



THE French of today are famous as pastry makers, but they would not now think of using the crude methods pictured here that were employed by them some centuries ago. They, like ourselves, must have a

Modern Bakery Equipment

in order to produce the toothsome dainties that are demanded. Our customers tell us that our pastries are always as good and frequently better than the home kind. The secret is baking genius plus modern equipment.

Quality and cleanliness are the twin mottoes of this bakery at all times.

F. F. Stephens

Successor to

Nohe Bakery and Cafe

Should Sloan's Liniment Go Along?

Of course it should! For after a strenuous day when your muscles have been exercised to the limit an application of Sloan's Liniment will take the soreness and stiffness away and get you in fine shape for the tomorrow. You should also use it for a sudden attack of toothache, stiff neck, backache, stings, bites and the

many accidents that are incidental to a vacation. "We would as soon leave our baggage as to go on a vacation or camp out without Sloan's Liniment," writes one vacationist. "We use it for everything from cramps to toothache." Put a bottle in your bag, be prepared and have no regrets. July 6

COMMENT OF THE PRESS

Comments of United States Newspapers on the Political Situation Since the Conventions

What the country appears to need is more American Americans.—Indianapolis News.

Whom the gods would destroy they first made mad, Carranza.—Philadelphia Record.

If there were any statesmen in Mexico they would easily avert war.—Philadelphia Record.

Carranza may find that he is the stick, not the head, of the Mexican skyrocket.—New York Sun.

President Wilson doesn't need to tell us he's an American.—Rochester (N. Y.) Union and Advertiser.

Our idea of nothing to discuss in this presidential campaign is George Sylvester Viereck.—Baltimore Sun.

If Wilson can run as well as he can walk, Hughes might as well rent a law office.—Jacksonville (Ill.) Courier.

You can't satisfy the Republicans; they complain when the Democratic party acts as much as when it defers action.—Philadelphia Record.

Mr. Hughes can't win riding an elephant which is afraid to gallop for fear of stepping on somebody's toes.—Charleston News and Courier.

There is no pussy-footing, no side-stepping, no straddling, no smoothing over process about Wilson Americanism.—Hudson (N. J.) Dispatch.

As we understand it the only fault the Republicans find with President Wilson is that he has not gone to war with anybody.—Paris (Mo.) Appeal.

Prosperity has assumed such proportions that even the uncertainties of a national political campaign cannot check it.—Wheeling (W. Va.) Register.

How surprisingly anxious the Republicans are to have the Progressives come back into full fellowship after the convention!—Jamestown (Kan.) Optimist.

"Whether we will or not," says President Wilson, "we are at the beginning of a new age for the world." These words are worth filing away for reference.—Chicago News.

The resources of Oregon banks increased \$12,693,421 in the year ending May 1. March and April contributing \$6,145,447 of the total. Prosperity seems to be breaking the speed limit with the brakes busted.—Portland (Ore.) Journal.

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Martin H. Glynn is not so slow when it comes to painting the daisies of oratory. Either he is some silver-tongued one, or the facts he had to represent are the most eloquent facts that have been presented in some News-Democrat.

"We favor an effective system of rural credits," says the Chicago platform. But the Republican party did not enact any such law while in power, and it never saw the need of it until after the Democrats began work on a rural credits bill.—Sambornville (N. H.) Pioneer.

A Mormon, Reed Smoot, leads the Republican minority in the United States Senate. A Jonah, will, no doubt, lead the Republican party to defeat in November, 1916. His name—well, it may be Hughes, Root or Burton, but hardly Roosevelt. This was written June 6. Watch our guess.—Los Angeles National Jeffersonian.

Wilson can carry California. No one can estimate the growing strength of Wilson in the Golden State. His statesmanship has kept this country out of war, and without the sacrifice of the national honor, No Democrat should take it for granted that California will go Republican in November.—National Jeffersonian, Los Angeles, Cal.

The month of May, 1916, produced a greater volume of wage increases than any preceding 12 months of American history. Against this wall of prosperity political spellbinders will make little progress in trying to stampede American working men into voting to change to Republican conditions.—Denver (Colo.) Labor Bulletin.

You will vote for preparedness, then vote for Wilson. You will vote for just treatment of every interest affected by Mexico, then vote for Wilson. You will vote for "America First," then vote for Wilson. You will vote for the "Flag," then vote for Wilson.—Piedmont (W. Va.) Herald.

Thirty-three per cent is to be added to the capacity of the Portland Woolen Mills and six looms are to be put in at the Pendleton Woolen Mills. Every few days there is announcement of enlarging plants or new ones launched, all in spite of the fact that there are those who run up and down Oregon shrieking about "break laws."—Portland (Ore.) Journal.

The nomination of Judge Hughes for President gives the Republicans a candidate of great ability and high character. He has done some great things in law and politics. But he vetoed a two-cent fare law and opposed the enactment of a federal income tax law; and moreover he seems to be afraid to speak out in good plain words on the great question of foreign influence in the affairs of this country.—Mineral Point (Wis.) Democrat.

