SALTS IF KIDNEYS OR BLADDER BOTHER

Harmless to flush Kidneys and neutralize irritating acids—Splendid for system.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in avoiding it.

Bladder weakness, most folks call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.

"Here is the Answer" in WEBSTER'S NEW INTERNATIONAL

THE MERRIAM WEBSTER

Every day in your talk and reading, at home, on the street car, in the office, shop and school you likely question the meaning of some new word. A friend asks: "What makes mortar harden?" You seek the location of *Loch Ketrine* or the pronunciation of *jujutsu*. What is *white coal?* This New Creation answers all kinds of questions in Language, History, Biography, Fiction, Foreign Words, Trades, Arts and Sciences, *with final authority.*

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Write for specimen pages, illustrations, etc. Mention this publication and receive FREE a set of pocket maps.

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NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Up Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more hawking, snuffling, mucous discharge, headache, dryness—no struggling for breath at night, your cold or catarrh is gone.

Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head: soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking. It's just splendid.

DO YOU KNOW ? - ? - ?

In what country a living pass-port is needed by every traveler.

What the population of the Sahara Desert is?

Where grasshoppers are served hot to traveling epicures?

What becomes of the wife of the Greek Priest who is raised to the rank of Bishop?

In what year occurred the fall of Pompeii?

Where "Cleopatra's Needle" is located and what has been its history?

Where is a professed bachelor not regarded as a man, though he live a hundred years?

The above as well as many hundreds of other interesting questions are answered in the

BURTON HOLMES TRAVELOGUES

The delightful library of world information.

Subscribe for The Herald—$1.50 per year.

WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

Wash the poisons and toxins from system before putting more food into stomach.

Says inside-bathing makes anyone look and feel clean, sweet and refreshed.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important because the skin pores do not absorb impurities into the blood, causing illness, while the bowel pores do.

For every ounce of food and drink taken into the stomach, nearly an ounce of waste material must be carried out of the body. If this waste material is not eliminated day by day it quickly ferments and generates poisons, gases and toxins which are absorbed or sucked into the blood stream, through the lymph ducts which should suck only nourishment to sustain the body.

A splendid health measure is to drink, before breakfast each day, a glass of real hot water with a teaspoonful of limestone phosphate in it, which is a harmless way to wash these poisons, gases and toxins from the stomach, liver, kidneys and bowels; thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

A quarter pound of limestone phosphate costs but very little at the drug store but is sufficient to make anyone an enthusiast on inside-bathing. Men and women who are accustomed to wake up with a dull, aching head or have furred tongue, bad taste, nasty breath, sallow complexion, others who have bilious attacks, acid stomach or constipation are assured of pronounced improvement in both health and appearance shortly.

Lloyd's Column

Politicians and Newspapers

Legislators of Alabama have been stepping on the toes of the newspapers of that state, and now the newspaper publishers are making a mighty howl for protection of their business against the marauders. This is the first time the newspaper publisher of Alabama has felt the devastating hand of business legislation, and it has been found to hurt. The Alabama newspaper publisher, like those of many other states, has been going along in the more or less even tenor of his way, getting out the paper, hustling around for money to pay for white paper and being generally Johnny-on-the-spot in boosting his home town and plugging for progress and patriotism. He can't maintain a paid lobby at the capitol to protect his business, and he hasn't thought much of that anyhow. When a professional politician gets into the legislature and proceeds without rhyme or reason, simply because he has the power, to pass legislation affecting the business interests of men who sent him there, it is high time for the publishers to howl—and the longer and louder they howl the better it will be. It is the concensus of opinion that business legislation should cease for the present and give business a chance to recuperate. Now that the newspaper publisher has felt the attack, he ought to realize the importance of using his influence to this end.

"Soliloquies of the Devil"
(By H. F. Lockhart)

I pied a gailey here the other day,
Before the bloomin' paper went to press;
I picked the measly thing up rip it away,
And put it back together just by guess.
The make-up man he chucked it in the form;
The thing went thru. Oh! golly, what a storm!

"John Smith will sell at 20 Prospect street,
At the bride's home, on Wednesday at high noon,
An only daughter, beautiful and sweet—
With spotted feet, and coming two next June."
So help me, that's the way the darn thing read.
I saw it, and I nearly fell down dead.

That ain't the worst. The thing went on to say:
"Mike Dolan died last night at hilf-past eight;
No fire insurance carrier, so they say;
Loss total, but the value was not great."
You'd ought to heard the widow tear and rave—
It makes me sick the way some skirts behave!

"A son was born to Dr. Richard Vose,
A glossy black and weight a thousand flat;
His mother was by Danby, out of Rose—
With gloves to match, and wore a picture hat."
The foreman threw three fits and clawed the air;
For once he got so mad he couldn't swear.

"The Park House burned to ashes Tuesday night,
The cause, they say, was softening of the brain;
The noble firemen made a gallant fight
In satin duchess, made with fish-tail train."
Ain't that the everlasting limit? Gee!
The way the whole darn bunch jumped on to me!

