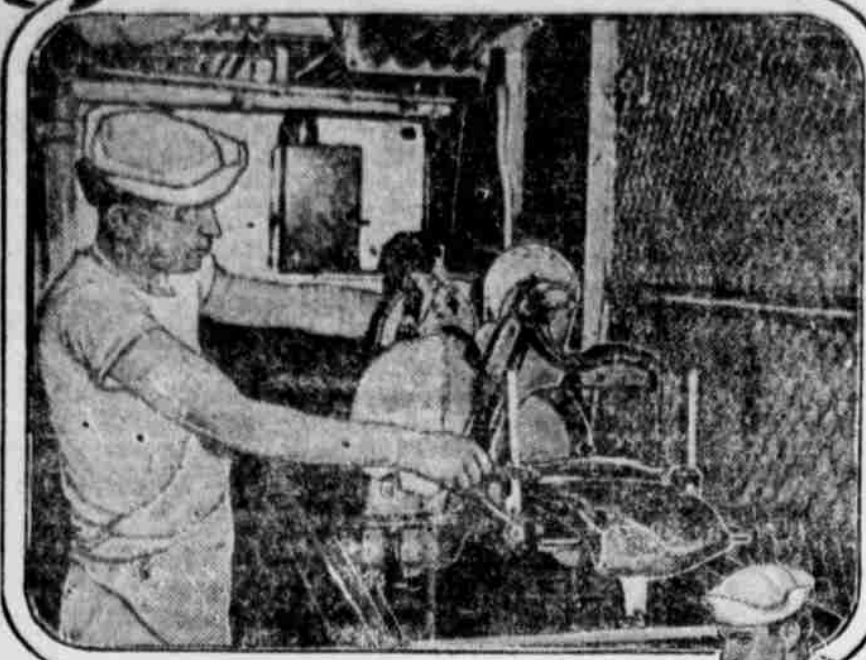


AMERICAN NAVY ELIMINATES WASTE



SLICING BACON ON BATTLESHIP

ACKIES in the American navy are classed as the best fed body of men in the world. In the ship's galleys every effort is made to eliminate waste.

In the upper photo one of the cooks on the North Dakota is operating a meat slicer that cuts bacon with the least possible wastage. Fat is fuel for fighters. Bacon is badly needed in the allied armies and navies. The allied needs in pork products are 150,000,000 pounds monthly, three times as much as before the war. Another waste eliminator on the North Dakota is the potato peeler, shown in the lower photo. Nothing is lost except the actual potato skin. There is a sufficient quantity of po-



HOW THEY PEEL POTATOES ABOARD SHIP

tatoes in America for greater use every home and for all needs of army and navy. Eat more potatoes, eat less wheat.

BLOOD or BREAD
Others are giving their blood
You will shorten the war—
save life if you eat only what
you need and waste nothing

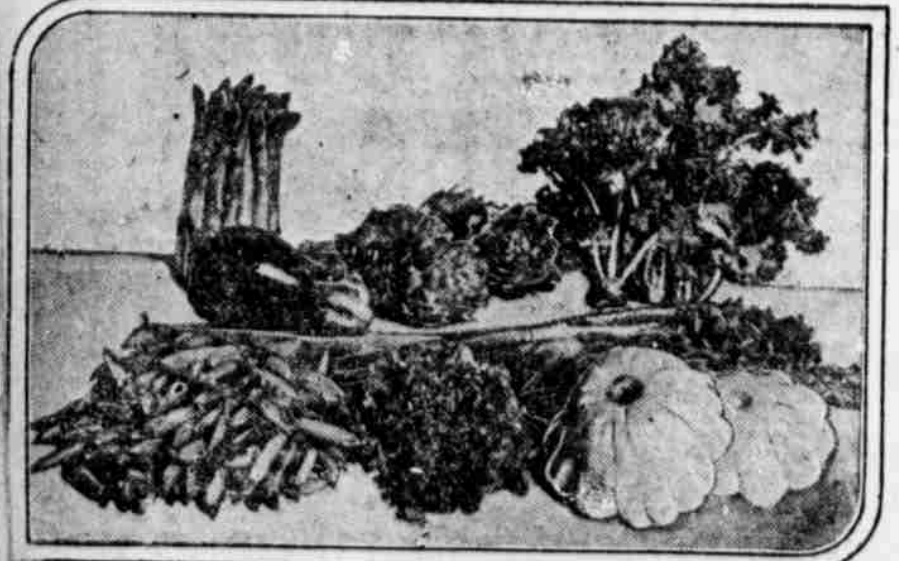
UNITED STATES FOOD ADMINISTRATION

EVERYONE MUST HELP.

