# NOW DON'T FORGET

Don't forget when you order starch to get the best. Get DEFIANCE. No more "yellow" looking clothes. no more cracking or breaking. It doesn't, stick to the iron. It gives satisfaction or you get your money back. The cost is 10 cents for 16 ounces of the best starch made. Of other starches you get but 12 ounces. Now don't forget. It's at your grocers.

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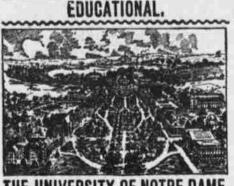
distinction.

Experience takes dreadfully high school wages, but he teaches like no other.-Carlyle.

15

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## THE UNIVERSITY OF NOTRE DAME, NOTRE DAME, INDIANA.

NOTRE DAME, INDIANA. FULL COURSES IN Classics, Letters, Eco-momics and History, Journalism, Art, Science, Pharmacy, Law, Civil, Mechanical and Elec-trical Engineering, Architecture. Thorough Preparatory and Commercial Courses. Rooms Free to all students who have com-pleted the studies required for admission into the Sophemore, Junior or Senior Year of any of the Collectite Courses.

Mary Proctor, who writes of "Five Hundred Little Worlds" in the August St. Nicholas, is a daughter of

You never hear any one complain about "Defiance Starch." There is none to equal it in quality and quantity, 16 ounces, 10 cents. Try it now and save your money.

in stone.

If you wish beautiful, clear, white clothes use Red Cross Ball Blue. Large 2 oz. package, 5 cents.

It often happens that the richer a man becomes the less he is worth.

The Plaint of the British Fiddler. The annual complaint of English musicians comes from London. It is that an English musician has no chance to get work in competition with foreigners. There are 300 orches-

## TROUT ON A SPREE

### 

John Pronklin, a saloonkeeper at [ Jyster Bay, New York, has a big had their jaws locked together and tank cooled by water from a well 165 feet deep. In it he keeps his beer in kegs and also a colony of twentyseven big brook trout that used to swim in Mill Neck creek before they were brought to the saloon.

Recently the bartender at Pronklin's saloon dumped four new quarter kegs into the pool. That was at 7 o'clock. An hour later, just as Pronklin started to work the beer pump, something slapped up against the in-

side of the door leading into the bar, three others followed, and several more were tumbling around on out.

Two males were fighting. They the water was streaked with blood. One had its back fin partly torn off. and some were swimming on their backs, some were going tail foremost, and some kept their heads out of the tank for a long time, while they wiggled their fins and "treaded" water. All bumped into the beer kegs, and appeared to be confused generally whenever they started to go anywhere.

Now, John Pronkin knows these trout well, and they had never done such stunts before, so, when a fine room containing the tank. It slapped two-pounder rolled over and slapped again harder than before, and then its tail hard against the side of one there were more slaps ... John Pronk- of the kegs, John Pronkin discovered lin stopped pumping and opened the something. He discovered that one door. As he did so the biggest trout of the "quarters" which had been put in the tank turned a handspring on into the water full of beer at 7 its fins and went flopping toward the o'clock didn't contain beer at 8. A hoop was broken and the bung was

the floor beside the tank. Some of The next day John Pronklin's trout those in the pool were jumping clear lay under the spout with the cold over the beer kegs. Some were land- spring water and air bubles trickling ing on top of them and sliding down soothingly down their backs. Their the sides, and all were beating the food for the day lay untouched at the water, splashing, and rolling over, and bottom of the tank. One only is chasing each other like mad. dead. It was found under a keg.

# WHAT THE EYES DISCLOSE

The color of eyes has hitherto | signify the blueness of her eyes. chiefly concerned the novelist and the poet and lately, says the London Express, the cold-blooded statistician has been looking into them.

It is announced that, taking the average of Europe and America, 44.6 the great Proctor, the astronomer, and per cent of men have light eyes, inis living at present in New York City. cluding blue and gray. The propor-She is a small women, exceedingly tion of women having blue or gray quiet, almost shy in manner, but has eyes is 32.2 per cent. In other words, proved a successful lecturer and writ- blue eyes are decidedly rarer among er in the field where her father won women than among men.

