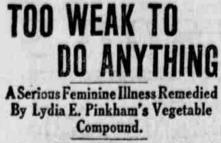
DAKOTA COUNTY HERALD, DAKOTA CITY, NEBRASKA,



Casco, Wis.-"After the birth of each of my children I had displacement and was so weak l

a m's Vegetable

thought I would try it, and after taking

t I soon felt bet-

teen years ago and have felt well ever

since except that I

That was fif-

ompound so



had a slight attack of the trouble some time ago and took or the trouble some time ago and took some more of your Compound and was soon all right again. I always recom-mend your medicine and you may pub-lish my testimonial for the benefit of other women."-Mrs. JULES BERO, Jr., R. 1, Box 99, Casco, Wis. Lydia E. Pinkham's Vegetable Com-pound, made from native roots and herbs, contains no nercotic or barmful drags

pound, made from native roots and herbs, contains no narcotic or harmful drugs, and today holds the record of being the most successful remedy for female ills in this country, and thousands of vol-untary testimonials prove this fact. If you have the slightest doubt that Lydia E. Pinkham's Vegetable Com-pound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

DONT DESPAIR

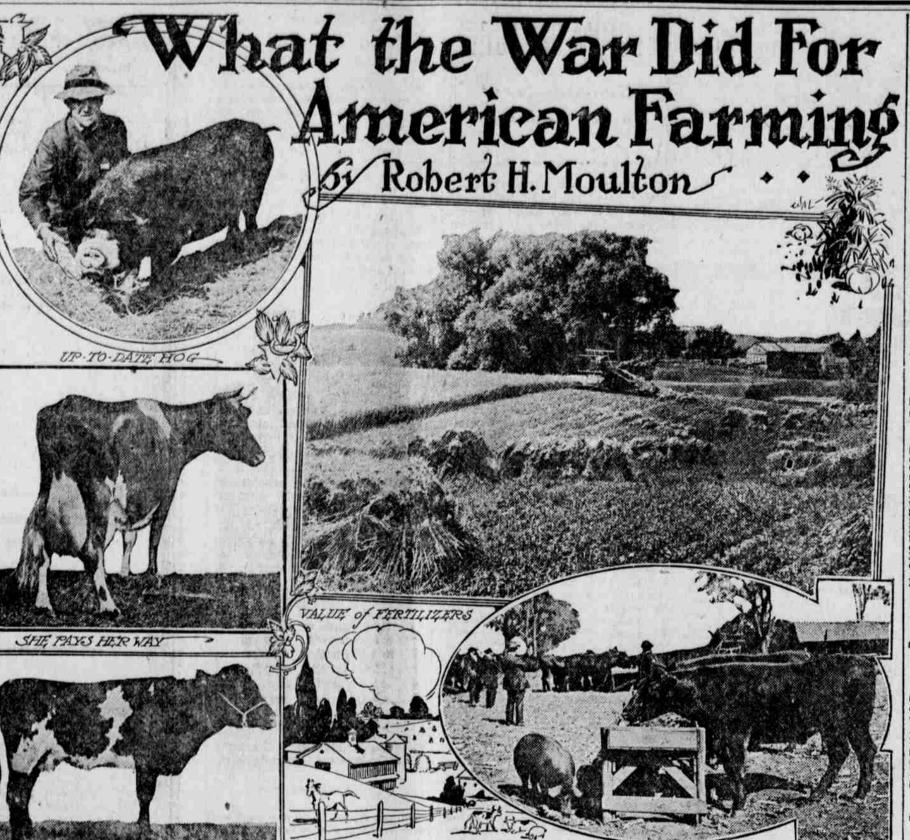
If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful pass-age of urine, you will find relief in



The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1696. Three sizes, all druggists. Guaranteed. he name Gold Medal on every box



No Home for Leonidas. "Does your husband stay home nights?" "I insist on his going with me to all the meetings I attend."



MORE AND BETTER LIVESTOCK

honesty, frugality, and industry to secure loans from the federal land bank up to 75 per cent of the appraised value of the land. We also ask that the maximum rate of annual payment, including amortization, shall not exceed 5 per cent.

"Fourth. We insist that the secretary of agriculture should be a practical working farmer, and that the indorsement of farm organizations should receive due consideration in the selection of men for that office.