Wars cannot be fought without money, and upon the Treasury centers every financial demand upon the Nation. The rich of this country cannot alone meet the needs of the Nation; the men of the country cannot do it alone; the women of the country cannot do it alone; but all of us, the people of the United States, disregarding partisanship, forgetting selfish interests, thinking only of the supremacy of right and determining to vindicate the majesty of American ideals and secure the safety of America and civilization, can do the great and splendid work which God has called upon us to do.

W. G. McADOO,
Secretary of the Treasury.

Plan Your War Garden Now, Save Time and Money.



HELP INCREASE OUR EXPORT FOOD STOCKS

WASHINGTON and country more war gardens are needed this year than ever before. Patriotism prompted 2,000,000 Americans to plant gardens last year, according to estimates of the United States Department of Agriculture. Transportation facilities of the nation will be strained this year hauling munitions of war and foods for the Allies. The surplus food created by home gardens will help in the railroad problem. And the nation will eat less of the goods we must export—wheat, meat, fats and sugar. Every boy and girl that helps with the garden is helping win the war. Leaflets of instruction in garden making may be secured from the Department of Agriculture at Washington, upon request, without charge.

Exchanges

Gordon Firemen Have Fine Report
Gordon Journal: The regular meeting of the hose company was held in the city hall Monday evening.

No special business was transacted. The treasurer's report showed that there was more than \$700 in the treasury at the present time, \$468.20 in the truck fund and \$259.56 in the general fund.

Three hundred and twelve dollars and seventy cents was the amount turned in by the ladies who conducted the food sale and dance and altogether it makes a nice showing for a start.

Considerable more however is needed to buy the truck and several generous gifts have been promised that will help not a little. If you have anything you wish to give just hand it to Treasurer Howard or Secretary Pike, who will see that it is added to the truck fund, the need of which conveyance was clearly demonstrated at the fire Sunday.

Better Court House In Box Butte County

Hemingford Ledger: A short time ago C. Klempke paid a visit to his old home town of Fremont, Nebr. Many changes had taken place in the town since he had been there, he said, but the three most remarkable things he noticed were the court house, the Pathfinder hotel, and the new "Wait-on-yourself store."

The old courthouse burned down a couple of years ago and bonds were voted for a new one. The new one, when completed will cost about \$175,000, but as compared to the Box Butte county court house that cost but less than half, he says the Box Butte courthouse is so far ahead in neatness, general appearance and construction that (to quote Mr. Klempke) "It looks like a factory of some kind, especially from the back. The walls are straight up and down, with no ornaments of any kind, and the windows were thrown at the building and wherever they happened to stick, the masons built around them. I told them, he said, 'If you want to see a real court house come west and see ours.'"

Painter Poisoned By Druggist's Error.

Kimball Observer: W. J. McPherson, one of the members of the Mac sign painting firm that placed the signs near Kimball, Bushnell and other towns in this section met death last Saturday evening when he was given strychnine, supposed to be quinine. Death resulted within 20 minutes. The error was made Shirley Vogler, proprietor of a drug store here.

There is very little to be said in the matter other than to give the plain facts as a matter of news, which it is our duty to do. People who know Mr. Vogler know him to be strictly honest and conscientious. Nothing in the world would tempt him to intentionally harm anyone. It was an error, the same as all mortals make, but more serious than those made by the majority. He is suffering for his negligence and will suffer all through his life. Mr. Vogler and the children of the deceased have the sympathy of the people of Kimball.

The remains were shipped to his former home at Republican City Sunday on No. 4 for interment. Mr. McPherson leaves two sons and three daughters, all of whom are grown to man and womanhood. The Vogler family have assisted in a financial way and stand ready to do anything within their power to lighten the burden of the bereaved family.

Potato Starch Factory Proposed for Morrill

Morrill Mail: At the meeting in the opera house Wednesday night a present to hear the potato starch proposition talked over.

The speakers present were: A. W. Tell, county agricultural agent, Phil Sheldon, the water users gopher and grasshopper man, Mr. Holland, district agricultural agent, and Mr. Howard, the potato man from the department of agriculture of Nebraska.

A mistaken idea was given us in the advertisement given to the papers in the valley last week, that the government was putting up this factory, which is not the case, as either local or outside capital must be interested in erecting and equipping the plant which will cost in the neighborhood of \$25,000 complete. According to Mr. Howard it will be no trouble to interest outside capital in the enterprise. That potato starch is in demand was shown by the statement that we import from Holland 50,000,000 pounds of it yearly besides we get some from Japan.

