

**Seeing California.**  
The average eastern tourist when visiting California enters the state at Los Angeles, takes a few rides on the various radiating electric lines, hustles onto the train for San Francisco, visits the seals, and hastens north or east affirming that he has "seen California"—but has he? True, he has seen sights to which his eyes were not accustomed, eaten various fruits and vegetables strangers to his palate, and breathed the wondrous air, but to see California understandingly one must visit the mountains as well as the valleys. Probably no other section is richer in scenes noted for their beauty and grandeur, places made famous in literature than is Tuolumne county, in the Sierra Nevada foothills of California.—S. H. Smith in Sunset Magazine for May.

It's a wise man who can turn off his wife's vocabulary.

**When Your Grocer Says**  
he does not have Defiance Starch, you may be sure he is afraid to keep it until his stock of 12 oz. packages are sold. Defiance Starch is not only better than any other Cold Water Starch, but contains 16 oz. to the package and sells for same money as 12 oz. brands.

**QUICK RESULTS.**  
W. J. Hill, of Concord, N. C., Justice of the Peace, says: "Doan's Kidney Pills proved a very efficient remedy in my case. I used them for disordered kidneys and back-ache, from which I had experienced a great deal of trouble and pain. The kidney secretions were very irregular, dark colored and full of sediment. The Pills cleared it all up and I have not had an ache in my back since taking the last dose. My health generally is improved a great deal."  
FOSTER-MILBURN CO., Buffalo, N. Y. For sale by all dealers, price 50 cents per box.

Ten years ago in England the church communicants numbered only one in eighteen of the population; now the proportion is one in fifteen.

**ALFONSO AND HIS MOTOR CAR.**  
King of Spain Badly Afflicted With the Craze.  
Jerome Hart tells of the enthusiasm shown by King Alfonso of Spain for the automobile: "He is affected with an acute case of motoromania. He spends most of his time, both at Madrid and at San Sebastian, in wildly careering across the country in motor cars. He owns several high-power French automobiles, and when in them, like Jehu the son of Nimshi, he driveth fast and furiously. In fact, so reckless is his driving, so numerous are his accidents, that the queen mother recently became alarmed and urged him to abandon his dangerous sport. Failing in this, she got a member of the cortes to father a law imposing limitations on the speed of the king on the king's highway—it meant limitations on the speed of the king on the king's highway. But this projected law aroused the indignation of some courtly legislators in the cortes, and they opposed it bitterly. The king, they said, is above the law, therefore, to pass laws leveled at the king would be against the law. Before this puzzle the perplexed cortes recoiled and the law was not passed.

"The young king only recently succeeded in so far overcoming the queen-mother's repugnance to motor cars that he persuaded her to accompany him in a little drive. It was unfortunate that on her first experiment with him as a motorist the king should have had one of his frequent mishaps. But he did. He came a cropper, and it was a royal cropper. "His enormous machine, going at high speed, skidded and capsized, hurling its royal freight some distance into a ditch. The queen-mother was badly scared, her royal feathers and royal temper were much ruffled, but otherwise she was unhurt."

**Cost and Time of Trip to a Star.**  
"Let us suppose a railway to have been built between the earth and the fixed star Centauri," said the lecturer. "By a consideration of this railway's workings we can get some idea of the enormous distance that intervenes between Centauri and us.

"Suppose that I should decide to take a trip on this new aerial line to the fixed star. I ask the ticket agent what the fare is, and he answers: "The fare is very low, sir. It is only a cent each hundred miles." "And what, at that rate, will the through ticket one way cost?" "It will cost just \$2,750,000,000," he answers.

"I pay for my ticket and board the train. We set off at a tremendous rate. "How fast?" I ask the brakeman, "are we going?" "Sixty miles an hour, sir," says he, "and it's a through train. There are no stoppages." "Well, soon be there, then, won't we?" I resume. "We'll make good time, sir," says the brakeman. "And when will we arrive?" "In just 48,663,000 years!"—Philadelphia Bulletin.

