



### Doctor Cupid

That love sometimes cures disease is a fact that has been called to the attention of the public by a prominent physician. Love is not, however, the cure for all women. Many a woman is nervous and irritable, feels dragged down and worn out for no reason that she can think of.

Doctor Pierce's Favorite Prescription gives new life and new strength to weak, worn-out, run-down women. "Favorite Prescription" makes weak women strong and sick women well. It is now sold by all druggists in the United States in tablets as well as liquid form.

BLAIR, NEBR.—"I think Dr. Pierce's Favorite Prescription a fine tonic for girls as well as grown women. My daughter was in an extremely nervous condition and suffered with irregularity. Just a half bottle of the 'Prescription' cured her of both the nervousness and other trouble and proved to be an excellent tonic besides."

"Several months afterwards, I was in a very nervous state and the half bottle of 'Prescription' that my daughter had left I took and found it just as efficient as in her case."—Mrs. L. H. LOTHROP, 211 E. Lincoln St.

## TOO LATE

Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking

### GOLD MEDAL HAZLEWOOD OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles—the National Remedy of Holland since 1895. Guaranteed. Three sizes, all druggists. Look for the name Gold Medal on every box and accept no imitation.

Wanted to Make Good Impression. "I understand you kissed your wife several times before leaving the house this morning?" said the man to his next door neighbor.

"Yes; that's what I did," was the reply.

"But, I understand you haven't kissed her for a long time before today."

"No; that's so, I haven't, but we are about to get a divorce and I want her to feel kind of pleasant about it."—Yonkers Statesman.

### A Feeling of Security

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs. It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

### Retort Courteous.

He was very moicest, and to his great horror was called upon to say grace at his first dinner at the old-fashioned country house.

He quavered and said:

"For what we're about to receive—er—thanks awfully." —Tit-Bits.

### Cuticura Soothes Baby Rashes

That itch and burn with hot baths of Cuticura Soap followed by gentle anointments of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 25c each everywhere.—Adv.

### Swallowing His Words.

Little Jimmy, having been punished for naughtiness, started mumbling to himself.

"What are you doing now?" asked his mother.

"I'm swearin'," said the youngster, "but I've chewin' it up so God won't hear me."—Boston Transcript.

**MURINE** Night and Morning. Have Strong, Healthy Eyes. If they Tingle, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. **Murine Eye Remedy Co., Chicago**

# Carve History on Totem Pole

Indian Chief Engraving Tribal Records on Skyscraping Cedar Pole.

## HAS ENTHUSIASM OF ARTIST

When Work is Completed the Pole Will Stand in Front of the School for the Tribe to Keep Fresh Legendary History.

Portland, Ore.—In these days of profiteering and wild scrambles for the almighty dollar, it is a consolation to find one man in the world who is not money mad and who is working and has been working assiduously for the last five years all for an ideal and with no ulterior thought of pecuniary gain spurring him on. The remarkable part of it is that this artist, for he is an artist of the highest type, is a full-blooded American Indian chief. He answers to the name of William Shelton, and when not busy perfecting his life work, a monstrous and skyscraping totem pole upon which is inscribed the history of the Snohomish tribe, he supervises the running of the Indian reservation school at Tulalip.

Although Shelton is well educated and thoroughly familiar with the world of business, he prefers to devote his time and attention toward the fulfillment of an ideal. Generations ago Indians lost the art of totem carving, and he is the only known totem pole maker in the world today.

Five Years Consumed. To date Shelton has worked during his spare time more than five years on the gigantic post. This work has been accomplished aside from his duties as head of the reservation school. Early every morning before he begins the duties of directing the functions of the schools he is at work on his historic pole. At the close of the school sessions each day finds him again hard at work with chisel and mallet. It can be seen therefore that all of the many hours he has devoted to his pet project might be termed overtime.

When finished the pole will stand more than 100 feet in height and will measure nearly seven feet in diameter. It has been selected from the greatest of the big cedars which grow on the reservation at Tulalip. When the work is completed the pole will stand in front of the school for the tribe, where for generations to come it will keep fresh their hereditary history.

