### HEMINGFORD DEP'T.

seat over Saturday night.

Hans Hansen is able to be around again after a week's illness.

Ed Mabin and L. J. Clough autoed to Alliance Friday afternoon.

Mr. and Mrs. John Grommet and on of Marsland visited here Sunday. Russell Melick. Otto Uhrig and Art Carroll were in Alliance Saturday night.

Miss Jessie Clayton has been visiting friends in Alliance the past

A. M. Miller returned Saturday ing some shopping. from Kansas City where he attended the old soldiers' reunion.

Miss Leone Kennedy left Saturday fer Scottsbluff to attend school. She expects to take a business course.

Mrs. M. Greene were Alliance visitors the middle of the week.

Miss Bertha Clark, sister of Will

Mr. and Mrs. Will Clark and famand Miss Bertha Clark autoed to Alliance Friday p. m.

Mrs. Mable McClung was visiting of days during the week.

& Mrs. Fred Melick who has been confined to her bed for the past few days is reported to be some better.

Mr. Cox returned Sunday from a three weeks' visit with his aged mother, in Wisconsin.

in Iowa and Missouri.

Miss Julia Forstrom and Orville Kidwell are attending to business at the Frohnapfel store during Mr. F.'s

Miss Heath came in on 43 Saturday to begin her school Monday. Miss Heath teaches the same school as last year. Miss Carmichael, a sister of Mrs.

Wilbur Melick, arrived from Missouri a few days ago for a visit with her sister and family. Mr. and Mrs. Brennan and little daughter were up from Alliance Sun-

day and spent the day with Mr. and Mrs. K. L. Pierce.

Mr. and Mrs. Pounds and family and Mrs. A. P. Haynes were in Alliance the latter part of the week do-

There was born on Saturday morning, September 2, a bright baby girl, to Mr. and Mrs. Ray Brown. All, concerned doing nicely.

Mr. and Mrs. Arthur Donovan and Mr. and Mrs. George Baker and family returned to their home at Alliance Wednesday having spent the last three weeks with friends here.

Mrs. Pat Kinsley returned Sunday Clark, is visiting here the guest of from Edgemont, S. D., where she they all returned here Saturday. daughter, Mrs. Chas. Shilling and

Omaha Friday where he was called a regard to his eyes. The sight of one week ago by the illness of his broth eye is badly affected, caused by getwith friends in Alliance for a couple er, whose condition remains about ting a piece of steel into it, which

> Mr. and Mrs. Chas. Moser returned the latter part of the week from a daughter Miss Anna and M. C. Beaumonth stay at Denver, where they mont autoed down to North Platte visited Mr. Moser's sister, Mrs. Calk- Sunday. Mr. Frohnapfel and famins, and family.

The Hemingford ball nine went to They expect to be gone several Theo. Colvin returned the first of Alliance Monday, Labor Day, and days.

the week from a visit with relatives played a game with the Alliance nine. The score was 8 to 7 in favor of the Alliance team.

> Mrs. M. Greene, Miss Elsie Greene and Miss Iida Gasseling left here Spacht, Mrs. Merle Johnson, Mrs. A. Saturday for Lincoln, where the young ladies will attend school at the Lincoln Business Collegel. We are pleased to state that Miss

ly recovered from the recent operation at the St. Joseph hospital. Rev. Palmer returned Tuesday from a month's vacation at the old er. Mr. and Mrs. Shepherd, Mrs. home in Chicago. The missus will Pearl Lorenson and Mrs. McClung. not be home for a couple of weeks.

The many friends of the Rev. are

pleased to have him home again. School opened Monday morning, with Mr. Fisher principal, Miss Dougherty assistant principal, Miss Doud, grammar, Miss Dickinson, intermediate, and Miss Johnson, primary. After registration the school

was dismissed for the day. Mr. and Mrs. Frank Caha and Miss Lillian Caha, Mr. and Mrs. Fred Hucke and daughter Ina and son Vern all autoed over to Scottsbluff Thursday where the young folks expect to attend school, but owing to the school being postponed one week

Mr. and Mrs. John Mabin and Mr. and Mrs. Ed Mabin left here Saturday, going to Thermopolis, Wyo., "Punk" Uhlmers returned from where Ed will consult a specialist in has been causing some discomfiture.

