

BLOOD WILL TELL

A THEORY SUPPORTED BY FRESH, CONCLUSIVE EVIDENCE.

A Recent Instance Proves That a Woman's Happiness is Largely Dependent on the State of Her Blood.

When the blood is disordered every organ of the body is affected unfavorably and falls to discharge its functions properly. In the case of every woman nature has made special provision for a periodical purification of the blood, and so long as this occurs her health and spirits unfailingly reveal the beneficial results. So slight a cause as a cold or a nervous shock may produce a suppression of this vital function, and until it is restored she is doomed to misery. The remedy that has proved most prompt and effective in all disorders peculiar to the female sex is that which brought such great relief to Miss Mattie Griggs, of No. 807 Indiana street, Lawrence, Kansas, concerning which she speaks as follows:

"In the winter of 1902, from some unknown cause, there was a cessation of functions peculiar to my sex for a period of four months. I became very weak and could not get up stairs without help. I had nausea and pain and a constant headache. I was under the care of a physician for three months, but he did not succeed in curing me. Then a lady friend told me about the merits of Dr. Williams' Pink Pills which she had used in her family, and she induced me to try them. It was in May when I first began to use them, and in June I had fully recovered my health, and have since remained perfectly well."

In all cases of delayed development of young girls; in anemia or weakness due to impoverished blood and showing itself in pallor, lack of ambition, despondency and nervousness; also in the great constitutional disturbances attending the period known as the change of life, Dr. Williams' Pink Pills are invaluable for women, whose health is always closely dependent on the state of the blood. They are sold by all druggists. A booklet of valuable information relating to the care of a woman's health at all important periods, and entitled "Plain Talks to Women," will be sent free in a sealed envelope to any one who chooses to write for it to the Dr. Williams' Medicine Company, Schenectady, N. Y.

If a girl wants to be kissed a young man doesn't have to waste much time looking for an opportunity.

Insist on Getting It.
Some grocers say they don't keep Defiance Starch because they have a stock in hand of 12 oz. brands, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for same money.

Could Not Be Bribed.
A good story is told of A. C. MacLaren, a well known cricket player. He was playing a picnic match "up country" in Australia when one of the batsmen skied a ball very high between the wickets. MacLaren was waiting for the catch, but the striker in running past cried, "Oh, Archie, drop it, do, and I'll allow you to kiss my sister." MacLaren, it is added, was proof against the attempted bribery.

Home for Aged Animals.
A wealthy Frenchman receives in his park near Paris aged animals and birds. The oldest inmate is a mule of seventy-three, whose affectionate companion in retirement is a goose of thirty-seven. Among the other inmates is a cow, aged thirty-six, a hog of twenty-seven, a bullfinch which has reached the ripe age of twenty-eight, and a sparrow that stepped from the egg in 1869.

Not the Man—The Son.
When a man has to support his grown-up son, his mother says he has an artistic temperament.—New York Press.

Six Doctors Failed.
South Bend, Ind., Oct. 24 (Special)—After suffering from Kidney Disease for three years; after taking treatment from six different doctors without getting relief, Mr. J. O. Laudeman of this place found not only relief but a speedy and complete cure in Dodd's Kidney Pills. Speaking of his cure Mr. Laudeman says:
"Yes, I suffered from Kidney Trouble for three years and tried six doctors to no good. Then I took just two boxes of Dodd's Kidney Pills and they not only cured my kidneys, but gave me better health in general. Of course I recommended Dodd's Kidney Pills to others and I know a number now who are using them with good results."

Mr. Laudeman's case is not an exception. Thousands give similar experiences. For there never yet was a case of Kidney Trouble from Backache to Bright's Disease that Dodd's Kidney Pills could not cure. They are the only remedy that ever cured Bright's disease.

If husbands and wives were always sweethearts there would be no longings for another and better world.

What Men Desire.
If the man who represented the majority of men were asked what he most liked in women his answer would be: Give me beauty, all beauty, to walk and to frivel with; sympathy, all sympathy, to talk and to live with!—Chic.