"One of the principal reasons for my devoting so many years to the making of this gigantic history pole," said Shelton recently, "is to shatter the persistent belief among so many Americans as well as others that the totem pole originally had for its purpose mainly the idea of worship. I'll make a wager that two out of every three white persons who view totem poles in parks, or who go to visit the gigantic pole at Seattle, Wash., have the idea

that the pole at one time was worshipped by some Indian tribe.

### Pole Only Historical.

"Such is not the case. The totem pole is nothing more nor less than a history done in wood carving. Those persons who are writing or who will write the history of the recent great conflict in Europe are, in the eyes of many Indians, in reality totem pole makers. In short, a totem pole maker is a historian. The historians of the war will for years keep alive for future generations the story of the rise and fall of the much-despised Kaiser, of the rape of Belgium, of the coming of the Yanks, of the battles of the Marne, the Somme, the Argonne and of the armistice and the peace table. For centuries to come people will read about those great twentieth century

# Italians Are Eager to Return to U. S.

Men Who Served Under Pershing and Returned to Native Land Disillusioned.

## WIVES ALSO DISSATISFIED

Lower Wages and Lack of Modern Dwellings Bring Longing for America—Food in Country Districts Higher Than in Cities.

Rome.—All over Italy, in villages and towns, there are hundreds of Italo-American ex-soldiers longing to get back to the United States, and only waiting until the vendemmia, or harvesting of the grapes, is over. How they came to return to their native land when they loved America, American cities and American ways is through one of the mistaken ideas of many ex-soldiers, who imagined that once war was over they would be happy in Italy, although they had fought in France under General Pershing and had lived and made good money in America for many years.

When the armistice came and these Italo-Americans were given a chance of being demobilized in France they jumped at it, because at that time there was a rumor that fabulous prices were being paid to workmen in Italy. This fairy tale was true at that time, as the government had still in operation her ammunition factories, and, of course, wages were kept at a high level, but, as the wages of farmhands and workmen of all sorts had also increased, the cost of living had increased more than three times in price compared to pre-war schedules.

Impulsively they sent for their families, who very often had to sell all they owned in order to pay for the

events from the printed pages of many books. Totem poles are in reality Indian books, and the marks and curious carvings upon them take the place of the printed words in the white man's books and are quite as readily translated by the Indians of the tribe to which the pole belongs.

Shelton is filled with enthusiasm about his work, the enthusiasm of a real artist. His face lights up at the opportunity to talk of his work, and his black eyes flash. He is about forty-five years old and in full Indian regalia he looks as if he might have just stepped from the printed pages of wild western fiction. In his store clothes, however, although he would not be mistaken for other than a red-skin, he resembles an acute business man of today. During the war, although he was too old for active service, he showed an amount of patriotism that won him commendation from the government. At that particular time he proved himself to be a "really" American. Appearing in full Indian regalia he was a great aid in swelling subscriptions to all of the Liberty loans, and also played a conspicuous part in other war work.

steamship ticket to Italy. Then many families settled down to live with the parents of the husband or wife, and after a short while suffered a great disillusion, as things were not what they had imagined. While they had been away from their native land they had thought of it as picturesque and beautiful, with an ideal climate and congenial conditions. They forgot the discomforts of the old home with its lack of running water and modern improvements which these Italo-Americans had grown accustomed to in the new land of freedom.

The husband could put up with it, but the wives could not, as in many villages—in fact, in nearly all those of Central Italy—the water must be carried from the village fountain. Whenever any washing was to be done the clothes in most cases had to be carried often a mile to the river, as the supply of water in the villages is never sufficient for washing clothes. Naturally to the many who had not only become accustomed to running water in their houses, but also to modern washing machines, this way of washing did not appeal and they would not walk down to the washing place, but paid a woman to do their work. This meant a great deal of money every week, as Americans are considered to be millionaires or very near it, so the prices asked were always very high.

