



BLANCHE BLAIR

THAT Taniac is a wonderful medicine for delicate children is conclusively proven by the remarkable results accomplished in the cases of the three children shown in this picture.

Little Blanche Blair, of Providence, R. I., age 13, gained 10 pounds; Regina McCabe, at right, age 9, of Scranton, Pa., gained 15 pounds; little Richard Leary, Jr., of Philadelphia, who was very delicate, is now in fine, robust health. The statements made by their parents are as follows:

Mr. A. M. Blair, residing at 20 Atwood street, Providence, R. I., said: "We are just so happy over the change Taniac has made in our little girl that we can't do or say enough to show our appreciation. She had lost nearly 20 pounds in weight and looked so frail and weak that her mother and I were both almost worried sick over her condition. Since taking Taniac, she has already gained 10 pounds, her color is better than it ever has been and she looks and acts like a different girl."

Mrs. Catherine McCabe, 414 Dickens Ave., Scranton, Pa., said: "The 'flu' left my little Regina in such a bad condition that I have no idea she would be with me now if it hadn't been for Taniac. It is a mystery to me how she lived on the little she was eating and was so lifeless she never even cared to play with the dolls and toys she got at Christmas. Since taking Taniac she is as hardy and well as any child could be and has gained 15 pounds in weight. I will always praise Taniac for restoring our little 'flu' health."

Richard Leary, 2342 Palethorpe St., Philadelphia, said: "There is no doubt in my mind but that Taniac saved my little boy's life. For two years I wouldn't have been a bit surprised to have seen him drop off at any time. He had stomach trouble and many a time the gas pressed up into his chest until his heart palpitated so I thought sure he couldn't breathe but a few more gasps. But Taniac gave him back to us strong and well and we will praise it to our dying day."

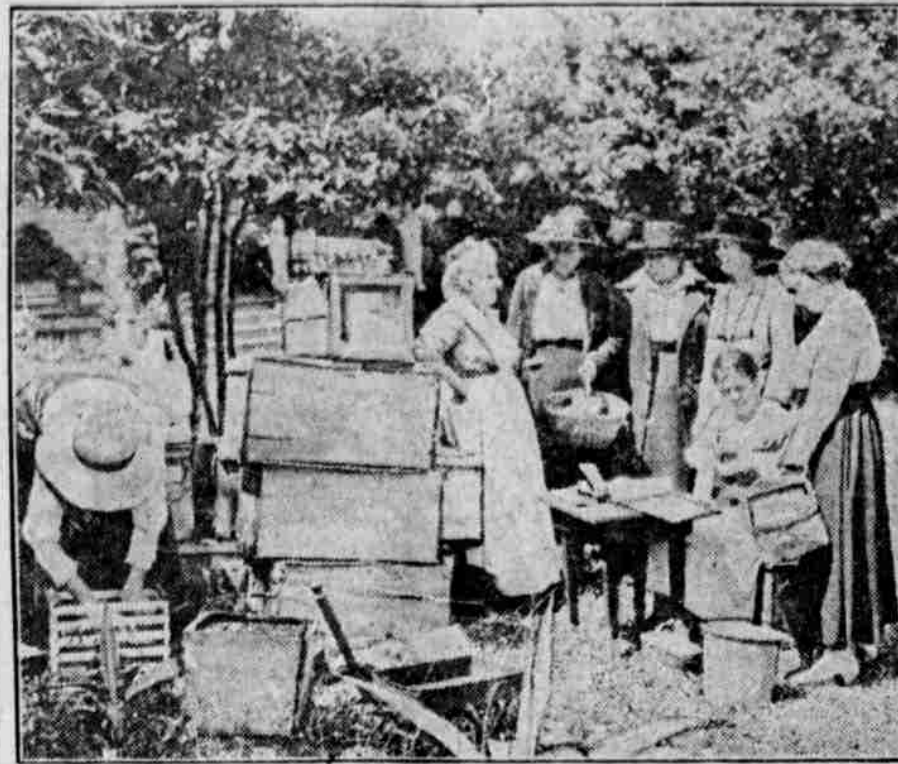
The effect of Taniac on the delicate stomachs of the young is one of the strongest evidences of its wholesomeness as well as its unusual merit. Although a powerful reconstructive, Taniac contains no harmful ingredients, minerals or opiates which are so often found in other medicines. Being composed of the most beneficial roots and herbs known to science it is purely vegetable and can be taken by the most delicate children, and does not upset or injure the weakest or most delicate stomach.

