

DRUGS EXCITE YOUR KIDNEYS, USE SALTS

If your Back is aching or Bladder bothers, drink lots of water and eat less meat.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salt which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.

Groceries and Feed

GROCERIES AND FEED
We carry a clean line of

We invite you to call at the HOTEL ASHBY when in town for a good meal or clean, fresh bed.

fresh groceries, flour and feed. All kinds of overalls, shirts and shoes, etc. If your goods come from this store you are assured that they are good, fresh, pure and clean.

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OUTING FOR BOY SCOUTS

Will Spend Next Week at Dunlap—
Official Program Will Be Observed Each Day

SECOND WEEK FOR OTHER BOYS

In charge of Charles Spacht, scout executive, the Alliance Boy Scouts Tuesday will go to Dunlap for a week's outing. An official program will be observed, the days being divided into periods for meals, rest, chapel, camp duties, inspection, camp games and swimming, and this program will be observed to the minute. Dunlap is an ideal place for the camp. It is 23 miles north of Alliance, on the Niobrara river. Although somewhat dilapidated, there are an old mill and a house still standing near the river, and these buildings will be used for shelter. Some of the scouts will take their tents with them, and these will be used if the weather permits. The old buildings on the site will be cleaned before Monday so they will be ready for use.

While the outing will extend over a period of two weeks, the first week is for the boy scouts alone. During the second week, any boy over ten years of age may attend, and the same attention will be given these boys as is given the Boy Scouts. All boys will be governed strictly, and any deviation from the established rules will subject the disobeyer to dismissal from the camp. However, the rules are easy to abide by, and if any boy breaks them it will be of his own accord.

The purpose of the camp is not to afford a medium for rowdiness, but rather a medium for the continued mental and physical development, with the sunshine, fresh air and water to help.

Rules and Regulations
The daily program will be observed to the minute by the camp clock. Motto: "Keep a check on yourself."

Swimming will be allowed on the hour only. A violation of this rule means suspension. Remember, it's "safety first."

No firearms will be allowed in the camp.

Tobacco is of all things the most undesirable, and its use will be strictly forbidden.

The management reserve the right to dismiss any boy at any time if they so determine his conduct or influence a detriment to the camp. In such cases no refund will be made.

Things to Take
Three good blankets or their equal, one pillow and case, one extra pair of high shoes, two extra pairs of socks, 2 dark shirts, change of underwear, knife, fork, spoons and tin plate, sleeping gown, cake of soap, face and bath towels, two dish towels, tooth brush and wash, mosquito netting and lotion. Some other things worth while are base balls, bats, etc., supply of fishing tackle, kodaks and supplies, raincoat and sweater, and a good knife.

The trip will be made in automobiles, at an early hour Tuesday morning. There will probably be means of conveyance if any of the boys should be called to town hurriedly, but the automobiles that take the boys for the second week will be used by the Boy Scouts on their return.

Program
6:30—"Reveille", rising call.
6:35—Flag raising. Exercises and dip.
7:10—Blankets out.
7:30—Breakfast.
8:00—Chapel. Announcements.
8:30—Camp duties. Ready for inspection.
8:50—Inspection. Balance of morning for recreation and swim.
12:00—Prepare for dinner.
Afternoon
1:30—Program and games.
4:30—Swim.
5:30—Inspection.
5:55—Flag lowering and singing.
6:00—Supper.
Evening
7:00—Camp games.
8:00—Camp fire.
9:15—"Tattoo"—to bed.
9:30—"Taps"—lights out.

While the first week is a strictly Boy Scout affair, nevertheless the parents and friends are invited to partake of the hospitality of the camp at any time, for the camp will be always open to inspection.

The method of determining the expense to each boy will be determined

GRAY HAIR BECOMES DARK, THICK, GLOSSY

Look years younger! Try Grandma's recipe of Sage and Sulphur and nobody will know.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Weyl's Sage and Sulphur Hair Remedy." You will get a large bottle for about 50 cents. Everybody uses this old, famous recipe, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger.

by adding all the expenses of the trip and dividing this sum by the number of boys that participate. Scout Executive Spacht now has nearly all the expenses figured, and says that the trip will probably not cost each boy more than \$4. This is very reasonable for such an outing, and in addition to furnishing the young men with the cleanest sports, it will promote a better feeling and will give them some excellent training. The \$4 pays for all meals and other incidentals that might be incurred. Mail for the boys may be sent to Dunlap.

All boys who are interested in attending the second week should communicate with Charles Spacht, who has charge of the arrangements.

BACK FROM EXPOSITIONS

Walter Buchenstein Says They Are Grand—Visited Both Fairs and Went into Mexico Few Miles

After a several weeks sojourn in sunny California, where he attended both the San Francisco and San Diego expositions, Walter Buchenstein returned home last Saturday, rather tired, but with many words of praise for the expositions and saying that he had never enjoyed himself more thoroughly in his lifetime.