The boss, he had me on the carpet, too.
Gosh! He can dress a feller to the ground!
I sneaked his office feelin' mighty blue,
When all to once I heard a funny sound.
The boss was all alone—I'd give my hat
To know just what that guy was laughing at!

The New Mother Goose

There was a man in our town
And he was wondrous wise,
He made a lot of money, and
He used to advertise.
And when the time for him to die
Stopped at him on its round,
He said, "I guess my work is done,
I've boosted my home town."

Fools Not All Dead

When men begin to come to themselves, as the fellow did who was undressing, there is some hope that they will act for themselves. An English paper tells the following of the battle field in France. From the German trenches a board was displayed bearing the words,

"The English are Fools!"

A little later up came the board and the line read,

"The French are Fools"

Interest began to grow, but no one felt insulted. When the board next came up in the German trench it read,

"We are Fools"
"Why not All go Home?"

But they did not, but within a few days went into the greatest battle of a great war, conclusively proving the truth of the charge.

The Good Old World

Some people knock the poor old world,
And ay it's getting worse;
Some long for golden gates impearled,
As per the Scripture verse;
But this world is what you make it,
And despite old Adam's fall,
Somehow it seems a good old world
To live in, after all.

There may be lots of shadders here,
And sorrow all around,
But if you're looking for good cheer,
There's plenty to be found;
There's the music of the waters,
And the bobolink's glad call,
And somehow, it's a good old world
To live in, after all.

Of all God's creatures man alone
is sad and discontent,
And seems to think he ought to own
The whole big firmament.
The birds and bees and butterflies,
And beasts and things that crawl
Believe that it's a good old world
To live in, after all.

Work That Satisfies

We have opened a new Cleaning, Pressing and Repairing Shop in the building occupied by the Musser plumbing shop, at 205 Box Butte. New equipment throughout, and all work guaranteed to be satisfactory,

Suits Cleaned and Pressed $1.00 and up

We want you to try our service. Work called for and delivered. Just phone us and we will call promptly. New equipment for French Dry and Steam Cleaning.

Suits Made to Measure for Ladies and Gents $15 to $50

Bring in Your Accordeon Pleated Garments We Guarantee Our Work

Keep-U-Neat Tailors
PHONE 133

Roy B. Burns — L. A. McElhaney

WELLINGTON INN
ON LINCOLN HIGHWAY
FARNAM AT 18TH ST.
OMAHA, NEB.
COMFORTABLE ROOMS
MODERATE RATES
R. D. McFADDAN, MANAGER

DYE & OWENS Transfer Line

HOUSEHOLD GOODS moved promptly, and Transfer Work solicited.

Dray Phone 54 — Residence phone 636 and Blue 574

Always the Best Work
PAINTING, PAPER HANGING AND DECORATING

Estimates gladly furnished — Work guaranteed to please

PHONE BLACK 282 — B. V. REEVES — ALLIANCE, NEBR.

ATLAS REDWOOD STOCK AND SUPPLY TANKS

Will outlast several steel tanks or several tanks made from other material, and cost less money. These tanks will keep the water cooler in summer and warmer in winter. Send for price list today.

ATLAS TANK MFG. COMPANY, Fred Boisen, Manager, 1102 W. O. W. Bldg., Omaha, Neb.

"OLD KENTUCKY" TASTIEST OF CHEWS

Plug is the Best Form in Which Tobacco Can Be Made, and "Old Kentucky" is Best Plug

WHOLESOME, SATISFYING

To get the utmost of satisfying refreshment out of tobacco, you want a plug chew—one that gives you the genuine flavor of rich, ripe leaf.

Then, too, the most wholesome and healthful way to use tobacco is to chew it—and the best and cleanest form of chewing tobacco is the plug form, in which Old Kentucky is made.

Old Kentucky is made of the choicest Burley leaf, in the world's greatest plug tobacco factory, and under the most cleanly, sanitary conditions.

The luscious flavor of Old Kentucky is a delicious revelation to any man who has been chewing ordinary tobaccos. It is supremely satisfying.

Fresh, pure, mellow, a chew of Old Kentucky is a real chew—and you will realize this as soon as you taste it.

Buy a 10c plug of Old Kentucky today and try it.

HAVE YOU WEAK LUNGS?

Do colds settle on your chest or in your bronchial tubes? Do coughs hang on, or are you subject to throat troubles?

Such troubles should have immediate treatment with the strengthening powers of Scott's Emulsion to guard against consumption which so easily follows.

Scott's Emulsion contains pure cod liver oil which peculiarly strengthens the respiratory tract and improves the quality of the blood; the glycerine in it soothes and heals the tender membranes of the throat.

Scott's is prescribed by the best specialists. You can get it at any drug store.

Scott & Bowne, Bloomfield, N. J.