Men have light eyes oftener than women, but in the intermediate shades between light and dark the percentage of the two sexes is very nearly the same. In this intermediate category are brown and hazel eyes. The percentage of these among Write injuries on ice, but kindness men is 43.1 and among women 45.1. Blue eyes are considered to possess

great attractions. This was the case brighter and larger than the other. among the Greeks and Romans of classic times. Upon the goddess Minerva was bestowed a surname to had eyes of this hue.

## THE BENEFIT OF FASTING

The fast cure is one of the new | as to avoid the harmful effects of the ideas from which great benefits may foods it excludes. To keep a person Sophomore. Junior or Senior Year of any of the Collegiate Courses. Rooms to Reat, moderate charge to students over seventeen preparing for Collegiate Courses. A limited number of Candidates for the Eccle iastical state will be received at special rates. St. Edward's Hall, for boys under 13 years, is made up of aliens. The one chance an Englishment has of steady employ-ment is to disguise himself and pre-tend to be a German or a Belgian. One REV. A. MORRISSEY, C. S. C., President.



Health and beauty are the glories of perfect womanhood. Women who suffer constantly with weakness peculiar to their sex cannot re-tain their beauty. Preservation of pretty features and rounded form is a duty women owe to themselves. When women are troubled with irregular, suppressed or painful

menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing down feeling, inflammation of the ovaries, back-ache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melan-choly, "all gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound removes such troubles.

## Case of this Prominent Chicago Woman Should Give Everyone Confidence in Lydia E. Pinkham's Vegetable Compound.

" DEAR MRS. PINKHAM : - It affords me great pleasure, indeed, to add my testimonial to the great number who are today praising Lydia E. Pink-

ham's Vegetable Compound. Three years ago I broke down from ex-cessive physical and mental strain. I was unable to secure proper rest, also lost my appetite, and I became so nervous and irritable too that my friends trembled, and I was unable to attend to my work. Our physician pre-scribed for me, but as I did not seem to improve, I was advised to go away. I could neither spare the time nor money, and was very much worried when, fortunately, one of my club friends called. She told me how she had been cured of ovarian troubles, and how like my symptoms were to hers, seven bottles of your medicine cured her, and she insisted that I take some.

"I did so, and am glad that I followed her advice. Within six weeks I was a different woman, strong and robust in health, and have been so ever since.

'A number of my friends who have been troubled with allments peculiar to our sex have taken your compound, and have also been greatly benefited." — Miss ELIZABETH DALEY, President of the St. Ruth's Court, Order of For-

270 Loomis St., Chicago, Ill. resters, Catholic.

What is left for the women of America, after reading such letters as we publish, but to believe. Don't some of you who are sick and miserable feel how wicked you are to remain so, making life a burden for yourself and your friends, when a cure is easily and inexpensively obtained? Don't you think it would pay to drop some of your old prejudices and "Try Lydia E. Pinkham's Vegetable Compound, which is better than all the doctors for cures?" Surely the experience of hundreds of thousands of women, whom the Compound has cured, should convince all women.

Follow the record of this medicine, and remember that these cures thousands of women whose letters are constantly printed in this paper were not brought about by "something else," but by Lydia E. Pinkham's Vegetable Compound, the great Woman's Remedy for Woman's Ills. Those women who refuse to accept anything else are rewarded a hundred thousand times, for they get what they want - a cure. Moral - stick to the medicine that you know is the Best. Write to Mrs. dosing themselves with drugs or try- Pinkham for advice.

famous dead, most have eyes of gray or blue. Shakespeare had eyes of gray; so had nearly all the English poets. Coleridge's eyes were large, light gray, prominent and of liquid brilliancy. Byron's eyes were gray, fringed with long black lashes. Charles Lamb's glittering eyes were strangely dissimilar in color, one being hazel, the other having specks of gray in the iris. Chatterton's brilliant gray eyes were his most remarkable feature. Under strong excitement one appeared

Gray eyes have ever been the ideal

of all great novelists. Among the

number Charlotte Bronte, George El-

iot, Kilkle Collins and Charles Reade.

