



LASTING RELIEF.

J. W. Walls, Superintendent of streets of Lebanon, Ky., says:

"My nightly rest was broken, owing to irregular action of the kidneys. I was suffering intensely from severe pains in the small of my back and through the kidneys and annoyed by painful passages of abnormal secretions. No amount of doctoring relieved this condition. I took Doan's Kidney Pills and experienced quick and lasting relief. Doan's Kidney Pills will prove a blessing to all sufferers from kidney disorders who will give them a fair trial."

Foster-Milburn Co., Buffalo, N. Y., proprietors. For sale by all druggists, price 50 cents per box.

Be Topical.

There has been an article received at this office, in the first part, the writer gave a mournful deprecation of his dead mother and then ending with a hot discussion in politics, by mudslinging and vituperation that he is throwing upon his colleagues. I would advise the party when he has two subjects to write one, give them under two headings.—Hyden Thousandsticks

The Fool and the Lazy Man.

The fool doesn't know a good thing when he sees it, the lazy man doesn't seize a good thing when he knows it.—Philadelphia Record.

The Union Pacific Railroad Passenger Department has put before the public a folder of the Lewis and Clark Exposition at Portland. It is wonderfully neat and attractive, colors having been employed in the printing. Contents embrace a very complete description of the exposition and its attractions, including a bird's-eye view of the beautiful grounds and buildings, done in numerous colors. Scenes in and around Portland are strikingly portrayed, and all contemplating visiting the exposition this summer should have a copy of the folder in order that they may know of points where the greatest enjoyment and satisfaction may be found.

IRONICAL IFS.

If some men were to conceal what they know they would be more popular.

If you think life isn't worth living you should take something for your liver.

If you are ambitious to become a prominent citizen locate in a country town.

If a female alligator could talk she would probably insist that she had a small mouth.

If a man is smart he can always manage to catch on, and if he is wise he will also know when it is time to let go.

What He Was Doing.

Joseph Jefferson stocked the lake on his Louisiana farm with bass and other game fish. Not long ago he came upon a stranger fishing in his lake.

"See here!" said the great comedian, "what do you mean by catching my fish?"

"Begorra," replied the fisherman slowly removing his pipe from his mouth, "I'm not fishing! I'm teaching these worms how to swim!"

A Mean Fling.

"Well," said a young doctor, fresh from the hospital, "I suppose the next thing will be to hunt a good location, and then wait for something to do, like Patience on a monument."

"It won't be long," said a friend, "after you do begin before monuments will be on the patients."

IN COLONEL'S TOWN

Things Happen.

From the home of the famous "Key-hol Keyartah of Cartersville," away down South, comes an enthusiastic letter about Postum:

"I was in very delicate health, suffering from indigestion and a nervous trouble so severe that I could hardly sleep. The doctor ordered me to discontinue the use of the old kind of coffee, which was like poison to me, producing such extreme disturbance that I could not control myself. But such was my love for it that I could not get my own consent to give it up for some time, and continued to suffer, till my father one day brought home a package of Postum Food Coffee.

"I had the new food drink carefully prepared according to directions, and gave it a fair trial. It proved to have a rich flavor and made a healthy, wholesome and delightful drink. To my taste the addition of cream greatly improves it.

"My health began to improve as soon as the drug effect of the old coffee was removed and the Postum Food Coffee had time to make its influence felt. My nervous troubles were speedily relieved and the sleep which the old coffee drove from my pillow always came to soothe and strengthen me after I had drunk Postum—in a very short time I began to sleep better than I had for years before. I have now used Postum Coffee for several years and like it better and find it more beneficial than when I first began. It is an unspeakable joy to be relieved of the old distress and sickness." Name given by Postum Company, Battle Creek, Mich.

There's a reason. Read the little book, "The Road to Wellville," in each pkg.

BIG TREE-PLANTING PLANS.

Pike's Peak Reserve to Have 50,000 to Save the Water.

The United States bureau of forestry has begun three extensive projects under its forestry-planting operations for the season. Fifty thousand trees are to be planted in the Pike's peak forest reserve, 300,000 along the lines of the Delaware & Hudson River railroad, planted in co-operation with the railroad company, while a similar co-operation with the Northern Pacific railroad is under way. The Pike's peak forests are for water conservation, while the railroad projects are to supply cross-ties for the roads.

In co-operation with officials of New Hampshire, agents of the bureau of forestry have commenced to make maps of the southern part of that state, which will show the timber land, the agricultural land and the barren areas suitable for tree-planting. It is proposed to map 4,000 acres this summer. Forest work in the state will be done chiefly with the view of advising farmers and owners of second-growth forest as to the best management for the production of pulpwood, boxboards, firewood, etc.

Another object is to complete a forest policy for the state, covering legislation upon fire and forest taxation; also a system to protect timber land and to encourage conservative forest management.

