



This Pretty Girl Saved From Catarrh of the Lungs By Pe-ru-na.

MISS FLORENCE KENAH.

Miss Florence E. Kenah, 434 Maria street, Ottawa, Ont., writes: "A few months ago I caught a severe cold, which settled on my lungs and remained there so persistently that I became alarmed. I took medicine without benefit, until my digestive organs became upset, and my head and back began to ache severely and frequently. I was advised to try Peruna, and although I had little faith I felt so sick that I was ready to try anything. It brought me blessed relief at once, and I felt that I had the right medicine at last. Within three weeks I was completely restored and have enjoyed perfect health since."

But have purchased several bottles to give to those without the means to buy, and have noticed without exception that it has brought about a speedy cure wherever it has been used.—Rose Gerbing.

Per-na Contains No Narcotics. One reason why Peruna has found permanent use in so many homes is that it contains no narcotic of any kind. Perna is perfectly harmless. It can be used any length of time without acquiring a drug habit. Perna does not produce temporary results. It is permanent in its effect.

It has no bad effect upon the system, and gradually eliminates catarrh by removing the cause of catarrh. There are a multitude of homes where Peruna has been used off and on for twenty years. Such a thing could not be possible if Perna contained any drug of a narcotic nature.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio. All correspondence held strictly confidential.

TRIPLE PLAYS ARE RARE.

But Two Men Have Pulled Them Off Unassisted.

A triple play is one of the rare things in baseball, because it requires a combination of circumstances which seldom occur. There must be at least two men on the bases, and no one out. Then the next batter must hit the ball in a certain way, or the chance for a triple is lost. In addition to this, the fielding must be perfect and fast. But two triple plays, made by one man unassisted, have ever been recorded. One was the famous play of Paul Hines way back in the early '80s. The other is fresh in the mind, although it was made in a minor league.

In 1901 Harry O'Hagan was playing first base for Columbus in the Western association. The canned, he went East to Newark, and the day after he donned a New Jersey uniform he pulled off the play that made him famous. With men on first and second and, of course, nobody out, O'Hagan was playing close to the bag, when the next batter hit a liner directly into his hands. The force of the ball was enough to knock him back so that his foot touched the first sack, retiring the runner, who was off the base. O'Hagan, turning to throw in second, saw that the runner there had started at the crack of the bat and was nearly at third. So, instead of throwing the ball, he spritzed to second base with it in his hand, arriving in time to put the third man out on the play.

Last season the Kansas City club of the American association made two triple plays in one game at Toledo.

Followed by a Lioness. While a lady and gentleman were proceeding by ricksha from Salisbury to Ardennic on a recent Sunday evening they were considerably alarmed by seeing, soon after crossing the railway, a lioness cross their path some twenty-five yards ahead of them.

Being taken so much by surprise, they failed to check the boys, and proceeded on their journey. Shortly afterward they found the beast about ten yards in the bush on one side of them, and she proceeded thus for over a mile and a half. Fortunately, owing to the dirty and slippery condition of the roads, the boys' attention was confined to their work of impelling the vehicle in their charge, and they did not perceive the lioness.

It was thought that the very bright light which the boys were carrying kept the animal at a safe distance.—South Africa.

Coquelin Would Lift Profession. M. Coquelin, the famous French actor, is a candidate for senator from his native district, Boulogne-sur-Mer.

In an interview he declares his intention completely to rehabilitate the social position of the professional actors, who at present are not allowed to have funeral services and burials in Paris churches. It is but recently that dramatic artists could be decorated with the Legion of Honor. "I maintain that no calling exists that is more honorable or capable of accomplishing greater good for humanity than that of a comedian," he says. "If I am elected senator I shall, first of all, fight the social battle of actors and actresses. I am a good republican, of broad views, and, after all, is not political life merely one of many manifestations of the great human comedy?"

Defiance. "Take what you can, sirs" (thus the story runs). Said a poor scholar, who for dearest had loved his Virgil; and the wretched took the book away from him, and thought his sun's light was put out. But he had balked their rage, Learning by heart the Mantuan's lofty rhyme, So, against all spite of theirs or envious time, Holding it safe—a flawless heritage, So, dearest, since I have you in my heart, Like that poor scholar I those powers defy, Which threaten to rob me: You may live or die, But nevermore from me shall you depart, I have you safe: "Take what you can,"—Here she abides, and will abide all day.—The Atlantic.

"Ideal" Wives of India. The Maharrati women of western India have the reputation of being model wives. They have solved the problem of domestic peace. There are three things in the world that they have thought for. Because of this necessarily simple life they find themselves looked upon as ideal wives. First a Maharrati woman thinks of her husband. She worships him. He is her god, her priest, her religion. Second, she loves her children. Third, she takes an interest in her jewelry. These three and no more. This is her life. No wonder she is sufficiently amiable to be called ideal.