**The Best of Life.**  
Not till life's heat is cooled,  
The headlong rush slowed to a quiet pace,  
And every purblind passion that he ruled  
Our noisier years, at last  
Spurs us in vain, and weary of the race,  
We care no more who loses or who wins,  
Ah, not till all the best of life seems past  
The best of life begins.

To tell for only fame,  
Handclappings, and the fickle gusts of praise,  
For place or power or gold to gild a name  
Above the grave whereto  
All paths will bring us, were to lose our days;  
We, on whose ears youth's passing bell has tolled,  
In blowing bubbles, even as children do,  
Forgetting we grow old.

But the world widens when  
Such hope of trivial gain that ruled us lies  
Broken among our childhood's toys, for then  
We win to self-control!  
And small ourselves in manhood, and  
Upon us from the vast and windless height  
Those cleaner thoughts are unto the soul  
What stars are to the night.  
—The Spectator.

**She'd Rather Loop the Loop.**  
"My daughter got me to loop-the-loop at the park last summer—once," said the woman with the vinegarisage as she stepped from the main elevator of a big office building, according to the Kansas City Journal, "but that's a baby's swing to this when it comes to mixing one's vital organs.

"The trouble is that the elevator boy charges his mind offener than a woman. I never came down yet that he didn't decide on a different speed in transit. When he did that quick stop at the fourth floor just now I simply telescoped inside. My heart's in my mouth yet, and I can't locate my stomach. No; no luncheon for me until I get over this scrambled feeling."

**Though Fifty-five.**  
It all turns on will and exercise. Before going to sleep a few exercises should be gone through with open windows, inhaling the good fresh air. A step ladder to run up and down is a great incentive to health; wind exercises, rotatory motions, all keep the body limber, and prevent stoutness. Then diet has to be considered; too much liquid should never be taken with meals; too much meat is bad. There is nothing better for the figure than household work. It takes a great deal to persuade an ordinary woman that it is continuing these things that make a success of it, not starting them and then leaving them to fate.—Chicago Post.

**Either Loved or Loathed.**  
Red hair is either loved or loathed. Artists from Titian downwards express a preference for painting it; but, then, artists are uncertain guides as to human beauty. They have been known before now to admire cream-cheeked complexions, blousy hair and clothes which looked as if they had been made in a machine for chopping turnips and put on with a rake.—The Queen.

**In a Pinch, Use ALLEN'S FOOT-POWDER.**  
A powder. It cures painful smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

**Air in Vein Causes Death.**  
Air getting into a vein while he was undergoing an operation in St. Thomas' Hospital, London, was the cause of the death of Frederick Thomas Kennedy the other day. A verdict of "accidental death" was returned.

5% guaranteed interest semi-annually on all investments, in tropical plantation half as large as Rhode Island, 40 profitable products. Active managers and agents wanted. E. Moore, 211 Odd Fellows Bldg., St. Louis, Mo.

**Regarding Honesty.**  
"Honesty is the best policy," remarked a plaintiff in the court of Judge Addison, of London. "May be," replied the judge, "but I know some people who seem to have got along very well without it."

**Lewis' "Single Binder" straight 5c cigar.**  
The highest price 5c cigar to the dealer and the highest quality for the smoker. Lewis' Factory, Peoria, Ill.

Happiness isn't confined to the hill-tops, but is often found in the violets of the valleys.—Atlanta Constitution.

**Mrs. Winslow's Soothing Syrup.**  
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

It is true that the man who invented the gold brick is dead, but a new purchaser is born every minute.

**"Dr. David Kennedy's Favorite Remedy"**  
and my life! I had erysipelas and kidney disease. Dr. Kennedy's Favorite Remedy cured me. Dr. Kennedy's Favorite Remedy, 25c a bottle.

Every man may have his price, but it differs greatly from what his neighbors think he is worth.

Try me just once and I am sure to come again. Defiance Starch.

An ordinary hypocrite is one who just can't help being so, and who wouldn't if he could.

