

DISTANT PARTS ON EARTH HAVE BEEN SEARCHED

Products of Every Country in the World Have Been Tested for Tanlac Ingredients

With the epidemics of stomach trouble, kidney and liver ailments that sweep o'er the country from time to time, there was plainly shown the necessity for a great reconstructive tonic.

As this need became more and more apparent, learned minds set to work to gather the ingredients for this tonic—one that would answer the purposes of a general reconstructive tissue builder and blood maker. The yield of the earth was careful-

ly tested; the mineral, the animal and the vegetable products, and, after careful analysis it was admitted that the vegetable kingdom possessed the much-sought-for elements, because it contained more life-giving properties.

To this end even the most remote parts of the world were searched for vegetable ingredients to make the greatest reconstructive tonic known to man; such was the birth of Tanlac.

That Tanlac has surpassed even the greatest expectation is proven a hundred, yes, a million times, by the statements from people who have taken it for indigestion, dizzy spells, sleeplessness, rheumatism, backache, neuralgia, stomach, kidney and liver ailments.

These statements contain overwhelming evidence in favor of Tanlac. They prove beyond the question of a doubt the reconstructive powers of Tanlac. They show facts to minds that are in the least skeptical. They leave no room for anything but the truth; that Tanlac is a

wonderful builder. Tanlac is now being introduced in Alliance at the Thiele drug store. Adv—It

NEW SILVER COINS

If someone hands you a silver coin of a strange and unfamiliar appearance, take the precautions usually exercised with your friends, biting the piece and ringing it on the bar, but do not refuse it because it is a new one on you. It will probably be one of Uncle Sam's new half dollars, quarters or dimes.

The federal law requires that the design on such coins shall be changed every 20 years, as a discouragement to counterfeiting and for the past several months the big mints have been working on halves, quarters and dimes of an entirely new and novel design. The supply is now ready to be put into circulation.

The design of the new half dollar is considered a higher type of art than the coins that have for so long been familiar. The markings are not so prominently cut and the coin has a much smoother appearance.

On one side of it is the figure of the Goddess of Liberty holding in one arm a bunch of olive branches. Above the figure are the words "In God We Trust," below it is the word "Liberty." On the opposite side of the coin there is a spread eagle grasping an oak twig in his talons as he stands upon a rock. At the top is printed "The United States of America" and at the bottom "Half Dollar."

One side of the new quarter has the full figure of a woman coming through a gate in the wall. On the opposite side there is pictured an eagle in flight. The new dime is of a sharper cut. On one side is the head of a woman. Over the head is printed the word "Liberty" and in the lower left hand corner the date. The obverse side of the coin has a bundle of Roman "fasces" tied tightly together, with an ax and a strong oak stick. Below the cutting is the Latin quotation "E pluribus unum."

AFTER FIVE YEARS

Alliance Testimony Remains Unshaken

Time is the best test of truth. Here is an Alliance story that has stood the test of time. It is a story with a point which will come straight

home to many of us.

Mrs. Colla Weaver, 122 Yellowstone Ave., Alliance, says: "I was troubled by kidney complaint for sometime and learning of Doan's Kidney Pills as a good kidney medicine, I began taking them, procuring them at Holsten's Drug Store. I can say in all earnestness that they cannot be excelled for curing backache and kidney ailments. It took only short use to rid me of severe pains in the small of my back, enabling me to stoop and straighten my back without a painful effort."

The above statement was given July 20, 1910, and on June 7, 1916, Mrs. Weaver said: "I seldom have need of Doan's Kidney Pills now. I am never troubled the way I was before using them. I take a few now and then and they always drive off any threatened return symptoms and keep me in good health."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Weaver has twice publicly recommended. Foster-Milburn Co., Props., Buffalo, N. Y. Adv—Sept

QUALITY VERSUS QUANTITY

Many housewives make a vital mistake in choosing some of their foodstuffs on the basis of quantity.

It has been proven time and again that the cheapest is always the most expensive, while the highest price is not always the best.

There's a happy medium in everything. When you select foods, be careful. Don't choose any particular brand of, say, baking powder for example, just because you get a big can for a small price.

The risk you take in ruining your entire baking and losing the cost of the materials involved is not anywhere equal to the small amount saved on the price of the baking powder.

