

KIDNEY TROUBLES

Increasing Among Women, But Sufferers Need Not Despair

THE BEST ADVICE IS FREE

Of all the diseases known, with which the female organism is afflicted, kidney disease is the most fatal, and statistics show that this disease is on the increase among women.



Mrs. Emma Sawyer

Unless early and correct treatment is applied the patient seldom survives when once the disease is fastened upon her. Lydia E. Pinkham's Vegetable Compound is the most efficient treatment for kidney troubles of women, and is the only medicine especially prepared for this purpose.

When a woman is troubled with pain or weight in loins, backache, frequent, painful or scalding urination, swelling of limbs or feet, swelling under the eyes, an uneasy, tired feeling in the region of the kidneys or notices a brick-dust sediment in the urine, she should lose no time in commencing treatment with Lydia E. Pinkham's Vegetable Compound, as it may be the means of saving her life.

For proof, read what Lydia E. Pinkham's Vegetable Compound did for Mrs. Sawyer.

"I cannot express the terrible suffering I had to endure. A derangement of the female organs developed nervous prostration and serious kidney trouble. The doctor attended me for a year, but I kept getting worse, until I was unable to do anything, and I made up my mind I could not live. I finally decided to try Lydia E. Pinkham's Vegetable Compound as a last resort, and I am to-day a well woman. I cannot praise it too highly, and I tell every suffering woman about my case." Mrs. Emma Sawyer, Conyers, Ga.

Mrs. Pinkham gives free advice to women; address in confidence, Lynn, Mass.

Talking to One's Self.
Talking to one's self is generally considered a sign of a weak brain, says the "Family Doctor," but nothing could be a greater mistake. It is a sign of an extremely active brain. It may be a strong or a weak intellect, but the activity must be there to cause this peculiarity. If you will observe you will be astonished how many people you will meet in the street who are thinking aloud. The talking is done unconsciously.

Don't you know that Defiance Starch besides being absolutely superior to any other, is put up 16 ounces in package and sells at same price as 12-ounce packages of other kinds?

Autos for Fruit Growers.
The California Fruit Growers' Association is furnishing its fruit buyers and traveling men with automobiles having received a carload of the machines recently.

Hundreds of dealers say the extra quantity and superior quality of Defiance Starch is fast taking place of all other brands. Others say they cannot sell any other starch.

Rule for Soap Making.
If a woman is making soap and a man stirs it, all will be well and the soap will be fine, but if a woman comes the soap will spoil in the making.—Exchange.

Dealers say that as soon as a customer tries Defiance Starch it is impossible to sell them any other cold water starch. It can be used cold or boiled.

Many a man works his friends so that he may be in a position to play the races.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 323 Third Ave. N., Minneapolis, Minn., Jan. 6, 1900.

If you are looking for trouble and can't afford an automobile, buy a mule.

"Dr. David Kennedy's Favorite Remedy cured my wife of a terrible disease. With pleasure I testify to its marvelous efficacy." J. Sweet, Albany, N. Y.

Any fool can write poetry, but it takes a wise guy to swap it for ready money.

Speaking of sure things, there is, in addition to death and taxes, the rent collector.

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See bottle.

The Christian Sabbath is a legal rest day in Japan.

The Reason for Probing Rockefeller.
Introducing her character study of John D. Rockefeller, which begins in the July McClure's, Miss Tarbell thus states her reasons for undertaking an analysis of the character of "the most important man in the world."

"John D. Rockefeller, measured by our national ambition, is the 'most successful man in the world'—the man who has got the most of what men most want. How did he get it, the eager youth asks, and asking, strives to imitate him as nearly as ability and patience permit. Thus he has become an inspirer of American ideals, and his methods have been crystallized into a great national commercial code.

If a gown becomes a woman she becomes anxious to show off in it.

Everybody's Magazine.
Seven remarkable short stories by able writers raise the fiction average of the July number of Everybody's Magazine far above that of any previous issue. Lloyd Osbourne's powerfully sympathetic character study, "Schmidt," is a work of rare quality. Of equal interest to critics and general readers alike is that moving study of the love of a man and a woman, "In the Down Country," the first of a series which G. B. Lancaster, the brilliant writer of New Zealand stories, is to contribute to the magazine, and which, if it maintains the initial pitch, promises to be one of exceptional strength and vitality.

Borrowing trouble never strengthens a man's credit.

Nothing pleases the eye so much as a well made, dainty

**Shirt
Waist
Suit**

if properly laundered. To get the best results it is necessary to use the best laundry starch.