There is a Taniac agent in every town.—Advertisement.



REGINA MCCABE and RICHARD LEARY, Jr.

EGG CIRCLES AID FARMERS IN SOLVING MARKETING PROBLEMS



An Egg-Circle Pay Day Gives Opportunity for Exchange of Experiences.

(Prepared by the United States Department of Agriculture.)

When it is considered that the value of the poultry and egg crop is equal to that of either the hay or wheat crop, and that there is a total annual loss of nearly 8 per cent of the eggs marketed, it is evident that many producers would be benefited by a change in the methods of handling and marketing eggs. Investigations by the United States Department of Agriculture have shown that a good share of this big loss occurs as a result of improper handling between the farm and the market, and much of the carelessness is attributed to the habit of considering eggs a by-product and, consequently, giving them poor care.

Organize a Few Egg Producers. In many communities the problem of getting better returns for eggs has been satisfactorily solved by the organization of several farmers or farmers' wives into little associations known as egg circles. These organizations have been useful in improving the quality of eggs in various ways in addition to better methods of marketing. Some of them have given much attention to selecting standard breeds that lay more or larger eggs. They have also made a study of better care, feeding and shelter.

To improve the quality of the poultry stock, one of the most successful egg companies has a large incubator house of 12,000 eggs capacity, where early chicks are hatched for the members at low cost. This is done in order to obtain early maturing pullets, thus securing eggs during the fall when they are usually scarce and high priced. This company also has a receiving room for eggs where they are candled, sorted to weight (about 24 ounces to the dozen), packed in cartons, and shipped on contract orders. The eggs are all guaranteed to be true to grade; they advertise the fancy grades on their cartons or cases, and market prices are paid to the members.

Twice a year dividends are paid each member in proportion to the number of eggs marketed through the company and the time of year eggs were brought in, a larger dividend being paid per dozen for eggs brought in during the fall and winter than for those brought in during the spring and summer. A regular trade is established with discriminating consumers, with city clubs, with the best class of hotels and restaurants, and with fancy grocers for a supply each day or week.

The reputation thus established enables the association to fix its price at several cents a dozen above the regular market quotations. This association, in common with many others, co-operates in buying chicken feed and other supplies.

Attractive Package is Important. One of the very important considerations in getting a good price for eggs thus marketed is an attractive package. Some of the most successful shippers have done away with dirty, wooden cases, and use a heavy fiberboard case which will hold from 15 to 20 pasteboard cartons of 12 eggs each. Advertising is printed upon both the cartons and the case. Some of the circles market by parcel post within the first and second zones; that is, 150 miles. When eggs are sold in this way, special care must be given to packing.

Another marketing method that has been developed with a good deal of success in dairy sections is to sell through the creamery. Eggs can be delivered to the creamery with the cream or milk, and the creamery officials are often able to work up a fancy trade with those who buy their butter.

The objects of such organizations, as given in the sample constitution compiled by the Department of Agriculture, will give a good idea of what most of these circles attempt to accomplish. They are: The securing of better strains of poultry; to produce more eggs of good color and size; to handle eggs more carefully in order to be able to guarantee them, and thus create a reputation; to market same more directly to the consumer; to purchase supplies in a co-operative way; and to do such other things as may prove of benefit to members of the community.

Now is Good Time to Organize. The winter months, when there is usually more leisure for farmers to get together and talk over their problems, should be the best time to make the first move in organizing an egg circle. Marketing eggs is not such a problem at this season, but when the hens begin to lay heavily in the spring it will be a great convenience to have an organization already in working order. Detailed information regarding the organization of egg circles may be obtained from the Department of Agriculture.

AVOID DISAGREEABLE SMELLS

Unless Scrupulous Care is Taken Unpleasant Odors are Likely to Hurt Products.

In winter smells are apt to find their way to milk and butter quite as readily as in summer. Now these products must be kept in the house, and some artificial heat must be used to keep them from freezing. This close confinement is very apt to bring an unpleasant smell or taste to milk and butter unless the most scrupulous care is taken. Milk ought never to be kept anywhere near the kitchen. If it is, some bad smells will surely be imparted to the milk and cream.

