

## SUFFERED SEVEN LONG YEARS

Finally Relieved by taking Lydia E. Pinkham's Vegetable Compound

Ravenwood, W. Va.—"For seven long years I suffered from a female trouble and inflammation so that I was not able to do my housework. I consulted several doctors but none seemed to give me relief. I read in a paper about Lydia E. Pinkham's Vegetable Compound so I decided to try it, and before the first bottle was gone I found great relief so I continued using it until I had taken eight bottles. Now I am very well and can do my own housework. I can gladly recommend Lydia E. Pinkham's medicine to suffering women."—Mrs. BERTHA LIERING, R. F. D., Ravenwood, W. Va.

The ordinary day of most housewives is a ceaseless treadmill of washing, cooking, cleaning, mending, sweeping, dusting and caring for little ones. How much harder the tasks when some derangement of the system causes headaches, backaches, bearing-down pains and nervousness. Every such woman should profit by Mrs. Liering's experience. Remember this, for over forty years Lydia E. Pinkham's Vegetable Compound has been restoring health.

**Perforating Envelopes.**  
Perforation around the return address of an envelope enables the receiver of the letter to use the corner card as the address for a return letter. By tearing off the perforation the name and address of the sender may be taken from the envelope and pasted on the answering letter. Such practice, according to Popular Mechanics, will insure correct addressing.

## FRECKLES

Now is the Time to Get Rid of These Ugly Spots.  
There is no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these blemishes.  
Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.  
Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.  
**He Knew.**  
"Willie, I suppose you know what a caterpillar is?" "Yes'm, it's an up-hoistered worm."  
A Jewish girls' club has been organized in Shanghai, China.

# Find Cause of 'Wound' Shock

Doctor Canon of Harvard and Aids Announce Results of Experiments During War.

## DIFFERENT FROM SHELL DAZE

Condition Usually Develops Some Hours After Serious Wound or Accident—Dead Tissues Become Toxic and Poisonous.

Cambridge, Mass.—Discoveries made by Dr. Walter B. Cannon of the Harvard Medical school and other American, British and French medical officers toward the close of the World war have brought forth new evidence regarding the cause and nature of the strange phase known as "shock," a condition that led to innumerable deaths in war time and frequently has a similar result after accidents in time of peace.

"Shock, or wound-shock, as it is often called, has long baffled the medical profession," Doctor Cannon said to a press representative, on being asked to describe the results of his important work.

### Occurs After Any Accident.

"This condition, which, by the way, should not be confused with shell-shock, an entirely different phenomenon, usually develops some hours after a serious wound or accident. It frequently followed grave shell wounds in the war, and often comes on after a person has been seriously hurt in an accident in times of peace, after, for example, he has had a limb crushed in a railroad accident.

"There have been numerous theories of the nature of shock. Some doctors held that shock resulted from nervous collapse, others that it came from a clogging of blood vessels by fat from wounds, some that it was due to paralysis of the nerves controlling the arteries, others that the adrenal gland was somehow affected so as to do the mischief, and so on.

Our work in France gave us opportunity to study shock in the utmost detail. One by one we threw out the theories advanced in former years.

### Establish Real Cause.

We at length finally tested and established the fact that the condition results from the tearing or crushing of muscles or other tissues by missiles moving with terrific velocity. The damaged or dead tissue soon becomes toxic, or in other words acts like a

sort of poison. This toxin causes an increased permeability of the smallest blood-vessels, the capillaries, and thus there is lost through their walls quantities of the fluid portion of the blood which should be in circulation. The result is somewhat similar to that of great loss of blood from the body."

American, British and French medical and surgical officers co-operated in the investigations, some of which were made at Bethune in 1917, some in London, and others at Dijon in 1918 in a laboratory of the American expeditionary force under Doctor Cannon's direction.

"Toward the end of the war," concluded Doctor Cannon, "we had learned much about methods of treating such cases, finding that it was helpful to keep the patient amply warm, to give him quantities of water, and, if necessary, to transfuse blood into the system from somebody else's."

# Says Earth Is Speeding to End

Pastor Outlines Nine Ways by Which World May Meet Destruction.

Detroit—The world is traveling on its way to destruction at the rate of 600,000 miles a day, so the Rev. George T. Gullen of the West Grand Boulevard M. E. church believes. That was a sure thing, he declared, and further he said there are at least eight other ways in which the old world may come to its end before the fatal ending of the "death journey."

First, he declared, the axis of the earth might decide to shift about a few degrees, with the result that the oceans would sweep over the dry lands and destroy all life before an ark could be built. If that fails to occur there might be a failure of internal fires and the crust of the earth would absorb all the water and the air. The death of our planet might, on the other hand, be brought about by the heat of the sun dying out and leaving the earth a mass of ice. There was just a possibility that we might all be asphyxiated by the earth passing through the tail of a comet, or this

## PREDICTS SLUMP IN SHIPPING

New Chief of Japanese Steamship Firm Is Michigan University Graduate.