Tourists Enrich Greece.
It is estimated that about 4,500 travelers from the United States have visited Greece during each of the last four years, and have annually left about \$15,000,000 in the kingdom.

PASSING FANCIES IN THE WORLD OF WOMEN

Draped Shirred Waist.
Full waists that are shirred and draped to form soft and graceful folds are among the latest features of fashion and are exceedingly attractive in the many pliable materials of the season. This one is peculiarly smart and includes a point at the front and the new sleeves, shirred to form two lengthwise puffs above the elbows. The material chosen for the model is willow green messaline satin with cream colored lace for chemise and cuffs, banding and bows of darker velvet, but there are many wool as well as silk materials that can be treated in the same manner with equal success, and, when liked, the deep cuffs can be omitted and the sleeves made in three quarter length.



The waist is made with the fitted lining, on which the full fronts and back are arranged, and is finished at the neck with a roll-over collar under which the chemise is attached. The sleeves are made over fitted linings, which are faced to form cuffs, and are full above the elbows, finished with circular frills below which fall over the gathered ones of lace. The closing is made invisibly at the center front.

The quantity of material required for the medium size is 4 3/4 yards 21 inches wide, 4 1/2 yards 27 inches wide, or 2 3/4 yards 44 inches wide, with 3/4 yards of all-over lace, 3/4 yards of bias velvet and 2 1/2 yards of lace to make as illustrated.

Vogue of Light Materials.
It is astonishing how much thin materials, such as voile, crepe, etamine and others of a like description, are worn by well-dressed women during the winter nowadays. Naturally this does not apply to the tailor-made costumes, but last year the most elaborate gowns of these fabrics were to be seen under the handsome fur coats, and there is every reason to suppose that they will be more in vogue than ever. There is a fancy, too—which is to be noticed in many of the new Paris costumes and which will be equally pronounced during the autumn months—for the skirt composed of two flounces, each flounce being adorned with from three to five bands of velvet in graduated widths. The flounces are deep, the upper one reaches above the knee, and this style of decoration is naturally more adapted to dresses of the material of which I have been speaking that are sufficiently amenable to lend themselves to elaborate trimming.



While the Tea Brews.
Flowered taffeta will make some charming winter frocks. Armholes are hiding under a narrow adjustment of trimming. Ruchings, ribbon scrolls and cordings distinguish the new blouses. Don't have one of the new-old dolmans unless you can afford numerous wraps. Ornaments of leather and metal combined adorn tailored hats for fall wear. It is predicted that plinking will take the place of the strapping that has held popular fancy so long. The long coat or wrap is much more fashionable than a short one and in some instances a necessity. A buckle that extends an inch above and below the belt is a slight innovation in crush leather belts. Ruchings, plinkings, gathers and frills multiply and overflow in the present scheme of dress ornamentation. Leather folds and cordings are decidedly smart for turbans intended for either automobiling, street wear or traveling.

Mayonnaise Sauce.
Put the yolk of a fresh egg in a bowl, and if the weather is warm stand the bowl in a pan of iced water and add half a salt-spoonful of salt and a teaspoonful of English mustard. Begin stirring the ingredients with a box-wood spoon. Stir continually always one way, describing a circle. It is more easily done by holding the bowl steady. After stirring about a minute or till the ingredients are well blended begin adding the oil, pouring it in drop

by drop. As soon as the mixture is stiff and waxy add a few drops of tarragon vinegar and the same of lemon juice. Then resume the oil, dropping it steadily. Every time the mixture becomes too thick add a few drops of vinegar, but continue stirring. One yolk of an egg will stand the addition of a pint bottle of oil. Stop using oil when the mayonnaise is as thick as you wish it and when you have all you require for your salad.

Military Effects Coming In.
Military effects promise to appear largely in the outdoor garments of women this fall. A new English long coat for stormy weather which has appeared on the market is frankly called the Militaire. It has two wide box pleats in the back falling from the yoke and belted in at the waist. The front is double-breasted, with a high, martial-looking, turnover collar, and it is finished with brass buttons.