Police Bar. In a certain Russian town the police have been obliged, according to a correspondent, to confiscate every typewriter in the place. These machines are said to be regarded in Russia as dangerous organs of sedition. They are convenient instruments for the dissemination of literature of which the government does not approve. So every typewriter is registered, its address is known to the police and it is liable to be arrested on suspicion at any moment.

Foster Canadian Immigration. The Canadian authorities are increasing their efforts to encourage immigration to the Dominion. They announce that their advertising at the recent world's fair caused a lively interest throughout the United States and is likely to be followed by an increased flow of immigration to the Canadian West.

English Names.

In a list of candidates who were recently admitted to the bar in England there were men whose parents had given them such "Christian" names as these: Eldyrd, Amjend, Laxmishanker, Benajah, Samson and Archimedes. Evidently they have no S. P. C. C. in England, or if there is one there it can't be very watchful.

Do Your Clothes Look Yellow? Then use Defiance Starch; it will keep them white—18 ounces for 10 cents.

Cemetery for Books. "A cemetery for books" is what a French writer calls the National Library in Paris, in which the history of France alone is represented by 200,000 volumes.

Sensible Housekeepers will have Defiance Starch, not alone because they get one-third more for the same money, but also because of superior quality.

A cynic is a man who would be unhappy if there were nothing for him to be unhappy about.

The Best Results in Starching can be obtained only by using Defiance Starch, besides getting 4 ounces more for the same money—no cooking required.

Every real accepter of power comes from some suffering in the past.

When You Buy Starch buy Defiance and get the best; 16 ounces for 10 cents. Once used, always used.

A man's popularity generally ends when he gets home.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures whooping cough, croup, and all other ailments.

He seldom thinks of the future who walks with the Father.

"Dr. David Kennedy's Favorite Remedy cured me of Bright's Disease and Gravel. Able physician. Sold by J. P. Mearns, Burlington, O. 41-54 a bottle.

No man is a bore who talks to you about yourself.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 3/4-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 oz." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Too many so-called opportunities turn out to be optical illusions.

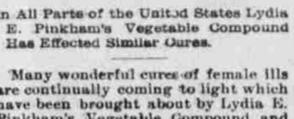
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A fast friendship may be slow but sure.

ALL SICK WOMEN SHOULD READ MRS. FOX'S LETTER

In All Parts of the United States Lydia E. Pinkham's Vegetable Compound Has Effected Similar Cures.

Many wonderful cures of female ills are continually coming to light which have been brought about by Lydia E. Pinkham's Vegetable Compound, and



Mrs. Fannie D. Fox

through the advice of Mrs. Pinkham, of Lynn, Mass., which is given to sick women absolutely free of charge. Mrs. Pinkham was for many years made a study of the ills of her sex; she has consulted with and advised thousands of suffering women, who to-day owe not only their health but even life to her helpful advice.

Mrs. Fannie D. Fox, of 7 Chestnut Street, Bradford, Pa., writes:

"I suffered for a long time with womb trouble, and finally was told by my physician that I had a tumor on the womb. I did not want to submit to an operation, so wrote you for advice. I received your letter and did as you told me, and to-day I am completely cured. My doctor says the tumor has disappeared, and I am once more a well woman. I believe Lydia E. Pinkham's Vegetable Compound is the best medicine in the world for women."

The testimonials which we are constantly publishing from grateful women establish beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. She asks nothing in return for her advice. It is absolutely free, and to thousands of women has proved to be more precious than gold.

W. N. U. Omaha, No. 11—1905.

Are You Bilious?

If so, you will have more or less of the following SYMPTOMS:

Not infrequently the complexion becomes pale and sallow, there may be frequent attacks of bilious or sick headache, bitter taste in the mouth, tongue coated white or covered with a brown fur, unnatural, dry, harsh, or scaly condition of the skin, or branny eruptions and pimples. There is likely to be "backache," with tired feelings, lassitude and a sense of debility. There is depression of spirits with a decided tendency to be discouraged and despondent. There is loss or irregularity of appetite, uneasiness in region of the stomach, oppression, sometimes sour stomach, "heart-burn," nausea and "water-brash," flatulency, and acid eructations; the bowels become irregular, usually constipated, and occasionally subject to diarrhea, attended with colicky pains. The foregoing symptoms are not all present in any one case, nor are any two cases alike in every respect.

The only way to help a disordered liver and cure biliousness is to treat it as it is—the great, organic, human filter of the human system. Doctor Pierce's Golden Medical Discovery cleanses and clears it; invigorates and revitalizes this most important organ by its wonderful alterative power.