"Fifth. That the highest rates of taxes levied during the war on incomes, corporations, and excess profits be continued until the full cost of the war has been paid, and that the government also levy a tax on the value of land and other

BULLY! If Bilious, Constipated or Headachy, take "Cascarets"

Feel grand ! Clean up inside ! Your system is filled with liver and bowel poison which keeps your skin sallow. your stomach upset, your head foggy and aching. Your meals are turning into poison and you can not feel right. Don't stay billous or constipated. Feel splendidly always by taking Cascarets occasionally. They act without griping or inconvenience. They never sicken you like Calomel, Salts, Oll or asty, harsh Pills. They cost so little too-Cascarets work while you sleep. Adv.

Scems So.

"Things you worry about never happen." "Then it must pay to worrya cheap way of staving off trouble."

Catarrh Cannot Be Cared by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease greatly influ-sneed by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such won-derful results in catarrhal conditions. Druggists 75c. Testimonials free. F. J. Cheney & Co., Props., Toledo, Ohio.

Good Advice.

"I feel I am going all to pieces." "Oh, do collect yourself."-Baltinore American.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, small box of Barbo Compound, and % a small box of Barbo Compound, and ½ oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not co'or the scalp, is not sticky or greasy, and does not rub off.—Adv.

It's an unpardonable sin to steal ap umbrella—on a clear day.

Cuticura Soothes Itching Scalp On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your every-day tollet preparations and have a clear skin and soft, white hands.-Adv.

Tomorrow never comes unless you have a note to meet.



there were farmers in every community who were not interested in county agents, farmers' institutes, the agricultural colleges, or the United States department of agriculture. But when war was declared and Uncle Sam asked the farmers to grow more foodstuffs of every kind, those who had before assumed an attitude of indifference responded to the call.

JRING the past two years the methods

of production and conservation em-

ployed by the farmers of this country

have advanced 20 years of peace times.

Prior to 1914, and even up to the dec-

inration of war by the United States,

in the breeding and sale of all classes of live stock. In the case of 42 farms surveyed in Henry

county, Indiana, by the department of agriculture, 11 made an average labor income of \$1,423 a year. These farms kept the most live stock, averaging 62 animal units-that is, 62 full-grown cattle, or their equivalent in smaller animals. Sixteen farms made an average labor income of \$479. These farms kept live stock averaging 19 animal units per farm. Fifteen farms made an average labor income of but \$1. Not one of these farms kept more than 15 animal units.

Dividing these farms into three groups according to the number of animals to an acre, the same tendency is shown. The more heavily

GREEN'S AUGUST FLOWER

Constipation invites other troubles which come speedily unless quickly checked and overcome by Green's August Flower which is a gentle laxative, regulates digestion both in stomach and intestines, cleans and sweetens the stomach and alimentary canal, stimulates the liver to secrete the blie and impurities from the blood. It is a sovereign remedy used in many thousands of households all over the civilized world for more than half a century by those who have suffered with indigestion, nervous dyspepsia, sluggish liver, coming up of food, palpitation, constipation and other intestinal troubles. Sold by druggists and dealers everywhere. Try a bottle, take no substitute.-- Adv.

Can't Fool Him. Teacher-What is a polygon? Bright Youth-An escaped parrot .--Chicago Daily News.

A /pretty woman's smile often wrinkles a man's purse.

Why That Backache? Why be miserable with a had back? You can't be happy if every day brings lameness; sharp, shooting pains and a dull, magging ache. Likely the cause is weak kidneys. You may have head-aches and dizzy spells, too, with a weak, tired feeling. Don't delay! Try Doan's Kidney Pills. They have done wonders in thousands of such cases. Ask your neighbor!

A South Dakota Case A South Dakota Case B. D. Ray, Ar-mour, B. D., says: mour, B. D., says: mour, B. D., says: mour, B. D., says: and the stars and the stars the pains caught my back and I had to get up often to pass the kidney se-traiting would blur. Nights I had to get up often to pass the kidney se-retions, which have the scanty and highly colored. I often sout dizy and then sout dizy and then backache and settraightened me up in every way."

tirely rid me of the backache i raightened me up in every way."