Pretty and Comfortable Coat.
A loose, three-quarter coat, belted in across the back, exemplifies convenience and smartness in autumn coats. It is called the "Trossack," and is of neutral-colored cloth, which permits of its being exploited with skirts of any color in walking length. The Trossack is not a dress coat, but for all those day occasions when a loose separate coat is desirable it is going to be one of the smartest styles.

Quaint Dutch Pillows.
Taking advantage of the Dutch type of decoration prevailing just now, women skillful with pen or brush are making sofa pillows of linen or coarse material, with a border of Dutch little folk, represented with joined hands and capering about in a lively manner. The middle of the pillow top is left plain and a border lined off with pen, brush or burning needle, and the Dutch figures are outlined and illuminated in the border. A champagne-colored material makes an artistic pillow and likewise pale green, with red and green of a darker shade for the dresses of the little folks. Delft blue and orange are other shades that may be chosen for such pillows with successful results.



Soak gelatine in sufficient cold water to cover before adding it to jellies or creams.
To remove any ordinary stains from ivory knife handles rub with emery powder.
Yacht mops are great conveniences for dusting the bare floors so universally used now.
Before boiling milk always rinse out the sauceman with cold water to prevent the milk from burning.
The wax from dripping candles can be removed from table linen by a generous application of alcohol.

COREAN CREPE WITH VELVET.



No one of the many Oriental silks makes more effective blouses than Korean crepe. This smart model is quite new and shows the material in willow green with trimming of chiffon velvet, square of net chiffon lined collar and cuffs of lace. The trimming is peculiarly effective and quite

Mix pastry several hours before it is to be rolled out and much labor is saved. It should stand in a cool place. When making mayonnaise sauce select a very cool place for the purpose. If made in a hot kitchen it is apt to separate in the process.
To keep cheese from becoming moldy wrap the cheese in a cloth which has been dipped in vinegar and wrung as dry as possible. Keep it in a cool place.

Stunning Tea Gown for a Brunette.
A stunning tea gown for a brunette shows white shantung silk with a bolero anglaise. The bolero is caught on either side with shaded rosettes, showing three popular tints of orange, done in velvet ribbon, with streamers in the same shades falling to the hem of the gown. White velvet slippers and orange silk stockings are to be worn with this gown, which is an effective application of the craze for orange and white in combination.

Cinnamon in Favor.
Cinnamon broadcloth, braided with black, is the combination chosen for one smart loose coat of three-quarter length that has recently crossed the water. Apropos of which there is a good deal of this red-brown tint apparent in displays of the newest out door garments. It is a warm red rus set peculiarly appropriate for autumn, if not for most types of beauty.

A Serviceable Costume.
Suits made with plaited skirts and tourist coats are essentially new, essentially smart and essentially serviceable. This one makes an admirable model and is adapted to all suit-



ings, but is shown in dark blue chevrons with cuffs of chamolis colored cloth and trimming of braid held by handsome buttons. The coat is one of the newest and is partly confined at the back by means of a strap that extends from seam to seam, while the fronts are loose. The skirt is nipped and is laid in plaits that conceal the seams. To make the coat for a girl of 14 years of age will be required 4 3/4 yards of material 27, 2 3/4 yards 44 or 2 3/4 yards 52 inches wide, with 2 1/4 yards of braid; to make the skirt 6 yards 27, 4 1/2 yards 44 or 3 1/2 yards 52 inches wide.

Note—The following article has been widely published and is one of the most remarkable illustrations of the value of careful marshalling and analysis of facts in presenting a subject to the public.

LEVELERS.

The Mission of Whisky, Tobacco and Coffee.

The Creator made all things, we believe. If so, He must have made these. We know what He made food and water for, and air and sunshine, but why Whisky, Tobacco and Coffee? They are here sure enough and each performing its work. There must be some great plan behind it all; the thoughtful man seeks to understand something of that plan and thereby to judge these articles for their true worth. Let us not say "bad" or "good" without taking testimony. There are times and conditions when it certainly seems to the casual observer that these stimulant narcotics are real blessings.