Walter made the trip in company with Harry Bebenner, a former Alliance boy, now of Payette, Idaho, and together they visited with friends over Idaho before starting, and on their return from California. They also made short stops at Seattle, Portland, and other coast cities on their journey.

The two expositions are beyond comparison, Walter says, and he says further that he would have been there sooner if he had only been aware of what was in store. While the San Diego exposition is not on as large a scale as the one at San Francisco, it is nevertheless extremely interesting, and the exhibits are stupendous. While Walter did not get lost while in the western metropolis, he says that at night the maze of brilliant and multicolored lights was magnificent, and that unless one kept close tab on his senses he would probably think himself in dreamland. All the buildings are just as pictured, yet he says that the pictures do not do them justice, especially in the night time, when the grounds are almost one solid mass of electric lights.

While in San Diego, these two men took a side trip to Tejuhu, Mexico, more for novelty's sake than that of sightseeing. Tejuhu is only a few miles from San Diego. Walter stated that when the natives were interrogated regarding their ruler they did not know his name, and that furthermore they did not seem to take much interest in the revolution. This is probably due to the fact that they live close to the border and believe themselves safe from an invasion.

While war talk is not as prevalent in lower California as one would think, the apparent sentiment there is that they would not care to see intervention by the United States. They want to let the Mexicans settle their own disputes and wranglings.

Most Children Have Worms

And neither parent or child know it, yet it explains why your child is nervous, pale, feverish, backward. Often children have thousands of worms. Think of how dangerous this is to your child. Don't take any risk. Get an original 25¢ box of Kickapoo Worm Killer, a candy lozenge. Kickapoo Worm Killer will positively kill and remove the worms—Relieves Constipation, regulates Stomach and Bowels. Your child will grow and learn so much better. Get a box today.
Adv.—No 1

BECKER ELECTROCUTED

Murder Conspirator Paid the Penalty Last Friday

Charles Becker was put in the electric chair in Sing Sing prison last Friday morning for the killing of Herman Rosenthal, the New York gambler. The former New York police lieutenant retained his composure and protested his innocence to the last. He went to his death with a photograph of his wife pinned on his shirt over his heart. Three shocks were given before the prison officials pronounced him dead. The only time Becker hesitated was when he entered the execution room. It seemed to the witnesses that he was startled to discover the execution chair so close at hand. As he entered the chair he began to chant a death prayer in unison with the prison priests. The first shock came while he was still mumbling, and lasted for a full minute. The prison doctor then made an examination and found the heart still pulsating feebly. The second shock lasted seven seconds and the third five seconds. A negro murderer was executed shortly after Becker. It was Becker's last wish that he be executed before the negro.

FORD PRICES DOWN \$50

No Change in Construction in the 1916 Car

The announcement of the 1916 Ford motor cars was made last Saturday, to take effect Monday, August 2. The purchasers of 1916 are given a flat reduction of \$50 on the initial cost. They are not to wait on their \$50 refund checks as they did on 1915 cars. The equipment and model are to be the same, with the exception that the 1916 car will have no speedometer.

The \$50 profit-sharing checks are to be mailed to the more than 300,000 purchasers of 1915 cars this month, the company announces. The prices for the 1916 cars are to be: Runabout, \$390; touring car, \$440; town car, \$640.

The Keeler-Coursey company will receive a new consignment shortly and these will be sold at the new prices.

The Way They Spin the Flax

ON the Derryvale special spinning frames the sheer Shannon flax is spun into the finest and strongest of twisted yarns. That is another reason why

Derryvale Pure Irish Linens

are guaranteed to wash well and wear long, and why you should be sure the Derryvale trade-mark is on every piece of linen you buy.

The Horace Bozner Store



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You can't chew the fruity sweetness out of SPEAR HEAD because it's a part of the tobacco. That rich, ripe, red Burley flavor keeps on pleasing you as long as you keep on chewing.

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has a distinctive quality, due not alone to the top-notch tobacco leaf it's made of, but also to the way it's made.

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THE AMERICAN TOBACCO CO.



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Have you ever thought what will become of you when your earning capacity is waning?

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THE CLEVELAND & BUFFALO TRANSIT CO., Cleveland, Ohio

WHAT CATARRH IS

It has been said that every third person has catarrh in some form.

Science has shown that nasal catarrh often indicates a general weakness of the body; and local treatments in the form of snuffs and vapors do little, if any good.

To correct catarrh you should treat its cause by enriching your blood with the oil-food in Scott's Emulsion which is a medicinal food and a building tonic, free from alcohol or any harmful drugs. Try it.

Scott & Bowne, Bloomfield, N. J.