

**KEEPING WELL MEANS  
A CONSTANT FIGHT  
AGAINST CATARRH**

Many diseases may be described as a catarrhal condition. Coughs, colds, nasal catarrh, stomach and bowel disorders are just a few of the very common ills due to catarrh.

**DR. HARTMAN'S  
PE-RU-NA**

Tablets or Liquid Sold Everywhere

**A Good Time Coming.**

There was company at dinner, and the son and heir listened to the conversation. During meal an animated discussion arose regarding the feeling which, someone maintained, still existed between the North and the South. The minister remarked:

"The time is coming not so far off, when there will be no north, south, east or west, and—"

"Won't that be splendid," interrupted little Willie.

"Why does that interest you?" asked the boy's astonished parent.

"Because it will be so much easier to learn geography."—Harper's Magazine.

**Petrified Apple.**

Dr. C. E. Holt of Otis, Me., is puzzling local scientists with what appears to be a petrified apple. It was picked up on the shores of a nearby lake, and whether the "apple" is petrified, the work of nature, or of a clever stonecutter cannot be decided. It is perfectly formed, yellowish white in color, natural fruit shape, about two inches in diameter and exact even to the stem, leaf and a decayed portion of the skin.

**Freshen a Heavy Skin**

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Advertisement.

**Valuable Experience.**

"Has woman's participation in politics benefited the home?"

"It has," replied Mr. Meekton. "Her arguments at some of the meetings have convinced Henrietta that there are people in the world just as hard to get along with as I am."

No man can make a mountain, but some men can make a big bluff.

**QUEER METHOD OF DEFENSE**

Fishes That Have the Power of Inflating Their Bodies, Frightening Their Enemies.

The swell fishes of tropic coast waters have the power of suddenly inflating the body with water or air until they assume an approximately globular form several times the normal diameter, which must be disconcerting to any enemy about to seize one. The porcupine fish, in addition to doing this, has the body everywhere covered with long, sharp spines which project in every direction like the quills of a hedgehog. The trunk fishes, instead of being protected in this way, have the body encased in a bony shell, like a turtle. In the East Indies there are rectangular species, but ours are three-cornered, beechnut shaped. They go by various names—cuckold, shell-fish, and so forth, the coward being a species with two hornlike spines projecting from its forehead. They are excellent eating, cooked in the shell like a lobster. The back muscles of the swell fishes are sometimes eaten, but make a risky delicacy, as there are well-authenticated instances of severe poisoning from eating these fishes. The poison seems to be localized in the viscera and to permeate the rest of the fish after death.

**Too Full for Utterance, Maybe.**

"When Parson Goodleigh tried to start his fivver he choked the engine off three times in succession."

"Ha! Did he make any remarks appropriate to the occasion?"

"No, he didn't, but he didn't, have exactly the same kind of expression on his face he wears when he says, 'Let us pray.'"—Birmingham Age-Herald.

**C'mon.**

"I'm lookin' fer a harness shop."  
"C'mon. Them's the corsets."—Louisville Courier-Journal.

**RICHES WAITING  
FOR LOST GIRL**

Palatial Home, Land and Fortune for Child of Romance Who Is Being Searched for.

New York.—Somewhere in the United States is a seventeen-year-old girl, a Spanish-American child of romance and adventure, for whom a large fortune is waiting.

Back in Spain an aristocratic old Castilian grandfather is fretting away his last years for her, and, here in America, three wealthy uncles are seeking her to tell her that a fourth uncle has died and left her a great estate.

Helen Owen, the missing heiress, is the daughter of the late Warren D. Owen, a Roosevelt Rough Rider, who won the daughter of Don Esteban Garcia in Cuba, in the Spanish-American war. Rough Rider Owen fought a duel for the hand of Senorita Garcia with her proud old father. It is stated by



She Escaped Through a Window.

Clyde Owen of Pittsburgh, Pa., who went to Chicago seeking the girl. Since then both have died, and the girl has disappeared, after 17 years of as romantic a life as her parents lived before her. The father died in April, 1920, at New Bedford, Mass., and since then the girl's uncle has died, leaving his estate to the young woman.

Helen, inheriting the temperament of her parents, was too fond of the freedom which she was accustomed to. She enjoyed cabarets, dances and the "movies." It is believed that the girl came before the juvenile authorities on several occasions.

The girl was sent to a home in Chicago because of her wild escapades. She escaped through a window one night and has never been heard of since. It is believed that she has changed her name from Owen to Gordon.

If the much-sought girl can be located, she will have a palatial house, six acres of land and many thousands of dollars.

**SHARK KILLED BY PROPELLER**

Owner Could Not Guess Cause of It Because Vessel Was in Clear Channel.

Norfolk, Va.—Henry Owens had the scare of his life when he was making his way into Horn harbor, in Mathews county, a few days ago, in his motorboat.