Deep-Seated Coughs develop serious complications if neglected. Use an old and time-tried remedy that



Throughout the nation these farmers, with a spirit of patriotism and an additional inducement of fair prices and an assurance of reasonable compensation for their expenditures, called upon the federal department and other agencies that could give them information. The attitude as well as the spirit of the farmers changed from peace-time to war-time forming

THE "ROBBER"COW

Improved methods and practices adopted and now being applied have come to stay. In future farming methods there should be little question as to the practice of the man who has treated his oats for smut and has increased his yield; the man who has applied fertilizer to his wheat and has incroased his crops five to ten bushels an acre; the man who has sought information on the feeding of cattle and has found that by adding protein to the ration he can produce a pound of beef with nine pounds of corn where the old ration required 13 pounds of grain; the man who was encouraged to build a silo through which he is able to feed a carload of cattle with the crops from 16 acres of land when before it required 26 acres. Men who have learned these lessons, have seen the result. and have profited by them, are not going back to old-time methods. Farmers are reaching out in a broader way for additional aid.

Last fall farmers planted 49,000,000 acres of wheat, and while the early prospective yield was reduced to some extent by reason of adverse weather and insect enemies, a crop of approximately a billion bushels is the result. This huge crop is the direct result of the good methods of forming that were employed in the fall of 1918. There were more tons of fertilizer applied to this wheat than during any previous year. There was more early plowing. There was better cultivation. There was better selection of varieties and better treatment of the seed. There was more top-dressing of the crop with straw and manure than ever was known in any other year. Part of the crop was due to favorable weather in some localities, some just to plain luck, but the big results achieved in the wheat fields all over the country was due to the improved methods employed by farmers.

There is large and sufficient evidence to show that agriculture has made a rapid, sure, and substantial advance. If that is true, then agriculture will not readily revert.

At no time has the farmer been called upon to give greater attention to the business side of his operations. In this day of high-priced_land, labor, seed, fertilizer, machinery, and other materials and equipment, careful attention must be given to economical production. Industrial plants have found it necessary to introduce the cost-accounting system in order that the cost of each part manufactured may be determined. In the same way, farmers must conduct their business and know more definitely the desirable and profitable lines of production.

Not every farmer has it within his power to increase his acreage, but he can very materially increase his income by judicionsly increasing the size of his business. There is one way of doing this that seems to be open to farmers in practically all parts of the country. The simplest and surest way for the land-locked farmer to make more money is to produce more and better live stock. There is but limited opportunity for expansion in the production of the intensively grown crops, but there is great opportunity for expansion stocked the farm the larger the labor income.

A specific example of what can be accomplished by raising more and better stock, is that of a cornbelt farm, formerly managed as a straight-grain farm, that for the past five years has been operated as a hog farm. The system followed is rather unusual, in that but one litter is raised each year, the sows bred being gilts, which are fattened and sold after their pigs have been weaned. The pigs, put on full feed on self-feeders, are sold when from six to seven months old. Enough hogs are bought to hog down the corn crop. The profits realized are far in advance of those realized under the old system. For the past three years, respectively, the net returns from the hog enterprise alone have been \$1,259. \$1,859, and \$3,733.

It should be borne in mind in this connection, however, that, just as a large acreage may be a handlcap rather than an advantage unless used to advantage, so live stock may be a liability rather than an asset unless the quality of the animals is high. The more scrub cows a man has the worse off he is if he persists in trying to produce milk from them, and in some cases the quickest way to increase net returns is to sell a bunch of canners.

The high-class hog and the high-class cow, each in its own field, has no equal in efficiency in turning raw products into human food, but until we realize the wide difference in efficiency between the scrub cow producing 2,000 pounds of milk and the animal yielding 7,000 pounds of milk, or between the razorback hog and the hog that converts corn into pork rapidly and economically. we are not in a position to make the most of this fact.

So the farmer who seeks to increase his business by going into live stock enterprises will make a grave mistake unless he pays strict attention to the vital question of quality of stock. It is not necessary to begin with expensive registered animals, for good grade stock will serve, but it is essential that great care be exercised in selecting the individual animals that are to serve as the foundation of the herd or flock. When such care is taken, however, there is no safer way for the farmer to increase the size of his business than by intensive production of live stock.

