

HEMINGFORD DEPT.

Harry Muncer was in the county seat over Saturday night.

Hans Hansen is able to be around again after a week's illness.

Ed Mabin and L. J. Clough autoed to Alliance Friday afternoon.

Mr. and Mrs. John Grommet and son of Marsland visited here Sunday.

Russell Melick, Otto Uhrig and Art Carroll were in Alliance Saturday night.

Miss Jessie Clayton has been visiting friends in Alliance the past week.

A. M. Miller returned Saturday from Kansas City where he attended the old soldiers' reunion.

Miss Leone Kennedy left Saturday for Scottsbluff to attend school. She expects to take a business course.

Mr. and Mrs. George Baker and Mrs. M. Greene were Alliance visitors the middle of the week.

Miss Bertha Clark, sister of Will Clark, is visiting here the guest of her brother and family.

Mr. and Mrs. Will Clark and family and Miss Bertha Clark autoed to Alliance Friday p. m.

Mrs. Mable McClung was visiting with friends in Alliance for a couple of days during the week.

Mrs. Fred Melick who has been confined to her bed for the past few days is reported to be some better.

Mr. Cox returned Sunday from a three weeks' visit with his aged mother, in Wisconsin.

Theo. Colvin returned the first of

the week from a visit with relatives in Iowa and Missouri.

Miss Julia Forstrom and Orville Kidwell are attending to business at the Frohnafel store during Mr. F.'s absence.

Miss Heath came in on 43 Saturday to begin her school Monday. Miss Heath teaches the same school as last year.

Miss Carmichael, a sister of Mrs. Wilbur Melick, arrived from Missouri a few days ago for a visit with her sister and family.

Mr. and Mrs. Brennan and little daughter were up from Alliance Sunday and spent the day with Mr. and Mrs. K. L. Pierce.

Mr. and Mrs. Pounds and family and Mrs. A. P. Haynes were in Alliance the latter part of the week doing some shopping.

There was born on Saturday morning, September 2, a bright baby girl, to Mr. and Mrs. Ray Brown. All concerned doing nicely.

Mr. and Mrs. Arthur Donovan and family returned to their home at Alliance Wednesday having spent the last three weeks with friends here.

Mrs. Pat Kinsley returned Sunday from Edgemont, S. D., where she spent the last six weeks with her daughter, Mrs. Chas. Shilling and family.

"Punk" Uhlmer returned from Omaha Friday where he was called a week ago by the illness of his brother, whose condition remains about the same.

Mr. and Mrs. Chas. Moser returned the latter part of the week from a month stay at Denver, where they visited Mr. Moser's sister, Mrs. Calkins, and family.

The Hemingford ball nine went to Alliance Monday, Labor Day, and

played a game with the Alliance nine. The score was 8 to 7 in favor of the Alliance team.

Mrs. M. Greene, Miss Elsie Greene and Miss Iida Gasselung left here Saturday for Lincoln, where the young ladies will attend school at the Lincoln Business College.

We are pleased to state that Miss Nettie Uhrig is back with her home folks and friends again having nearly recovered from the recent operation at the St. Joseph hospital.

Rev. Palmer returned Tuesday from a month's vacation at the old home in Chicago. The missus will not be home for a couple of weeks. The many friends of the Rev. are pleased to have him home again.

School opened Monday morning, with Mr. Fisher principal, Miss Dougherty assistant principal, Miss Doud, grammar, Miss Dickinson, intermediate, and Miss Johnson, primary. After registration the school was dismissed for the day.

Mr. and Mrs. Frank Caha and Miss Lillian Caha, Mr. and Mrs. Fred Hucks and daughter Ina and son Vern all autoed over to Scottsbluff Thursday where the young folks expect to attend school, but owing to the school being postponed one week they all returned here Saturday.

Mr. and Mrs. John Mabin and Mr. and Mrs. Ed Mabin left here Saturday, going to Thermopolis, Wyo., where Ed will consult a specialist in regard to his eyes. The sight of one eye is badly affected, caused by getting a piece of steel into it, which has been causing some discomfiture.