Defiance Starch

gives that finish to the clothes that all ladies desire and should obtain. It is the delight of the experienced laundress. Once tried they will use no other. It is pure and is guaranteed not to injure the most delicate fabric. It is sold by the best grocers at 10c a package. Each package contains 16 ounces.

Other starches, not nearly so good, sell at the same price per package, but they contain only 12 ounces of starch. Consult your own interests. Ask for DEFIANCER STARCH, get it, and we know you will never use any other.

Defiance Starch Company, Omaha, Neb.

AN OLD MAN'S TRIBUTE.

An Ohio Fruit Raiser, 78 Years Old, Cured of a Terrible Case after Ten Years of Suffering.

Sidney Justus, fruit dealer, of Mentor, Ohio, says: "I was cured by Doan's Kidney Pills of a severe case of kidney trouble, of eight or ten years' standing. I suffered the most severe backache and other pains in the region of the kidneys. These were especially severe when stooping to lift anything and often I could hardly straighten my back. The aching was bad in the day time, but just as bad at night, and I was always lame in the morning. I was bothered with rheumatic pains and dropsical swelling of the feet. The urinary passages were painful and the secretions were discolored and so free that often I had to rise at night. I felt tired all day. Half a box served to relieve me, and three boxes effected a permanent cure."



SIDNEY JUSTUS

For sale by all dealers. Price 50 cents.

Horace Walpole's Idea of June.
"June," writes Horace Walpole in 1783, "according to custom immemorial is as cold as Christmas. I have a fire, and I believe my rosebuds would be glad to sit at it." He added that highwaymen had become as plentiful as pheasants and so tame that they came into houses.

Got Bargain in Fowl.
In dressing a fowl she had purchased for 3 shillings Lucie Manrentz, a Paris cook, found in its interior a gold ring set with two superb diamonds.

Chesty.
"A man can't keep abreast of the times," remarked the observer of events and things, "by simply throwing out his chest."—Yonkers.

Lewis' "Single Blinder." The richest quality cigar on the market at straight price. Always reliable. You pay for cigars not so good. Lewis' Factory, Peoria, Ill.

To Ventilate a Hat.
A hat should be properly ventilated—not by merely a few punched holes, but by apertures so arranged that there is a current of air passing through it. You want apertures near the brain, and an exit-aperture in the crown.—Morning Leader.

Silk Hats as Nosebags.
A quantity of cast-off clothing which the Rochester society sent for distribution among the poor of London included several silk hats, which were sold as nosebags for costermongers' donkeys.

Storekeepers report that the extra quantity, together with the superior quality of Defiance Starch, makes it next to impossible to sell any other brand.

Hard Orders to Fill.
Now rules in the French postoffice: "Sorters are forbidden to read post-cards and are requested to keep back any on which are insults or bad language."

Hot Lakes in New Zealand.
The hot lakes district of New Zealand includes seven lakes ranging in area from thirty-one to three square miles, besides many of smaller size.

German Domestic Save Money.
In Germany the number of servant girls who have savings bank accounts is nearly three times as large as that of shop girls who have them.

Mechanical Author.
The late Guy Boothby, author of many novels, called himself a mechanical author. He worked with the phonograph and rarely wrote a line with pen or typewriter.

Pennies With a Cross.
Until the reign of Edward I pennies were struck with a cross, so deeply indented that it might be easily parted into two half pence, and into four farthings.

Refreshing for Sick-Room.
A few drops of oil of lavender poured into a glass of very hot water is very refreshing, and will quickly purify the air of a sick-room.

Many Persons Disappear.
More than 5,000 persons annually disappear in the United States and are never heard from again.

Novels Number 1,500,000.
A German librarian declares that there are in existence more than 1,500,000 novels.

Keep Tabby at Home.
If you want a cat to stay at your home, rub its paws on the stove, is an old superstition.

Auto Law in England.
A motor driver was fined \$115 in the town of East Wolsley, England, for passing a cart on the wrong side.

Labor to give the best expression to yourself rather than to make the best impression on others.

Men have been arrested for merely taking things as they come.

Delirium tremens is but another name for a tight fit.

Praise is blame where it is not deserved.

Virtue is not a matter of the vogue.

Sailing on the Nile.
Besides the unique craft used by natives on the Nile, good weather sees hundreds of graceful, white-winged boats fitting over its surface. Sometimes there are so many sailboats that it is almost impossible to steer a safe course through the maze. The effect of seeing modern pleasure craft silhouetted against a background of ancient temples is one of the attractive features of a Journey up the Nile.

Danger of Over-Confidence.
To the extent that a man allows himself to pass the mark of calm self-confidence in the routine of his work he is in danger, just as he is in danger when through any complexities of business that confidence which he should have lapses into lack of confidence in any degree.—Exchange.