Tokyo.—Japan's greatest steamship company, the Nippon Yusen Kaisha, has selected as its president Yonejiro Ito, who is a graduate of the University of Michigan.

Mr. Ito, who has been serving as vice president of the company, takes the place of Baron Rempel Kondo who died recently.

In a statement to the press President Ito said that the world's supply of ships is so in excess of the cargo demand that it is natural that the freight market should be as depressed as it is.

He considered the outlook a dark one and said that Japan should be prepared to face a long period of serious depression in the shipping business.

### Molasses Haits City Council.

Williamson, W. Va.—Molasses caused the postponement of the monthly meeting of the city commission of Williamson. The city fathers gathered in their meeting room, only to find that some miscreant had smeared molasses on the seats of their chairs.

planet might collide with another world wandering through space.  
**Another Way.**  
And the end might be brought about by the slowing down or the speeding up of the rate of the earth's rotation on its own axis. The rotation at present is just sufficient to counteract the centrifugal force of the sun and if it were slowed down the earth would fly into the sun, starting at the rate of 1,100 miles an hour and be consumed. If the rate of rotation were accelerated the earth would fly out into space into a temperature of 400 degrees below zero and the oceans would be frozen to their utmost depths.

Other ways by which Mr. Gullen could see the world come to its end were the closing up of all volcanoes and other vents for gases, the inevitable result of which would be a terrific explosion that would shatter the world or bring part of the atmosphere to such a heat that the oxygen and nitrogen would unite and cause a combustion of the atmosphere.

That such disasters were not impossible was shown, he said, by the spectroscope, by means of which man could read the life history of the planets. He added:

"The spectroscope shows that one planet is in a state of white heat, that another showing yellow is on the down grade, that Mars is dying, that the moon is dead, while Jupiter is just getting ready for sentient life. This world is on its way to death, for it is traveling straight toward Hercules 600,000 miles a day, and while the distance is immense it is not infinite."

### The Great Danger.

But the greatest danger that Mr. Gullen thinks confronts the earth is a collision with a dead star. Such a star would be invisible until it came within the range of the sun's rays, which would be when it was five times as far away as Neptune. It could then be seen in the telescope. In twenty-five years more it would be visible to the naked eye. In five years more it would pass Neptune and in 145 days from that time if it kept straight on, it would strike the earth. That would give us thirty-two years and 145 days of warning from the time the dead world was first picked up by the telescope.

Science tells us the end is coming, the preacher went on more reassuringly, but it does not believe the end is near. It estimates that God took ninety million years to make the world habitable by man and that man's life on it is perhaps 100,000 years.

His comparatively optimistic comment at the finish was:  
"Why could God spend all that time in making a world if it is to be destroyed so soon? God wastes neither space, material nor time. He is too busy. He is continually making new worlds, but He does not destroy them almost as soon as they are made."

The Swiss people were the first to date their coinage.  
Medical science is unable to explain the cause of warts.  
Fully two-thirds of a college education is more ornamental than useful.



Your New Home should be made artistic, sanitary and livable.

These walls should be Alabastined in the latest, up-to-the-minute nature color tints. Each room should reflect your own individuality and the treatment throughout be a complete perfect harmony in colors.

The walls of the old home, whether mansion or cottage, can be made just as attractive, just as sanitary, through the intelligent use of

# Alabastine

Instead of kalsomine or wallpaper

How much better, when you have a new home, to start right than to have to correct errors afterward from former treatment with other materials, when you come to the use of Alabastine, as does nearly every one sooner or later.

Once your walls are Alabastined you can use any material over it should you desire, but having used Alabastine you will have no desire for any other treatment.

Alabastine is so easy to mix and apply—so lasting in its results—so absolutely sanitary—and so generally recognized as the proper decorative material in a class by itself that it is becoming difficult to manufacture fast enough to supply the demand.

Alabastine is a dry powder, put up in five-pound packages, white and beautiful tints, ready to mix and use by the addition of cold water, and with full directions on each package. Every package of genuine Alabastine has cross and circle printed in red.

Better write us for hand-made color designs and special suggestions. Give us your decorative problems and let us help you work them out.

**Alabastine Company**  
1655 Grandville Ave. Grand Rapids, Mich.

## IN YOUTH'S GAY SPRINGTIME ROOM FOR YOUNGER CRITICS

Incident of Innocent Pleasure That Excited the Admiration of Gabe Johnson.

"It shore does a feller good to see the innocent pleasure children get out of the coming of spring!" said Gabe Johnson of Rumpus Ridge. "The first right warm day most of my young 'uns swarmed, as you might say. Wife took and ripped 'em out of their underclothes that she'd sewed 'em up in last fall, and they hit the path for the creek, scratching and cussing merrily.

"They found there seven or eight of Gabe Giggery's kids, three or four of Jim-Tom Tully's, a bunch of Zeke Yawkey's and several more that nobody could tell whose they were till they got their faces washed. Well, then there was a grand hooraw as they all shucked themselves and whirled in to tying each other's clothes up in hard knots, and fighting about it, and such as that. Round and round and over and under they went, till they all fell into the drink and kept right on lamming each other till they knocked all the water out of the creek."—Kansas City Star.