Most of the heroine in up-to-date fic-

Of the living great, as well as the

tion are gray-eyed maidens.

As to green eyes, they are for glory. The Empress Catharine of Russia

# ST. MARY'S ACADEMY

Notre Dame, Indiana.



Good Things to Eat on the Lawn

Putind Ham, Beel and Yosgue. Ox Tougue (wpole), Voal Last, Deviled Ham, Brinket Beel, Silced Smoked Beel.

All Natural Flavor Foods. Palatable and wholesome. Your grocer should have them.

Send five in stamps for Libbr's big Allas of the World. Handsome beakies-" How to Make Good thing sto Est"-Free.

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 ST. MARY'S ACADEMY, NOTRE DAME, INDIANA The Mill West of Notro Dame University. Most beautifully and healthfully located. Conducted by the Siters of the Buy Cross. Charter 1885, Utassical, Beterities and Commercial Courses. The Starster 1885, Milling Department transformer of the best conservatory of Mauke is conducted on plantmer transformer to children under trevite years. Physical The Construction of graduate of Dr. Sarger for fitting modeled after leading at school of Physical Training. The Destinational advantage for fitting proceed to the subterfuge by the site of the best conservatory of Mauke is conducted on plantmer trevite work of the choiler do no fits a plant for the state of the school of Physical Training. The Destinational factoring has each needed that the process of additional finance with the process of the dust is conducted on plantmer trevite school of Physical Training. The Destinational for buildings with later process of additional finance with the process of the dust is conducted on plantmer trevite school of Physical Training. The Destinational finance with the process of additional finance with the process of the dust is conducted on plantmer trevite school of Physical Training. The Destinational advantage for fitting process of the candy store next door to him. Then another side. At the res the candy store is an immense fan designed to cool the is cream parlor. The Discustional advantage for fitting fan for a school of St. MARY'S ACADEMY, Notre Dame, Indiana. windows of his dining room. The much for the virtue of the diet itself drugs. noise it makes is deafening. On the Forty-second street side there is a smoking parlor, and as Mrs. Sage de-

tests the smell of tobacco she is compelled to keep her windows closed. So they are going to move to the now deserted mansion of the late Charles Broadway Rouss. On one side lives Henry Clews, on the other D. Ogden Mills.

CHANGE

# Quit Coffee and Get Well. A woman's coffee experience is interesting. "For two weeks at a time I have taken no food but skim milk, for solid food would ferment and

was so nervous and restless. "From chilhood up I had been a past 20 years I have been trying dif- filled in the same way. ferent physicians but could get only temporary relief. Then I read an article telling how some one had been bors, or old friends, very possibly of ,nopolitan. cured by leaving off coffee and drinking Postum, and it seemed so pleasant just to read about good health I de-

cided to try Postum in place of coffee. "I made the change from coffee to Postum and such a change there is in me that I don't feel like the same person. We all found Postum delicious and like it better than coffee. My health now is wonderfully good.

all of my troubles are gone. I am all gone, my bowels are regular, have no more stomach trouble and my Creek, Mich.

Send to the Co. for particulars by mail of extension of time on the \$7,500 cooks contest for 735 money prizes.

band of sixteen wears foreign uni-forms, trims beards in foreign style ments that humanity suffers from machinery, and one of the most com-

GOOD IN OLD-AGE PENSIONS

Simply speaking, the payment of an | sons, or of daughters, who would reold-age pension, say of \$100 each to ceive them and take charge of them every citizen, male or female, who humanely if they could receive a little has passed the age of 70, does not involve a heavy burden to the state. Let us now consider for a moment the advantages which the state, as an The moment it appears that a grandorganization, would receive from such father or a grandmother has \$100 a a system. As matters stand, the mancause such a pressure of gas and such agers of asylums, whether for the distress that I could hardly breathe at poor, or perhaps for the blind, or the upon the state and town in their asytimes, also excruciating pain and insane, or other invalids, are always lums is reduced by a larger proporheart palpitation and all the time I at their wits' ends to know what they | tion than by the charge made by the shall do with the aged people who pensions upon the treasury. Thus are crowded upon them. The alms- the pension system has the great adcoffee and tea drinker and for the houses of towns and counties are

vantage that it maintains life in homes, and that it abates the neces-Now, all these old people are better sity for great institutions or asylums. cared for in the homes of old neigh--Edward Everett Hale in June Cos-

