

## I SUFFERED THREE YEARS

Finally was Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Lowell, Mass.—"I was all run down and had an awful pain in my right side, was persistently constipated and had very dizzy spells. I suffered for three years and was perfectly miserable until a friend was telling me to try Lydia E. Pinkham's Vegetable Compound and I found it a wonderful medicine. I can now do twice as much work and I recommend the Vegetable Compound to other women. You can use these facts as a testimonial."—Mrs. M. THEALL BESSEY, 186 Appleton Street, Lowell, Mass.

Why women will continue to suffer so long is more than we can understand, when they can find health in Lydia E. Pinkham's Vegetable Compound. For forty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, irregularities, etc. If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## Stock Raising in Western Canada

is as profitable as grain growing. Successes as wonderful as those from growing wheat, oats, barley, and flax have been made in raising Horses, Cattle, Sheep and Hogs. Bright, sunny climate, nutritious grasses, good water, enormous fodder crops—these spell success to the farmer and stock raiser. And remember, you can buy on easy terms.

## Farm Land at \$15 to \$30 an Acre

—land equal to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—grazing land convenient to good grain farms at proportionately low prices. These lands have every rural convenience; good schools, churches, roads, telephones, etc., close to live towns and good markets.

If you want to get back to the farm, or to farm on a larger scale than is possible under your present conditions, investigate what Western Canada has to offer you.

For illustrated literature with maps and particulars regarding reduced railway rates, location of land, etc., apply to Dept. of Immigration, Ottawa, Can., or G. A. COOK, Drawer 197, Water town, South Dak.; R. A. GARRETT, 311 Jackson Street, St. Paul, Minn., Canadian Government Agents.

## BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

## GOLD MEDAL HAARLEM OIL

The national remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

## Bad Stomach Sends Her to Bed for 10 Months

Eaton's Gets Her Up!

"Over a year ago," says Mrs. Dora Williams, "I took to bed and for 10 months did not think I would live. Eaton's helped me so much I am now up and able to work. I recommend it highly for stomach trouble."

Eaton's helps people to get well by taking up and carrying out the excess acidity and gases that put the stomach out of order. If you have indigestion, sourness, heartburn, belching, food repeating, or other stomach distress, take an Eaton's after each meal. Big box costs only a trifle with your druggist's guarantee.

## Same Thing.

Franklin D'Olier, the head of the American Legion said at a banquet in Philadelphia:

"Two doughboys were exchanging war memories the other day. 'I was never much stuck on myself,' said the first doughboy, 'but, all the same, I brought a cross back with me from over there. Did you bring back a cross, BIE?'"

"The second doughboy puffed thoughtfully on his pipe. 'Well,' he said, 'I brought back a French wife.'"

Nearly Every House Has One. "There's a bug in this house." "What kind?" "A golf bug."

## Use MURINE Night Morning Keep Your Eyes Clean—Clear—Healthy

Write for Free Eye Care Book Murine Co., Chicago, U.S.A. W. N. U., SIOUX CITY, NO. 39-1920.

## BRAVE AMERICAN IN POLISH ARMY

Brigadier General Sweeney, Millionaire, Battles for Cause of Freedom.

## TRAINED AT WEST POINT

Served in Mexico, South America and Gave Valiant Service in the World War—Unusual Type of Soldier of Fortune.

New York.—War dispatches making more than casual mention of Brig. Gen. Charles Sweeney have lent to the Polish struggle more than an impersonal interest to American army officers at Governor's Island, who are well acquainted with Sweeney, an American soldier of fortune with both principle and purse.

Men of no fortune at all who fight for excitement and pay are common enough. But Sweeney, U. S. A., is a multimillionaire's son, his father having amassed great wealth in the famous Coeur D'Alene mines of Washington and Idaho, and the soldier is more than a millionaire in his own right. He put in three years at West Point and then sought the life of an active soldier in Mexico, South and Central America and Europe.

## Offers Self to Poland.

Sweeney, a former lieutenant colonel in the United States army, attached to the general staff, was in Paris during the spring of 1919, recovering from wounds suffered in the Argonne offensive with the A. E. F., when he learned that Poland was in need of officers for her new armies. He consulted with the then Premier Paderewski and offered to recruit volunteers when he

## Thrift Urged By Uncle Sam

Treasury Department is Spending Million Dollars to Encourage Saving.

## WANTS PEOPLE TO INVEST

Carrying on Campaign for the Sale of Thrift Stamps, War Saving Stamps and Saving Certificates—School Rooms Organized.

Washington.—Uncle Sam is spending \$1,000,000 this year, through the savings division of the treasury department, in an effort to encourage thrift.