A Terrible Case of Suffering Caused by Liver Complaint. Dr. R. V. Pierce, Buffalo, N. Y.: Dear Sir—I will tell you how I regained my health, though I ought to have written long ago. I have been well two years. Seven years ago I had the first attack of "grippe," and for many months afterward I could only say I never felt well. The doctor said the trouble was liver complaint. After being sick for three years, I knew I was in a worse condition than I ever was before. Did not take a step but it would hurt my stomach so that it would fill with gas and it would throw up my food to my throat. I kept getting worse, my stomach bloated badly, until there seemed no

more room left in my body to hold it. My tongue became coated and the inside of my mouth so sore that, although it did not affect my voice itself very much, it caused pain in the throat when talking. In addition to all this the urine became so scalding that the burning sensation caused me to scream, when passing it. Oh! the suffering and the anguish of that week I will never forget. I could not lie down nor sit up straight, nor walk nor do anything. Was all doubled up and had to be held from place to place; but here I am today, sound and well, all the thanks due to Dr. Pierce's medicine. I use the only best of "Golden Medical Discovery," three of "Favorite Prescription" and sixteen vials of "Pellets." May you live long to thank many more poor sufferers from the slough of despair—such as I had fallen into. Gratefully yours, Miss ANNETTA RAFFLE.

429 Findlay Ave., Big Rapids, Michigan. "Golden Medical Discovery" contains no alcohol, syrup, or sugar, yet keeps perfectly in any climate.

Do NOT BE DECEIVED.—It is an insult to your intelligence for a dealer to attempt to palm off upon you a substitute for this world-famed medicine. You know what you want. It's his business to meet that want. When he urges some substitute he's thinking of the larger profit he'll make—not of your welfare. Turn your back on any dealer who offers you such treatment.

In obstinate constipation the "Discovery" should be used in conjunction with Dr. Pierce's Pleasant Pellets, the most natural and thoroughly scientific laxative ever devised. The "Pellets" regulate and invigorate the stomach, liver and bowels. One is a gentle laxative; two act as a mild cathartic.

If you require medical advice write Dr. R. V. Pierce who will give you the best advice possible, free.

Dr. Pierce's 1,000-page "Medical Adviser," is the most useful "doctor book" published. A copy in stiff paper covers sent on receipt of 21 one-cent stamps to pay expense of mailing only; in cloth binding ten stamps extra. Address Dr. R. V. Pierce, Buffalo, N. Y.

Facts Are Stubborn Things

Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE, The leader of all package coffees.

Lion Coffee

is now used in millions of homes. Such popular success speaks for itself. It is a positive proof that LION COFFEE has the Confidence of the people.

The uniform quality of LION COFFEE survives all opposition. LION COFFEE keeps its old friends and makes new ones every day.

LION COFFEE has even more than its Strength, Flavor and Quality to commend it. On arrival from the plantation, it is carefully roasted at our factories and securely packed in 1 lb. sealed packages, and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.

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will be sent free, postpaid, upon request. This book is of a hundred pages, handsomely illustrated throughout and tells of an experience of over thirty years in the treatment of Crooked Feet, Spinal Deformities, Infantile Paralysis, Hip Disease, Deformed Limbs and Joints, Etc. It tells of the only thoroughly equipped Sanitarium in this country devoted exclusively to the treatment of these conditions and how they may be cured without surgical operations, plaster casts or other severe treatment. Send for this book, and if directly interested, mention character of the affliction and special literature bearing on the subject. The L. C. McLain Orthopedic Sanitarium, 3104 Pine St., St. Louis.

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10,000 Plants for 16c.

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We own over 500 acres for the production of our warrented seedlings in order to induce you to try them, we make you the following guarantee:

For 16 Cents Postpaid 1000 Early, Medium and Late Cabbages, 1000 Fine Jersey Tomatoes, 1000 Bushels of all about Potatoes, 1000 Bushels Early Lettuce, 1000 Bushels Italian Beans, 1000 Rare Lucerne Haystacks, 1000 Sweetest Brilliant Flowers.

Above seven packages contain sufficient seed to grow 10,000 plants, furnishing baskets of bushels of flowers, berries and lots and lots of choice vegetables, together with our great seed catalog, telling all about Potatoes, Beans, Small Fruits, etc., all for 16c in stamps and this postage. Big 16-page catalog alone, 5c.

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The OLD TRUSTY incubators are made by Johnson, the Incubator Man, who made 50,000 before inventing his OLD TRUSTY.

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A CLEAR, HEALTHY SKIN Sandole's Eucema and Skin Remedy Purifies, Then Heals. Positively cures Eczema, Pimples, Eruptions, Itch, Bites and all diseases of the skin. An absolute cure for Dandruff or Scalp Disease. \$1.00 Per Bottle. Send for FREE BROCHURE. Ask your druggist or barber or send to SANDOLE DRUG CO., Des Moines, Iowa.

W. N. U. Omaha, No. 11—1905.

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Day Laborers, Skilled Workmen, and Especially Farm Tenants.

Parties with small capital, seeking an opportunity to purchase a farm home; farmers who would prefer to rent for a couple of years before purchasing; and day laborers in fields or factories should address a postal card to Mr. J. H. Merry, Assistant General Passenger Agent, Dubuque, Iowa, and will receive a full printed matter concerning the territory above described, and give specific replies to all inquiries.

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