Under the supervision of the United States bureau of forestry, a forest of 35,000 trees has been planted on the slopes of the San Gabriel mountains of California, for the purpose of conserving the water of the mountain streams for irrigation purposes. The entire cost of raising and transplanting the new forest has been but \$1,485. The experiment, the first of its kind, is regarded as satisfactory.

MUNICH THE CITY OF BEER.

Consumption of Beverage in That Town 700,000 Barrels a Year.

Munich is the great beer city of the world," said Fritz Sommersen, Memphis, who has recently returned from a continental trip. "There are nearly 6,000 breweries in Bavaria, big and little, or about one to every 1,000 inhabitants. The largest are in Munich, one of which produces annually 7,000,000 gallons of beer, and there are two others not far behind.

"The city of Munich drinks every year 700,000 barrels of beer, or nearly two barrels to every man, woman and child in the place, and pays more than \$6,000,000 for it. Taking the whole country, the consumption of beer is 260 quarts a head of population. Munich alone has nearly 300 breweries, there having been a steady increase in the number for the last 200 years. In 1600 there were sixty breweries in the capital, but the first records concerning the brewing of beer date back to 1150. For several centuries after that time, a concoction of water and fermented honey, was the common drink of the people.

"In 1615 the hofbrau, or royal brewery, was established, which is still a flourishing institution and puts a great deal of money yearly into the king's coffers. When Gen. Grant was in Munich the hofbrau was the only one of the city's sights that he chose to see, and he was so well pleased with the beer that he gave the waitress a 50-cent tip."—Milwaukee Free Press.

A Prayer to Love.

Pray you, my master, let me keep my dream, Of all sweet things have I not been bereft.

Of very youth, of very happiness? Why should you covet this one fairing left?

Nay, grant me this. What slave could ask for less?

Pray you, my master, let me keep my dream.

Pray you, my master, leave to me this thing:

I, who was rich one day, to-day am poor Beyond men's envying, save but for this.

This dream for whose glad sake I still endure: All else you flched in that one Judas kiss.

Pray you, my master, leave to me this thing.

Pray you, my master, let me keep my dream.

O, Love, I gave it to you so much, so much—

Desire of joy, yea, and desire of tears—

Leave me this one dear solace in my touch.

This little lamp to light the desolate years.

Pray you, my master, let me keep my dream.

—Theodosia Garrison, in Harper's Bazar.

Why He Paid the Fare.

Three small boys who were in a crowded car going to a suburban ball game were discussing the effect the cost of the trip would have on their supply of pocket money, and reached the point where they were deciding if they wouldn't have to walk home if they had to pay to get into the grounds.

"I won't," declared one of the boys. "Why not?" asked his incredulous companions. The boy with the five-cent surplus jerked his head in the direction of a young man on the end of the seat and explained: "He paid my fare."

"Oh, I know what he did that for," commented one of the youthful cynics. "He's after your sister."—New York Press.

Railway Mail Clerks' Hotel.

The clerks of the railway mail service who work in the traveling post-offices that run in and out of New York have a lodging house at 26 Vesey street, which they maintain at a cost of \$12 a year for each of the 700 clerks who put up there at the New York end of their runs. This is a trifle over 3 cents a night for each clerk.

THE MONTHLY TRIAL

HEADACHE, DIZZINESS, BEARING-DOWN PAINS.

A Woman Tells How She Has Become Well and Strong after Years of Misery Due to Irregular Functions.

The fact that one woman is bright-eyed, rosy-cheeked, strong and cheerful, while another is pale, weak and depressed, is due more often than otherwise to the regularity in the one case and the irregularity in the other of the functions that are peculiar to the sex. When these are disturbed everything goes wrong; pain and discomfort are felt all over the body; the sensations are often terrifying.

"For four years," said Mrs. Davis recently, "I suffered indescribable misery from sick headache every month, accompanied by fainting spells, shortness of breath and severe pain in my left side. There were also bearing-down pains, at times so acute that I could not stand up, and my head was full of ringing sounds. It seemed as if everything was going to hit me in the eyes. I was compelled to lie down with closed eyes for hours to get a little relief. When I attempted to arise everything would whirl around and it would grow so dark that I could scarcely see any object."

"Couldn't your doctor help you?" "Five doctors in all treated me, but I got no lasting benefit. Besides I used a lot of advertised remedies. The only medicine, however, that had the desired effect was Dr. Williams' Pink Pills and they are truly a godsend to women. I did not have much faith in them when I began to take them. I found myself, however, so much better after using two boxes that I began to believe in them. They checked right away the decline into which I was going. My troubles kept lessening and finally disappeared altogether."

"How long did it take for a cure?" "After I had used several boxes my health was all right. I had taken on flesh and was strong and hearty. I feel today in spirits more like a girl of sixteen than a woman of my years."