To the housewife who has not yet become acquainted with the new things of everyday use in the market and who is reasonably satisfied with the old, we would suggest that a trial of Defiance Cold Water Starch be made at once. Not alone because it is guaranteed by the manufacturers to be superior to any other brand, but because each 10c package contains 16 oz., while all the other kinds contain but 12 oz. It is safe to say that the lady who once uses Defiance Starch will use no other. Quality and quantity must win.

Is it possible we are not to have a dramatized version of the Chadwick case?

# MOTHERHOOD

Actual Sterility in Women Is Very Rare—Healthy Mothers and Children Make Happy Homes.



Many women long for a child to bless their homes, but because of some debility or displacement of the female organs they are barren. Preparation for healthy maternity is accomplished by Lydia E. Pinkham's Vegetable Compound more successfully than by any other medicine, because it gives tone and strength to the entire female organism, curing all displacements, ulceration and inflammation. A woman who is in good physical condition transmits to her children the blessings of a good constitution. Is not that an incentive to prepare for a healthy maternity?

If expectant mothers would fortify themselves with Lydia E. Pinkham's Vegetable Compound, which for thirty years has sustained thousands of women in this condition, there would be a great decrease in miscarriages, in suffering, and in disappointments at birth.

The following letters to Mrs. Pinkham demonstrate the power of Lydia E. Pinkham's Vegetable Compound in such cases.

**Mrs. L. C. Glover, Vice-President of Milwaukee Business Woman's Association, of 614 Grove Street, Milwaukee, Wis., writes:**

Dear Mrs. Pinkham—  
"I was married for several years and no children blessed our home. The doctor said I had a complication of female troubles and I could not have any children unless I could be cured. For months I took his medicines, trying in vain for a cure, but at last my husband became disgusted and suggested that I try Lydia E. Pinkham's Vegetable Compound. It cured me and I have since had three children. Many Women Have Been Benefited by Mrs. Pinkham's Advice and Medicine."

try Lydia E. Pinkham's Vegetable Compound; this I did, and I improved steadily in health, and in less than two years a beautiful child came to live our home. Now we have something to live for, and all the credit is due to Lydia E. Pinkham's Vegetable Compound."

**Mrs. Mae P. Wharry, Secretary of the North Shore Oratorical Society, The Norman, Milwaukee, Wis., writes:**

Dear Mrs. Pinkham—  
"I was married for five years and gave birth to two premature children. Lydia E. Pinkham's Vegetable Compound was recommended to me, and I am so glad I took it, for it changed me from a weak, nervous woman to a strong, happy and healthy one within seven months. Within two years a lovely little girl was born, which is the pride and joy of our household. Every day I bless Lydia E. Pinkham's Vegetable Compound for the light, health and happiness it brought to our home."

If any woman thinks she is sterile, or has doubts about her ability to carry a child to a mature birth let her write to Mrs. Pinkham, Lynn, Mass., whose advice is free to all expectant or would-be mothers. She has helped thousands of women through this anxious period.

Women suffering with irregular or painful menstruation, leucorrhoea, displacement, ulceration or inflammation of the womb, that bearing down feeling or ovarian trouble, backache, bloating or nervous prostration, should remember that Lydia E. Pinkham's Vegetable Compound holds the record for the greatest number of actual cures of woman's ills, and accept no substitute.

Many Women Have Been Benefited by Mrs. Pinkham's Advice and Medicine.

**DEMPSTER IMPROVED STEEL WIND MILL NO. 7**  
WILLIAMS CO. MILWAUKEE, WIS.  
ROLLER RIM GEARS  
THEY STOP THE NOISE AND LESSEN THE WEAR. LATEST, STRONGEST, BEST. FACTORY, BEATRICE, NEB.  
BRANCH HOUSES: Kansas City, Mo., Omaha, Neb., Sioux Falls, S.D.  
S's nearest dealer or write for circular.

