



INTERNATIONAL SUNDAY SCHOOL LESSON

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LESSON FOR DECEMBER 10

FAITHFUL UNTO DEATH.

LESSON TEXT—Rev. 2:1-7.
GOLDEN TEXT—Be thou faithful unto death, and I will give thee the crown of life.—Rev. 2:10.

This passage most wonderfully illustrates that denominating purpose of Paul's life. More than most lessons a map will be necessary to locate distinctly the places mentioned. There are interesting stories in connection with each of the seven cities and churches. It might be wise to give to seven different people the task of bringing information to the class regarding each one mentioned.

1. **Ephesus**, where love is waning (Rev. 2:4). The key word to those messages is the word "overcomer." In each of the messages our Lord identifies himself in a different way according to the peculiar needs of the particular church. Here he is represented as holding the stars (symbolic of the church, Ch. 1:20) in his hand and keeping them secure, controlling them while he walks in the midst of the seven golden lamp stands, literally churches. The symbol of "lamp stand" is used because the churches were intended to be light-bearers as they held forth the light given by the gift of the Spirit (Mark 4:21; Phil. 2:12; 2 Cor. 4:6-8). Ephesus was the capital of a province said to be one of the richest in the Roman empire. It was the great temple of Diana. Here Paul had labored and made many experiences, and to Ephesus he has written a letter (See lesson 8, first quarter), but there were good things to be found in this Ephesian church (Rev. 2:2). Forty years after being founded, John writes this message. He knew their "works," their general conduct, especially its active and positive side through its trials, its dealing with impostors and its theological energy and enterprise; and its patience (literally steadfast assurance) in bearing witness for Christ. Jesus knew of their never-wearing softness. Surely these things would indicate pretty nearly a model church. Jesus says, "No, there is something seriously wrong," so evidently wrong that unless corrected he would remove them out of their place.

2. **Smyrna**, the church with a crown of thorns (Rev. 2:11). Smyrna was 40 or 50 miles from Ephesus, and at this time of 250,000 inhabitants. To this church the Son of Man (Ch. 1:11) is another message. It is interesting to note that Simeon, and the city of Philadelphia received from the Son of Man unadorned crowns. It had been a quiet life. It also had tribulations and poverty. There are artifices in good works veryoward God. But in transgression it is difficult to overcome. It was in the course of his ministry that Jesus said, "If ye have heard my word, and keep it, then are ye my disciples." The crown is given to those who have kept the commandments. The author of the book of Revelation says, "He that overcometh, the same shall be clothed with white raiment." The crown is given to those who have overcome. The second church is given no recognition which indicates that they are not likely to receive the crown of life.

3. **Pergamum**, the church in Asia founded by the Emperor Trajan. Only a small church at first, but it grew rapidly. It became the center of a large number of heretics. It was a den of robbers, and was described as "the seat of Satan" (Rev. 2:13). The word "Satan" means "accuser." Pergamum was situated in the north of Asia Minor, about 10,000 inhabitants, situated on the borders of the provinces. It brought 1/3 of the army of the world to subdue it. Again we have a church whose works are commanded, whose punishment is mentioned in that they "had not to my name, and denied the faith" (verses 14-15). However, dangers threatened them for there had been a communion with the world and with other systems of faith, what we would call today liberalism in doctrine and readiness to follow in wrongdoing. (1) Some of their number had accepted and practiced the doctrine of Balaam (Ch. 2:14-15). (2) Those teaching cast a stumbling block before the children of God (Rev. 2:14). This was done by persuading the members to join in the notorious feasts, revelings of the world, and to cover their impurity of conduct.

In the concluding part of the chapter we have glimpses of the remaining four churches, the good that was to be cherished and the evil that was to be overcome.

Perhaps the most suggestive of all is that of Laodicea, the lukewarm church. Lukewarmness is one of the most deadly evils to overcome, and hence the highest and most glorious of all the promises suggested ends with "I will give him to sit down with me in my throne as I also overcame and sat down with my father in his throne" (Am. R. V.).

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JUMP FROM BED IN MORNING AND DRINK HOT WATER

Open sluices of system each morning and wash away the poisonous, stagnant matter, says authority.

A glass of hot water with a teaspoonful of limestone phosphate in it, drank each morning before breakfast, keeps us looking and feeling fit.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is for one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store, which will cost but little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

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