Mrs. C. H. Davis' address is Carmel, Maine, R. F. D., No. 2. Dr. Williams' Pink Pills are confidently offered to women for the cure of anemia, chlorosis, painful and irregular periods, and all forms of weakness. They are sold by every druggist.

Mother Nature is the only woman who never changes styles. Her apple blossoms are of the same old shade and pattern.

FITS permanently cured. No fits or nervousness after third day's use of Dr. King's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kane, Ltd., 211 Arch Street, Philadelphia, Pa.

Too many women look upon a marriage certificate as a license to operate a hold-up game.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Few husbands care whether or not they are tied to apron strings—unless the apron strings show.

Decrease on Selling Fish. Fish, because of its tendency rapidly to decompose, holds a peculiar position among foods. In England it is the subject of a special act of parliament. So long ago as 1698 men knew the evil consequences resulting from eating mackerel of uncertain post-mortem age. So they passed an act providing that except during the hours of divine service this fish could not be sold on Sunday. That act has never been repealed.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 4-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

A woman may not be able to sharpen a lead pencil, but just watch her sharpen a man's wits.

IMPERIAL HERNIA CURE.

Dr. O. S. Wood cures Rupture by a new process, in a few weeks, without loss of time or inconvenience. Rectal diseases cured without the knife. Send for circular. O. S. Wood, M. D., 521 N. Y. Life Bldg., Omaha.

If you have a horseshoe nailed over your door and it doesn't fall on your head you are very lucky.

Insist on Getting It. Some grocers say they don't keep Defiance Starch because they have a stock in hand of 12 oz. brands, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for same money.

Man is an open book—only some women never learn their letters.

No chromos or cheap premiums, but a better quality and one-third more of Defiance Starch for the same price of other starches.

One way to be clever is not to think you are too all-fired clever.

More Flexible and Lasting, won't shake out or blow out; by using Defiance Starch you obtain better results than possible with any other brand, and one-third more for same money.

If the pockets are deep enough a boy's first pair of trousers always fit.

Superior quality and extra quantity must win. This is why Defiance Starch is taking the place of all others.

Intellectuality is a hopeless splinter.

USE THE BEST FAULTLESS STARCH FOR LAUNDRY WORK FOR SHIRTS COLLARS CUFFS AND FINE LINEN

Conviction Follows Trial. When buying loose coffee or anything your grocer happens to have in his bin, how do you know what you are getting? ... Lion Coffee, the leader of all package coffees for over a quarter of a century...

Libby's Natural Flavor Food Products. Dainty—Delicious—Attractive to the Eye and satisfying to the appetite. Libby's (Natural Flavor) Food Products. Ox Tongue, Potted Chicken, Deviled Ham, Dried Beef, Brisket Beef, Lunch Tongues, Soups, Corned Beef Hash—all as good as they are wholesome. Easy to serve.

..SEND TEN CENTS.. The American Homestead. Nebraska's oldest and best Family, Farm and Story Paper. All the news of the world. Current events illustrated by noted Artists. Serial and Short Stories of the highest class. Farm, Garden, Agricultural, Horticultural, Dairy and Home departments.

MOLES and WARTS REMOVED. Without pain and without leaving mark or scar; GUARANTEED PERMANENT. Also new bottle by mail—Miller Manufacturing Co., Lincoln, Neb. PIT & PITLESS SCALES. For Steel and Wood Frames, 25 and up. Write us before you buy. We save you money. Also Pumps and Wind Mills. BECKMAN BROS., Des Moines, Iowa. When answering advertisements kindly mention this paper.

TENTS. ALL SIZES FOR SALE OR RENT. Send for Catalogue No. 105. Omaha Tent & Awning Co., Omaha, Nebraska.

Constipated All His Life. Wilbert Thompson never knew a well day—he had been constipated all his life—many doctors treated him, but all failed to even help him—his health failed rapidly and on January 21, 1903, Mrs. Thompson asked us to suggest a treatment for her husband. We thought the case too serious and recommended that a specialist be consulted—but he also failed to help the patient—NOW HE IS WELL. Mull's Grape Tonic Cured Him. Mrs. Thompson first wrote us as follows: "My husband, aged 23, suffers from sharp pains in his stomach and sometimes thinks it is his heart. Let me know by return mail what causes the pain, if you can. Mr. Thompson has been treated by several doctors, but they have given him up."

For Hot Weather Ills. CONSTIPATION. Stomach Troubles, Indigestion, Dyspepsia, Blood Poison, Skin Diseases, Sores, Sudden Bowel Trouble, Diarrhea, Cholera, Etc. FREE COUPON. Send this coupon to Mull's Grape Tonic Co., 145 3rd Ave., Rock Island, Ill., and receive an order on your druggist for a free bottle of Mull's Grape Tonic, Blood Tonic and Constipation Cure.