Then, again, because the price is high, don't think the quality is the best. Some women do, and they are losing money.

Look for the happy medium. You'll find it. Choose a brand that costs a moderate price and you'll find it more economical to buy and more economical to use.

The best baking powder in the world can be made so as to sell for 25c per one pound.

SALTS IF BACKACHE AND KIDNEYS HURT

Drink lots of water and stop eating meat for a while if your Bladder troubles you.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness.

Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink.

WHAT IT COST TO RUN A FARM

Operating expenses for the average eastern Nebraska farm, according to surveys made by the farm management department of the university agricultural college, total very close to \$1500 or from \$7 to \$7.50 per acre.

This figure includes depreciation charges on buildings and machinery and the value of all labor including that of the farmer himself at the rate of wages for hired men. It does not include the interest on the value of the land. On \$160 land, this would be at least \$5 per acre; on \$150 land, \$7.50, or as much as all other expenses combined.

Operating expenses are about the same on all farms with the exception of the extremely large or extremely small farms, regardless of whether or not they are showing a loss or returning a profit. This is evidence that it is impossible to reduce expense of operating a farm below a certain point, and that profits are not made by reducing expenses but by increasing farm receipts.

State of Ohio, City of Toledo, Lucas County, ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE. FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

A. W. GLEASON, (Seal) Notary Public. Hall's Catarrh Cure is taken internally and acts through the blood on the Mucous Surfaces of the system. Send for testimonials, free. F. J. Cheney & Co., Toledo, O. Sold by all druggists, 75c. Hall's Family Pills for constipation. Adv—Sept



ARE YOU GOING TO LEAVE A LIFE AND BABY HELPLESS SHOULD YOU DIE?

DIE EVERY MAN MUST. IT IS HIS DUTY TO HAVE MONEY PILED UP IN THE BANK TO MAKE SURE THAT HIS FAMILY WILL NOT BE IN WANT WHEN HE IS TAKEN AWAY FROM THEM.

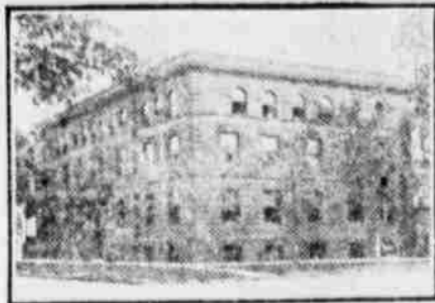
YOUR BEST LIFE INSURANCE IS MONEY IN THE BANK; BECAUSE A GOOD SOLID BUSINESS OPPORTUNITY MAY COME TO YOU WHILE YOU ARE ALIVE.

BANK WITH US

WE PAY FOUR PER CENT INTEREST ON TIME DEPOSITS

FIRST STATE BANK

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Fall Term Just Beginning

Write Now for New Catalog, to E. B. CARDER, 1105 R Street.

DRINK HOT WATER BEFORE BREAKFAST EVERY MORNING

Hopes every man and woman here will adopt this splendid health habit.

Says a glass of hot water with a teaspoonful of limestone phosphate in it washes poisons from system, and makes one feel clean, sweet and fresh.

Why is man and woman, half the time, feeling nervous, despondent, worried; some days headache, dull and unstrung; some days really incapacitated by illness.

If we all would practice the drinking of phosphated hot water before breakfast, what a gratifying change would take place. Instead of thousands of half-sick, anaemic-looking souls with pasty, muddy complexions we should see crowds of happy, healthy, rosy-checked people everywhere. The reason is that the human system does not rid itself each day of all the waste it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms ptomaine-like poisons in the bowels which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each

morning clear the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, sick headache, rheumatism, lumbago, nervous days and sleepless nights have become real cranks about the morning-inside bath. A quarter pound of limestone phosphate will not cost much at the drug store, but is sufficient to demonstrate to anyone its cleansing sweetening and freshening effect upon the system.



THE bread-making methods of the old Romans may have been satisfactory to the people of their day, but such methods would not suit the fastidious taste of the people of this community at the present time.

Our Bread

does satisfy the people of this community because it is wholesome, is scientifically made in a sanitary bakery, and is everything that the best bread should be. It has the desired home flavor.

Quality and cleanliness are the twin mottoes of this bakery at all times

F. F. Stephens

Successor to

Nohe Bakery and Cafe



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