Then the cost of food now is sometimes higher than in the cities, as the produce in villages is generally what is left over from that exported to town. Besides, plumbing in Italy, except in the big cities, is absolutely unknown; only primitive ways of bathing are indulged in and a bathroom in a village house is unknown. This is due to the great lack of water in villages all over Italy, although in reality in out-of-the-way woods there are wonderful springs, but the water runs to waste, as these sources are far removed from the villages and towns.

In one small village, in the province of Rome, called San Felice, nearly all the male adult population over twenty-five years old had been to America, made a little money, returned to their families and bought a little vineyard, which they worked until a longing to return to the new country forced them to take ship and leave for New York. Some of these men have been four or five times in America, speak English and are longing to go again.

Many of them returned to Italy to serve their time during the war, and only now wait an opportunity to get away. Emigration now is not so easy, as one must have a job ready to step into as soon as the ship reaches New York. Many of them, who have their families growing up and whose wives have never been to America, are planning to leave their families and go over for a year or so. Those whose wives have been to America and have lived there are returning with their families, as the wives refused to remain behind, as they find Italy too dirty.

## TEACH CHILD EARLY

Plan Legislative Activity in Favor of Kindergarten Work.

National Association Reports Many States as Taking an Interest in the Subject.

Washington.—A wave of interest in early education is sweeping over the country, according to the National Kindergarten association of New York, which says that plans for legislative activity have been reported from Colorado, Connecticut, Georgia, Illinois, Indiana, Kansas, Missouri, New Mexico, South Dakota, Tennessee, Wisconsin and New York.

Porto Rico is also going to work for a favorable kindergarten law. The latest figures compiled by the bureau of education at Washington show that this country contains 4,000,000 children between four and six

years of age for whom no educational provision has been made, though all are entitled to receive kindergarten training.

The kindergarten has long since demonstrated its value as a means of making sturdier bodies, more alert minds, and a finer sense of integrity and morality. Its friends feel that it is quite time that a kindergarten should be in every one of our public schools, and are working to that end.

The people of California have demonstrated that the most effective way to secure this advantage for our children is by legislation. They secured a law in 1913 under which their kindergartens have increased from 149 to over 700.

The law provides that when the parents of 25 children of kindergarten age present a petition for a kindergarten, it should be established.

In speaking of the need for kindergarten training for our children, Com-

missioner Claxton of the United States bureau of education has said:

"The kindergarten is a vital factor in American education, both for its direct work with young children in the kindergarten and for its influence on the care of children in the home and on methods of teaching in the schools. It ought to become a part of the public system of every city, town and village in the country."

### Seven Killed on Subway in 16 Years.

New York.—Only seven passengers have been killed by subway in New York City in 16 years, according to a statement made public by Frank Hedley, president and general manager. During that time 4,501,000,000 passengers were carried.

### Married Four Times, But Two Wives.

Little Rock, Ark.—Four times married and three times divorced, Dr. R. L. Maxwell, has had but two wives. Through divorce and remarriage his first wife became his third wife, and by the same process his second wife is now his fourth wife.

**Another Royal Suggestion**

## 3-Egg Angel and Sunshine Cakes

From the NEW ROYAL COOK BOOK

**AN** Angel cake that fairly melts in your mouth. Instead of eight eggs it can be made with three and the yolks of the eggs can be used for a Royal Sunshine cake.

**Angel Cake**  
 1 cup sugar  
 1 1/2 cups flour  
 1/2 teaspoon cream of tartar  
 3 teaspoons Royal Baking Powder  
 1/2 teaspoon salt  
 1/2 cup scalded milk  
 1 teaspoon almond or vanilla extract  
 whites of 3 eggs  
 Mix and sift first five ingredients four times. Add milk very slowly, while still hot, beating continually; add vanilla; mix well and fold in whites of eggs beaten until light. Turn into ungreased angel cake tin and bake in very slow oven about 45 minutes. Remove from oven; invert pan and allow to stand until cold. Cover top and sides with either white or chocolate icing.

