Nervous Women

Their Sufferings Are Usually Due to Uterine Disorders Perhaps Unsuspected

A MEDICINE THAT CURES



Can we dispute the well-known PfactthatAmerican women are nervous? How often do we

hear the expression, "I am so nervous, it seems as if I should fly; " or, " Don't speak to me." Little things annoy you and

make you irritable; you can't sleep, you are unable to quietly and calmly perform your daily tasks or care for your children.

The relation of the nerves and generative organs in women is so close that nine-tenths of the nervous prostration, nervous debility, the blues, sleeplessness and nervous irritability arise from some derangement of the organism which makes her a woman. Fits of depression or restlessness and irritability. Spirits easily affected, so that one minute she laughs, the next minute weeps. Pain in the ovaries and between the shoulders. Loss of voice; nervous dyspepsia. A tendency to cry at the least provocation. All this points to nervous prostration.

Nothing will relieve this distressing condition and prevent months of pros-tration and suffering so surely as Lydia E. Pinkham's Vegetable Compound. Mrs. M. E. Shotwell, of 103 Flatbush

Avenue, Brooklyn, N. Y., writes: "I cannot express the wonderful relief I have experienced by taking Lydia E. Pinkham's Vegetable Compound. I suffered for a long time with nervous prostration, backache, headache, loss of appetite. I could not sleep and would walk the floor almost exercises.

"I had three doctors and got no better, and life was a burden. I was advised to try Lydia E. Pinkham's Vegetable Compound, and it has worked wonders for me. "I am a well woman, my nervousness is all gone and my friends say I look ten years

Will not the volumes of letters from women made strong by Lydia E. Pinkall women of its virtues? Surely you cannot wish to remain sick and w and discouraged, exhausted each day, when you can be as easily cured as other women.

THE OPPORTUNITY OF TO-DAY

The opportunity for the man with little means is probably better to-day in the prairie states of the Southwest than ever before in the history of the nation. To be sure, there is not the vast open choice of land for the homesteads that existed in the Tos. The lands then taken up under Government laws. Government laws are now prosperous farms and ranches. There is need of more hands to develop the country. In the Southwest, Indian Territory, Oklahoma and Texas, are vast areas of unin Okinoma and Texas, are vast areas of unim-proved land not yet producing the crops of which it is capable. Practically the same thing is true of the towns. Few lines of business are ad-equately represented. There are openings of all sorts for wide-awake men. Are you one? If you are interested, tell us what you want, how much you have to invest, and we will gladly

furnish the information. Write for a copy of our paper, "The Coming Country." It's free. Address

GEORGE MORTON, G. P. & T. A. BOX 911, ST. LOUIS, MO.

FOR WOMEN troubled with ills peculiar to their sex, used as a douche is marvelously successful. Thoroughly cleanses, kills disease serms, stops discharges, heals inflammation and local

soreness, cares leucorrinea and massi catarrh.
Pastine is in powder form to be dissolved in pure
water, and is far more cleaning, healing, germicidal
and economical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES

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Trial Box and Book of Instructions Prec. THE R. PARTON COMPANY BOSTON, MASS.



PIT & PITLESS SCALES. For Steen and Wood Frames, \$25 and up. Write us before you buy. We save you money. Also Pumps and Wind BECKMAN BROS., Des Moines, lows.

Enter the Bell Horse,

The adoption of rubber shoes for horses and the popularity of gumtired vehicles have resulted in the application of beds to the harness of teams for private equipages. This introduction is comparatively new in this city. Heretofore it has been the case that it was the exception to annex the jinglers to carriages. Now, however, it is fast becoming the rule

Wabash Special Train for teachers and their friends to Asbury Park, N J., leaving Chicago 2 p. m., June 29th, going via Detroit, stopping at Niagara Falls, Albany, steamer down the Hudson to New York and Salt Water trip to Asbury Park, All agents sell vis Wabash from Chicago, Harry E Moores, G. A. P. D. Wabash R. R. Omaha, Neb.

