

# 'GENE HEATH'S GRIP

Volume 1. Nonpareil, Dawes County, Nebraska, June 23, 1886. Number 6

**HERALD EDITOR'S NOTE**—As our quest into the history of the Box Butte country continues through the files of the country's first newspaper—the Grip—we find that it grows more interesting. 'Gene became better acquainted and his ability as a writer, and a little later as a fighter, became apparent. Competition and politics were like a red flag in his eyes and his writings were widely read as he proceeded to flay his competitors).

### Editorial

'Gene Heath's Grip is the name of a new paper started at Nonpareil, Nebraska, by E. A. Heath formerly employed in the Pioneer office. The paper is the same size of the Pioneer, and starts off well. Success to you, 'Gene.—[Sanborn (la.) Pioneer.

Among the new papers that have reached our table this week none has more interest to us than 'Gene Heath's Grip, published at Nonpareil, Nebraska. Although a new town the paper presents a healthy appearance and is replete with news items and editorials. May your Grip never be broken, 'Gene. — [Inter State.

The first two numbers of 'Gene Heath's Grip, a new and lively local paper, just started the Nonpareil, Dawes county, Nebraska, have reached our table. The publisher, E. A. Heath, helped us to fight the wolf from the door of a shoulder striking weekly once, as our foreman who waited patiently for his pay, and we know him to be a rustler. He has about fifteen years newspaper experience and will wake the echoes in the sand-hills for democracy and a post-office.—[New Republic.

Vol. 1 and 2 of 'Gene Heath's Grip reached us simultaneously. That the Grip has taken a good hold at Nonpareil (formerly Buchanan) is apparent from the patronage it receives. In politics it declares itself democratic. What its religious views are, is left to be inferred. Its make-up is neat and its columns newsworthy. That its genial owner may continually gather in his "grip" all that goes toward making a printer's heart glad, is the hearty wish of the Alert. —[Hey Springs Alert.

The rooster in this week's Grip is a lusty looking fowl. For the sake of Nonpareil we hope he will have no occasion to hang his head hereafter. —[Gleaner.

Never you mind, boys, that cock will always stand with head erect.

### Locals

If Nonpareil ever has a good, substantial rival in the Box Butte country it will be Lawn.

Hemingford has two factions, with Coates on one side and "Pants" on the other and without any suspenders between.

Old Nick of the Gordon Herald, is after W. H. Westover again. Probably Westover hasn't noticed it as yet, but Old Nick is after him, just the same.

The U. P. Surveyors are at work on Snake creek, and are pushing west. We understand the company intends to run cars on this line as soon as next spring.

Several parties in Rushville were fined \$5.00 and one day in the Standard office for destroying a good pillow of feathers and wasting several cans of tar, last week.

A scientific experiment took place in Rushville not long since. The citizens undertook to change a second-rate land shark into a bird by applying Chamberlain's cough syrup and the intestines of a pillow. They say the "thing" did "fly" as far as Hay Springs.

### Narrow Escape

About three weeks since the citizens of Nonpareil, in convention assembled decided to, in the language of Cummins, dig, put down, sink or otherwise construct a town well. Of course, we were a delegate to the convention; we are always counted in on all enterprises in the way of public improvements, and we were very enthusiastic on this occasion, telling a good deal more than we really knew about digging well, in fact we calculated ourself a commit-

tee of at least three and maybe four on "ways and means."

Subscription was the means decided upon to defray the expense of sinking this well, each victim agreeing to the covenant to take his turn at the windless. Each man stepped up and expressed himself favorable to the proposition, and finally we were asked to donate our subscription in this manner. This seemed cruel indeed; we tried to attract the attention of the convention to other subjects, we endeavored to show to the chairman the preference of the previous question, we called for a new deal, we offered to "bunch the cards," but "twas no go;" it was a plain "show down," and we reluctantly consented.

Work commenced on the well, foot by foot "Old Jack" shortened the distance between himself and China, day after day brought a man voluntarily to the windless and we began to hope we would not be called upon until water was reached. But last Saturday morning "Poly" Bowen, the meanest man in town, yelled at us as we were wiping our mouth after returning from across the street, where we had been to "see a man."

"Say, 'Gene," says he, "are you going to help on the well to-day?"

It was an awful hot day Saturday and we haven't had much practice in well digging during the past 50 years, but we had given our solemn, unreliable promise that we would take our turn at the windless. We couldn't go back on our word; we walked up to that well kind of careful like so as not to frighten the windlass and commenced to wheeling up dirt. G-whiz! but it was hot that day.