Right there is the ambush that conceals a "killing" enemy. One can slip into the habit of either whisky, tobacco or coffee easy enough, but to "untangle" is often a fearful struggle. It seems plain that there are circumstances when the narcotic effect of these poisons is for the moment beneficial, but the fearful argument against them is that seldom ever does one find a steady user of either whisky, coffee or tobacco free from disease of some kind.

Certainly powerful elements in their effect on the human race. It is a matter of daily history, testified to by literally millions of people, that Whisky, Tobacco and Coffee are smiling, promising, beguiling friends on the start, but always false as hell itself in the end. "Once they get firm hold" enough to show their strength, they insist upon governing and drive the victim steadily towards ill health in some form; if permitted to continue to rule, they will not let up until physical and mental ruin sets in.

A man under that spell (and "under the spell" is correct) of any one of these drugs frequently assures himself and his friends, "Why, I can leave off any time I want to. I did quit for a week just to show I could." It is a sure mark of the slave when one gets to that stage. He wiggled through a week, fighting every day to break the spell, was finally whipped, and began his slavery all over again.

The slave (Coffee slave as well as Tobacco and Whisky) daily reviews his condition, sees perfectly plain the steady encroachments of disease, how the nerves get weaker day by day and demand the drug that seems to smile and offer relief for a few minutes and then leave the diseased condition plainer to view than ever and growing worse. Many times the Coffee slave realizes that he is between two fires. He feels bad if he leaves off and a little worse if he drinks and allows the effect to wear off.

So it goes on from day to day. Every night the struggling victim promises himself that he will break the habit and next day when he feels a little bad (as he is quite sure to), breaks, not the habit, but his own resolution. It is nearly always a tough fight, with disaster ahead sure if the habit wins.

There have been hundreds of thousands of people driven to their graves through disease brought on by coffee drinking alone, and it is quite certain that more human misery is caused by coffee and tobacco than by whisky, for the two first are more widely used, and more hidden and insidious in the effect on nerves, heart and other vital organs, and are thus unsuspected until much of the dangerous work is done.

Now, Reader, what is your opinion as to the real use the Creator has for these things? Take a look at the question from this point of view.

There is a law of Nature and of Nature's God that things slowly evolve from lower planes to higher, a sturdy, steady and dignified advance toward more perfect things in both the Physical and Spiritual world. The ponderous tread of evolutionary development is fixed by the Infinite and will not be quickened out of natural law by any of man's methods.

Therefore we see many illustrations showing how nature checks too rapid advance. Illinois raises phenomenal crops of corn for two or three years. If she continued to do so every year her farmers would advance in wealth far beyond those of other sections or countries. So Nature interposes a bar every three or four years and brings on a "bad year."

Here we see the leveling influence at work. A man is prosperous in his business for a number of years and grows rich. Then Nature sets the "leveling influence" at work on him. Some of his investments lose, he becomes luxurious and lazy. Perhaps it is whisky, tobacco, coffee, women, gambling or some other form. The intent and purpose is to level him—keep him from evolving too far ahead of the masses. A nation becomes prosperous and great like ancient Rome. If no leveling influence set in she would dominate the world perhaps for all time. But Dame Nature sets her army of "levelers" at work—luxury, overeating and drinking, licentiousness, waste and extravagance, indulgences of all kinds—then comes the wreck. Sure, Sure, Sure.

The law of the unit is the law of the mass. Man goes through the same process. Weakness (in childhood), gradual growth of strength, energy, drift, probity, prosperity, wealth, comfort, ease, relaxation, self-indulgence, luxury, idleness, waste, debauchery,

disease, and the wreck follows. The "levelers" are in the bushes along the pathway of every successful man and woman, and they bag the majority. Only now and then can a man stand out against these "levelers" and hold his fortune, fame and health to the end.