There seems to be no reason for thinking that the American people will turn from Woodrow Wilson, for whom they entertain profound respect, and to whom they feel themselves obligated for his safe and sane policy which has preserved the country from war, and replace him as President with Charles E. Hughes. It is impossible to divine a cause for such a course. No claim can be established by the adherents of Hughes upon the highest office within the gift of the voters, and it cannot be shown that he is needed in the executive chair for any other purpose than to restore the Republicans to office.—San Francisco Journal of Commerce (Ind.).

—Alliance Herald—
A FAIR WARNING

One That Should Be Heeded by Alliance Residents

Frequently the first sign of kidney trouble is a slight ache or pain in the loins. Neglect of this warning makes the way easy for more serious troubles—dropsy, gravel, Bright's disease. 'Tis well to pay attention to the first sign. Weak kidneys generally grow weaker and delay is often dangerous. Residents of this locality place reliance in Doan's Kidney Pills. This tested remedy has been used in kidney trouble over 50 years—is recommended all over the civilized world. Read the following:

James A. Kersey, Chadron, Nebr., says: "I had a slight symptom of disordered kidneys. There had been Bright's disease in my family for several generations and I decided to try Doan's Kidney Pills. This medicine soon cured me."

Price 50c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that cured Mr. Kersey. Foser-Milburn Co., Props., Buffalo, N. Y.

—Alliance Herald—
Care of Hog Pasture

For "growing out" little pigs and carrying over dry sows, a good pasture is a valuable asset to the Nebraska hog raiser. Alfalfa makes the best pasture for hogs. In pasturing alfalfa, care should be taken that it is not pastured too heavily. If this is done, the alfalfa will be badly killed out in two or three years and it will be necessary to reseed. Pasturing should never be carried on so heavily but that one-half ton of hay per acre can be cut three times a season. The occasional cutting of the alfalfa induces new shoots to grow, and hence greatly improves the pasture for the pigs.

—Alliance Herald—
Remove Face Blemishes

Pimples, Blackheads, Acne, Tetter, Ring Worm and that dreaded Eczema can be permanently removed from your face and body by Dr. Hobson's Eczema Ointment. It is no longer necessary to go around with an unsightly complexion and suffer the pain and annoyance that goes with unsightly ailments. Dr. Hobson's Eczema Ointment is a time tried, guaranteed remedy, good for infants, adults and aged who suffer with skin ailments. Buy a box today, start using it at once. Money back if not satisfied. 50c at your druggist. July 6



FEW MEN "GET RICH QUICK" AT ALL. FEWER MEN "GET RICH QUICK" AND KEEP THEIR MONEY. IT GOES LIKE IT CAME.

CAN'T YOU SEE THAT IF THE SCHEME WAS SUCH A GOOD ONE IT WOULDN'T BE PEDDLED TO YOU? THOSE SMOOTH STRANGERS ARE NOT INTERESTED IN YOU—IT IS YOUR MONEY THEY WANT. YOUR BANK IS INTERESTED IN YOUR SUCCESS. BANK YOUR MONEY.

BANK WITH US

We pay 4 per cent interest on time deposits.

FIRST STATE BANK

DRINK HOT WATER BEFORE BREAKFAST EVERY MORNING

Hopes every man and woman here will adopt this splendid health habit.

Says a glass of hot water with a teaspoonful of limestone phosphate in it washes poisons from system, and makes one feel clean, sweet and fresh.

Why is man and woman, half the time, feeling nervous, despondent, worried; some days head-achy, dull and unstrung; some days really incapacitated by illness.

If we all would practice the drinking of phosphated hot water before breakfast, what a gratifying change would take place. Instead of thousands of half-sick, anemic-looking souls with pasty, muddied complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms ptomaine-like poisons in the bowels which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each

morning clear the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, sick headache, rheumatism, lumbago, nervous days and sleepless nights have become real cranks about the morning-inside bath. A quarter pound of limestone phosphate will not cost much at the drug store, but is sufficient to demonstrate to anyone its cleansing, sweetening and freshening effect upon the system.



Painted Floors Save Scrubbing

Painted floors are sanitary and easy to keep clean. Bare floors absorb dirt and grime and require hours of back-breaking work with the scrub brush to keep them in condition.

You can fix up your floors yourself with

Lincoln Floor Paints

They change old shabby floors into new floors that are easy to keep spotlessly clean. Ask for color samples and a copy of the Home Painting Jobs booklet, which tells you about painting, varnishing, waxing and finishing floors and all surfaces about the home.

F. E. HOLSTEN



The Easy Chair

To the aged, Life Insurance represents the Cash Value of early wisdom—Comfort for declining years.

A little sacrifice now—a little foresight—a small amount saved every month and—later on, when the dark days come, a fund to guarantee independence in old age—or to care for those you leave behind.

THAT'S LIFE INSURANCE

The time to get your Life Insurance is NOW.

John G. Lewis

ALLIANCE, NEBRASKA

Manager for Western Nebraska Security Mutual Life Ins. Co., of Lincoln, Nebr.