A committee of five were appointed to further investigate this matter and report to the people at as early a date as they can. The committee is: O. F. Cooke, J. O. Bissell, Wm. Flint, H. C. Karpf and E. Travis.

Injured Railroad Man Brought to Alliance.

Edgemont Express: On Wednesday morning we saw four men from the round house carrying a man on a stretcher. They took him to the Huff house where he was placed in his room and the doctor was summoned. Upon inquiry it was found the man had been working on one of the big

engines at the round house when he slipped and fell from the running board alongside the engine to the brick floor, sustaining injuries to his left hip. Wednesday evening he was sent to Alliance on No. 42, where he was placed under the X-ray to ascertain if any bones were broken and the extent of his injuries. His name is Roy F. Kern.

Electric Railway

Scottsbluff to Gering
Scottsbluff Republican: The executive committee of the Commercial club met with A. D. Bowen, of the Bowen Electric Motor company, at the club rooms last Wednesday evening and after hearing his proposition, which is herewith given, a committee was appointed to investigate the matter, with instruction to report to the regular meeting of the club next Tuesday night, when the matter will be taken up by the club and discussed.

Bowen proposes to organize a company with the object in view of building an electric railway between the cities of Scottsbluff and Gering. The passenger fare to be charged is 10 cents, cars to be run 18 hours in each 24, making a round trip every twenty minutes. A standard bridge is to be built across the river, and as business develops it is the intention of the company to extend the car lines out into the beet raising section and also into Banner county. It is the further intention of the company to handle freight between the two cities, which would include local and carloads. Arrangements can be made whereby a car coming in on the Burlington railroad for some one living in Gering, said car can be spotted in Gering by the use of the electric railway.

The government favors the building of these roads, as it cuts down man power and also enables the hauling of food and other commodities. Bowen proposes to organize the company and take in with him those who desire to become associated with the originators of the plan. These men are to buy \$500 worth of stock at 33 1/2 cents on the dollar, the remainder of the stock to be divided as follows: Bowen to receive one-half of same for his work, the other one-half to be given free with the purchase of bonds, that is, there will be \$66,000 worth of bonds issued carrying 6 per cent interest. These bonds will be sold at par, each man that buys \$200 worth of bonds receiving approximately \$100 of stock free. The idea of issuing free stock would be an ex-

Cold?
What you want is quick relief. Here's a fifty year old remedy that has proven beneficial for millions. Try it yourself.
Sold by all druggists.

Dr. King's Discovery
NEW
for Coughs & Colds

Dr. King's New Life Pills causes a healthy flow of bile and rid your stomach and bowels of waste and fermenting body poisons. They are a tonic to your stomach and liver and tone the general system. First dose relieves. Get a bottle today. 25c. all druggists.

DRINK HOT WATER IF YOU DESIRE A ROSY COMPLEXION

Says we can't help but look better and feel better after an inside bath.

To look one's best and feel one's best is to enjoy an inside bath each morning to flush from the system the previous day's waste, sour fermentations and poisonous toxins before it is absorbed into the blood. Just as coal, when it burns, leaves behind a certain amount of incandescent material in the form of ashes, so the food and drink taken each day leave in the alimentary organs a certain amount of indigestible material, which if not eliminated, form toxins and poisons which are then sucked into the blood through the very ducts which are intended to suck in only nourishment to sustain the body.

If you want to see the glow of healthy bloom in your cheeks, to see your skin get clearer and clearer, you are told to drink every morning upon arising, a glass of hot water with a teaspoonful of limestone phosphate in it, which is a harmless means of washing the waste material and toxins from the stomach, liver, kidneys and bowels, thus cleansing, sweetening and purifying the entire alimentary tract, before putting more food into the stomach.

Men and women with sallow skins, liver spots, pimples or pallid complexion, also those who wake up with a coated tongue, bad taste, nasty breath, others who are bothered with headaches, bilious spells, acid stomach or constipation should begin this phosphate hot water drinking and are assured of very pronounced results in one or two weeks.

A quarter pound of limestone phosphate costs very little at the drug store but is sufficient to demonstrate that just as soap and hot water cleanses, purifies and freshens the skin on the outside, so hot water and limestone phosphate act on the inside organs. We must always consider that internal sanitation is vastly more important than outside cleanliness, because the skin pores do not absorb impurities into the blood, while the bowel pores do.

tra inducement for the purchase of bonds at par, the company to have only one kind of stock and to be capitalized at \$100,000.

The committee appointed by the commercial club to investigate the situation is composed of H. Leslie Smith, chairman, Fred Roberts, Will Morrow, Tom Green and Cullen Wright.

