

AN OPEN LETTER TO WOMEN

Mrs. Little Tells How She Suffered and How Finally Cured

Philadelphia, Pa.—"I was not able to do my housework and had to lie down most of the time and felt bad in my left side. My monthly periods were irregular, sometimes five or seven months apart and when they did appear would last for two weeks and were very painful. I was sick for about a year and a half and doctored but without any improvement.

A neighbor recommended Lydia E. Pinkham's Vegetable Compound to me, and the second day after I started taking it I began to feel better and I kept on taking it for seven months. Now I keep house and perform all my household duties. You can use these facts as you please and I will recommend Vegetable Compound to everyone who suffers as I did."—Mrs. J. S. LITTLE, 3455 Livingston St., Philadelphia, Pa.

How much harder the daily tasks of a woman become when she suffers from such distressing symptoms and weakness as did Mrs. Little. No woman should allow herself to get into such a condition because such troubles may be speedily overcome by Lydia E. Pinkham's Vegetable Compound, which for more than forty years has been restoring American women to health.

Comfort Your Skin With Cuticura Soap and Fragrant Talcum
Soap 25c, Ointment 25 and 50c, Talcum 25c.

Got the Last Word.
Mrs. Scrupp—The doctor says I crave things that don't agree with me.
Scrupp—That's nothing. I once had the same trouble.
Mrs. Scrupp—When was that?
Scrupp—When I married you.

Important to Mothers
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *W. D. Hoagland*.
In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

Covering the Situation.
Visitor—"I hardly know what to do with my week-end." "Native—"I suggest that you put a hat on it."

At the Literary Meeting.
Literary Lady—"Are you fond of Lamb, sir?" Literary Gentleman—"Essays or stew, ma'am?"

HELP THAT ACHING BACK!
Is your back giving out? Are you tortured with backache and stabbing pains? Does any exertion leave you "all played out"? Feel you just can't keep going? Likely your kidneys are to blame. Overwork, colds, hurry and worry tend to weaken the kidneys. Backache is often the first warning. Headache and dizziness may come, too, and annoying kidney irregularities. Help the kidneys with **Doan's Kidney Pills**—the remedy recommended by thousands. Ask your neighbor!

A South Dakota Case
Roy H. Chase, carpenter, Alexandria, S. D., says: "I suffered with kidney trouble for some time. My back was so painful I could hardly straighten up. A friend advised me to use Doan's Kidney Pills. Doan's gave me prompt relief. I have always recommended Doan's to others, for they are a wonderful remedy."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Vaseline
PETROLEUM JELLY

For burns, cuts, sprains and all skin irritations. Relieves dryness of scalp.

REFUSE SUBSTITUTES

CHESEBROUGH MFG. CO.
State Street New York

A Bad Cough
If neglected, often leads to serious trouble. Safeguard your health, relieve your distress and soothe your irritated throat by taking

PISO'S
W. N. U. SIOUX CITY, NO. 2-1921

DRESSES INVITING TO THE SEAMSTRESS



EARLIER than the first robins come harbingers of spring in the shops. They are these cotton materials, as well known and as welcome as the red-breast, and distributed over the length and breadth of the land. January finds our old friends among fabrics—ginghams, chambray, percale, dimity, voile, challie and the like—flaunting their springtime colors and inviting the foresighted mothers to make selections and begin the children's sewing. One can almost forget the winter by working on garments and with materials that constantly suggest summer time and getting this work out of the way, in a leisurely fashion before the more important matter of dress for the grown-up members of the family comes up for consideration.

At the time that the shops make a display of new dress dresses, fashion publications, and also the shops, provide examples of new frocks for little folks. Those on display show simple and practical dresses that have the charm of neatness for one thing and ingenious design for another. Spring colors, too, are pleasing and beautiful combined, in gingham especially. A frock of this material, suited to girls from seven to fourteen, is pictured here. It will be noted that it differs very little from present styles and is easy to make. It has a plaited skirt set on to a plain bodice, having a little fullness at the front, which is managed by gathering the front pieces along the shoulder seams. The long sleeves are finished off with bias bands of the gingham, bound with tape. The collar is cut and bound in the same way and a smaller collar of white goods is worn over it. The girle and a bib front are cut in one and the girle buttons at the back. Small, slit pockets, set in at each side, are bound with tape and five little pearl buttons, set in a row under each pocket, make a prim and pretty finish.

The dress of plain chambray, with bloomers to match, meets the needs of little girls of three to six. It is made with a plain skirt, gathered onto a short yoke, and has short sleeves with turned back cuffs. Gayly colored coarse lineas make very durable dresses of this kind.

Gay and Picturesque Bonnets



THE trend of the styles in children's headwear for several seasons past has been toward the plainest of hats and bonnets, and is not changing. But these plainer styles have not entirely crowded out gay and picturesque little affairs in millinery that crown the heads of lucky children who are allowed several hats each season. Cozy bonnets frame rosy faces with the softest and fluffiest of facings, made of fabrics or feathers or anything which takes the fancy of designers as suited to small ladies. They are meant to be worn on state occasions when one must be quite dressed up.

