

THE MOST DANGEROUS OF ALL DISEASES

No organs of the human body are so important to health and long life as the kidneys. When they slow up and commence to lag in their duties, look out! Danger is in sight.

Find out what the trouble is—without delay. Whenever you feel nervous, weak, dizzy, suffer from sleeplessness, or have pains in the back, wake up at once. Your kidneys need help. These are signs to warn you that your kidneys are not performing their functions properly. They are only half doing their work and are allowing impurities to accumulate and be converted into uric acid and other poisons, which are causing you distress and will destroy you unless they are driven from your system.

Get some GOLD MEDAL Haarlem Oil Capsules at once. They are an old, tried preparation used all over the world for centuries. They contain only old-fashioned, soothing oils combined with strength-giving and system-cleansing herbs, well known and used by physicians in their daily practice. GOLD MEDAL Haarlem Oil Capsules are imported direct from the laboratories in Holland. They are convenient to take, and will either give prompt relief or your money will be refunded. Ask for them at any drug store, but be sure to get the original imported GOLD MEDAL brand. Accept no substitutes. In sealed packages. Three sizes.

A Rebuke.
"So this is the office of the Clarion?"
"Yes," replied the editor, proudly.
"A temple of truth."
"Tell the truth and shame the devil," eh?"
"Sir, the office 'devil' has nothing to do with the editorial policy of our paper."—Birmingham Age-Herald.

ASPIRIN FOR COLDS

Name "Bayer" is on Genuine Aspirin—say Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Colds, Pain, Headache, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin boxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monocetacidester of Salicylicacid.—Adv.

Butter Problem in Ireland.
The recent ministry of food order increasing the price of butter from 60 cents to 72 cents per pound is expected to stay the decline in butter making by the creameries which have lately found cheese making more profitable, says a Christian Science Monitor letter from Dublin. The experience of butter retailers is that butter is bought at practically any price in preference to margarine, even by the working classes. If the price had not been raised there would have been a butter famine.

War on Hawks.
So important are the services of carrier pigeons in time of war that any birds that prey upon them are promptly marked for destruction. That is why hawks have been the special targets for the American soldiers, as these fierce birds that are so swift of wing take great delight in chasing down the carrier pigeons and then making a feast on their tender flesh. To keep the carrier pigeon in active service the hawk must be exterminated, for in attacking the carrier pigeon the hawk virtually attacks the army whose message is entrusted to the carrier pigeon.

In the Majority.
Mrs. Bacon—I see the judges at a baby show at Cedar Falls, Ia., did their best to please everybody by awarding every contestant a prize.
Mr. Bacon—There must have been a lot of booby prizes awarded, then.

Some men would rather owe you a bill forever than put you to the trouble of collecting it.

The man who finds fault with his neighbor's religion should spend a little time repairing his own.

Any man can make a fool of himself by trying to act smart.

No ugly, grimy streaks on the clothes when Red Cross Ball Blue is used. Good bluing gets good results. All grocers carry it—5c.

About 90 per cent of what passes for thinking is putting old thoughts into new clothes.

Important to Mothers
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years.

Children Cry for Fletcher's Castoria

Their Job.
"There is a chorus of butchers and bakers in that vauville act."
"I suppose they are feeders for the star."

Catarrhal Deafness Cannot Be Cured by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure Catarrhal Deafness, and that is by a constitutional remedy. HALL'S CATARRH MEDICINE acts through the Blood on the Mucous Surfaces of the System. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing may be destroyed forever. Many cases of Deafness are caused by Catarrh, which is an inflamed condition of the Mucous Surfaces. ONE HUNDRED DOLLARS for any case of Catarrhal Deafness that cannot be cured by HALL'S CATARRH MEDICINE. All Druggists 75c. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

His First King.
One of the national treasury officials who helped put over the national liberty loan campaigns and his colored man-servant George were coming through Rock Creek park, Washington, the other morning and they met King Albert of Belgium taking a constitutional foot. The trio stopped and chatted for a few minutes and the king shook hands with George the same as he did with the official.

After the king had passed on the official turned to George and asked him what he thought of his majesty.
"Afore Gawd," George said, "dat am the first king I ever saw outside of a deck."

Snake's Rattles.
The rattles of the rattlesnake are but a number of small bones on the tail so loosely fastened together that they make a clinking noise when shaken.

Light Waves' Pressure.
By the use of delicate apparatus which he invented a Russian scientist has demonstrated that light waves exert a measurable mechanical pressure.

Depends on the Style.
Parker—"Is your wife a woman to look forward to something to worry about?" Tucker—"Yes, yes, indeed, she is—if it is in style."—Judge.

An old bachelor says it is better to die for a woman than to live with some of them.



Paper, as a substitute for linen, is making itself valuable to the housewife and to the managers of tea rooms and cafes. Not so much in the former case as a matter of economizing in linen, as economizing in labor. Napkins, tray cloths, dollies and centerpieces of linen are so cleverly made of paper that they are proving altogether satisfactory substitutes for it, except upon occasions of more or less formality. Napkins, once used, are thrown away. Centerpieces, tray cloths and dollies of paper can be used until soiled. They are prettily made, very cheap and eliminate laundering. Besides a very pretty table may be set forth with them.