By and by a fellow came along who works for his brother, and sat down on a pile of dirt.

"Hello, Grip," says he, "got a pretty good grip on that windless, haven't you?"

We couldn't think of anything to say for a while, but we commenced to "lay" for him. As the lawyer says, it was a case of "malice before thought." We talked of crops, the fine country, the weather, etc. Finally we said: "A newspaper is a pretty big help to a new country."

"You bet it is," says he.

"An editor ought to spend the greater portion of his time on his paper in order to give all the news and get up a good paper?"

"Yes, he ought," says the fellow.

"For the sake of the paper, and for the good of the people and country, we would like to hire a man to work on this well, provided we could get a good, reliable fellow, who could do the work properly and would give satisfaction to our constituents."

"I'm your man," says he, "I am always ready to do my part in anything that is for the general good of all."

We threw down fifty cents and departed from thence to hence.

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## DEMONSTRATOR HERE IN JANUARY MEETINGS

Miss Margaret Sherwin Visited Alliance Yesterday Making Plans for Next January

Miss Margaret Sherwin, Home Demonstration Agent, for the counties of Sheridan, Dawes, Sioux and Box Butte, visited Alliance on Wednesday to make arrangements for the series of meetings to be held in Box Butte county during the month of January. The program will be announced elsewhere.

At the request of The Herald, while in the city, Miss Sherwin submitted an article for our readers which will be of interest and value to every housewife. The article is entitled "Conserving Food at Yuletide" and reads as follows:

"This is the time for America to correct her unparadise fault of wastefulness and extravagance. Let every man and every woman assume the duty of careful, provident use and expenditures a public duty, as a dictate of patriotism which no one can now expect ever to be excused or forgiven for ignoring.

### "WOODROW WILSON."

Now at this Yuletide, with the conditions we are confronting, let us all do our part in helping this crisis out. Let us do it cheerfully, too, with serious minds, but light hearts.

It is a time of thinking and planning and then thinking and planning some more. It is a case of give, give, give and giving does not always mean to give money or service, but more often it means to give thought. The problem of food and clothing that confronts every housewife calls for thought.

The way out is being shown here on every hand; newspaper, magazine and government are at her disposal to tell her how to do what she does not know. Every one is willing to help her but the action must be hers.

It is the time for the American woman to put on her "thinking cap" and to put her home on a business basis and stop her wastefulness. We must save money, we must consume less meat, wheat, fat and sugar, and we must be careful about the preservation of all kinds of food. We must buy economically, prepare carefully and avoid waste. Food is the ammunition that we women are called upon to supply.

Economize seriously, for it is a separately attached to warfare. We want to live well both for the sake of comfort, health and this can be done only on economic basis.

We as American people have been too extravagant. Try at this time to break this habit. Forget the feasting and overstocked extravagant Christmas table. Remember we are a warring nation.

Americans have allowed their fondness for such a thing as sugar to increase to the point where it has passed extravagance and become actual waste.

Our present sugar supply is sufficient for our own consumption only until the first of January. The United States food administration states that Americans have been using at the rate of 90 pounds per capita per year or 1 3/4 pounds a week. The French have been for some time on a ration of less than one ounce a day about two table spoonsful—or half a pound a week; unless the American nation can send them 100,000 tons during the next two months their rations will be reduced to nothing. Sugar in an amount greater than one ounce per person per day, the minimum amount needed for the French and the other allied nations, can be supplied without hardship to anyone if the American people will reduce one-third their purchases and consumption of sugar in any form.

Oversweetening tea, coffee and other table beverages is a common habit and means needless use of sugar.

The amount of sugar can easily be lowered by giving preference to dishes which contain a little sugar or with which sugar is not usually served; for instance fresh fruits, etc. instead of sweet puddings, or a salad in place of dessert. Sugar can also be saved by using sweet fruits, like dates, raisins or figs with breakfast cereals, or by using sirup in place of sugar.

Following are some recipes which conserve on the supplies which are essential by the U. S. Government and University Extension Department:

**Apple soufflé**—4 tart apples, 4 tablespoon cornstarch, 1 tablespoon flour, 1-4 cup cold water, 1-4 cup teaspoon salt, 1 cup boiling water, 1 tablespoon butter, 1 teaspoon lemon juice, 1-2 teaspoon nutmeg, 3 eggs, sugar.

