

Thanksgiving

Let us be thankful for the loyal hand
That love held out in welcome to our own,
When love and only love could understand
The need of touches we had never known.

LET us be thankful for the longing eyes
That gave their secret to us as they wept,
Yet in return found, with a sweet surprise,
Love's kiss upon their lids, and, smiling, slept.

AND let us, too, be thankful that the tears
Of sorrow have not all been drained away,
That through them still, for all the coming years,
We may look on the dead face of To-day.

JAMES WHITCOMB RILEY

Copyright by the Bobbs-Merrill Company.

SHOW KINDNESS WHILE YOU MAY

Expressions of Gratitude Timely Made Denote Proper Feeling of Thankfulness in the Heart.

IF far down in your heart you are thankful about anything, will you show the kindness to everybody connected with you and to your own personality by giving an honest, sincere expression of your gratitude? The man who dies with all the thank-yous in him is as deserving of pity as the one who stifles all the music. Don't be afraid to say "Thank you," and say it loud.

HAVE in mind a family that allowed the mother of the large circle to wear herself out with unceasing work. She worked so long and hard that she never had time for considering a rest. The members of her family regarded mother's work as a habit. They accepted her working and never thought that she needed relaxation or a change



from the monotonous grind of keeping a home. They added to her burdens by bringing others home with them. Mother smiled and worked a little harder. Then one day mother did not come down to shake the fire and prepare the breakfast. She had closed her eyes and they were so tired that she never opened them.

I wish you could have heard the belated gratitude at the funeral. I wish you could have seen the consternation and despair when the children and father looked at each other and said: "What are we going to do without her?" They were filled with regret. The ears could not hear the thanks that they poured out. They should have shown their gratitude every day of the year and in time. Look over your own life. Are you speaking and acting in time?

YOU are living in a great country and are indeed fortunate in having freedom, the right to think and to act, opportunity, countless chances to forge to the top if you have it in you. You have libraries, playgrounds, schools. You have your mind, your dear, sympathetic souls in relatives or friends and the ideals which are necessary to any human being's happiness. Do you fully appreciate the good fortune that cast your lot over here? Are you taking the trouble to express your thanks every once in a while? You ought to do this. It is good to get it out of your system.

HAVE you health? Be thankful in the right way. Do not throw to the winds of indiscretion your precious heritage. Do not insult your

good health by eating, drinking, breathing the wrong things. Cut out dissipation and lead a sane, balanced, clean, normal life. Prize that good health. Sometimes it leaves in high dudgeon and never returns. And all the poulticing and nursing may not bring back to you that which should be appreciated every hour of the day. The way to thank your good health is to be kind to it.

MENTIONED ideals a minute ago. Have your ideals suffered from disuse? Where are your ideals? Are they stowed away in camphor to be brought out on Sunday when you go to church? Why are they not being cared for in the way that is the only valuable treatment for these wonderful things? Give your ideals a chance! Let them have daily influence on your thoughts and acts. Bring them into the light of day and make them important contribution factors of your happiness and success as a human being. You may not be getting so much money as your next-door neighbor or your hat may not have the label of an exclusive maker in its crown, but as a human being filling a niche in the great scheme, your ideals should be thanked every hour. Thanking them is really shaking hands with them.

IF you are a woman who rides in a street car, do you thank the enlightened gentlemen who rise to give you a seat? Or do you make them very scornful of the weaker sex by taking it as your due? I have seen many men converted to the paper gazers and the seated masculine row by the neglect of women to thank the men. Say it graciously and as if you meant it. Good heavens! The cause for a thank you of this kind is growing more remote. Let us cherish it.

A STRANGER is entitled to a thank-you when he has rendered you a service. Do not be an insufferable snob and accept help silently because you have not been introduced or because his forefathers might not have come over in the Mayflower. Say thank you smilingly and be human!

DO not forget to thank in the right way the children. It is only in the respectful use of a courtesy of this kind that children will admire and emulate.

Indeed, the thank you of every day is that which makes things go smoothly. It is such a little thing that it should never be forgotten. Try saying thank you once every day. Look around. You will find something which should elicit your gratitude.

AND thank you for listening.
BARBARA LEE.

PREPARING FOR THE FEAST



GUARDING MEAT

Approximately Sixty Per Cent of Animals Are now Slaughtered Under Federal Inspection

More than 58,000,000 meat animals were slaughtered in establishments under Federal inspection during the fiscal year ending June 30, 1915. Since approximately from 58 to 60 per cent of the animals killed in the country are slaughtered in establishments where federal inspection is maintained, it appears that about 100,000,000 meat animals are now being killed each year in the United States.

Of the animals subjected to Federal inspection, 299,958 were condemned as unfit for human use and 644,688 were condemned in part. Thus a little more than 1 1/2 per cent of all the animals inspected were condemned either in whole or in part. These figures include only cattle, calves, sheep, goats and swine.