> Mr. and Mrs. N. Frohnapfel and ily will visit his folks while Mr. Beaumont will visit with old friends.

tended the Labor Day exercises at Alliance. Some of those who went were: the ball nine, Mrs. Carl M. Miller, Mrs. I. R. Walker, Mrs. J. T. Butler, Mrs. W. F. Walker, Misses Elliott, Walker, Geiger, Danbom and Carmichael, K. L. Pierce, Donald Nettie Uhrig is back with her home Pierce, Glen Pierce, Judge Berry, Chas. Lockwood, Clive Erskine, Walter Walker, Otto Uhrig, Jerry Curry, Geo. Hedgecock, Harry Wildy, Walter Marshall, Mr. and Mrs. Geo. Bakfolks and friends again having near-

e can duplicate any broken lens

## Everyone Should **Drink Hot Water** in the Morning

Wash away all the stomach, liver, and bowel poisons before breakfast.

To feel your best day in and day out, to feel clean inside; no sour bile to coat your tongue and sicken your breath or cull your head, no constipation, billous attacks, sick headache, colds, rheumatism or gassy, acid stomach, you must bathe on the inside like you bathe outside. This is vastly more important, because the skin pores do not absorb impurities into the blood. while the bowel pores do, says a wellknown physician

To keep these poisons and toxins well flushed from the stomach, liver, kidneys and bowels, drink before breakfast each day, a glass of hot water with a teaspoonful of limestone phosphate in it. This will cleanse, purify and freshen the entire alimentary tract, before putting more food into the

Get a quarter pound of limestone phosphate from your pharmacist. It is inexpensive and almost tasteless. except a sourish twinge which is not unpleasant. Drink phosphated hot water every morning to rid your sys tem of these vile poisons and toxins,

also to prevent their formation. To feel like young folks feel: lik you felt before your blood, nerves an muscles became saturated with an cumulation of body poisons, begin the treatment and above all, keep it As soap and hot water act on the st cleansing, sweetening and purifying limestone phosphate and hot water fore creakfast, act on the stomliver, kidneys and bowels.

# HIGH SCHOOL FOOTBALL LOOKS ENCOURAGING

Coach Crawford Well Pleased with Prospect-Men Line up for Practice—Show Good Form

Professor T. R. Crawford, principal of the high school and coach of the A. H. S. football squad, reports the outlook good for the season's

campaign Many of the stars of last year's lineup are in school again and there are a number of new men who give promise of being a great help to the

team. Coach Crawford already has tentative arrangements for games with Scottsbluff, Hot Springs and Chadron Normal. He also believes the A. H. S. will combat on the gridiron with Sidney and Bridgeport.

Judging from the way the men are lining up for practice, there is but little doubt as to the favorable outcome of the season's playing. thorough coaching and enthusiastic training mean football victories, the Alliance high school is sure to win renown this fall.

#### Thief Shows Originality.

Thieves are not common in Alaska. but when one does appear he generally exhibits an originality of conduct difficult for less accomplished folks to comprehend. As an instance of this characteristic a thief broke into a store at Douglass recently and stole all the 1916 tags provided for licensed dogs, thus subjecting every canine in town to the danger of being taken up by the dog catcher.

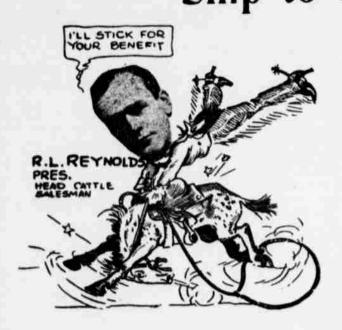
Don't send out of town for your typewriter paper, ribbons, carbon paper and other office supplies. The DON'T FOOL YOURSELF-Read Herald carries a good stock of fresh

## YOU CAN ABSOLUTELY RELY ON

# The Inter-State Live Stock Commission Company

(INCORPORATED)

For Results that You Can Show Anyone We Make Record Sales---Our Customers Talk About Them---Not Us Ship to Us at South Omaha--Look Over Our Force

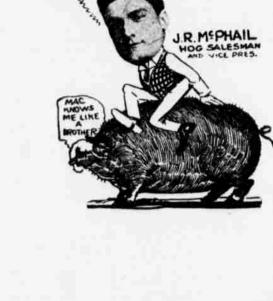












COME IN AND WATCH ME OPERATE - I'LL GUARANTEE GOOD SALES AND