## FOOLED BY SLICK TRAMP

Pastor, who resides at Cranford, N. J., derson complimented him upon his not feeling particularly well, took a energy, and the tramp replied, with "As soon as I made the shift from day off recently and remained at a modest air, that whenever he had coffee to Postum I got better and now home. From the window of his library he observed a tramp entering fleshy, my food assimilates, the pres- his gate and he walked down to the sure in the chest and palpitation are rear door to meet him. It was the old story-a request for a meal. Havbeadaches are gone. Remember I did ing a load of unsawed wood in the not use medicines at all-just left off shed he told the fellow that if he coffee and drank Postum steadily." got to work and performed on the that he had been entertaining a Name given by Postum Co., Battle sawbuck for a brief period he would stranded ventriloguist, who was workhave something prepared for him.

> The tramp went to the shed and immediately the sound of vigorous saw- simply gone into the shed and given ing was heard, stick after stick part- his imitation of sawing wood .- New ing under his energetic efforts. Call- York Times.

Harry Sanderson, manager for Tony | ing the tramp into the kitchen, Sananything to do he generally paid attention to it. The meal was eaten and the tramp expressed his thanks and departed.

As society organizes itself, a very

year to his good, that moment we

shall find that the burden thrown

Shortly after Sanderson went out to the shed and was surprised to find every slick of wood intact. Upon inquiry in the village he ascertained

ing his way back to New York from Easton, Penn. The mean chap had

FORFEIT if we cannot forthwith produce the original lotter and signature of above testimonial, which will prove its absolute genuineress. Lydia E. Pinkham Modicine Co. Lynn, Mass.

### August St. Nicholas.

Among the prize offers in the August St. Nicholas departments are two especially intended to train young readers' powers of observation and discrimination. The editor of Nature and Science asks the girls and boys to send him letters and photographs or drawings of what they find on the beach in August. The Books and Reading Department invites brief arficles from its readers on "Some Recent Books for Young People.", The object of this contest, aside from the training of the contestants, is to learn what books published in the last two or three years have been enjoyed by young readers. The girls and boys are requested not to name books that every one knows, but those that should ready money for the extra expense. be better known.

little money goes a long way in the Some folks are so trifling that when average household of an American. they put on a garment wrong side out ward they leave it that way and try to strike a bargain with Fortune.

> Stops the Cough and Works Off the Cold Larative Bromo Quinine Tablets. Price 25c.

The eye of the master will do more work than both of his hands .-- Frank lin.

## A Plea for Good Manners.

In delivering the Younders' day address at the commencement exercises in a school at Lawrenceville, N. J., Bishop Potter of New York had this to say among other things: "We are getting to be in such a hurry in America that the ordinary civilities are dis appearing out of our education and our life. When you have dismissed good manners out of society you have dismissed that beneficent and kindly instinct-toward your fellow man of which good manners ought always to be the expression."

There are two things that modest men should never undertake-to borrow money or study law.

Mrs. Winslow's soothing Syrap. on, allays pain, curves winh colle. The a bottle

What a man lacks in the back-head he makes up in jaw power.

Defiance Starch is put up 16 ounces in a package, 10 cents. One-third more starch for the same money.

Love is the best lens with which WOODEN PACKAGE MIFG. CO. to view another.

Kindness is the only charm permitted to the aged, it is the coquetry of white hairs .- Feuillet.

Defiance Starch is guaranteed biggest and best or money refunded. 16 ounces, 10 cents. Try it now.



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will do. Sold by druggists or sent postpaid by us, 50 bents, large bor. Satisfaction guarantec. THE R. PAXTON CO., Boston, Mass. 214 Columbus Ave.

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