Tuberculosis was the chief cause of the condemnations. More than 32,644 carcasses of cattle and 66,000 carcasses of swine were entirely rejected on account of this disease, and in addition parts of 48,000 cattle and 440,000 swine. Hog cholera was responsible for the next largest loss, nearly 102,000 swine being condemned entirely on this account.

The annual appropriation for the Federal meat-inspection service is now about \$3,375,000, so that the cost to the people would be between 5 and 6 cents per animal if the service was confined entirely to the inspection of the animals and carcasses. In addition, however, great quantities of the meat and products are reinspected. In this item there was a very considerable increase during the last fiscal year, the reinspection resulting in the condemnation of a total of nearly 19,000,000 pounds of products of one kind or another. Furthermore, 245,000,000 pounds of imported meat or meat products were inspected and more than 2,000,000 pounds condemned or refused entry.

In the course of its work, the Bureau of Animal Industry, which is in charge of the meat-inspection service, has discovered a new method of destroying trichinae in pork, which is an additional safeguard to human health. Refrigeration at a temperature of 5 degrees F., or lower, for a period of 20 days, will destroy these parasites which occasionally give rise in human beings to the serious disease known as trichinosis. Hitherto, the only known safeguard against this disease has been thorough cooking of all pork and pork products, and those persons who neglect this precaution have always been more or less exposed to the danger. Unless pork is known to have been subjected to refrigeration as above indicated, it should be thoroughly cooked. The microscopic examination of pork for the detection of trichinae has been abandoned, as the usual methods have proved inefficient.

In this connection it is interesting to note that more swine were slaughtered in the past year in establishments under Federal inspection than ever before. A total of 36,247,958 were inspected at the time of slaughter, and approximately 35,900,000 passed for food.

Take Care of That Itching—All Itching Borders on Eczema

Do you regard that itching as a serious thing? It is! Unless you begin to fight it with Dr. Hobson's Eczema Ointment, the disease is likely to cling on for months and years. Scores of grateful users say: "Why did we waste those months and years in agony when so tested a remedy was on the market." This ointment is no experiment; it is absolutely healing in its power. Do not allow it to become serious. Buy a box today to fight the beginnings of eczema. 50c a box.



KANSAS CITY LIVE STOCK EXCHANGE--Largest in the World

Hotel Kupper

Kansas City, Mo.

The home of quality and refinement at reasonable prices. Located in the retail center of the city. European plan, \$1.00 to \$2.50 per day. Popular-price cafe in connection. Special invitation to Nebraska stockmen to make this Hotel their headquarters when in Kansas City. On car line direct to stock yards without transfer.

Walter S. Mars, Managing Director

Kupper-Benson Hotel Co. Proprietors



To Exchange

Splendid 800 acre tract of farm land in Doniphan County, Eastern Kansas, three and one-half miles from railroad, worth \$30,000.00

For Grass Ranch

ADDRESS OWNER, P. O. BOX 637,
SOUTH ST. JOSEPH, MISSOURI

Rheumatism and Allied Pains—They Must Go!

The congestion of the blood in its flow causes pain. Sloan's Liniment penetrates to the congestion and starts the blood to flow freely. The body's warmth is renewed; the pain is gone. The "man or woman who has rheumatism, neuralgia or other pain and fails to keep Sloan's Liniment in their home is like a drowning man refusing a rope." Why suffer. Get a bottle of Sloan's, 25c and 50c. \$1 bottle hold six times as much as 25c size.

Coughs that Are Stopped! Careful people see that they are stopped. Dr. King's New Discovery is a remedy of tried merit. It has held its own on the market for 46 years. Youth and old age testify to its soothing and healing qualities. Pneumonia and lung troubles are often caused by delay of treatment. Dr. King's New Discovery stops those hacking coughs and relieves the gripe tendencies. Money back if it fails. 50c and \$1.

HOTEL MARTIN

FIREPROOF ABSOLUTELY
GOOD ENOUGH FOR EVERYBODY
NOT TOO GOOD FOR ANYBODY



190 Rooms With Bath.
50 Rooms Without Bath.
30 Sample Rooms.

Rates \$1.00 and up

NATION & MILLER

Managers

at Fourth and Pierce Streets
SIOUX CITY, IOWA

Hotel Victoria

9th & McCee Sts. Kansas City, Mo.



EUROPEAN

In the Heart of the shopping district Telephone and running water in all rooms. Popular priced cafe in connection.

RATES—One Person
Rooms with Bath Privilege \$1.00-\$1.25
Rooms with Private Bath \$1.25-\$1.50
Two Persons
Rooms with Bath Privilege \$1.50-\$2.00
Rooms with Private Bath \$2.00-\$2.50
L. V. E. MOORE, Proprietor