When a man goes out without an umbrella and gets caught in a rain he acts as if he ought to be allowed to sue the government for having a weather bureau.-New York Press.

Opportunities in Cuba. Now is the time to secure land in La Gioria, the first and largest American Colony in Cuba. Easy terms. Money in fruit raising, Large profits on small investments. Write for free limitated booklet. Ouban Land & Steamship Co., 32 Broadway, N. X. City.

A man feels cheaper about swearing off than for being locked up in a police station for not doing it.

Mrs. Winslow's Soothing Syrup. lidren teething, softens the gums, reduces in-stion, allays pain, cures wind colic. 25ca bottle.

Hope is an airship, but it should be supplied with a parachute attachment to let a man down easy.

Catarrh of the Bladder and Kidney Trouble absolutely cured by Dr. David Kennedy's Favorite Remedy. World famous for over 30 years. Il a bettle.

Duty is a prickly shrub, but its flower will be happiness and glory .-M. F. Tupper.

More Flexible and Lasting,

won't shake out or blow out; by using Defiance Starch you obtain better re-sults than possible with any other ham's Vegetable Compound convince brand and one-third more for same

> Generosity is based on moods and dispositions. Justice is based on prin-

"Yes" Churches **School Houses** and Homes

ought to be decorated and made beautiful and healthful by using



A Rock Cement in white and beau-A HOCK Jement in white and beam not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on—mix with cold water. Plain tinting and whitening, and the most elaborate relief, stencil work and frescoing may be done with it. Other finishes (bearing fanciful names and mixed with het water) do not have the cementing property of Alabastine. They are stuck on with glue or other animal matter, which rots, feeding disease germs, rubbing, scaling and spoiling walls, clothing, etc. Such finishes must be washed off every year—costiy, filthy work. Buy Alabastine only in everyound packages, properly labeled. Tint card, pretty wall and ceiling design, "Hints on Decorating, and our artists' services in making color plans, free.

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Your Grocerihas them. Libby, McNeill & Libby, Chicago

"OUR FAMILY"

A CREAT SCANDAL

SENSATIONAL DISCLOSURES FOL-LOW AN INVESTIGATION.

HISTORY OF DARK DEALINGS

Owners and Union Teamsters Form Clops Corporation and Advance Prices.-More Serious Offenses Than Bribery and Conspiracy.

CHICAGO-The greatest scandal Chicago has ever seen, according to of the fleet knew the commander-in-States Attorney Healy, is to follow the disclosures made Friday before the mand of divisions knew no more than grand jury by . C. Driscoll, when the the sub-lieutenants, and had to rely former secretary of the Associated Bullding Trades and Coal Team Own. flagship, Admiral Nebgotatoff, upon ers' association revealed the entire history of the dealings between employers and union labor leaders, particularly that branch of union labor represented by the Chicago Teamsters' union.

State Attorney Healy said: "More serious offenses have been committed than bribery and conspiracy and the evidence presented to the jury has been of an extremely sensational character. It is very important FRANCE IS PLEASED and will lead to startling results. The names mentloned by the witnesses are those of prominent men on both sides. If I thought there would be no results present inquiry."

more of the prominent business men movement, of Chicago, together with leading members of the bar. Subpoenas for them have been placed in the hands of private detectives.

Johnn C. Driscoll was the chief witness before the grand jury and related what he called the dealings between the employers and union labor. Driscoll told how the coal teamsters and coal team owners had made the first joint trade agreement, which provided that the owners should employ only members of the Coal Teamsters' union, and that members of the union should work for no employer not a member of the Coal Team Owners' association. The effect of this arrangement, the witness declared, was to force every coal wagon owner into the Coal Team Owners' association and every coal wagon driver into the teamsters' union. The owners behind this provision that barred union drivers from working for men not members of the association and prevent non-union drivers from driving coal wagons, raised the cartage rates of coal from 30 cents to 50 cents a ton for short hauls and to as high as \$1 a ton for longer hauls.

STRONG CENSORSHIP

ST. PETERSBURG-The censorforbidding newspapers to mention or was advised by General Trepoff.