Besides these paper furnishings for the table, paper decorations for household use are gaining ground. There is a fad for lamp and candle shades of parchment paper. These are hand painted and do not suffer by comparison with silk or glass shades, but are far less expensive. Besides they allow variety—when they finally become soiled there is no great loss in destroying them and providing new ones. Paper rope is fashioned into handsome baskets for fruits, bonbons and flowers. Lamp stands and vases are also made of it and serving trays as attractive as those of wood.

Gradually the paper handkerchief is making a place for itself and the paper hand towel. These commend

themselves to the motor tourist who is making a long run, as especially practical. Even hospitals are using surgeons' caps of paper and small paper handkerchiefs for patients. These are made very soft and absorbent, like the towels.

Oilcloth finds a place on breakfast tables and on porch tables in centerpieces and dollies that are prettily painted or stamped in sets of three sizes, including one large plaque for the center of the table, six or twelve smaller plaques for plates, and the same number of still smaller ones for cups and saucers. These are wiped off when necessary with a damp cloth after use and put away on a roll of stiff paperboard or wood.

The smooth, light oilcloth is for sale in department stores and is sold by the yard. It may be had in white and black and the sets cut out and decorated at home; or the sets are to be had readymade, at a reasonable price. They answer the same purpose as linen sets or those that we import from Japan of cretonne having the edges finished with a crocheted border of mercerized cotton are very pretty, and they are inexpensive and durable. They have proved attractive for the breakfast and tea table and, of course, require occasional washing. Light-colored, gayly-colored cretonnes, make cheerful sets, and these prove cherished Christmas gifts.

GARBED AS FOR THE OPERA



"Where are you going, my pretty maid?" is answered in one of two ways by the picture shown above. Either the theater or the dance is evidently ahead of the fair and youthful lady in silk attire which the camera has caught so faithfully. We should say she is garbed as befits her for the opera, and there is plenty of time to analyze her outfitting. It is very much to the point, being tasteful and appropriate, as well as in the mode.

The frock of light-colored satin has low-necked bodice and draped skirt, with long tunic at the front and sides and shorter flat loops of the satin at the back. The neck and short sleeves are finished with lace, and a big rose is posed at the front of the giraffe. But the frock is really less important in this costume than the long, black net scarf, run with gold tinsel, that is thrown about the shoulders. Any light or bright colored gown, simple enough to prove successful in the role of a background, will borrow splendor and prove effective with a scarf of this kind. The gold is put on in an ingenious pattern, which shows to good advantage when the scarf is worn as pictured.

In the same class as the scarf, the gilt and silver wreath that adorns the head is an achievement to be proud of. A silk morning glory, shot with silver, stamps this hair ornament as suited to youth and loveliness, and the coiffure is of like character. No matter how striking the toilettes that vie

with one another at the opera or the play, none of them can boast of a charm outstripping this, which is gay and fleeting youth interpreted in apparel. Youth would better leave more splendid things to older women.

Among these splendid things a gown of nasturtium velvet from Paris has a draped skirt with a bouffant puff about the hips, bordered at the bottom with velvet grapes in small clusters and in their natural colors. A gray satin with silver roses scattered over the surface looks at its best among the stronger colors. Black velvet, black spangled net and black lace challenge anything to look more regal than they do, even in the company of gowns in which masses of colored sequins are used. It takes an artist to manage spangles—they may not be used too liberally in colors, and even in black or white glitter may be overdone.

Julia Rothrock

Lace a Factor.
Lace is a dominant factor in the development of evening gowns and frocks for special occasions. Black lace, white and cream and ecru laces are used sometimes singly; sometimes two laces are combined, then again lace is combined with chiffon, georgette or metal cloth.

What Neighbors Say

Walden, Colo.—"I am glad to add my testimony in regard to what Dr. Pierce's Anurie Tablets have done for me. I am sure they saved my life, and if I can be instrumental in helping others I will feel well repaid. My kidneys and bladder were in very bad condition for a long time and got worse every day. I used one bottle of a well-known kidney medicine without any relief, then I took two bottles of another remedy and used them but got worse every day. I was in terrible shape, was disturbed eight to twelve times in a night and suffered excruciating pain and there would be a thick brownish sediment. I was dependent. At last I saw 'Anurie' advertised in a Kansas City paper and I thought it just suited my case so I sent to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for a trial package, which was ten cents. I took two tablets at night and felt much better in the morning and by the second morning I didn't feel any pain at all when voiding the kidney secretion. In a week there was no sediment in the water, and it has been normal ever since. That was eighteen months ago, therefore it would be hard to make the claim for 'Anurie' too strong."
—G. L. BUNDY.

When Run-down and in Need of a Tonic
Kansas City, Kans.—"About the only medicine I have ever given my little boy is Dr. Pierce's Golden Medical Discovery. He never was very strong, and being delicate would become run-down very quickly, would suffer loss of appetite. I would give him the 'Golden Medical Discovery' and it always built him up in good health. I have also given this medicine as a spring tonic for such 'Golden Medical Discovery' has no equal. I do recommend its use."
—MRS. GEO. MAJL, 1042 N. 13th St.