A group of these fascinating models for the younger generation is shown above, all designed for midwinter wear, with the quaint, always beautiful poke-bonnet shape featured among them. At the bottom a small poke of hatter's plush would be very prim with its band of ribbon if it were not for a soft curly ostrich plume that curls at the side. Usually bonnets of this kind have a colored facing of silk and the plume is in the same color. A much larger poke bonnet made of velvet is shown at the left of the group. It has a dignified sash of moire ribbon and glories in a large red velvet poppy.

A rival of these bonnets appears above them in an amusing miniature hat with gay crown of brocaded ribbon—just like grown-up millinery—and side crown of velvet. The slashed, up-turned brim is bound with faille ribbon and there is a sash with long ends of the same. The most pretentious of dressy bonnets finishes the group, a regular poke shape with brim entirely covered with curled ostrich plumes, making the softest of settings for pretty faces and ringlets. It has ties of velvet ribbon with satin edge.

Julie Bottomley
COPYRIGHT BY WESTERN NEWSPAPER UNION.
Fur Trimming.
Fur-trimmed dresses and fur-trimmed blouses are being worn.

WAS OUT TO SAVE MONEY

Mrs. Newbride Had It All Figured, to Her Own Satisfaction, at Any Rate.

"Yes, it does, as you say, give rather an air to the flat," agreed the almost new husband. His wife had seated herself on the arm of his chair surveying their latest acquisition, the baby grand piano, which filled three-fourths of the living room.

"And now if we only had one of those nifty one-arm floor lamps," mused the almost new husband's bride.

"Why, Bettina, it was only yesterday that you argued the piano would finish the room without buying another thing," protested the almost new husband. "That was one of the arguments you used to wheedle me into buying!"

"Well, of course, it saves us buying a luscious blue plush bed-davenport, or a graceful chaise longue, or a library table," she defended. "There simply isn't room in this apartment for much besides the piano. It really is an economy in the end. But a lamp is different. You know that a grand piano is not complete without a floor lamp. And while we are at it we might as well get one of the newest kind. Just think how cozy we would look with you sitting peacefully under the new lamp while I play to you every evening!"

"Hum!" grumbled the almost new husband. "The next thing you'll be telling me that a grand piano requires an oriental prayer rug under the pedals, a Persian scarf thrown across the bench and a vase of dollar-a-smell roses in constant attendance. I'm rather surprised that you haven't mentioned another apartment with a piano room for your pet!"

"It would be nice," agreed the bride failing to note the touch of sarcasm in the voice of her husband. Then she rallied her forces once more. "But think how much money it will save us on movies. By staying home to play and sing we save—let me see—exactly 66 cents a day!"

"By the way," said the almost new husband, "we mustn't forget our serial on Friday night. Last week left Harry Hairbreadth in an awful fix. Do you think the piano would mind if we left it alone just once?"

"Oh, I guess not," answered Betty absent-mindedly. Then she launched her final attack. "You know, Billy, I can't expect you to give up going out entirely, at least until I learn to play better. I have heard of a splendid teacher at \$10 an hour and I really think, to be worthy of such an instructor, I should take lessons!"

"It's not the original cost, it's the upkeep!" said the almost new husband. "Come along, my dear, to the movies."

Modern Deluge.
The biggest yearly rainfall is in Assam. In 1881 the world's record was broken there by a fall of 805 inches, or more than 67 feet of rain.

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased. Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

House of 1,000 Rooms.
A maze which forms a happy hunting ground for robbers, is the house formerly occupied by the ministry of war in Vienna, says a correspondent. The great size of the thousand roomed house evidently attracts the attention of thieves and the military and police seem unable to keep them out. Ornaments, pictures, typewriters, everything and anything, even to the door knobs and knockers are constantly being carried away. When a thief, in the course of his wanderings, meets anyone, he simply pretends to have come on business, and goes on until he comes to an unoccupied room, there he quickly gathers together anything he can lay his hands on, and departs. In many cases the robbers have an accomplice in the street to whom articles are thrown from the window.

Cream-Colored Moles.
It is rather curious to find dead moles lying about dykesides when mole-fur prices are so high, writes a correspondent from Scotland. I crossed a field, and at the exit I counted no fewer than 22 moles in a heap. These had evidently been thrown there by a local trapper as useless lumber. More curious still, I came on what may be called the unique in moles. A gardener had trapped four of these rodents of a decided cream color. No portion of the bodies gave signs of normal coloring. The gardener said he surmised there were more on his premises, but he had failed to catch them at the date he exhibited the four referred to.

Continental Camp Rediscovered.
"Connecticut Village," one of the camps of Washington's soldiers in the Hudson highlands, the site of which has long been unknown, has been rediscovered by members of the New York Historical society. The unearthing of a bayonet blade, a grapeshot, buttons of the Continental infantry and artillery, bullets, gunflints and other military relics, together with topographical characteristics that tally accurately with records in Continental documents, have placed the camp on the farm of James Smith, about a mile and a half from Cold Spring village.