**Pare, core and cook apples;** rub through a coarse sieve. Blend the flour and cornstarch in cold water add the butter and salt and cornstarch mixtures to boiling water, cook until thick, smooth and glossy; add apple-pulp, nutmeg, lemon juice and sugar to sweeten. Remove from fire and add beaten egg yolks. Fold in beaten whites. Bake in moderate oven until firm and smooth.

**Corn Meal and Pumpkin Pie**—1 quart well cooked pumpkin, 1 cup of corn meal, 2 cups sweet milk, 1 tablespoon salt, 1-4 cup molasses, 1 teaspoon soda.

Stir the corn meal into the hot

pumpkin then add milk, salt, and sugar. Add enough more corn-meal to make the mixture stiff so that it will hold its shape when dropped from a spoon. Then stir in soda dissolved in boiling water, bake an hour and a half or longer. The longer it bakes the sweeter it seems.

**Fruit Gems**—1 cup corn meal, 1 cup milk, 1 teaspoon salt, 1 teaspoon baking powder, 1-2 cup raisins, 1-2 cup currants, 1-2 cup cream.

Cook the meal and salt in milk for few minutes. When cool add the baking powder, beat thoroughly, add fruit and cream, bake in well-buttered muffin tins.

**Honey Nut Muffins**—1-2 cup honey, 1 cup flour, 1-4 to 1-2 teaspoon soda, 1-4 tea spoon salt, 1 table-spoon melted butter, 1-2 cup milk, 3-4 cup chopped walnuts, 2 cups bran.

Mix dry ingredients, add honey and milk, melted butter then nuts. Bake 25 to 30 minutes. Makes 20 muffins.

**Scotch Short Bread**—(New Year's cake).—3-4 cup butters, 1-4 cup water, 1-2 cup sugar. Flour to make not wuite stiff, then cut in diamonds.

**Parisian Sweets**—1 pound figs, 1 pound dates, sugar, 1 pound English walnuts, 1 tablespoon lemon juice.

Remove seeds and stems from fruit. Roll in sugar. Force fruit and nuts through meat grinder. Work all with lemon juice into sugar, roll and cut.

**Marguerites**—12 crackers or vanilla wafers, 12 halves of walnuts, 12 marshmallows.

Place marshmallow on wafer with nut on top of marshmallow. Place in hot oven for 5 to 10 minutes.

## CHARLES HAWK IS ON SWINE COMMITTEE

Well Known Dawes County Man Appointed as Member in Charge of Eight Counties

Charles S. Hawk, of Chadron, well known Dawes county citizen, is one of the eighteen Nebraska men chosen to assist in the work of increasing the swine production of the state. Mr. Hawk has been placed in charge of eight counties in this part of the state.

In taking up his duties Mr. Hawk has issued the following statement:

It is with a feeling of pride that I may at this time announce to the public that I am one of the eighteen men in Nebraska chosen to assist in increased swine production. I am proud of it for the reason that I may be able to serve our country in some capacity at this time when every true American should do their best to help win a victory for democracy.

The following counties have been allotted to me: Cherry, Sheridan, Dawes, Sioux, Box Butte, Thomas, Hooker and Grant.

Every pork producer in this country has the opportunity to do their bit by increasing their pig crop next year, and in addition they have the assurance from the food administration that it will be profitable. We are short 6,000,000 hogs in this country this year. Nebraska is short 600,000 hogs. All of Europe is clamoring for pork products especially fat of which we are 32 per cent short. In the face of these facts it is not enough to increase pork production but we must economize in consumption. We are going to call upon the pork producers to increase their output at least 20 per cent this year and we know they will do it. The American farmer is just as loyal to America as the German is to the Fatherland. The German farmer in the name of the Fatherland supports a nation two thirds as large as ours and threatens to subject the world from an area the size of Texas.

We are sure to find this same devotion in the American farmer which will be a direct reply to the German farmer and a master stroke for the world's democracy.

In regard to the assurance given by the food administrators on the stability of prices we can only remind you of the statement made last year that they would try to regulate prices of certain commodities and they did regulate them. Is that not sufficient guarantee that they will regulate the price of pork next year.

Joseph P. Cotton, chief of the U. S. food administration, meat division, issued the following statement relative to the price of hogs:

The main purposes of the food administration as to hogs are four: To see that the producer at all times can count on a fair price for his hogs so that it will be profitable for him to raise them; to see that the farmer increases the number of hogs bred, to limit the profit of the packer and the middleman and to eliminate speculation.