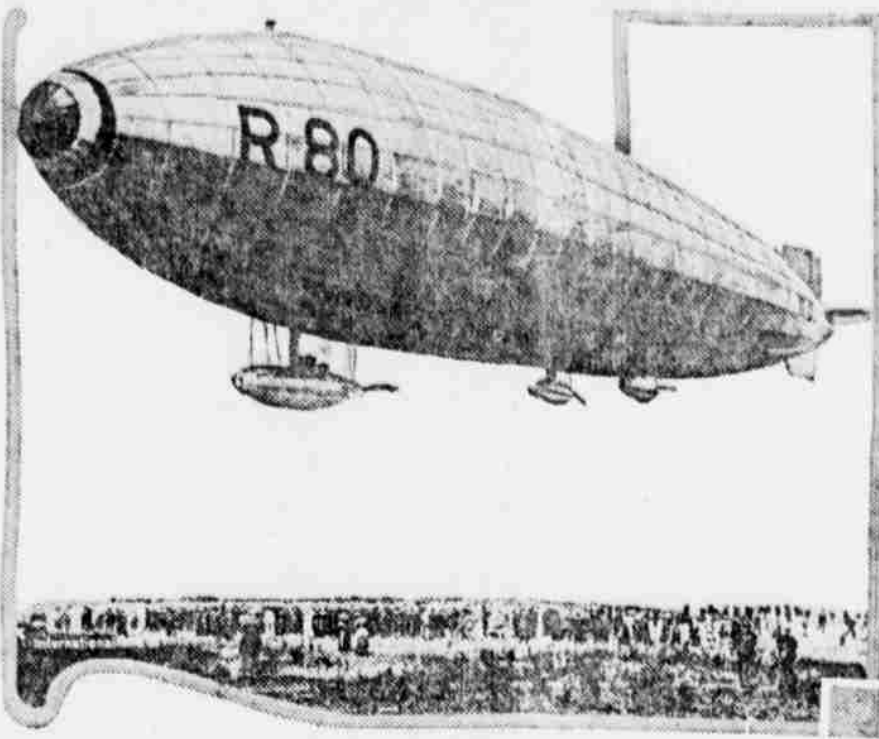
The expenditure of \$1,000,000 compares with an expenditure last year of approximately \$4,000,000, and the staff of employees which comprises a force in Washington and an organization in every federal reserve district compares with the great force inherited from the war.

## Advocates Opening of Bank Accounts.

The savings division carries on the campaign for the sale of Thrift stamps, War Savings stamps and saving certificates, but these sales are merely a side line to the general effort, for just as much stress is being put upon the opening of savings accounts in the banks as upon the sale of stamps. Through the subsidiary organizations just as much effort is being made to have the housewife keep a budget as there is effort to propagandize the homes in the interest of government securities.

In the period from December 1, 1917, to January 1, 1919, the sale of government securities, exclusive of Liberty and Victory bonds, reached more than \$1,000,000,000. In 1919 the sales dropped to \$23,585,842. But the report of the six months of the year is no indication of what the final report will be, according to O. C. Lester of the savings division, who says the people do not save as much dur-

## Latest of British Dirigibles



Photograph of the R-80, latest British dirigible, in her maiden flight at Harrow. She is of the same type as the R-34 which crossed the Atlantic, but larger.

returned to America. In three weeks he had selected 200 former American army officers, all of whom had been service in France. Colonel Sweeney sailed for Poland in September of last year with the first of his officer contingent. He was not long in getting into the fight and in recognition of his splendid services Poland commissioned him a brigadier general.

This Irish-American-Polish general for whom a soft life held no appeal, began his career on the battlefield on leaving West Point after he tried mining for a while.

## Soldier of Fortune.

He went to Mexico and got a wound in the Madero affair. Upon recovery, Sweeney packed up for South America,

where he took a hand in several of the revolutions. He got into the world war as a private in the Foreign Legion. In the first Champagne battle in September, 1915, he was commissioned a lieutenant on the field for gallantry. He was severely wounded and passed in this battle, and on a hospital cot in Paris he was awarded the cross of the Legion of Honor.

Two other important decorations were bestowed on him in rapid succession and he had a great reputation for bravery. Soon after being made a captain of the French forces, he was sent to the United States upon advice of Ambassador Sharp as an instructor in 1917.

Sweeney was commissioned a major in the United States army and helped to train the Eighth division at Camp Lee, Va. He went overseas with this division, got shot up in the Argonne and was promoted lieutenant colonel for gallantry before the enemy, and assigned to the staff of the A. E. F.

## NEW JUMP IN IMMIGRATION

Increase of 20,000 in Week Laid to Typhus and War in Europe.

Washington, D. C.—Immigration officials here profess to be mystified at the sudden increase in immigration which approximated 20,000 persons last week; and, it continued, would add 1,000,000 to the population of the country in a year. Louis F. Post, assistant secretary of the department of labor, said today no information has yet reached the department which will explain the situation.

"But I have a theory about it," said Mr. Post. "I am inclined to think that many of these people are coming here to get away from conditions at home and that the condition is only temporary. Only last week a ship was held up at quarantine with typhus aboard, and the war is not yet over in Europe. Either one of these conditions would naturally make a lot of people anxious to get away."

