MRS. EMMA FLEISSNER Suffered Over Two Years-Health Was In a Precarious Condition-Caused By Pelvic Catarrh.



HEALTH AND STRENGTH RESTORED BY PE-RU-NA.

Mrs. Emma Fleissner, 1412 Sixth Ave., Scattle, Wash., Worthy Treasurer Sons of Temperance, writes:

"I suffered over two years with irregular and painful periods. My health was in a very precarious condition and I was anxious to find something to restore my health and strength.

"I was very glad to try Peruna and delighted to find that it was doing me good. I continued to use it a little over three months and found my troubles

"I consider it a splendid medicine and shall never be without it, taking a dose occasionally when I feel run-down and tired."

Our files contain thousands of testimonials which Dr. Hartman has received from grateful, happy women who have been restored to health by his remedy, Peruna.

Beautify Your Walls and Ceilings! Alabastine THE SANITARY WALL COATING

A Rock Cement in white tints. Does not rub or scale. Destroys discase germs and vermin. No washing of walls after once applied. Any one can brush it on-mix with cold water. Other finishes, bearing fanciful names and mixed with either hot or cold water, do not have the cementing property of Alabastine. They are stuck on with glue, or other animal matter, which rots, feeding disease germs, rubbing, ling and spoiling walls, clothing, etc. Such Finishes must be washed off every year-expensive, filthy work. Buy Alabastine only in five pound pack-ages, properly labeled. That card, pretty wa'l and ceiling design, "Hints on Decorating" and our artists' services in making color plans, fre. .

ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., N. Y.





Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it mever sticks to the iron, but because each package contains 16 oz .- one full pound-while all other Cold Water Starches are put up in %-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to seil you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Deflance Starch has printed on every package in large letters and figures "16 ozs." Demand Deflance and save much time and money and the annoyance of the fron sticktag. Defiance never sticks.

HAD ALL HER FATHER'S SPIRIT

Daughter of John Knox Inherties

Sturdy Independence. "Of nature I am churlish, and in condition different from many," wrote John Knox in 1543, but the churlish side of his character the great re-former kept mainly for people of high rank, accustomed to deference, and indifferent & hostile to his aims. To others, writes Mr. Andrew Lang in "John Knox and the Reformation," especially to women whom he liked, he was considerate and courteous, but any assertion of social superiority aroused his wakeful independence. Rev. Henry Cowan, in his biography of Knox, says that the descendants of the great preacher inherited his independent spirit, and gives this story of his daughter Elizabeth.

The youngest, Elizabeth, married in 1594 the famous John Welsh, minister of Ayr, who was imprisoned and exiled on account of his opposition to the ecclesiastical policy of James VI. In 1621, when physicians recommended him to visit Scotland on account of his failing health, his wife personally applied to the king for permission. James asked her who her father was.

"John Knox," she replied. "Knox and Welsh!" exclaimed the king. "The devil never made such a match as that!"

"Maybe," was the smart rejoinder, for we never asked his leave." The king said that her husband might return to Scotland if he would

submit to the bishops. "Please, your Majesty," replied the high-spirited daughter of Knox, extording her apron, "I would rather catch his head there."

STRANGER ON BUSINESS BENT

Solemn-Faced Personage Had No Mission of Reform. "Young man," began the solemn-

faced person, "how many cigars do you smoke in a day?' "From six to eight," answered the

young man, flicking the ashes from the one he was smoking.

"And what do you pay for them?" "Ten cents apiece, which is 60 to 80 cents a day," replied the young man. "Let us average it at 70 cents, which is \$4.90 a week, or perhaps \$5. allowing for an extra smoke on Sunday. That amounts to \$260 a year, or in ten years it would count up to \$2,000, which, if it had been deposited in a savings bank at compound interest might have amounted to \$4,000 or \$5,000. In twenty years it would be at least \$10,000. In forty years, \$25, 000. And from then on it would grow by leaps and bounds until in 200 years I would have a fortune greater than anyone else on earth. Thus, if

"Pardon me," interrupted the solemn stranger. "You are a good mathematician, no doubt, but what I wanted to say was that I am selling the natural flavor cigar, at reduced rates to private customers, and would be glad to have you try this sample and let us have an order by mail if it pleases you."