National Farmers' Union

Senator Capper of Kansas recently put into the Congressional Record resolutions and recommendations adopted by the National Farmers' union at its annual convention in Memphis, Tenn., as follows:

"First, We indorse the Kenyon-Anderson bill, which embodies important recommendations of the federal trade commission designed to correct the abuses and extortions that exist in the meatpacking industry and urge its immediate enactment by congress,

"Second. We indorse the Capper-Hersman bill to give the farmers of the republic the privilege of organizing and conducting collective bargaining associations, based on co-operative principles, but we ask that proper safeguards be included in such legislation to prevent corporations from taking advantage of its provisions.

"Third. We favor an amendment to the federal loan act that will enable a man without a farm but possessing an established reputation for natural resources held for speculative purposes.

"Sixth. We urge the adoption of a far-seeing, patriotic policy for the reclamation of the waste lands of all sections of the country for the purpose of enlarging the area of agricultural prodections.

"Seventh. We demand the most vigorous enforcement of all federal laws to prevent the immigration of undesirable allens, and we also urge the prompt deportation of all aliens seeking to overthrow our government and destroy our free institutions.

Eighth. We believe that the principle of cooperation should be applied to the solution of our marketing and industrial problems, to the advantage of the producing, consuming, and laborthe classes.

"Ninth. We are opposed to the maintenance of war-time armaments in time of peace and to any system of military organization that includes universal military training."-

Ovster Shells for Poultry

Oyster shell is not needed by chicks, but pullets and hens do better for having oyster shell as a regular part of their ration. This was proved by the New York agricultural experiment station some years ago, when a poultry writer condemned the use of oyster shell as unnecessary. The New York station proved that a pound of oyster shell contains enough lime to manufacture about seven dozen eggs. This should not be fed in the mash. Fowls know more about what they need to eat than we do. If they have the shell, ground bone, meat scraps and grit in hoppers before them, with a variety of ground grains in dry mash, they will balance their ration better than we can balance it for them.

Combat Vermin on Animals

It doesn't take much argument to convince the owner of lousy stock that relief measures should be inaugurated to combat the lice and relieve the animals. Lice show on animals usually in the late winter and early spring months. The harm they do is then very apparent. Stock owners usually busy themselves when the life and thrift of the infested animal is seriously involved. But it takes greater argument to get the average stock owner to combat lice on animals that do not look lousy. Lousy spring animals were also lousy fall animals. The only difference is in the number of lice. Why not kill the few lice now that apparently do no harm, instead of the many that have done harm?

Fertilizer on Grass Lands

To keep up the organic matter of the soil and thereby improve the fertility it is important to maintain good sod. In other words, it is a mistake to keep mowing a field until the yields of hay are no longer profitable and then plow up the sod for some other crop. If a field is to be mown more than once a year it should be fertilized each year after the first with either manure or commercial fertilizer. Nothing is better for a top-dressing then manure, which may be applied when weather permits at, any time during the winter. If manure is not available equal parts of nitrate of sode and field phosphate should be applied at the rate of 200 to 800 pounds of the mixture to an acre.

For Women Who are Nervous, Weak, or Run-down

Omaha, Nebr.:-"'As a special tonic I have taken Dr. Pierce's Favorite Prescrip-tion and found it to give almost immediate relief in cases of nervousness or a weakened or run-down condition. I have taken this medicine since my carliest girlhood when-ever my system seemed to require a tonic, and it has never failed me. I am very glad to recommend the 'Favorite Prescription' to women and young girls who need such a to women and young girls who need such a tonic."-MRS. MARY LA LONDE, 5301 N 34th St.

Every woman who has reason to believe that backache, headache, unnstural pains, low spirits, sleepless nights, irregularities or a catarrhal condition is caused by a derange-ment of the womanly functions, owes it to herself and dear ones to speedily overcome the trouble before a general breakdown causes permanent prostration.

Dr. Pierce's Favorite Prescription is a Dr. Pierce's Favorite Prescription is a non-alcoholic remedy that any ailing wo-man can safely take because it is prepared from reots and herbs containing tonic prop-erties of the most pronounced character. It is not a secret remedy because its ingre-dients are printed on wrapper.

Get Dr. Pierce's Favorite Prescription to-day, either in liquid or tablet form os send Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., 10c for large trial package.