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FARRIS' COLIC REMEDY
The EASY WAY
TO TREAT HORSE COLIC
No Drenching—A Child Can Give It.
6 DOSES PER QUARTER
Old Kentucky Mfg. Co., Inc., Paducah, Ky.

FREE ON REQUEST—A VIVID STORY of the wonderful Texas Oil Fields based on absolute truth. Write Chas. E. Jackson, Box 254, Independence, Kansas.

Burlington, Colo. 320 a. unimproved; fine investment; ideal farming country. 146 Terms. Owner, Frank Goss, 4005 N. 25th St., Omaha.

W. N. U., SIOUX CITY, NO. 50-1919.

FINALLY SUBDUED FOREST FIRE

Thousands of Volunteers Overcome Conflagration Which Threatened Overwhelming Destruction.

A forest fire that threatened, in 13 days of unimpeded destruction, to consume the whole of Angeles national forest, in southern California, was finally brought under control by the desperate efforts of hundreds of volunteers. The unceremonious drafting of curiosity seekers swelled the ranks of the fighters until, in one district alone, around Pomona, more than 1,000 were working day and night to stay the on-rushing flames. The kindling of tremendous back fires at critical points, guided by airplane inspection, succeeded in holding the fires within the originating area. Many resorts and summer homes were menaced, but only a few cabins were lost. As a result of the fire, the city waterworks of Pasadena is to be protected by a giant firebreak, which will be constructed immediately by the rangers of the United States forest service.—Popular Mechanics Magazine.

Concerted War on Tuberculosis.
A systematic campaign of anti-tuberculosis education has been conducted in France for more than a year, under the patronage of the Rockefeller foundation. Three traveling exhibits and groups of lecturers visited ten departments, and in 141 towns of 3,000 or more population gave exhibits. During the year more than 2,000,000 pieces of printed matter, posters, pamphlets, postcards, games, etc., were distributed through the whole of France. It is stated that the public material, written by French men and women, and charmingly illustrated by French artists, has set a new standard for popular health public education.

The Idea.
She—Don't you think it is very foolish to sit holding hands?
He—Not if you're holding trumps.

"CALIFORNIA FIG SYRUP" IS CHILD'S LAXATIVE

Look at tongue! Remove poison from stomach, liver and bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California!"—Adv.

Agricultural Policy.
"An intelligent agricultural policy is the basis of a great industrial policy, and a systematic effort must be made to bring the people back to the land. A great agricultural policy relieves the labor market, and when there are periods of depression there is always the land. There is not the same competition which throws men out of employment. On the other hand, there is a nursery to train vigorous men who will sustain other industries, and unless there is agriculture this cannot do that, an industrial system cannot be kept alive."—Lloyd George.

TONIGHT!

Take "Cascarets" if sick, Bilious, Constipated.

Enjoy life! Straighten up! Your system is filled with liver and bowel poison which keeps your skin sallow, your stomach upset, your head dull and aching. Your meals are turning into poison and you cannot feel right. Don't stay bilious or constipated. Feel splendid always by taking Cascarets occasionally. They act without griping or inconvenience. They never sicken you like Calomel, Salts, Oil or nasty, harsh pills. They cost so little too—Cascarets work while you sleep.—Adv.

Replacing Sugar With Cotton.
According to the South African Journal of Industries for July, 1919, the replacement of cane by cotton in parts of Zululand is being taken notice of by the sugar industry.
A number of planters declare that they find cotton a more paying and a more promising crop than sugar.
A great advantage in favor of cotton is that a crop can be planted and handled within about six months and does not involve the heavy expenditures for wagons, track and vehicles, such as is essential with cane.

Preparedness.
The stage coach bumped along over a very mountainous country road, till it came to a place noted for its many holdups. The passengers were somewhat uneasy lest a highwayman might step out into the middle of the road.
"Ah, friends, don't be alarmed!" said a pompous old gentleman. "I foresee the possibilities of an attack and I have two loaded revolvers in the bottom of my trunk."
His Only Chance.
"Can I get a room for the night?" asked the man to the hotel clerk.
"No," replied the clerk, "we haven't got a room in the house."
"Where in thunder am I going to sleep then?"
"Why, there's a movie picture show in the next block. They have continuous performances, I believe."
Proof of Merit.
"Your poem was returned?"
"Yes, but reluctantly; I had to write the editor five times for it."

A lot of men cheap on the bit while letting the svenner rub.

Nervous? Restless at Night? Ever Have Headaches?

How about your daily cup of coffee?
Suppose you try a change to

Instant Postum

This delightful cereal beverage possesses a fine coffee-like flavor, but has none of the harmful after-effects thru which coffee so often prevents vigorous, red-blooded health. Costs less, too.

Made by Postum Cereal Company, Battle Creek, Michigan

Sold by Grocers and General Stores.

There's something really fascinating about the nut-like flavor of Grape-Nuts

The strength and nutrition gleaned from this wheat and malted barley food make it a most sensible breakfast cereal, while its low cost adds true economy.