**Sunshine Cake**  
 3 tablespoons shortening  
 1/2 cup sugar  
 Yolks of 3 eggs  
 1 teaspoon flavoring extract  
 1/2 cup milk  
 1 1/2 cups flour  
 3 teaspoons Royal Baking Powder  
 Cream shortening; add sugar gradually, and yolks of eggs which have been beaten until thick; add flavoring; sift together flour and baking powder and add alternately, a little at a time, with the milk to first mixture. Bake in greased loaf pan in moderate oven 35 to 45 minutes. Cover with white icing.

**ROYAL BAKING POWDER**

**Absolutely Pure**

Made from Cream of Tartar, derived from grapes.

**FREE**

By all means get the new Royal Cook Book—just out. Contains these and 400 other delightful, helpful recipes. Free for the asking. Write TODAY to ROYAL BAKING POWDER CO., 113 Fulton Street, New York City.

Nothing Like It. "That chap is a humorous writer, isn't he?" "Not at all. He writes jokes for the funny papers."

**Cole's Carbolic** Quickly Relieves and heals burning, itching and torturing skin diseases. It instantly stops the pain of burns. Heals without scars. 30c and 60c. Ask your druggist, or send 5c to The J. W. Cole Co., Rockford, Ill., for a pkg. Adv.

**OF SUCH THINGS ARE DREAMS**  
 Remarks That Might Well Be Classed Under the Head of "Impossible Paragraphs."

"What! Only \$7 for a steak with potatoes? Well, I must say that is very reasonable! Here, waiter, take this \$10 and keep the change."

"Spiffkins, the boss says you can have a two months' vacation with pay, instead of the usual two weeks. And he wants me to notify you that he will pay all expenses."

"Stay out as late as you please, dear, and have a good time. A married man is entitled to jump the fence once in a while."

"Dear Sir: We want you to try our new brand of granulated sugar and beg you to accept a 10-pound sample free of charge."

"Isn't this near-beer delicious? I think it is much superior to real beer, don't you?"

"Come on down to my house, Jim, and I'll give you a case of whisky. I've got more than I can use myself."—Cincinnati Enquirer.

**Backhand Compliment.**  
 Proud Parent—What do you think of the baby? They say he looks like me.

**Truthful Friend**—That is a tough inheritance for the poor child to face the future.

Beware of the unloaded gun and the crippled mule.

**BEAUTY MARSHALED FOR CZAR**  
 Russian Monarch Selected Bride From the Prettiest Maidens of Land Over Which He Ruled.

In Russia, in the Sixteenth century, the choice of a bride for the czar was made from all the pretty girls of the country. Ivan, who ruled 1530-1584, being ready for a wife, ordered all the beautiful girls in the country to come to Moscow. Preliminary contests were held in each province, and candidates selected. In the majority of cases the contestants were delighted with the chance to go to Moscow, and still more delighted with hope of becoming ruler of Russia. An immense hall was built and, on the day of the choosing, 1,500 of the most beautiful girls in Russia were ready to contest for Ivan's favor.

Accompanied by an aged courtier, the czar strolled through the hall, all the girls smiling shyly or openly at his highness as he passed them. After a process of elimination was gone through with, Anastasia, daughter of an ancient but poor family, was chosen, and was made empress of 50,000,000 people forthwith.

**His Way.**

"The Hon. Bascom Bunk of your township is an avowed candidate for the legislature, isn't he?" asked the able editor of the Tullinville Torch of Liberty and Tocsin of the Times.

"Eh-yahr!" replied Gap Johnson of Rumpus Ridge. "He's the avowin'est candidate you 'most ever seed. Why, it's got so that when they see him coming the children climb trees or scot under the house to keep from being avowed by him. And if he don't quit avowing us men some feller will take a shot at him the first thing he knows."—Kansas City Star.

The average woman would rather have a little flattery than a lot of sympathy.

**Coffee is often the hidden cause of many ills and discomforts**

That is because it contains certain elements which are injurious to many people.

If coffee disturbs your health, change to

## POSTUM CEREAL

This pure cereal drink is healthful and wholesome, has a delightful coffee-like flavor, but contains none of coffee's harmful elements.

**Sold by all grocers**  
**Costs less than coffee**

Made by Postum Cereal Co., Inc., Battle Creek, Mich.