Signs on X-Roads Store.
Down in Taney county a sign on a crossroads store reads as follows: "Tea, underwear and maple syrup; also hides, pelts and carmelis; also notary public and soft drinks."—Kansas City Star.

Somebody Said That—
"Many pleasant people come to see us, and such of our visitors as are not pleasant people have at least the good effect of enhancing to us the pleasure of being alone."

15 YEARS OF TORTURE.

Itching and Painful Sores Covered Head and Body—Cured in Week

By Cuticura.
"For fifteen years my scalp and forehead was one mass of scabs, and my body was covered with sores. Words cannot express how I suffered from the itching and pain. I had given up hope when a friend told me to get Cuticura. After bathing with Cuticura Soap and applying Cuticura Ointment for three days, my head was as clear as ever, and to my surprise and joy, one cake of soap and one box of ointment made a complete cure in one week. (Signed) H. B. Franklin, 717 Washington St., Allegheny, Pa."

A Kansas shingle dealer advertises: "You can't spank a boy with a tin roof." Why unroof the house when slippers and hair brushes are usually within reach?

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 1/2-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Piety is more than a nice little line of paiter.

OKLAHOMA OPPORTUNITIES
The completion by the Missouri, Kansas & Texas Railway of over 350 miles of railroad in the Oklahoma Territory, opens up a rich agricultural country of excellent possibilities, and gives direct connection between St. Louis, Kansas City and Oklahoma City, Shawnee, Guthrie, El Reno, Enid and other Oklahoma points. Along the new lines are located new and growing towns, Cleveland, Jenatiga, Cushing, Agra, Falls, Luther and Miami. Chilled in the district of rich farming lands, offering the best of opportunities for safe and profitable investments. The field is new and the prices of farm lands are low.

Few lines of business are adequately represented. There are openings of all sorts—for mill and manufacturing plants, for small stores of all kinds, for banks, newspapers and lumber yards. Mechanics and professional men, both are in demand. TELL US WHAT YOU WANT, how much you have to invest and we will gladly help you about a good opening.

Copies of our pamphlet, "Business Chances," "Texas," "The Coming Country," "Sights and Scenes in Old Mexico," etc. are free for the asking by addressing George Morton, General Passenger and Ticket Agent, Missouri, Kansas & Texas R'y., Box 99, St. Louis, Mo.

A shepherd is not known by his shears.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*
In Use For Over 30 Years.
The Kind You Have Always Bought.

It's hard to find heaven by looking down your nose.

FREE—42 page copyright book, "Advice to Victims Great White Plague (Tuberculosis)." Dr. Van Hummel, 614 14th St., Denver, Colo.

Satan agrees with the man who is satisfied with himself.

Ask Your Dealer for Allen's Foot-Ease.
A powder. It treats the feet. Cures Swollen, Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. At all Drugists and Shoe Stores, 25 cents. Accept no substitute. Sample mailed FREE. Address, Allen S. Olmsted, Lefroy, N. Y.

No man ever yet made a track that someone else did not walk in it.

If you don't get the biggest and best it's your own fault. Defiance Starch is for sale everywhere and there is positively nothing to equal it in quality or quantity.

The fear of tomorrow is the foe of today.

\$100 Weekly Easily Made

writing health and accident insurance (experience unnecessary. Write Banker's Assistant Co., Des Moines, Ia.)
If afflicted with eye trouble, use | Thompson's Eye Water

Prove It By the Oven Fire

Put the wonderful K C Baking Powder to the test. Get a can on approval. Your money will be returned if you don't agree that all we claim is true. You'll be delighted with the delicious, wholesome things that

K C BAKING POWDER

will bring to life in your oven. K C Baking Powder is two-thirds cheaper and makes purer, better, more healthful food than other powders anywhere near K C Quality. 25 ounces for 25 cents. Get it to-day!

JAQUES MFG. CO.
Chicago
Send a postal for "Book of Proverbs."

Let Common Sense Decide

Do you honestly believe, that coffee sold loose (in bulk), exposed to dust, germs and insects, passing through many hands (some of them not over-clean), "blended," you don't know how or by whom, is fit for your use? Of course you don't. But

LION COFFEE

is another story. The green berries, selected by keen judges at the plantation, are skillfully roasted at our factories, where precautions you would not dream of are taken to secure perfect cleanliness, flavor, strength and uniformity.

From the time the coffee leaves the factory no hand touches it till it is opened in your kitchen.

This has made LION COFFEE the LEADER of ALL PACKAGE COFFEES.