**In Hard Luck.**  
A few months ago, when writing a letter to a girl I had recently met, I placed it in the desk drawer unsealed and later mailed it. About a week after I received a formal note, thanking me for a little file I had enclosed, and adding that really she saw no reason why I should go to such trouble when she already had a complete ivory set. Apologies were in order, and I tried to be as diplomatic as possible in explaining that in the drawer I temporarily put the letter I have any number of trinkets and, unknown to me, the file must have slipped in.—Chicago Tribune.

**In Memoriam.**  
A crowded elevator in a western office building was nearing the bottom of its descent when it suddenly dropped a few feet, recovered, and continued its trip at a normal rate.  
"It's all right," said the elevator boy reassuringly. "If it had fallen it would only have meant a couple of stories."  
"That's all," replied a portly gentleman, casting a solemn eye upward. "Just two—one in the Star and one in the Times."—American Legion Weekly.

Death from snakebites are numerous in Afghanistan.

Fully two-thirds of a college education is more ornamental than useful.

There's a Reason Why Grape-Nuts makes a helpful breakfast and a profitable lunch for the worker who must be awake and alert during the day. Grape-Nuts is the perfected goodness of wheat and malted barley, and is exceptionally rich in nourishment. It feeds body and brain without tax upon the digestion.

**"There's a Reason"**

## Radiophone Chess With Sweetheart



For three hours Miss Reeva E. Berke of New York city played chess with her sweetheart, H. L. Rogers, who was in Erie, Pa. Radiophone is the answer—the game being a "stunt" of the radio show on the Hotel Pennsylvania roof.

## BIG PROFIT IN RABBITS

Large Increase in the Industry in This Country.

Iowa Boy Clears \$1,200 in One Year by Raising Them in His Back Yard.

Washington.—Raising rabbits for the market is becoming a pleasurable and profitable industry in certain parts of the country. A resident of Kansas City, Kan., has raised 800 to 400 pounds of rabbit meat a year for his own table at a cost of only eight to ten cents a pound. In Nebraska a large religious institution that has raised rabbits instead of poultry reports the meat more satisfactory than chicken and the experiment profitable. According to a former county commissioner of Washington, rabbits were grown on the county farm to provide a substitute for chicken for the

county hospitals; the initial stock, numbering 119 rabbits, increased to 1,200 in two months, besides those used in the hospitals.  
A high school boy in Iowa, who breeds registered stock on a space 23 feet square in his back yard, raised enough rabbits in 1918 to clear more than \$1,200. An Ohio farmer sends 400 pounds of rabbit meat a week to city restaurants, yet is unable to meet the demand. The foregoing are concrete examples of what has actually been done from records of the bureau of biological survey of the United States Department of Agriculture.

"It is now well known that rabbit meat," says Ned Dearborn, assistant biologist, in a bulletin to farmers, "is as fine as that of poultry, and that a prolific ten-pound doe can easily raise in a year 20 young, which at five months will produce not less than 50 pounds of delicious meat. By means of compound hutches, all this can be done on an area 4 by 6 feet. Half an

## Why That Bad Back?

Is backache keeping you miserable? Are you "all played out" without strength or vigor for your work? Then find what is causing the trouble and correct it. Likely, it's your kidneys! You have probably been working too hard and neglecting rest and exercise. Your kidneys have slowed up and poisons have accumulated. That, then, is the cause of the backache, headaches, dizziness and bladder irregularities. Use Doan's Kidney Pills. Doan's have helped thousands and should help you. Ask your neighbor!

### A South Dakota Case

Mrs. E. L. DeMott, Springfield, S. D., says: "I had an attack of kidney trouble. My back was lame and I had a dull pain in the small of my back and felt miserable. I had nervous spells and the back and top of my head pained. I used Doan's Kidney Pills and was relieved in every way."

Get Doan's at Any Store, 60c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

## Acid Stomach for 10 Years

NOW A DIFFERENT WOMAN

### Earnestly Praises Eaton

"My wife was a great sufferer from acid stomach for 10 years," writes H. D. Crippen, "but is a different woman since taking Eaton's."  
Sufferers from acid stomach—let Eaton's help you also. It quickly takes up and carries out the excess acidity and gases and makes the stomach cool and comfortable. You digest easily, get the full strength from your food, feel well and strong, free from bloating, belching, food repeating, etc. Big box costs only a trifle with your druggist's guarantee.

## Kill All Flies!

THEY SPREAD DISEASE  
Fly Killer  
HAROLD BOMERS, 100 De Kalb Ave., Brooklyn, N. Y.

**PARKER'S HAIR BALM**  
Restores Color and Beauty to Gray and Faded Hair  
HINDERCORNS  
"A CARPET OF GREEN"

In Montgomery County there is a real chance for the white farmer. For be sure, Farm Sec. 215 Hill Side, Montgomery, Ala.