**Comfort—Economy A Cool Kitchen**  
No kindling to chop—no dirt—and a kitchen as comfortable as the sitting room—that's the Quick Meal way—just turn the valve—strike a match and you have instantly a hot hot fire—and in no time breakfast is ready. And it costs almost nothing for fuel, for a day, that's all. It's just as simple and as safe as an ordinary kerosene lamp. It is built according to the latest insurance people's ideas—they have tested it.  
**QUICK MEAL** (Evaporator)  
**GASOLINE STOVE**  
In every possible way to their full satisfaction. The Quick Meal saves half an hour's sleep every morning and saves so much time during a day. You can roll it in to your dining room, if you prefer—wherever you use the Quick Meal, your room remains clean, cool and comfortable.  
You should have a Quick Meal in Your Kitchen.  
If your dealer doesn't carry it, tell us, and we'll send you one.  
**Would You Like a Present?**  
We will send you something useful—something you'll like if you'll simply tell us your dealer's name and say whether or not he carries Quick Meal. Sign your name plainly so the present will be sure to reach you safely.  
Kingsen Stove Co., Div. Makers  
415 N. 6th St., St. Louis, Mo.

**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought Bears the Signature of *Charles H. Fletcher*  
of *Charles H. Fletcher*  
In Use For Over Thirty Years  
**CASTORIA**  
THE CENTAUR COMPANY, NEW YORK CITY.

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Greatly Reduced Rates Round Trip  
Niagara Falls, N. Y., tickets sold July 17, 18, 19.  
Toronto, Ont., tickets sold June 18, 19, 21, 22.  
Indianapolis, Ind., tickets sold June 19, 20, 21, 22.  
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Baltimore, Md., tickets sold July 1, 2, 3.  
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Long limits, stop-overs and many other features can be offered in connection with the above dates.  
Write me and let me send you maps, descriptive matter, folders, rates from either Omaha or Chicago and all other information.  
HARRY E. MOORES, G. A. P. D.,  
Wabash R. R., Omaha, Neb.

**MEN'S PATRIOT \$3.50 SHOE**  
**WOMEN'S MAYFLOWER \$2.50 SHOE**  
These Shoes were Awarded Grand Prize at St. Louis World's Fair.  
The PATRIOT SHOE for Men is made from all leathers, over stylish yet comfortable lasts, to fit any foot. They are Goodwear shoes, which means flexible soles, with 20 war or tears so irritate the foot. The MAYFLOWER SHOE for Women is made from the finest materials, is stylish, durable and comfortable. Ask your dealer for them. If he does not handle these shoes, write us direct. They will please you and you will save from 10 cents to \$1.00 per pair in prices usually charged for shoes of this character.  
STAR BRAND SHOES ARE BEING MADE BY ROBERTS, JOHNSON & RAND SHOES CO., ST. LOUIS, MO.

**WESTERN CANADA FREE**  
MIXED FARMING WHEAT RAISING RANCHING  
Three great pursuits have again shown wonderful results on the Free Homestead Lands of Western Canada this year.  
Magnificent climate—farmers plowing in their shirts sleeves in the middle of November.  
"All are bound to be more than pleased with the prospect of the past season's harvest."—Extract.  
Cool, wood, water, hay in abundance. Schools, churches, post-office convenient.  
Apply for information to Superintendent of Immigration, Ottawa, Canada, or to authorized Canadian Government Agent—W. Y. Bennett, 801 New York St., St. Louis, Mo.  
Please say you saw this advertisement.



## NATURE'S ESSENCE.

Extracted From Forest Plants

Nature's laws are perfect if we obey them, but disease follows disobedience. Go straight to nature for the cure, to the forest; there are mysteries here that we can fathom for you. Take the bark of the wild-cherry tree, the root of mandrake, stone root, queen's root, bloodroot and golden seal, make a scientific, non-alcoholic extract of them with just the right proportions and you have Doctor Pierce's Golden Medical Discovery.

It took Dr. Pierce, with the assistance of two learned chemists, eight years of hard work experimenting to make this vegetable extract and alternative of the greatest efficiency.