And as the solemn man walked on the young man looked after him and murmured:

"Well, if I didn't size him up for one of those offhand reformers!"-Chicago Tribune.

What He Meant.

Mr. Griegsfield was a man who meant well, but wee unfortunately addicted to the habit of saying the wrong thing at all times and in all circumstances. An acquainterce of his had suffered severe injuries in a rallway wreck, including a broken nose, the loss of three or four teeth, and a gash across one of his cheeks: but his hurts were not serious, and he was soon on the street again, somewhat disfigured, but in good working order.

One of the first men to greet him after his recovery was Mr. Grigesfield, who grasped him cordially by the hard and exclaimed:

"Hello, Williams! I understand you have been pretty badly hurt. I am glad to see you so much improved." I ster, when he reflected upon it, he understood why Mr. Williams responded to this greeting with such a queer

Some of John Bull's Expenses.

smile.- Youth's Companion.

An idea of the cost of running a great nation may be gained from the statement that England's balance sheet for the last fiscal year shows an expenditure of considerably more than three-quarters of a billion dollars. The exact amount was £151, 769,000. To meet this revenues were raised amounting to £153,707,000, leaving a surplus on hand of £1,938, 000. Of this vast expenditure £66,-200,000 went to the army and navy, £924,000 for dispensing justice and £15.161,000 was spent on education. There is one entry under expenditures which reveals the magnitude of the empire's business. It is that for "stationery and printing," and shows that three-quarters of a million pounds was expended on this item alone during the past year.-Leslie's Weekly.

So come we all of us at last to sleep
Like children wearied of their play,
Within our narrow beds of earth we creep
Unmindful of the garish day.

The night is long and rest is dear and When all our troubled ways are run. The chains of slumber bind us, hands and Wien life's brief comedy is done.

Oh, dusk and dark; oh, night and endleas sleep
And quiet after all the noise;
And there they make us neither smile nor weep.
These paltry little earthly toys.

So come we ali of us at last to lie
Where daisied grasses softly wave.
Where death sings life a seothing luliaby
And we find rest within the grave.
—Chicago Caronicle.

ALCOHOL IN MOST MEDICINES.

Indispensable Requisite in Compound ing of Some Prescriptions.

It is of course true that some proprietary medicines contain alcohol and nearly all liquid medicines prescribed by physicians contain it. No honest man will defend the sale of intoxicants under the guise of medicine; but every honest man should protest against a system of wholesale denunclation born of malice, or ignorance of pharmaceutical principles, and fostered by selfish interests. It is assumed that alcohol is the cause of intemperance; but there is a great difference between alcohol and whisky. If a substitute for alcohol could be found for use in the manufacture of medicines, its discoverer would render cine, for alcohol is a very expensive ingredient and a cheaper substitute would be gladly accepted. Unfortunately the word alcohol, in the minds of many people is associated exclusively with bar-rooms, drunkenness and all forms of degradation and vice. This is due to a lack of knowledge by the general public of the fact that alcohol is an indispensable requisite in drugs, tinctures and fluid extracts. All fluid extracts and tinctures on the druggists' shelves contain from 20 to 90 per cent of alcohol; and of all liquid medicines prescribed by physicians more than 75 per cent contain it in large proportions.