Cow Gives 42 Tons of Milk.
A British Friesian cow, owned by an English farmer, gave more than 2,000 gallons of milk during 1919, and promises to repeat the performance this year. In the two years her output of milk amounted to considerably more than 4,000 gallons and weighs more than 18 tons. In less than six years Moss Rose has had seven calves and given more than 42 tons of milk.

More Trouble.
A firm of music publishers has produced what they describe as a three-quarter one-step. It will soon be impossible to get a dance without being accompanied by a professional arithmetician.—London Punch.

Women Who Suffer

Should find relief from their sufferings by taking the woman's temperance Tonic and Nerve, which has helped so many women, some of them right in your neighborhood. When the household cares and the worries of everyday life have dragged you down, made you unhappy, and there is nothing in life but headache, backache and worry, turn to the right prescription, one gotten up by Dr. Pierce fifty years ago, which has helped many thousands of women in this country. It is called Dr. Pierce's Favorite Prescription and can be had in every drug store in the land, in tablet or liquid form.

HASTINGS, NERR.—About seven years ago I became very miserable with weakness from which women suffer. I suffered with pains all the time. One of my neighbors urged me to take Dr. Pierce's Favorite Prescription because it had cured her of similar symptoms, so I decided to try it. I took four bottles of 'Favorite Prescription' before I felt satisfied as to my condition and feel certain that 'Favorite Prescription' saved me from the operating table and the surgeon's knife. Two years afterwards when the turn of life commenced, I took 'Favorite Prescription' again with the result that I came through strong and healthy and still maintain wonderful health.—MRS. MARTHA STRAYER, 515 South Denver Street.

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HONOR FOR CANADA

Wins Championships at International Live Stock Show.

Splendid Exhibits, Both of Animals and Grain, Won Admiration of Judges and Spectators.

One of the most interesting sights at the International Live Stock show at Chicago was the evening parades of horses and cattle. As the Canadian section of these parades came into view, and as it passed around the ring, there was continued applause. There were two or three reasons for this, the principal one being that in this section there were the wonderful Clydesdales, the Belgians and the Percherons that had carried off championships and first prizes. The province of Saskatchewan had a splendid display of Clydesdales and showed in a number of classes, and in every class they got in the money. A remarkable and noted winning was that of the University of Saskatchewan, showing "Lady Bruce," female Clydesdale, in a class of 24 and taking second. In competition there were entries from such famous studs as Conyngham Bros. of Wilkesbarre, P. L. James of Easton, Mass., and George Chiett of the same state. She was beaten by an imported mare, but was later made champion American-bred mare and reserve grand champion, an honor never before conferred upon anything but an imported animal.

The following are some of the good things that Canada won at the International, in a fair fight and no favors. Grand championship for Clydesdale stallions; championship for American-bred Clydesdale mares; reserve senior and reserve grand championships for Clydesdale mares; grand championship for Southdown sheep; sweepstakes grand championship for wheat for the continent of America; championship for Durum wheat for America.

Another of the reasons for the applause given the Canadian sections of the parade was the heartiness with which the American spirit was imbued that impelled it to greet with the fullest appreciation the efforts of the winner, and the hundreds of Canadians in the immense audience of the amphitheater applauded it.

The purpose that Canada had in making exhibits from their farms, whether it was of live stock—and they had it there in all branches—grasses, roots, was to demonstrate that the war had not created devastation, that the country was alive with interest in the matter of production and that it had ability to produce in a manner that would bring it championships, and what better place than the International, where it would be placed before thousands, many of whom, with the enlightenment thus gained and with a desire to better their condition, would be made to realize that in the neighboring country to the north there was an opportunity that it might be of advantage to them to embrace.—Advertisement.

Nature Lesson.
"Do nuts grow on trees, father?"
"They do, my son."
"Then what tree does the doughnut grow on?"
"The pantry, my son."—Harper's Magazine.

Cultivate the habit of detecting the possibilities for good in things and people. It is worth the effort.

Be a good listener, and you will not be allowed to say anything. You never get a chance.

Kill That Cold With HILL'S CASCARA QUININE

FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first sneeze.

Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT

Why Are Skin Diseases So Difficult to Overcome?

When your skin breaks out with itching eruptions, tetter, rash, eczema, psoriasis, or other terrifying disorders, temporary relief will do you but little good, for soon all the itching and irritation breaks out afresh with renewed fury, and you soon realize that local remedies such as ointments, salves and similar treatment will never rid you of your trouble.

These troubles originate in the blood, and if you expect real substantial relief you must treat them through the blood.

The best remedy for this purpose is S.S.S., the fine old blood remedy that purifies the blood of disease germs, and thus restores the skin to a normal and healthy condition.

Begin taking S.S.S. today, and write a complete history of your case, and our medical director will give you expert advice without charge. Address Chief Medical Adviser, 161 Swift Laboratory, Atlanta, Ga.

Organization, Responsibility, Integrity — In Other Words the Reputation of

RICE BROTHERS

Cattle Live Stock Commission, Sioux City Stock Yards Cattle
Hogs GUARANTEES SATISFACTION Hogs
Sheep A Reliable Firm to Ship to Sheep

Accurate market reports gladly furnished free. Write us. Also Chicago, Ill., Sioux Falls, S. D.