His boat was speeding along at about 14 knots when it struck some obstacle that shook the craft from stem to stern. The boat was in deep water and a clear channel. Owen could not account for the collision with the submerged object.

The boat's engine went dead after the collision, and Owen went to the stern of his boat to see what the trouble was. He found the fast revolving propeller of the boat had killed a shark. There was blood all over the surface of the water.

The shark measured nine feet. Its body was cut in several places when it came to the surface after its contact with the propeller.

**Divorced 30 Years, They  
Have Knot Tied Again**

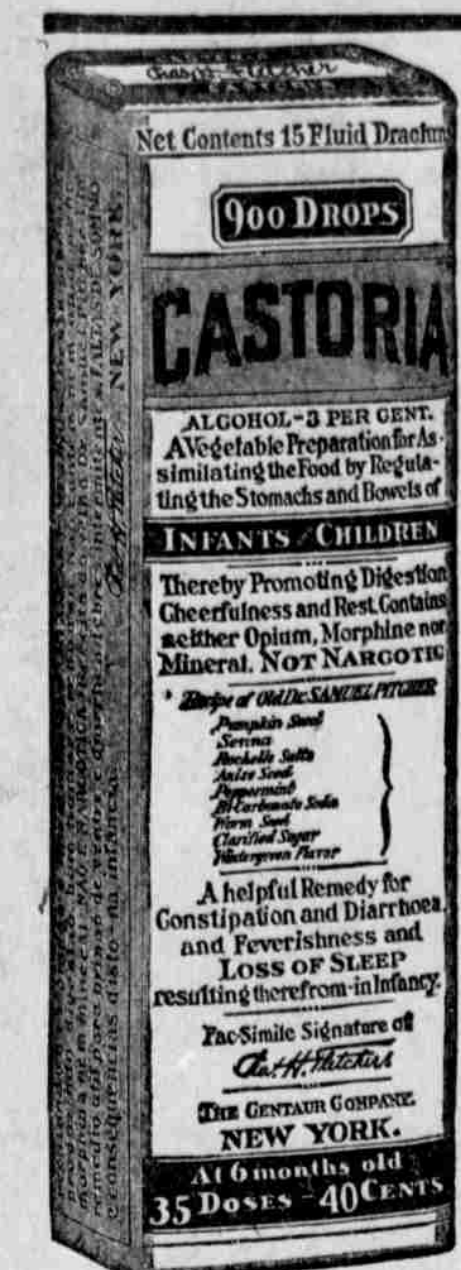
Waldon Altwood of Oregon, 33, seventy-five years old, and Lydia Altwood, sixty-nine, his former wife, from whom he was divorced 30 years ago, were recently remarried at Dixon, Ill. Altwood, in his marriage license, gave his business as a hunter and fisherman.

**Batted Ball Killed Boy Pitcher.**

Baltimore, Md.—While pitching in a baseball game on the grounds of the State Normal school, Andrew Ensor, fourteen years old, was killed. He threw a ball to Edward Lightcap, fourteen, who was batting. Lightcap hit the ball which struck Ensor behind the right ear, causing concussion of the brain.

**Put Baby in Mail Box.**

Trenton, N. J.—A baby boy was found here in a mail box with a bottle of milk for nourishment. The chance finder was a farmer. The mail box was near the place where a mother recently deserted a baby girl.



Exact Copy of Wrapper.

**Children Cry For**



**Special Care of Baby.**

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

**GENUINE CASTORIA ALWAYS**

Bears the Signature of

*Chas. H. Fletcher*

THE CENTAUR COMPANY, NEW YORK CITY.

**BALKED AT WORD "COMMON"**

Profiteer Felt It Was Due to His Dignity to Have Nothing But the Very Latest.

Bishop Homer Stunts said at a dinner in Omaha:

"If we were all as ambitious to progress ethically as our war profiteers are to progress socially, it would be a very good thing."

"A war profiteer decided recently to drop the Baptist faith and turn Episcopalian, as all the bang-up people in town went to the Episcopalian church."

"So he visited the bookstore and asked for the hymnals, Bibles and so forth that he would need in his new way to worship."

"He seemed well enough pleased with the volumes that the salesman laid before him till he came to the Book of Common Prayer. Over this he frowned and shook his head."

"This'll hardly do," he said, and he tapped the title with his forefinger. 'Let's have something a little more select, ho.'"

**Poorly Equipped.**

"Funny how some people try to get along with no household equipment at all," remarked Juggins. "Why, those new neighbors of mine haven't a lawn mower, a hose, a stepladder, a saw, a fishing rod, an ice cream freezer or any new books."

"How in the world do you know they haven't?" asked Muggins.

"Why, the day after they moved in I stepped over in a neighborly way and tried to borrow those things."—New York Sun.

**Security.**

"Pa, what is security?"  
"Security, my boy, is something worth fifty dollars on which a banker will lend you two dollars."