Alcohol is required to preserve or ganic substances from deterioration and from freezing, and it is also required to dissolve substances not soluble in water, while it contributes to their preservation when dissolved. Diluted alcohol is largely employed in fluid extracts; and whenever a greater strength of alcohol is required as a solvent (for extracting medicinal principles) the medicine is of such a character as to preclude a large dosage; and for this reason preparations, even if containing 50 per cent or more of alcoaol, are practically less intoxicating than beer. In such cases the character of the medicinal constituents is such as to absolutely forbid the taking of the medicine in any way except in very small doses and at stated intervals only. To assume that any great number of proprietary medicines are used as beverages is the veriest absurdity.- Exchange.

Famous Bow Bells,

There are no church bells in England more famed than Bow Bells. They set limits to the boundaries of Cockneydom. Americans regard all Londoners as cockneys. But only those born within hearing of Bow Bells can claim the distinction which is supposed to confer on its possessor peculiar privileges of speech, partic ularly where aspinates are concerned

Western Life Indemnity Co.

The Policy Holders' Committee at No. 77 Jackson Bivd. Chicago, will give complete information about the expenditure of \$200,000 of company funds as commissions to Mr. Rosenfeld for the purchase of Life Insurance Company of Pennsylvania husiness made on or about February 20th, 196, and the expenditure of \$200,000 on September 20th, 1905, to purchase \$100 shares of stock in the Security Life and Annulty Company, (par value \$10 per share.) Me Moulton, Mr. Resenteld and Mr. Moore, the Execu tive Committee, are now cited by Judge Kohlesat i show cause why they should not be punished for contempt in making the last transaction. Make inquiry at once. HERVEY B. HICKS, Chairman

Enough for a Bath.

German, an Italian and a Russian sit idea was not sweet to him. down to a table together and order drinks in a quantity that would show the relative consumption of these bey erages by their respective peoples some would get enough for a bath while others would obtain only a few mouthfuls.

Beware of Ointments for Catarrh that Contain Mercury,

that Contain Mercury,
as mercury will surely destroy the sense of smell
and completely derange the whole system when
entering it through the mucous surfaces. Such
articles should never be used except on prescriptions from reputable physicians, as the damage they
will do it ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured
by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly up, a
the blood and mucous surfaces of the system, itbuying Mail's Catarrh Cure be sure you get the
genuine. It is taken internally and made in Toledo,
Oblio, by F.J. Cheney & Co., Testin miles free.

Fold by Druggists. I rom, the per best lo.
Take Hall's Family Fills for constitution.

Do Amusements Amuse?

Happiness is always unconscious (watch children and pupples at play and you will be convinced of the fact) but amusements, as a rule, render their participants even more irritable and self-conscious.-Lady Violet Gre ville in the Graphic.

Important to Mothers. Examine carefully every bottle of CASTORIA. a safe and sure remedy for infants and children. and see that it

Bears the Chat H. Fletcher. In Use For Over 30 Years. The Kind You Have Always Bought

Mosquitoes and Flies. One of the facts established within a few years is that mosquitoes are the jeadliest of all creatures. A writer in the Lancet adduces evidence which indicates that flies, too, cause thousands of deaths, especially of infants every summer, by contaminating food

Odd Rents in Britain.

with diarrheal germs.

The English delight in odd rents but the oddest is a tenancy at Brook house, in Yorkshire, where the renta is one snowball in June and a rec rose in December. The rose is easily arranged and the snowball is now made of shaved ice.

It doesn't take the average man long to tell all he really knows, but he never gets through telling what he thinks he knows.-Chicago News.

STRENGTHEN THE STUMACH

Dr. Williams' Pink Pills Really Cure Indigestion Instead of Merely

There are plenty of remedies by which you can relieve for the time heartburn, pain and gas on the stomach and can smother nervous sensations and induce artificial sleep. You can humor your stomach by giving it predigested food, But when you take your next meal all your trouble begins afresh.

There is only one sensible thing to do. Strengthen the stomach and do away with the necessity for drugs and artificial foods. The best remedy ever found for this purpose is the one that was used by E. E. Strong, of Capleville, Shelby

county, Tenu.
"For years," he states, "I suffered a great service to the profession of greatly from indigestion. I tried many pharmacy and the science of medi- different remedies and some of them would relieve me for a time, but the trouble always came back. About six months ago I had an unusually severe attack, and while I tried everything I had ever heard of, I found that none of the ordinary remedies would reach the difficulty this time.

"One day I read in a Memphis paper how Dr. Williams' Pink Pills had cured a Michigan woman, a sufferor from chronic dyspepsia of a most stubborn type. then tried the same remedy and it proved just as successful in my case. took only three boxes, and was cared. have not had the slightest symptoms of

indigestion since. The tonic treatment has a sound principle as its basis, and abundant success in netual use. Multitudes of cases that had defied all other remedies have been cared by Dr. Williams' Pink Pills. The pills actually make new blood and strike at the root of all disenses caused by bad blood, They contain no harmful stimulants or opintes. Every dyspeptic should read, What to Eat and How to Eat." Write the Dr. Williams Medicine Co., Schenectady, N.Y., for a free copy.

Eighty Per Ceut.

If by a single stroke all marriage ties now in existence were struck off or declared illegal, eight-tenths of all couples would be remarried within forty-eight hours, and seven-tenths could not be kept asunder with bayonets. Eighty per cent of all marriages are a success from a biologic point of view.-Dr. Woods Hutchinson in Contemporary Review.

Doctors in a Race.

An attraction of the last North Georgia fair was a "doctors' race. The physicians who took part in the contest had their horses stabled and were themselves undressed and in bed when the call for them was made. When the bell rang they had to dress and hitch their horses and drive one mile to a certain place.

Life-Saving Pigs.

A coasting steamer was wrecked near Sydney. The captain tied lifelines to some pigs which formed part of the cargo. These on being thrown overboard, quickly swam ashore, taking the lines with them. Communication being thus established, every person on board was rescued.

ently cured. No fits or nervousnemafter FITS permanently cured. No fits or nervousness after first day suse of irr. Kine's Great Nerve Restorer. Send for FREE Sc.Oo. trial bottle and trenties. DR. R. ELINE, Ltd., 531 Arch Street, Philadelphia, Pa.

Nye Regretted Sense of Humor.

It is related that Bill Nye often spoke, late in his life, of his gift of rare humor as a curse. His fun palled upon him while his renders were still Should an American, an English roaring. He saw himself as a buffoon, man, a Frenchman, an Austrian, a s clown, amusing the rabble-and the

> You never hear any one complain about "Defiance Starch." There is none to equal it in quality and quantity, 16 punces, 10 cents. Try it now and save your money.

Few men amount to much until hey have fallen in love a few times and have been thrown down.

CURES INDIGESTION

When what you eat makes you uncomfortable it is doing you very little good beyond barely keeping you alive. Digestive tablets worse than useless, for they will in time deprive the stomach of all power to digest food. The stomach must be toned up-strengthened. The herb tonic-laxative,

Lane's Family Medicine will do the work quickly and pleas-

Sold by all dealers at 25c. and 50c.

NEBRASKA LAND \$5 to \$20 an Acre

\$5 to \$15 for unimproved, and \$12.50 to \$50 for improved. We have a large list of the linest land there is. It is located in the southwesten a part of Nebrasta, where you can raise corn, shalfa, all kinds of fruit. The seat kind of water and the healthlest all-year-around climate you can it alt. The soil is a deep, dark loam, no sand, mostly all level, close to towns, schools and railroads. Why go friber out when you can be a good land in Nebraska that is close to a gool maket, for less money than other places. Special low rates to look over the land. Write us for excur-lon rates and free map of Nebraska. Usatlogs & Heyden, 1694 Farnam St., Omana, or Oxford, Nebraska.