CHARCOAL GOOD PREVENTIVE

Has Great Purifying Effect in Absorbing Noxious Gases—Aids Digestive Disorders.

The value of charcoal can scarcely be over-emphasized, and it should be fed to fowls of all ages as a preventive of bowel disorders and disease. It is best to keep it before the fowls at all times, as there is no danger of their eating too much. Charcoal has a great purifying effect in absorbing noxious gases, and will correct many digestive disorders.

GOOD DAIRYMAN IS DEFINED

Among Other Things He Should Meet and Know Other Men Who Can Handle Cows.

To be a good dairyman you must meet and know other dairymen who know how to handle cows. Read the agricultural papers, and the paper devoted to your breed. Be familiar with the weak and strong points of each animal in the herd and strive to prevent a recurrence of the weak points in the offspring by skillful mating.

ESSENTIALS FOR DAIRY BULL

Future Development of Herd Depends Largely on What Calves Inherit From Him.

Too often the bull is housed in a dark, dirty stall and receives but little attention. Remember the bull is half the herd and that the future development of the herd depends largely upon what the calves inherit from him. The bull at all times should have proper feed and plenty of exercise. The young bull should be fed rather liberally as this is the only means of getting his full size developed and an undersized animal is always looked upon unfavorably.

RAISE CALVES SUCCESSFULLY

Feeder Must Have General Knowledge of Subject and Then Apply It in Practical Manner.

In order to raise calves successfully the feeder must have a general knowledge of the subject, and then apply his knowledge in a practical manner. It is highly important, also, that sanitation be considered one of the most important factors involved in the raising of calves; that all milk must not be lower in temperature than the body heat of the animal, and that all feeds be increased very gradually in amounts.

GIVE BIRDS PLENTY OF GRIT

Good Plan to Dump Supply of Sharp Sand Near Henhouse for Fowls to Work Over.

See that your hens get plenty of grit, either in the form of sharp sand, which can be dumped near the henhouse for the birds to work over, or in the form of a good commercial sandstone grit which has been washed and graded to the right size.

**After Thorough Trial a Detroit, Mich., Man Endorses Pe-ru-na**

The following letter written from Detroit, Michigan is no snap judgment expressed on the merits of Pe-ru-na, the well-known catarrh remedy, but rather a mature, sober opinion formed after a full year's trial.

This is the way Mr. Michael Fako of 908 East Palmer Avenue, in the Michigan Metropolitan, writes: "After using PE-RU-NA for about one year I say I have found it a very good medicine for catarrh. It has helped me a great deal and I am very well satisfied. I have gained in weight, eat and sleep well, my bowels are regular and better color in my face."

"PE-RU-NA has done wonders and to me is worth its weight in gold. I shall continue to use PE-RU-NA as long as I live and recommend to my friends who are troubled with catarrh."

Nothing can be more convincing than an endorsement of this nature from an actual user. There are many people in every community whose experience, in using Pe-ru-na, has been identical with Mr. Fako's. It is the standby for coughs, colds, catarrh, stomach and bowel disorders and all catarrhal conditions. Put up in both tablet and liquid form. SOLD EVERYWHERE.

THINK UNCLE SAM FAIR GAME

Postmaster Asserts That Even the Best Class of Citizens Will Attempt to Cheat Him.

"Many good people," said a postmaster, "try to cheat the post. Clergymen, you know, will smuggle. Well, I've caught missionaries flim-flamming the post office."

"A missionary in Spain used to send thick bundles of Spanish newspapers to his sister. Inside the newspapers would be hidden kid gloves, boxes of sardines, fine Spanish embroideries, letters, all kinds of things."

"There's a deacon in this town who can't see a poorly canceled stamp but he must peel it off the envelope, wash it and use it again. Of course, we always bowl him out."

"The worst game ever tried on us, though, was the work of a professional revivalist. He took an old, canceled postcard, scratched out the cancellation marks with a sharp knife, wrote his message on a piece of paper that he pasted on the card's reverse side, and then tried to send the thing through the mails."

"All these people are good people. Good people, as I said before—people who wouldn't steal a cent—are continually tempted to cheat the customs and the post."—Detroit Free Press.

MOTHER! OPEN

CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP

Your little one will love the "fruity" taste of "California Fig Syrup" even if constipated, bilious, irritable, feverish, or full of cold. A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup," which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.—Advertisement.