Death of Mrs. A. W. Sprague

Crawford Courier: Owing to an unfortunate chain of circumstances, the Courier was unable last week to speak of the death and funeral of Mrs. A. W. Sprague, who died at the Nicholas Senn hospital in Omaha March 29, after a long and serious illness, and whose funeral occurred at Chadron the Sunday following, mention of whose sickness has been spoken of frequently in the past by the Courier. Deceased was the daughter of Chas. L. Leithoff, of this city, and was born at Junction City, Kas., April 21, 1891, being at the time of death 26 years, 11 months and 22 days old. In the year 1908, she removed to Crawford with her parents, where she has resided nearly all her life. January 16, 1913, she was united in marriage to Dr. A. W. Sprague. In addition to her parents, she leaves two sisters, Mrs. Marie Slater, of Los Angeles, Cal., and Miss Hattie Leithoff, of this city, and two brothers, Richard and Carl, both of this city. Deceased will be mourned by a large circle of friends besides her husband, parents, brothers and sisters, who will be joined in sympathy by our entire community.

Big Attendance at Teachers' Meeting

Gering Courier: The session of the North Platte valley teachers' association, which occupied the first three days of this week at Scottsbluff was a notable gathering, more than 250 being enrolled and the program as previously published, being car-

ried out without a hitch. Some of the best known educators of the state and nation have been participating in the proceedings, among them Dr. A. E. Winship, of Boston, W. H. Clemmons and Miss Alice Florer, superintendent and assistant of state schools, Prof. Gregg, of P. U., Prof. E. P. Wilson, of Chadron, Prof. C. W. Watson, Dean Hahn, of Wayne, Supt. Pate, of Alliance, and many others. In the declamatory contest held Wednesday afternoon and evening, about ten cities were represented in each of the classes. The oratorical result was Alliance first, Sidney second, Dramatic, Sidney first, Alliance second, Gering third, Miss Charlotte Young, who was to have represented Gering in this class, was ill, and Miss Nellie Morris took her place, getting the third award. Humorous, Bridgeport first, Scottsbluff second, Gering third, Miss Vera Atkins being the representative of this city.

Miss Mary Rokahr Is County Demonstrator

Gering Courier: Miss Mary Rokahr, of Lincoln, has been engaged as county woman demonstrator, and is expected to arrive next week to assume the duties of the work. She is one of the best known women in this line of work, and while she commands a larger salary than is regularly provided for, the best is none too good for this county, and assistance in adding funds to make up the necessary salary is already being extended.

Miss Russell Visited Bridgeport Friends

Bridgeport Herald: Miss Opal Russell, of Alliance, who is county superintendent of Box Butte county, was an over-Sunday guest of Mrs. C. B. Ward and on Monday she went on up to Scottsbluff to attend the district teachers' association.

ALLIANCE CANDY STORE
PURE HOME MADE CANDIES
SODA FOUNTAIN
Quart Ice Cream 45c Pint Ice Cream 25c
Completely equipped—Sanitary Service
COME IN at any time and let us serve with that cooling drink or delicious Sundae 10¢ with wafers.

S. P. JACKSON, Prop. 210 Box Butte Phone 27

The Tourists Triangle Tour
Note the Burlington map and its three Western trunk lines:
(1) NEBRASKA-BILLINGS, GLACIER PARK
(2) NEBRASKA-DENVER-COLORADO, WEST
(3) DENVER-BILLINGS-YELLOWSTONE, NORTH

Note the geographical triangle formed by these Burlington lines and what a comprehensive northwest tour they offer—ONE WAY via Denver, Scenic Colorado; ONE WAY via Rocky Mountain National (Estes) Park—with 700 miles of mountain panorama, from Denver to the Yellowstone, and to Glacier Park, the climax of the Rockies' rugged grandeur; ONE WAY along side the Big Horns and the Black Hills. This is truly a three-parks-on-one-triangle tour. The new Denver-Casper main line makes possible this circuit tour that comprehends the east slope of the Continental Divide from Colorado to the British boundary.

S. H. COLE, Agent, Alliance, Nebr.
L. W. WAKELEY, General Passenger Agent
1004 Farnam Street Omaha, Nebr.

Burlington Route

WHY NOT GET THE DEPUTY HABIT
Begin with the new Super-Deputy and the hat question is likely to be settled for all time.

THE
Super-Deputy
is made in very popular shapes and includes soft, rich shades of green; also browns, suggestive of khaki and military grays. Super-Deputy Hats are favorites with all who see them, and are being featured at

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