## Eggs Proved Too Frail As Carriers of Whisky

Eggs may be all right to ship whisky in, but the baggage smashers must handle such cases with care. At a station in West Virginia some of the eggs broke and a prohibition inspector found three cases of "doctored" eggs. Each egg had been carefully "blown" from the shell. After whisky had been poured in, the aperture had been sealed with cement.

## "David and Goliath" Re-enacted.

Indianapolis, Ind.—Just as a mad bull was charging Robert Williams, intent on going him to death, a small boy hurled a brick. It struck the bull squarely between the eyes and killed the animal. The boy, scared, ran away after the feat.

## Building Homes for the Chicago Homeless



The Chicago Housing association has undertaken a great social experiment in the erection of many homes for families which had nowhere to live owing to the house shortage in that city. The homes are of brick, two stories, and the tenants pay rents of about \$25 a month which is applied on the purchase price. The house is sold at exact cost.

## WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

## Easy Come—Easy Go.

She—Lucius, I cannot be betrothed to you any longer.

He (with a superior manner)—Well, there are others.

She—Yes, I know. I've just become engaged to one of the others.

## Cuticura for Pimply Faces.

To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum.—Adv.

## Preserves Poland's Traditions.

The members of the Kachawbe race are said to preserve the language and customs of the Poles from time immemorial. They refuse to be corrupted by modernism in any shape.

## Sure Relief



## Fascination of Mendacity.

"Ever read Aesop's fables?" "You mean the stories in which the animals are supposed to talk?" asked Senator Sorghum.

"The same."

"Yes, I've read 'em. Aesop was a smart man. He realized it was almost impossible to interest the public in a simple statement of honest truth without mixing it in with some gilded and fantastical whopper."

## Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher*.

In Use for Over 30 Years. Children Cry for Fletcher's Castoria

## Complications.

"What was the trouble with your singing society?"

"It was a fine society," replied Jud Tankins, "but the singing was hard to regulate. The wealthy and influential members were depended on to keep it going all happened to have poor voices."

## Kill That Cold With



Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first sneeze. Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opiate in Hill's.

ALL DRUGGISTS SELL IT

## Do Not Get Careless With Your Blood Supply

### Impurities Invite Disease.

You should pay particular heed to any indication that your blood supply is becoming sluggish, or that there is a lessening in its strength and vital force.

By keeping your blood purified, your system more easily wards off disease that is ever present, waiting to attack wherever there is an opening. A few bottles of S. S. S.,

the great vegetable blood medicine, will revitalize your blood and give you new strength and a healthy, vigorous vitality. Everyone needs it just now to keep the system in perfect condition. Go to your drug store and get a bottle to-day, and if you need any medical advice, you can obtain it without cost by writing to Medical Director, Swift Specific Co., 109 Swift Laboratory, Atlanta, Ga.

### ADMITTED HE WAS LOSER

Convivial Gentleman Preferred to Buy His Wine Rather Than Comply With Wife's Request.

Three men about town had a very good day at the races. Each vowed that he would go home and cheerfully obey the first request that his wife made him. A bottle of wine depended upon the result.

The following night they compared notes.

"My wife told me, as I slipped on the cat's snazer, to break all the china in the house, so I did," said No. 1.

"I happened accidentally to sit on the piano," said No. 2, and my wife suggested that I should utterly ruin it, so that instrument will be heard no more."

Then No. 3 spoke. "I went for the top step that was not there and fell full length," he explained, "and my wife remarked that she would be pleased to see me break my neck."

"And—" queried his companions, breathlessly.

"Oh, I am paying."

### Useful Purpose.

"Do you enjoy those peppery Mexican dishes?"

"I won't exactly say I enjoy them," replied Cactus Joe. "But I have an idea the pepper is valuable. It puts a pain in that disguises the taste."

### SOMETHING JOB NEVER DID

Possibly an Experience Like Mr. Brown's Would Have Shattered His Reputation for Patience.

Filled with pride, Mr. and Mrs. Brown started out for a drive in their new motor car. Mrs. Brown was hoping the neighbors were watching, but her husband was too busy steering to hope about anything.

Alack! Before they reached the end of the road the car stopped, and stayed that way with a male-like persistency. Mr. Brown tried every lever and handle in turn. Then he got down from his seat and began to investigate.

Presently he lay down and crawled underneath the car until only his number nine were left visible. In a few moments the car gave a sudden jolt and then stopped, and a terrible flow of language, more forcible than polite, became audible.

"Oh, John," exclaimed the wife, in horrified tones, "don't swear so! Have patience, like Job did." "Job," shrieked Mr. Brown, in a strident voice, "Job would have sworn, too, if he'd been underneath this beastly car with his mustache caught in a cogwheel!"

When there is work to be done the buzz saw is always ready to take a hand.

## Comes already sweetened

Its own sugar is developed in the baking. It solves your sugar problem among ready-to-eat cereals.

## Grape-Nuts

Order a package from the grocer. Its flavor appeals and there is no waste.

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