Time to Quit

This one from the Flash, published by the Merchants Heat and Light Company:

Harry Warren, five-year-old son of E. A. Distler, came around the other day when the latter was singing the baby to sleep. "She's almost unconscious, isn't she?" he inquired. "Yes," said daddy. "Well, then," said young Harry, "you better quit singing or you'll kill her."—Detroit Free Press.

The Opportunity

In this world the one thing supremely worth having is the opportunity to do worthily a piece of work, the doing of which is of vital consequence to the welfare of mankind.—Roosevelt.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

Exceptions

An astronomer says that the term "fixed," as applied to stars, is a misnomer. Still, we know some stars that are mighty well fixed.—Boston Transcript.

Taken Literally

She—There isn't a single man that I really care for.

He—That's all right. I'm married. Shall we sit down?—The Argonaut.

Hope is the tie which keeps a heart from breaking.

Autos Named, Like Boats.

Autos in Paris are beginning to displace yachts of the sea and fleet horses of the tracks the right to individualities of their own. Here and there one sees an imposing car bearing on the radiator the name chosen by the owner, perhaps fanciful, perhaps that of some dear one, and the fad is rapidly becoming popular. Names of persons thus far are more often seen than those of poetical, historical or literary allusion, and already the new fashion is giving rise to good-natured gossip.

There probably would be more woman inventors if they were anxious to discover new wrinkles.

for that COUGH! KEMP'S BALSAM Pleasant to take Children like it.

Classification

We had but recently moved into the town, writes a correspondent, and I went to church on Sunday, accompanied by my daughter.

After the services the minister rushed to the door to shake hands with us, and said to Hilda: "And why didn't you bring your daddy with you?"

She replied, "Oh, he's home taking care of brother. He doesn't care for churches or picture shows, anyway."

Old Friend Now

"Still following up that chorus girl's divorce suits?"

"Yes, I've read so much that they no longer seem like the scandals of a perfect stranger."

Urban Ignorance

"Ever go chestnutting?"

"No; what do you do, follow a worm?"—Boston Transcript.

ALL MEN AND WOMEN

When in Need of a Tonic Should Start on the Road to Wellville by Following This Advice

Davenport, Iowa—"Dr. Pierce's medicines have given my family the utmost satisfaction for the past fifteen years. I have taken 'Golden Medical Discovery' off and on, whenever in a rundown state or in need of a tonic, and one bottle each time restored me to a perfectly healthy condition.

"My wife praises Dr. Pierce's Favorite Prescription most highly for it tided her through middle life without the customary heat flashes, dizzy spells and nervousness."

"We think there are no medicines equal to Dr. Pierce's for they never once failed us and we both take the greatest pleasure in recommending these remedies to our friends."—S. P. Plumb, 129 W. 11 St.

Obtain now from your neighborhood druggist Dr. Pierce's Family Remedies, tablets or liquid. Write Dr. Pierce, Pres. Invalids' Hotel in Buffalo, N. Y., for free medical advice.

**A "balanced diet" may sound confusing to many people**

The facts, as explained here, are simple.

The secret of a "balanced diet" is to have food containing all the elements needed for proper nutrition. These elements are protein, to nourish the tissues; starch and sugar to furnish energy; fat to supply heat; and mineral salts to provide the material necessary for building nerves, brain, and tooth and bone structure.

Grape-Nuts, the nourishing cereal made of whole wheat flour and malted barley, served with cream or milk, is a complete food for young and old alike.

Go to your grocer today and get a package of Grape-Nuts. Eat it with milk or cream for breakfast; or with stewed fruit, jelly or jam, as a delicious dessert for lunch or dinner.

Every member of the family will relish this palatable and nourishing food—

**Grape-Nuts—the Body Builder**  
"There's a Reason"

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

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Among Other Things He Should Meet and Know Other Men Who Can Handle Cows.

**Regularity**  
Nujol makes you regular as clockwork.

Without forcing or irritating, Nujol softens the food waste. The many tiny muscles in the intestines can then remove it regularly. Absolutely harmless—try it.

**Nujol**  
For Constipation

A Reliable Firm to Ship to  
**Rice Brothers**  
Live Stock Commission  
Cattle—Hogs—Sheep  
Sioux City Stock Yards

W. N. U., SIOUX CITY, NO. 2-1922