TIMBER THIEVES SELTENCED

Some Wealthy Men Are Sent to Prison.

SEATTLE, Wash .- F. M. Barrett and F. W. Bone, wealthy business men of Wheaton, Minn., pleaded gulity in the federal court to complicity in a conspiracy to defraud the government by inducing Italians to take out timber claims near Kallspell, Mont., and were sentenced to one year in the United States penitentlary and the payment of a fine of \$1,000 and the cost of the action. Judge. Hanford made caustic remarks on the moral turpitude which was involved and which was condoned in a letter introduced by the defendant Barrett from a cousin, who is a judge of the supreme court of Maine, H. J. Schoul and G. L. Brokaw of Spokane, who are also defendants, refused to plead. The case against Shoul may be dismissed.

Looks For Another Battle.

LONDON-The practical certainty now that peace negotiations cannot begin for another month leads to the conviction that another battle will be fought in the interval. According to THE JAPANESE FORCES the Daily Telegraph's Tien Esin correspondent, a Japanese forward movement has already commenced in spite of the rainy season.

Kills Her Four Children.

DUBUQUE-Mrs. Paul Klass has killed her four small children and committed suicide at her home near Kieler, Wis., eight miles east of Du-

THREE YEARS FOR KIRKMAN

President Approves Findings of Two

Courts-Martial in Officer's Case. WASHINGTON-The president has Captain George W. Kirkman of the fective July 1, 1965. Twenty-fifth infantry, sentencing him to dismissal from the army and confinement in the penitentiary at Fort Leavenworth, Kan., for three years. Kirkman was conected with the sensational case resulting in the suicide of the wife of Lieutenant Chandler at

NO MATCH FOR JAPS.

Defeat of Rojestvensky Foregone Conclusion.

VLADIVOSTOK-A neries of Interviews which the correspondent of the Associated Press has had with naval officers who survived the battle of the son of Japan has developed a most sensational story of the causes of the Russian disaster and the complete demoralization which followed the sinking of the flagship Kniaz Souvaroff and the wounding of Admiral Rojestvensky. It is explained that a single chief's plans. The admirals in comonly on the signature signals of the whom the command devolved, had seen Rojestvensky once after the juncture of their squadrons and then only for fifteen minutes. All the stories of extensive target practice in Madagascar, it seems, were false. During the entire voyage there practically was not training in gunnery worthy of the name, and the big gun practice was confined to three shots per vessel.

WITH THE PRESIDENT

PARIS-President Roosevelt's sucfrom the investigation I would call a cosr in opening a way for peace nehalt immediately. I believe the pres- gotiations between Russia and Japan ent line of inquiry will occupy the is the absorbing theme here and jury for the remainder of this week France has forgotten her own troubles and a portion of next week, but if with Germany over Morocco to join necessary all the docket cases will be in outhusiastic approval of the Amerisldetracked because of the great im- can in tiative. Portraits of President portance I attach to the results of the Ross velt, Ambassador Meyer, Minister Takahira and Ambassador Cassi-Today will witness the gathering hi appear in all the journals, with plebefore the grand jury of twenty or tures of the White House as the scene

MEET IN WASHINGTON

Nation's Capital Selected for the Peace Meeting.

WASHINGTON-Official announce ment is made that Washington has been selected as the location of the peace conference.

The announcement came in the form of an official statement issued by Secretary Loeb by direction of the president. The statement follows:

"When the two governments were unable to agree upon either Che For or Paris, the president suggested The Hague, but both governments have now requested that Washington be chosen as the place of meeting and the president has accordingly formally notified both governments that Washington will be so selected."

It is suggested at the White house informally, that after meeting and organizing the plenipotentiaries of the two governments, if it should be found to be uncomfortably hot in Washington, might adjourn the meeting to some summer resort in the north, where they may continue their sittings until such time as the weather in Washington will be more comfortable,

Minister Takahira of Japan called the White house at 10:45 o'clock and was shown directly into the office of the president.