Mr. and Mrs. N. Frohnafel and daughter Miss Anna and M. C. Beaumont autoed down to North Platte Sunday. Mr. Frohnafel and family will visit his folks while Mr. Beaumont will visit with old friends. They expect to be gone several days.

Quite a number from this place attended the Labor Day exercises at Alliance. Some of those who went were: The ball nine, Mrs. Carl Spacht, Mrs. Merle Johnson, Mrs. A. M. Miller, Mrs. I. R. Walker, Mrs. J. T. Butler, Mrs. W. F. Walker, Misses Elliott, Walker, Geiger, Danbom and Carmichael, K. L. Pierce, Donald Pierce, Glen Pierce, Judge Berry, Chas. Lockwood, Clive Erskine, Walter Walker, Otto Uhrig, Jerry Curry, Geo. Hedgecock, Harry Wildy, Walter Marshall, Mr. and Mrs. Geo. Baker, Mr. and Mrs. Shepherd, Mrs. Pearl Lorenson and Mrs. McClung.

Everyone Should Drink Hot Water in the Morning

Wash away all the stomach, liver, and bowel poisons before breakfast.

To feel your best day in and day out, to feel clean inside; no sour bile to coat your tongue and sicken your breath or dull your head, no constipation, bilious attacks, sick headache, colds, rheumatism or gassy, acid stomach, you must bathe on the inside like you bathe outside. This is vastly more important, because the skin pores do not absorb impurities into the blood, while the bowel pores do, says a well-known physician.

To keep these poisons and toxins well flushed from the stomach, liver, kidneys and bowels, drink before breakfast each day, a glass of hot water with a teaspoonful of limestone phosphate in it. This will cleanse, purify and freshen the entire alimentary tract, before putting more food into the stomach.

Get a quarter pound of limestone phosphate from your pharmacist. It is inexpensive and almost tasteless, except a sourish twinge which is not unpleasant. Drink phosphated hot water every morning to rid your system of these vile poisons and toxins, also to prevent their formation.

To feel like young folks feel: If you felt before your blood, nerves and muscles became saturated with an accumulation of body poisons, begin treatment and above all, keep it up. As soap and hot water act on the skin, cleansing, sweetening and purifying limestone phosphate and hot water for breakfast, act on the stomach, liver, kidneys and bowels.

DON'T POOL YOURSELF—Read The Herald and KNOW.

HIGH SCHOOL FOOTBALL LOOKS ENCOURAGING

Coach Crawford Well Pleased with Prospect—Men Line up for Practice—Show Good Form

Professor T. R. Crawford, principal of the high school and coach of the A. H. S. football squad, reports the outlook good for the season's campaign.

Many of the stars of last year's lineup are in school again and there are a number of new men who give promise of being a great help to the team.

Coach Crawford already has tentative arrangements for games with Scottsbluff, Hot Springs and Chadron Normal. He also believes the A. H. S. will combat on the gridiron with Sidney and Bridgeport.

Judging from the way the men are lining up for practice, there is but little doubt as to the favorable outcome of the season's playing. If thorough coaching and enthusiastic training mean football victories, the Alliance high school is sure to win renown this fall.

Thief Shows Originality.

Thieves are not common in Alaska, but when one does appear he generally exhibits an originality of conduct difficult for less accomplished folks to comprehend. As an instance of this characteristic a thief broke into a store at Douglass recently and stole all the 1916 tags provided for licensed dogs, thus subjecting every canine in town to the danger of being taken up by the dog catcher.


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HE'S BETTER KNOWN AS "CHUCK" COX.



COME IN AND WATCH ME OPERATE - I'LL GUARANTEE GOOD SALES AND WEIGHTS.

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JOE TOMES
ASST. IN CATTLE DEPT.



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ASST. CATTLE SALESMAN



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I'LL NOT TAKE A BACK SEAT FOR ANY SALESMAN IN SOUTH OMAHA.

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SHEEP SALESMAN



MOMMY HANEY OFFICE ASSISTANT "A SAND HILLER WHO HAS MADE GOOD"

FRANK HOWE
FEEDER BUYER



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ASST. IN ALL DEPARTMENTS