TENTSERPROFI

MUST FULLY PROTECT AN INVENTION. MASON, FENWICK & LAWRENCE, Patent Lawyers, Washington, D. C., Established 1861. Send for our 43rd Anniversary free Booklet, showing flustrations of Mechanical Movements. Reterences, Bradstreet and thousands of activide clients. Communications confidential. Write us to-day.

Coney Island Souvenir Post Cards. Six beautiful colored somes for Mc. Coney Island Postal Card Co., Coney Island, N. Y.

DEFIANCE Cold Water Starch makes laundry work a pleasure. 16 oz. pkg. 10c.

The people of Korca are timid and

Relieving Symptoms.

handsome. Hope for Them-and Him. A man has made great progress when he has learned that some of the people who don't agree with all his opinions may, after all, be partly

right.-Somerville Journal. After 30. While she is under thirty a woman

Characteristics of Koreans.

peaceful, the men tall, with high fore

beads, straight noses, and a graceful,

indo'ent carriage, the women short,

squat, and as ugly as their lords are

may get comfort out of the though that she is younger than she looks After that her only hope is to look

younger than she is.

The Better Part of Valor. The courage of one's convictions is an excellent thing, but it should never be allowed to become unyoked from the discretion of one's reason.-Puck

Born an American Citizen. an American citizen, and as such is eligible to the presidency.

Isn't He a Nice Man, Ladies, After all, a pretty baby doesn't need prize. A pretty baby is a prize, And all bables are pretty.-North Adams Transcript.

The penalty in Germany for adulterating food is six months in prison old age. and a fine of 1,500 marks.

One pound of washed wool produces on an average a yard of cloth 36 in,

More Flexible and Lasting,

won't shake out or blow out; by using Defiance Starch you obtain better re-sults than possible with any other brand, and one-third more for same

bile ought to be pushing a wheelbar-

and best or money refunded, ounces, 10 cents. Try it now.

A good ostrich is worth \$300.

HE CHANGE OF LIFE

RITELLIGENTWOMEN PREPARE

Dangers and Pain of This Critical Period Avoided by the Use of Lydia H. Pinkham's Vegetable Compound.



How many wo men realize that the most critical period in a woman's existence is the change of life, and that the anxiety felt by women as this time draws near is not without reason?

If her system is in a deranged condition, or she is predisposed to apoplexy or congestion of any organ, it is at this time likely to become active and, with a host of nervous irritations, make life a burden.

At this time, also cancers and tumors are more liable to begin their destructive work. Such warning symptoms as a sense of suffocation, hot finshes, die-A son born to American parents while traveling in a foreign country is pitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude are promptly heeded by intelli-gent women who are approaching the period of life when woman's great

change may be expected.

Lydia E. Pinkham's Vegetable Compound is the world's greatest remedy for women at this trying period, and may be relied upon to overcome all distressing symptoms and carry them safely through to a healthy and happy

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism, and builds up the weakened nervous system as no other medicine can.

Mrs A E. G. Hyland, of Chester-town, Md., in a letter to Mrs. Pinkham; says:

Dear Mrs. Pinkham:—
"I had been suffering with falling of the womb for years and was passing through the change of life. My womb was badly swollen. I had a good deal of soreness, dizzy spells, beadaches, and was very nervous. I wrote you for subject and commenced treatments. Many a man who owns an automobile ought to be pushing a wheelbarow.

Defiance Starch is guaranteed biggest
on heat compensation of the starch is guaranteed biggest
of life a well woman.

For special advice regarding this important period women are invited to write to Mrs Pinkham for advice. It is free and always helpful.

THIS AD IS WORTH 5 cents Wiggle-Stick Cut it out; take it to your grocer; he will give you a 5c Wiggi Stick FREE. We will give one free to every woman WASH BLUE Wont freeze, break, spill nor spot clothes. LAUNDRY BLUE CO., CHICAGO, ILL. Once used always used. is round, never flat. The blue is Wiggle-Stick inside, never outside. Beware of Imitations.