Millions of American Homes welcome LION COFFEE daily. There is no stronger proof of merit than continued and increasing popularity. "Quality survives all opposition."
(Sold only in 1 lb. packages. Lion-head on every package.)
(Save your Lion-heads for valuable premiums.)

SOLD BY GROCERS EVERYWHERE
WOOLSON SPICE CO., Toledo, Ohio.

Mull's Grape Tonic (FREE)

FOR
Hot Weather Dangers
CONSTIPATION
STOMACH AND BOWEL TROUBLE

No one with regular bowels and healthy stomach can contract disease. A person with Constipation and Stomach Trouble is always the first to succumb to Sun Stroke, Heat Debility and Frostation. Cholera, Colic and Diarrhea are more fatal in Hot Weather because vitality is lower—they are the direct result of Constipation. It is a mistake to suddenly check diarrhea, the danger is Blood Poison. A physis is also dangerous as it weakens the patient and reduces vitality. Treat the cause with Mull's Grape Tonic. Constipation and its attending ills are caused by decaying or drying bowels and intestines—Mull's Grape Tonic revives and strengthens the bowels so that they are enabled to act naturally and eject the poison from the system, everybody should take it during hot weather. It wards off disease, builds up the system and purifies the blood. Typhoid Fever and Appendicitis are unknown in families where Mull's Grape Tonic is employed. As a Stomach Tonic it is unequalled.

SUFFERED ALL HIS LIFE.
The endorsement of E. B. McCurdy of Troy, Ohio, proves that the severest forms of Constipation are promptly cured by Mull's Grape Tonic—He says:
"I gave your Tonic a thorough trial. It is the only remedy that will cure constipation. I do not believe anyone suffered more therefrom than I, as I had been afflicted with it all my life. For days my bowels would not act and then only by the use of strong cathartics that were fast ruining my health. My Stomach and Liver were deranged and I suffered with inward piles, the pains of which would at times raise me off my chair. I spent much money with various doctors and medicines to no avail."
"Soon after I started Mull's Grape Tonic my bowels began to move regularly—the pain left me and my general health built up rapidly."
"I heartily recommend it as an absolute cure to which I am a living witness."

Until Mull's Grape Tonic was put on the American market there was no cure for Constipation. Let us send you a bottle free to-day to show you that it will do all we claim.

Good for Ailing Children and Nursing Mothers.

FREE BOTTLE COUPON
Send this coupon with your name and address and your druggist's name, for a free bottle of Mull's Grape Tonic, Stomach Tonic, Constipation Cure and Blood Purifier, to MULL'S GRAPE TONIC CO., 183 Third Ave., Rock Island, Ill. Give full address and write plainly. The \$1.00 bottle contains nearly three times the 50c. size. At drug stores. The genuine has a date and number stamped on the label—take no other from your druggist.

Follow the Flag! Very Low Round Trips

South and Southeast, one fare plus \$2.00.
Hot Springs, Ark., daily.....\$23.00
St. Louis, Mo., daily.....\$18.50
Chautauque, N. Y., July 28.....\$4.00
Detroit, Mich., August 13th and 14th.....\$1.50
Pittsburg, Pa., Aug. 17th and 18th.....\$5.25
Richmond, Va., Sept. 8th to 11th inclusive.....\$3.75
Philadelphia, Pa., Sept. 14th to 16th inclusive.....\$2.75
Long limits, stopovers and other features offered in connection with the above rates.

All Agents can sell you through tickets and route you Wabash.

All tickets reading over the Wabash from Chicago east are optional with passenger via Lake or Rail, either or both directions. Call at Wabash City office, 1401 Farnam St. or write and let me give you all information, maps, descriptive matter, folders, etc.

HARRY E. MOORES.
G. A. P. D. Wabash R. R. Omaha, Neb.

KEEP ON THE SAFE SIDE

Mueller Pianos

Buy a hand-made Mueller Piano. We know that only the best materials obtainable are used in their construction—the twenty year guarantee—their high quality, our low price.

Write today for new catalogue just off the press. We have no agents. Address the makers,
SCHMOLLER & MUELLER,
Factory, 1407 Halsey Street,
Est. 1850. Omaha, Neb.

MOLES and WARTS REMOVED

With ANTI-MOLE. No pain, soreness or scar. GUARANTEED PERMANENT. \$1.00 per bottle by mail—Miller Manufacturing Co., Lincoln, Neb.

PISO'S CURE FOR CURS WHERE ALL ELSE FAILS
Best Cough Syrup, Tastes Good. Use in time. Sold by druggists.
CONSUMPTION