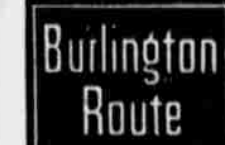
We shall establish rigid control of the packer, thus assuring the farmer a reasonable profit on his hogs for the year 1918. A board composed of practical hog growers and experts say the best yard stick to measure the cost of production of the hog is the cost of corn. That board further advises that the ratio of corn prices to hog prices shall be thirteen to one, that is thirteen times the price of a bushel of No. 2 corn on the Chicago market shall be the price of 100 pounds of pork, as I understand it. If the average price of No. 2 corn is \$1.50 per bushel, the price of pork would be \$19.50 per hundred.

# 50 GOVERNMENT IRRIGATED HOMESTEADS LEFT IN THE BIG HORN BASIN, WYOMING

These are part of the new Frannie Unit, on our main line adjoining the successful Powell locality, and the lands are watered by the same Government system,—merely an extension of the canals. Of 184 farms, there remain only fifty not taken—these will go before March 1st: act quickly.

EASTERN COLORADO AND WESTERN NEBRASKA offer splendid deeded lands at low prices. A farmer near Akron, Colo., raised this season a \$3,600 crop of beans on a \$3,200 farm. Query: What is such land worth an acre? You can buy it from \$20 to \$35 an acre.

Thousands of acres of divided large holdings now coming on the market. It will pay you to do "some thinking" at once. See me. I am paid to help you.



**S. B. HOWARD, Immigration Agent, C. B. & Q. R. R., 1004 Farnam Street, Omaha, Nebraska.**

The extension department at Lincoln is co-operating in every way possible to help the farmers in this drive for increased pork production. They have established an exchange bureau at the state farm for the purpose of helping the farmer who has breeding or herd sows for sale, also to help the man who wishes to buy breeding sows. The services of this bureau are free, and in order to help to expediate this work we have distribution franked cards which can be obtained at the banks. County agents offices, or the local representatives in each community, which you can fill in and drop in the post-office or your mail box. It does not require postage, and it will bring you the information you wish as to where you can buy or sell your breeding stock.

In addition to the above your name will be placed on the mailing list so that each month you will receive timely advice on how to properly feed and care for your sows during the winter, also care at farrowing time, how to prevent scours and thumps in the young pigs. Our government appeals to every hog raiser in the country to put forth effort to increase production and assures you a square deal and I am sure that is all the American farmer asks.

Write or call upon me at any time for further information. I assure you anything I can do to help in any way I will gladly do so.

**CHARLES S. HAWK,**  
Assistant in Swine Production  
U. S. D. A.

**Use more poultry and Eggs**  
Poultry and eggs at the present time should not be considered luxuries but more than ever should be widely used on menu lists. The use of poultry and eggs will save more of the red meats for the army and navy and for exportation to our allies. The work of preparing poultry products for the table can be done at home, an important consideration when the shipment of all needless food supplies must be avoided. Use more poultry and eggs at home.

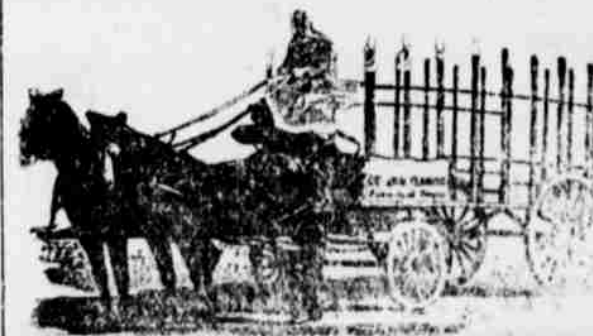
**HOW TO PREVENT CROUP.**  
In a child that is subject to attacks of croup, the first indication of the disease is hoarseness. Give Chamberlain's Cough Remedy as soon as the child becomes hoarse and the attack may be warded off and all danger and anxiety avoided.

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## Catarrhal Cough

Mr. W. S. Brown, R. F. D. No. 4, Box 82, Rogersville, Tennessee, writes: "I feel it my duty to recommend Peruna to all sufferers of catarrh or cough. In the year 1909, I took a severe case of the la grippe. I then took a bad cough. I had taken all kinds of cough remedies but got no relief. I then decided to try Peruna. I used five bottles. After taking five bottles my cough stopped and my catarrh was cured. My average weight was 115 and now I weigh 148 1/2. Any one suffering with catarrh in any form I will advise them to take Peruna."

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Those who object to liquid medicines can procure Peruna Tablets.



## Delicious Drinks

Our pure ice cream and real fruit flavors make the refreshments you get at Brennan's fountain really nourishing food. And we keep our serving dishes and receptacles as clean and wholesome as the best housewife in town keeps her kitchen.

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