TO CURE THE GRIP AN TI-GR IS GUARANTEED TO CURE

GRIP, BAD COLD, HEADACHE AND NEURALGIA. I won't sell Auti-Gripine to a dealer who won't Guarantee It. Call for your MONEX BACK IF IT DON'T CURE. F. W. Diemer, M. D., Manufacturer. Springfield, Mo.

LWIS BINDER

STRAIGHTS CIGAR ALWAYS RELIABLE TWENTY-FIVE BUSHELS OF



This on land which has cost the farmer nothing but the price of tilling it, tells its own story.

The Canadian Government gives absolutely free to every settler 160 acres of such land. Lands adjoining can be purchased at from \$6 to \$10 per acre from railroad and other corporations.

Already 175,000 farmers from the United

States have made their homes in Canada. For pamphlet "Twentieth Century Canada" and all information apply to Supt. of Immigra

tion, Ottawa, Canada, or to following authorized Canadian Government Agent-W. V. Bennett, 801 New York Life Building, Omaha, Nebraska, (Mention this paper.)



Faxine is in powder form to be dissolved in pure state, and is far more cleaning, healing, germicadal and economical than liquid antiseptes for all TOILET AND WOMEN'S SPECIAL USES For sale at droggiets, 50 cents a box.

Trial Box and Book of instructions Pres. THE R. PARTON COMPANY BOSTON, MASS.

"Follow the Flag" Home Visitors MEABAW Excursion November 27th

To many points in Illinois, Indiana Ohlo, Kentucky, Western Pennsylvania, New York and West Virginia, at GREATLY REDUCED RATES. The WABASH has solid road-bed, rock ballast, and new equipment. Reclining chair cars (SEATS FREE.)
For rates, maps and all information call at Wabash City Office, 1601 Farnam St. or address.

HARRY E. MOGRES.

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SCALES FOR FARMERS. Buy the chear out and beat. Send for prices Chicago, Scale Co.. Chicago, Ill.

W. L. DOUGLAS 3.50 & *3.00 SHOES 間 W. L. Douglas \$4.00 Ch. Edge Line



W.L.OUGLAS MANES AND BELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER.

ANY OTHER MANUFACTURER.

\$10,000 REWARD to anyone who can dispreve this statement.

W. L. Douglas \$3.50 shoes have by their excellent style, easy fitting, and superior wearing qualities, achieved the largest tale of any \$3.50 shoe in the world. They are just as good as those that cost you \$5.00 to \$7.00 — the only difference is the price. If I could take you in my factory at Brockton, Mass., the largest in the world under one roof making men's fire shoes, and show you the care with which every pair of Douglas shoes is made, you would realize why W. L. Dou las \$3.50 shoes are the best shoes produce I in the world.

If I could show you the difference between the shoes made in my factory and those of other makes, you would understand why Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe on the market to-day.

W. L. Douglas Strong Rade Shoes for Men. \$2.50, \$2.00. Boys' School & Dress Shoes, \$2.50, \$2.51.78, \$1.50 CAUTION,—Insist upon having W. L. Drug-las shoes. Take no substitute. None genuing without his name and price stamped on bottem.

WANTED. A shoe doaler in every town where W. L. Douglas Shoes are not sold. Full the of tamples sent free for inspection upon request.

Fast Color Eyeists used; they will not copy brassy.

Fast Color Eyelets used; they will not more trusts.
Write for Illustrated Catalog of Fall Styles.
W. L. DOUGLAS. Brockton, Mass.

Heat Your Building With BOVEE'S



Ventilating Furnace And save 40 per cent on cost and fuel. Thousands in use. Gune-anteed. Send for free cate-logue. Manufactured and sold by the Bovce Grinder & Furnace

Works, Waterloo, lowa. W. N. U. Omaha.

A PISO'S CURE FOR Best Cough Syrup. Tastes Good, Ose in time. Soin by drugglets. CONSUMPTION