Mr. Takahira's visit lasted one hour ship, at the instance of the council of and twenty-five minutes. He declined ministers, has issued a blanket order to divulge any of the details of his talk with the president. The conferto publish the proceedings of any con- ence was had during the busiest part gress or meeting held without the per- of the executive day and everything mission of the government. This step else was in abeyance during that time. Naturally it is to be presumed that it was of rather more than usual importance.

> Mr. Takahira, on leaving the White house, when asked whether a decision had been reached as to the location of the peace conference, said: "Oh, no. It is a long journey," meaning probably that it might take considerable time to determine the matter.

AN IOWA WOMAN VICTIM OF TRAMPS

WATERLOO, Ia .- W. J. Schrock, a prominent farmer near Waterloo, on returning home found the charred body of his wife in the ruins of the coal shed. The trunk had been wholly consumed. A coroner's jury was unable to solve the mystery, but the theory is generally entertained that the woman was the victim of tramps.

Denver Wants the Pow-Wow. DENVER, Colo.-Mayor R. W. Speer telegraphed to President Roosevelt a formal invitation to the Russian and Japanese peace plenipotentiaric to hold their sittings in Denver.

DRIVE BACK RUSSIANS.

GUNSHU PASS, Manchuria-The Japanese have forced the advance posts of the Russian left beyond the Kaoche river and are occupying the heights north of the river. A heavy force seems to be behind this movement, Field Marshal Oyama is ready for a general offensive.

Llewellyn Has More Work.

WASHINGTON-The postmaster general has ordered the state of lowa detached from the St. Louis division and made part of the Omaha division approved the findings in two trials of of the rural free delivery service ef-

Wyoming Sheep Herder Shot.

BUFFALO, Wyo .- E. F. Matteon, a sheep herder, was shot and killed near here. Although details of the shooting are not yet known, there is a strong suspicion it may be the prelude to another stockmen's war.



The Secret of Good Coffee

Even the best housekeepers cannot make a good cup of cofiee without good material. Dirty, adulterated and queerly blended coffee such as unscrupulous dealers shovel over their counters won't do. But take the pure, clean, natural flavored

LION COFFEE, the leader of all package coffeesthe coffee that for over a quarter of a century has been daily welcomed in millions of homes-and you will make a drink fit for a king in this way:

HOW TO MAKE GOOD COFFEE.

Use LION COFFEE, because to get best results you must use the best coffee.

Grind your LION COFFEE rather fine. Use "a tablespoonful to each cup, and one extra for the pot." First mix it with a little cold water, enough to make a thick paste, and add white of an egg (if egg is to be used as a settler), then follow one of the following rules:

1st. WITH BOILING WATER. Add boiling water, and let it boil THREE MINUTES ONLY. Add a little cold water and set uside live minutes to settle. Serve promptly.

2d. WITH COLD WATER. Add your cold water to the paste and bring it to a boil. Then set uside, add a little cold water, and in live minutes it's ready to serve. 3 (Don't bell it too long.
Don't let it stand more than ten minutes before serving.
DONTS (Don't use water that has been belied before.

TWO WAYS TO SETTLE COFFEE. 1st. With Eggs. Use part of the white of an egg, mixing it with the ground LION COFFEE before boiling. OFFEE before holling.

9d. With Cold Water justead of eggs. After boiling add a dash of cold water, and set aside for eight or ten minutes, then serve through a strainer.

Insist on getting a package of genuine LION COFFEE, repare it according to this recipe and you will only use (Sold only in 1 lb. sealed packages.)

LION COFFEE in future. (Sold only in 1 lb. seal (Lion-head on every package.) (Save these Lion-heads for valuable premiums.)

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never crack nor become brittle. They last twice as long as those laundered with other starches and give the wearer much better satisfaction. If you want your husband, brother or son to look dressy, to feel comfortable and to be thoroughly happy use DEFIANCE STARCH in the laundry. It is sold by all good grocers at 10e a package-16 ounces. Inferior starches sell at the same price per package but contain only 12 ounces. Note the differonce. Ask your grocer for DEFIANCE STARCH. Insist on getting it and you

will never use any other brand. Deflance Starch Company, Omaha, Neb.



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