Happy is the woman who has as many changes of gowns as she has of mind. Also unusual.

**Not Quite Finished.**

The most embarrassing moment of my life was when a new stenographer came to work for my boss. About noon of her first day with us I wrote to the old stenographer and I left the note in the typewriter when my boss called me in. Just then the new stenographer came back from lunch and she read the note.

"When I came out of my boss' office she said, 'There is a note of yours in the typewriter. Do you want to finish it?'"

The note read: "Dear Peggie—I am writing to let you know of our new stenographer. She is dead from the neck up and as slow as molasses. She has a face like a—."—Chicago Tribune.

**Reasonable.**

The matron entered the seasick passenger's cabin softly.

"Is there anything," she said, "anything at all that I can do to make you feel more comfortable?"

"There is," remarked the girl who was doing her first-time-across. "If you don't mind."

"Not at all, my dear, not at all!"

"Well, then, if it's perfectly convenient, you may pick me up and let me down on the ground under a large tree, please!"—Richmond Times-Dispatch.

**Work for Two Presidents.**

It almost seems advisable that the people elect two Presidents every four years; one to shake hands, talk, meet the public and lay cornerstones; the other to be President.—Portland Journal.

**Fair Resemblance.**

"Have you anything in the shape of celery, water?"

"There's rhubarb, sir."

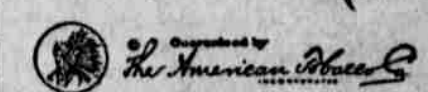
Be fair; then you need fear neither God nor man.

One never realizes the aimless life of a policeman until the officer attempts to shoot a dog.



**LUCKY STRIKE**  
CIGARETTES

**It's toasted**  
TO seal in the delicious Burley flavor  
Once you've enjoyed the toasted flavor you will always want it



**Indians' Idea of Man's Origin.**

How the Earthmaker making man from bits of clay, first did not bake him long enough and he came out white, and secondly baked him too long and he came out black, and thirdly baked him just right and he came out red, is the Cree Indians' explanation of the creation of the races of man. This and 24 other Indian myths are contained in a collection of Indian lore recently compiled by Charles E. Brown, curator of the Wisconsin State Historical museum, Madison, for summer session students at the University of Wisconsin.

**A Steady Aim.**

Miss Catt—"What is her aim in life?" Miss Nipp—"Making a target of her husband."

**Western Canada  
Land of Prosperity**

offers to home seekers opportunities that cannot be secured elsewhere. The thousands of farmers from the United States who have accepted Canada's generous offer to settle on FREE homesteads or buy farm land in her provinces have been well repaid by bountiful crops. There is still available on easy terms

**Fertile Land at \$15 to \$30 an Acre**—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. With such success comes prosperity, independence, good homes and all the comforts and conveniences which make life worth living.

**Farm Gardens, Poultry, Dairying** are sources of income second only to grain growing and stock raising. Attractive climate, good neighbors, churches and schools, good markets, railroad facilities, rural telephone, etc.

For certificate entitling you to reduced railway rates, illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, etc. write

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W. N. U., SIOUX CITY, NO. 37-1921.



**Brighten Up Your Walls This Fall**

Have the walls of your rooms cheerful and sanitary, to reflect cheerfulness instead of gloom. Have walls that will harmonize with rugs and furniture, colors that will enhance and not detract from your gowns and personal appearance.

**Alabastine**

for Your Walls—Instead of Kalsamine or Wallpaper

Alabastine will give you that soft, pastel effect in neutral colors that so many are enjoying in the most attractive homes and public buildings. Alabastine is artistic, sanitary, durable and economical. Alabastine has distinctive merits recognized throughout the world; ready to mix and use by adding cold water.

**Our Decorative Service Department**

Our decorative department has the ability to serve you, and the desire to do so. We have the experience of planning interior decorations for thousands of the best homes and that experience is yours for the asking. Remember, there is only one quality of Alabastine and at a very economical cost.

You purchase the same identical material that goes into the home of the millionaire. The Alabastine packages always have the cross and circle printed in red and are identical in quality. This being the case, the question of whether your walls are artistically decorated depends on the proper treatment of colors.

Write us a postal that you are interested and we will send you a Chart that may be easily filled in with the information that will enable our artist to work intelligently and there will be no cost or obligation on your part. Our reason: A properly decorated building is one of our best advertisements.

**The Alabastine Company**

1653 Grandville Avenue Grand Rapids, Michigan

ORGANIZATION RESPONSIBILITY INTEGRITY  
**RICE BROS.**  
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SHIP YOUR CATTLE, HOGS AND SHEEP TO US  
"SERVICE THAT SERVES"  
Accurate Market Reports Gladly Furnished Free  
Write Us—Sioux City—Chicago—Sioux Falls—Wire Us