So the Creator has use for Whisky, Tobacco and Coffee to level down the successful ones and those who show signs of being successful, and keep them back in the race, so that the great "field" (the masses) may not be left too far behind.

And yet we must admit that same all-wise Creator has placed it in the power of man to stand upright, clothed in the armor of a clean-cut, steady mind, and say unto himself, "I decline to exchange my birthright for a mess of pottage."

"I will not deaden my senses, weaken my grip on affairs and keep myself cheap, common and behind in fortune and fame by drugging with whisky, tobacco or coffee. Life is too short. It is hard enough to win the good things without any sort of handicap, so a man is certainly a fool trader" when he trades strength, health, money and the good things that come with power for the half-asleep condition of the "druggier," with the certainty of sickness and disease ahead."

It is a matter each individual must decide for himself. He can be a leader and semi-god if he will, or he can go along through life a drugged clown, a cheap "hewer of wood or carrier of water."

Certain it is that while the Great Father of us all does not seem to "mind" if some of his children are foolish and stupid, he seems to select others (perhaps those he intends for some special work) and allows them to be thrashed and castigated most fearfully by these "levelers."

If a man tries flirting with these levelers a while, and gets a few slaps as a hint, he had better take the hint, or a good solid blow will follow.

When a man tries to live upright, clean, thrifty, sober and undrugged, manifesting as near as he knows what the Creator intends he should, happiness, health and peace seem to come to him. Does it pay?

This article was written to set people thinking, to rouse the "God within," for every highly-organized man and woman has times when they feel a something calling from within for them to press to the front and "be about the Father's business." Don't mistake it; the spark of the Infinite is there and it pays in every way—health, happiness, peace and even worldly prosperity—to break off the habits and strip clean for the work cut out for us.

It has been the business of the writer to provide a practical and easy way for people to break away from the coffee habit and be assured of a return to health and all of the good things that brings, provided the abuse has not gone too far, and even then the cases where the body has been rebuilt on a basis of strength and health run into the thousands.

It is an easy and comfortable step to stop coffee instantly by having well-made Postum Food Coffee served rich and hot with good cream, for the color and flavor is there, but none of the caffeine or other nerve-destroying elements of ordinary coffee.

On the contrary, the most powerful rebuilding elements furnished by Nature are in Postum and they quickly set about repairing the damage. Seldom is it more than two days after the change is made before the old stomach or bowel troubles or complaints of kidneys, heart, head or nerves show unmistakable evidence of getting better, and ten days' time changes things wonderfully.

Literally millions of brain-working Americans to-day use Postum, having found the value and common sense in the change.

C. W. POST.

Generous Deed of Elks.

Through the generosity of the Bridgeport lodge of Elks, Peter Markoon of Wallingford, Conn., will profit by the unfortunate accident which he met with while witnessing the Elks' banner raising. A runaway horse ran him down and dislocated his collar bone.

The bone was not fractured as at first reported. Markoon was here looking for work, and when the Elks heard that he had a wife and family dependent upon him for support they sent a committee out to investigate.

Markoon, as a result, was sent back to Wallingford to-day, after the Bridgeport lodge of Elks had paid his medical expenses, secured his ticket, given him money for incidental expenses, and told him to calculate upon \$5 per week for the next four weeks.

The Elks went further. They notified the Wallingford lodge to take care of Markoon and help him to get employment. Markoon is not a member of the order, never was, and the Elks were not in any way liable for the accident.—Boston Globe.

The Eternal Feminine.
He—Will you—O, will you be mine forever?
She—Mercy, no! I just accepted Cholly Saphedde last night.

He—What! Has all your encouragement to me meant nothing of affection?
She—Oh, I assure you it has meant a good deal. In fact, I don't know how I'd have managed without you. You see, until you came along and I began to be so nice to you, Cholly didn't seem to have any serious intentions at all.—Baltimore American.

This One of the Years.

Johnny—Pa, when was the year of the big wind?
Father—Any year when there was an election.