Just the sort of spring remedy you need to make rich, red blood, and cure that lassitude and feeling of nerve exhaustion. Dr. Pierce's Golden Medical Discovery bears the stamp of PUBLIC APPROVAL and has sold more largely in the past forty years than any other blood purifier and stomach tonic. The refreshing influence of this extract is like Nature's influence—the blood is bathed in the tonic which gives life to the blood—the vital fires of the body burn brighter and their increased activity consumes the tissue rubbish which has accumu-

lated during the winter. Doctor R. V. Pierce, the founder of the Invalids' Hotel and Surgical Institute, and a physician of large experience and practice, was the first to make up an alternative extract of roots, herbs and barks, without A PARTICLE OF ALCOHOL, ON XAN-CORICA, which purifies the blood and tones up the stomach and the entire system in Nature's own way. The "Golden Medical Discovery" is just the tissue builder and tonic you require when recovering from a hard cold, grip, or pneumonia. No matter how strong the constitution the stomach is apt to be "out of kilter" after a long, hard winter; in consequence the blood is disordered, for the stomach is the laboratory for the constant manufacture of blood. Dr. Pierce's Golden Medical Discovery strengthens the stomach—puts it in shape to make pure, rich blood—helps the liver and kidneys to expel the poisons from the body. If you take this NATURAL BLOOD PURIFIER AND TONIC you will assist your system in manufacturing each day a pint of rich, arterial blood, that is stimulating to the brain and nerves. The weak, nervous, run-down, debilitated condition which so many people experience at this time of the year is usually the effect of poisons in the blood; it is often indicated by pimples or boils appearing on the skin, the face becomes thin—you feel "blue." Dr. Pierce's Golden Medical Discovery cures all blood humors as well as being a tonic that makes one vigorous, strong and forceful. Dr. Pierce's Golden Medical Discovery STANDS ALONE as the one medicine for stomach, liver and blood disorders that has the ingredients printed upon the wrapper of every bottle leaving the great laboratory at Buffalo, N. Y., which cures in nature's own way; not only does it STAND ALONE in respect to its ingredients, but also as the only spring tonic and reconstructive which absolutely contains no alcohol.

"I was taken with a severe cough, weakness in my back, a glimmer over the eyes, that lassitude and feeling of nerve exhaustion," writes H. Gaddis of 142 South Tama Avenue, Tacoma, Wash. "I felt sluggish, did not care for anything, had no life, it was almost misery to move, appetite very poor. I read Dr. Pierce's Common Sense Medical Adviser and went right away and purchased two bottles of his 'Golden Medical Discovery,' and before I had taken all of one bottle I felt better. If any doubt the truth of this testimonial they may write to me."  
Dr. Pierce's Pellets Cure Constipation.

## Truths that Strike Home

Your grocer is honest and—if he cares to do so—can tell you that he knows very little about the bulk coffee he sells you. How can he know, where it originally came from, how it was blended—or with what—or when roasted? If you buy your coffee loose by the pound, how can you expect purity and uniform quality?



**LION COFFEE, the LEADER OF ALL PACKAGE COFFEES, is of necessity uniform in quality, strength and flavor. For OVER A QUARTER OF A CENTURY, LION COFFEE has been the standard coffee in millions of homes.**

LION COFFEE is carefully packed at our factories, and until opened in your home, has no chance of being adulterated, or of coming in contact with dust, dirt, germs, or unclean hands.

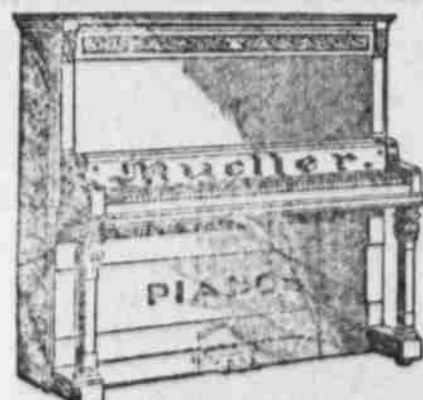
In each package of LION COFFEE you get one full pound of Pure Coffee. Insist upon getting the genuine. (Lion head on every package.)

(Save the Lion-heads for valuable premiums.)

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