

# Women in Our Hospitals

Appalling Increase in the Number of Operations Performed Each Year—How Women May Avoid Them.



Going through the hospitals in our large cities one is surprised to find such a large proportion of the patients lying on those snow-white beds women and girls, who are either awaiting or recovering from serious operations.

Why should this be the case? Simply because they have neglected themselves. Ovarian and womb troubles are certainly on the increase among the women of this country—they creep upon them unawares, but every one of those patients in the hospital beds had plenty of warning in that heaving-down feeling, pain at left or right of the womb, nervous exhaustion, pain in the small of the back, leucorrhoea, dizziness, flatulency, displacements of the womb or irregularities. All of these symptoms are indications of an unhealthy condition of the ovaries or womb, and if not heeded the penalty has to be paid by a dangerous operation.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulency), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, lassitude, excitability, irritability, nervous-

ness, sleeplessness, melancholy, "all-irone" and "want-to-be-left-alone" feelings, they should remember there is one tried and true remedy.

The following letters cannot fail to bring hope to despairing women.

Mrs. Fred Seydel, 412 N. 54th Street, West Philadelphia, Pa., writes:

Dear Mrs. Pinkham:—  
"I was in a very serious condition when I wrote to you for advice. I had a serious womb and ovarian trouble and I could not carry a child to maturity, and was advised that an operation was my only hope of recovery. I could not bear to think of going to the hospital, so wrote you for advice. I did as you instructed me and took Lydia E. Pinkham's Vegetable Compound; and I am not only a well woman to-day, but have a beautiful baby girl six months old. I advise all sick and suffering women to write you for advice, as you have done so much for me."

Miss Ruby Mushrush, of East Chicago, Ind., writes:

Dear Mrs. Pinkham:—  
"I have been a great sufferer with irregular menstruation and ovarian trouble, and about three months ago the doctor, after using the X-ray on me, said I had an abscess on the ovaries and would have to have an operation. My mother wanted me to try Lydia E. Pinkham's Vegetable Compound as a last resort, and it not only saved me from an operation but made me entirely well."

Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

## News in Nebraska

The Burlington depot at Stamford was totally destroyed by fire.

Several cases of smallpox and pneumonia are reported from Beatrice.

John Frederick, aged 65 years, is dead at Plattsmouth. His family lives in Germany.

Perry Pastle is now carrying a rural mail route from Leigh, vice J. H. Glick, resigned.

The state encampment of Sons of Veterans will be held in Fremont about February 15.

C. H. Gilbert was injured while fighting fire which destroyed his carpenter shop at Beatrice.

Glen Bechtel, a German, while serving on the jury at Schuyler, suicided by hanging himself in his room.

E. Whitney of Humboldt has been awarded the contract for the erection of the new \$25,000 school building at Geneva.

The little daughter of Mr. Ball at Grand Island saved her life by lying close to the ground as three freight cars passed over her.

Thousands of quail are reported to have perished during the present cold spell. The snow has covered up their food and in their weak condition they are unable to stand the intense cold.

The remains of T. H. Bowman, a former resident of Albion, were brought to that place from Arkansas, and buried in Rose Hill cemetery. Mr. Bowman was the first county treasurer of the county.

Word has been received at Beatrice from Chicago indicating that Joseph Hathaway, who is wanted at Webb City, Mo., on several charges and who recently disappeared from this city, is under arrest at that place.

A house on the farm of A. P. Ackerman, nine miles southeast of Fremont, was destroyed by fire with a loss of about \$700 on the building and \$300 on contents. Mr. and Mrs. N. T. Nelson lived in the house and they were unable to save anything.

Sixteen carloads of oranges and other fruit while en route over the Burlington from California to Chicago and other points, were run into the shops at Plattsmouth to prevent the fruit from freezing during the coldest nights in that vicinity for years.

J. D. Cameron of Cambridge sold his ranch near town to a man from Alma, Neb., for \$12,500. The price paid was \$25 per acre. Cambridge is on the boom. The citizens are very enthusiastic over the water works proposition and a system will no doubt be installed this spring.

Frank Otto who was formerly employed in the Burlington shops at Plattsmouth, but who is now employed for the same company in Denver, has instituted suit against the Denver Tramway company to collect \$5,000 damages because of his son's death from being run over by the cars.

A wreck on the Chicago, St. Paul, Minneapolis & Omaha railroad between Eureka and Tekamah occurred Wednesday. Train No. 15, going south, broke in two near Eureka, and before the train crew could get out and up for No. 19, which was following, they were upon them and the crew barely escaped with their lives.

The suicide of Glen Bechtel, one of the jurors on the Wertz-Sprecher libel case at Schuyler, after it had been on trial two days, caused the case to be dismissed from the present term and continued until the next.

There is between \$250 and \$300 expense now incurred that will in all probability be upon the county in any event.

Geneva Grand Army of the Republic gave a reception to Mr. and Mrs. Van Vranken, who are moving to York.

Sheep feeders claim that over 20,000 of this variety of stock have been fattened in the vicinity of Humboldt this season and in every instance the feeders made good profits from the industry.

J. M. Maher, a farmer residing two miles northwest of Fremont, has received the bronze medal which was awarded him by the Louisiana Purchase exposition for his exhibit of corn. For several years Mr. Maher has spent considerable time in developing new kinds of corn and wheat and has met with good success with both.

Quite an extensive land deal was closed up at Table Rock between G. H. Johnson of that place and E. K. Kentener of Falls City. The former gets the fine farm of the latter three miles east of Humboldt, containing 160 acres, at \$65 per acre, while the latter takes in part payment four residence properties of the former in Table Rock at the aggregate price of \$4,200.

Mr. James Watson was badly frozen driving from Hebron to Alexandria. He missed the road in the storm, the sleigh being tipped over four times on the way. Mr. Watson arrived home at 3 o'clock in the morning with face and hands frozen.

The proposed consolidation of the Fremont Telephone company and the Bell company is not likely to go through. The announcement in the papers aroused the intense opposition of the independent telephone companies throughout the state, the Lincoln company being especially opposed to it.

Not a Bit Tired.

A little girl was very proud of being taken for a walk by her father, and, though sometimes the rambles extended a trifle beyond her strength, she would not have pleaded fatigue for worlds. One day, however, her father noticed that she was lagging. "Tired, Pussy?" he asked. "No, father—that is, not nearly tired. I was only wishing I could take off my legs and carry them a little bit, that's all."

Feminine Confessions.

Whether we are doing the London season or a round of country house visits, the enjoyment of most women is largely dependent on the amount of opportunities accorded to them for flirtation. No matter how indignantly some of my sex may deny it, we all thrive on admiration.—Ladies' Field.

Do Not Make Good Soup.

An authority on cooking asserts that England is a soupless country, meaning that English cooks cannot make soup and that soup does not appear on the menu of an English every day dinner. Which is a fact, though soup is about the first form that English charity takes.

Japanese Servants.

A traveler says that the Japanese servant is a person of social importance. In the absence of the misbegotten callers are entertained at tea by the housemaid, whose knowledge of the etiquette of tea drinking and whose grace and charm are often the equal of those of her employer.

Accepts Small Deposits.

A new banking system, which enables persons to make deposits of twenty-five cents and upward, interest being allowed when the amount edged reaches \$5, was adopted by the National Bank of Ireland recently. The bank has several branches in London.

Sterilized Water for Navy.

Dr. Le Mehaute suggests that on French war vessels water that has been sterilized by heat should be substituted for the distilled water at present used, which, in his opinion, is open to many grave objections, including excessive costliness.

Lord Mayor's Unique Honor.

Only one man in the city of London outside the Tower possesses the password which enables him to answer the challenge of the sentries at any time. It is the Lord Mayor, and the password is given to him by authority of the king.

Seeing much, suffering much and studying much are the three pillars of learning.—Disraeli.

# BISHOP OWES HEALTH AND LIFE TO PE-RU-NA.

Ministers of All Denominations Join In Recommending Pe-ru-na to the People.

Public speaking especially exposes the throat and bronchial tubes to catarrhal affections.

Breathing the air of crowded assemblies, and the necessary exposure to night air which many preachers must face, makes catarrh especially prevalent among their class.

Pe-ru-na has become justly popular among them.



BISHOP L. H. HALSEY.

The Bishop's Strong Tribute to Pe-ru-na.  
L. H. Halsey, Bishop C. M. E. Church, Atlanta, Ga., writes:  
"I have found Pe-ru-na to be a great remedy for catarrh. I have suffered with this terrible disease for more than twenty years, until since I have been using Pe-ru-na, which has relieved me of the trouble."  
"I have tried many remedies and spent a great deal of hard-earned money for them, but I found nothing so effectual in the cure of catarrh as the great medicine, Pe-ru-na."  
"I feel sure that Pe-ru-na is not only a triumph of medical science, but it is also a blessing to suffering humanity."  
"Every individual who suffers with respiratory diseases will find Pe-ru-na a magnificent and sovereign remedy."—L. H. Halsey, Bp. C. M. E. Church.

Pe-ru-na is the most prompt and sure remedy for catarrh that can be taken.

Many a preacher has been able to meet his engagements only because he keeps on hand a bottle of Pe-ru-na, ready to meet any emergency that may arise.



The Friends of Pe-ru-na.

Despite the prejudices of the medical profession against proprietary medicines, the clergy have always maintained a strong confidence and friendship for Pe-ru-na.

They have discovered by personal experience that Pe-ru-na does all that is claimed for it.

We have on file many letters of recommendation like the one given above. We can give our readers only a slight glimpse of the vast number of grateful letters Dr. Hartman is constantly receiving, in praise of his famous catarrh remedy, Pe-ru-na.

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