A FAIR WARNING

One That Should be Heeded by Alliance Residents

Frequently the first sign of kidney trouble is a slight ache or pain in the loins. Neglect of this warning makes the way easy for more serious troubles—dropsy, gravel, Bright's disease. 'Tis well to pay attention to the first sign. Weak kidneys generally grow weaker and delay is often dangerous. Residents of this locality place reliance in Doan's Kidney Pills. This tested remedy has been used in kidney trouble over 50 years—is recommended all over the civilized world. Read the following:

James A. Kersey, Chadron, Nebr., says: "I had slight symptoms of disordered kidneys. There had been Bright's disease in my family for several generations and I decided to try Doan's Kidney Pills. This medicine soon cured me."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that cured Mr. Kersey. Foster-Milburn Co., Props., Buffalo, N. Y.

Exchange Gossip

Bridgeport News-Blade—T. J. O'Keefe, John O'Keefe of Alliance and Geo. Cronkleton of Bayard were in the city Wednesday enroute to Alliance. * * * Tom Burke went to Alliance Monday to attend the funeral of Mrs. John Tiernan, which was held at the Holy Rosary church. * * * Attorney Robert Reddish of Alliance was in the city Thursday attending some important cases which he has in the district court. * * * Simon Spry of Alliance was in the city Monday returning from Oshkosh where he had been looking after business matters for several days. * * * The News-Blade force is getting ready to move into the new building the last of this week. There will be no formal opening but our friends are invited to call next week—if we get moved—and inspect our comfortable building. The printers will enjoy the new work shop and the old man will enjoy all but the paying for it. The principal object of the matter, however, is to be able to do better and quicker work and to be better able to take care of our increasing business; but the added comfort will of course be a very welcome incidental.

Marsland Tribune—A license to wed was issued to Elmer Bullock and Miss Ota Hunsaker, both of Alliance, last week. The ceremony hasn't occurred yet. * * * Mrs. Rose Shimek and little daughter of Alliance came up Saturday and is visiting at the home of her son, Henry.

Edgemont Express—A jolly bunch of duck hunters went to Alliance Saturday, returning Tuesday morning. They had varying degrees of luck with the feathered denisons of the air, but brought back a goodly lot of evidence of their prowess afield. They were Geo. Highley, Geo. Halterman, Mike Carroll, Will Reimers, Ed Colgan, and W. J. McKelvey.

Bridgeport Herald—Miss Dorothea Pederson went to Alliance, Saturday, to visit a few days with relatives there and at Chadron. * * * Mrs. J. L. Downs, who has been at Alliance for some time, came home Tuesday afternoon, but she took sick and went back to the hospital Wednesday, accompanied by Miss Ada Anderson.

Ashrby Argus—L. E. Hubbard returned Thursday from a few days' stay in Alliance during the illness of Mrs. Hubbard, who is in a hospital there. * * * Construction work on the new depot is going rapidly on and the foundation is now in place. Carpenter work will be started next week on the station building, which will be 24x40 and two stories in height. There will be four living rooms and a hall in the upper story and the lower story will be divided into a waiting room office and freight room. It is expected that the building will be ready for occupancy in three weeks' time.

Scottsbluff Republican—T. J. O'Keefe, register of the U. S. land office at Alliance, was a caller at this office while in the city yesterday on business.

Hemingford Ledger—Col. Fosket was down to Alliance the latter part of last week, to see his daughter, Mrs. Grommet, who was in the hospital for an operation. She passed thru the ordeal quite well, though it was discovered that two operations were necessary. John Grommet still continues to improve. * * * K. L. Pierce went with his car to Alliance Wednesday evening, and on up to Crawford for some matters of business between trains Friday morning. * * * Misses Belva Geiger and Della Swanson were Alliance visitors between trains Tuesday.

The Reed Cushion Sole shoe, which is handled here by the Alliance Shoe Store, received some effective advertising last week. A reel of motion pictures was shown at the Imperial, the picture being in the form of a comedy, which kept the audience interested all the time it was being shown. "Si" is surely an enterprising shoe merchant, and believes in advertising, as he is using newspapers, billboards and moving pictures.

One Safe Home Match

will light all four burners. The stick is large and strong. The flame "takes hold."

We do not exaggerate when we say that you can get as much real service from three Safe Home Matches as from five ordinary matches.

They are non-poisonous, too. For that reason alone they should be in every home in America.

5c. All grocers. Ask for them by name.

The Diamond Match Company

HOTEL ROME
OMAHA

Room Without Bath $1.00 or $1.25
Room With Bath $1.50 Up

Cafe Prices Moderate

ROME MILLER
Proprietor

THE STAR HOTEL

65 Light, Airy Rooms
Steam Heat
Electric Lights
Free Baths
EUROPEAN
RATES: 50c and 75c per Day.

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SIOUX CITY, IOWA

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Phone 322 for pumpkins, squash, carrots, beets or cabbage.

PROMPT DELIVERY

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Asthma and Hay Fever

Eye, Ear, Nose and Throat
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Calls answered from office day or night.