dakota county herald

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HONORS RESTED WITH CHOATE
 a strong constitution?

To bave sound, healthy nerves, completely under
control, digestive organs that are capable of absorbing a hearty meal, means you have a atrong constitutiont a hearty meal, means you have a strong constitutiont
Your general attitude is one of optimism and energyBut an irritable disposition, frequent attacks of
tndigestion, and a languid depression, indicate your system is not in correct working order.
Probably you are not eating the proper food.
Frobably the nutritious elements are not being supplied to your system in the proper way.

Grape-Nuts is the wholesome, delicious cereal hat promotes normal digestion, absorption and elimiout auto-intoxication. A mixture of energy-giving wheat and malted barley comprise the chief elements of Grape-Nuts. A dish at breakfast or lunch is an
excellent, wholesome rule to follow.

You can order Grape-Nuts at any and every hotel, restaurant, and lunch room; on dining cars, on lake boats and steamers; in every good grocery, large and
amall, in every city, town or village in North America.

Grape-Nuts-the Body Builder

##  <br> 

## Do you know what constitutes

 British Peers Selling Estates| Claim Action Is Forced Upon Them by Taxation and Death Duties. |  |
| :---: | :---: |
| MUST SEEK SMALLER HOMES |  |
|  |  |
|  |  |
|  | from a fructured rib sustalned three weeks ago, when a door blowing shut |
|  |  |
|  |  |
| $\begin{aligned} & \text { the nobility is dividing and selling hils } \\ & \text { boldings, many of whtch have been in } \\ & \text { the hands of single familles for cen- } \\ & \text { turies. } \end{aligned}$ |  |
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|  | Columbux ${ }^{\circ}$ |
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|  | will be at thing of 1 |



 $\left.\begin{gathered}\text { Some men juage by appearances, but } \\ \text { detectives judge by dibsppearances. }\end{gathered} \right\rvert\, \begin{aligned} & \text { but } \\ & \text { home. } \\ & \text { lire. }\end{aligned}$

LISTEN TO THIS, YOUNGSTERS

No Exams, No Home Work in
These Public Schools.
Evanston Superintendent Announces
New Regime Which Includes Mu-
New Reogime Which Includes Mu-
sic, Folk Dances and Movies.
 Tolk danchg is as great a spur
youthrul bratus as is geography,
 76, comprising the South Evansto
schools, who amnounced a new regime
for the Ling Por the Lincoln, Onkton, Ceatral an
Washington grade schools.
The
The four schools woll be open to
the pupls from $8: 30$ oclock in the
ing last untII ten at nitght. Classes $8: 30$ in the afternoon.
wil last untlil $3: 30$ in the afternoon,
but puplis wil be permitted to go go
nome at any hour thetr parents deare

and movement becomes painful it and movement becomes painful it
is usually an indication that the
kidneys are out of order. Keep

$\qquad$

 MOTHER! MOVE CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP


