

State Historical Society

NEWSY ITEMS FROM OUR EXCHANGES

Allen News: Mrs. J. R. Feaut, and babe left for Homer Thursday morning for a short visit with her mother, Mrs. L. E. Priest.

Wianer Chronicle: Mrs. Helen Rich is visiting her son, Supt. A. B. Rich, at Bloomfield, and daughters, Mrs. Frances Cheney and Mrs. Cora Graves at Plainview.

Rosalie Rip-Saw: Raymond Fox and Miss Myrtle Farber were married at Sioux City on Monday. The newlyweds will make their home with Raymond's parents this winter. Congratulations.

Sioux City Journal, 4: Harvey Taylor, of Decatur, Neb., sustained a broken arm while cranking an automobile yesterday afternoon. The mishap occurred at South Sioux City and Dr. McArthur set the fracture.

Walhill Citizen: Louie Vlassak and family and Mrs. Will Miller of Homer, spent Sunday at the J. F. Matousek home. Albert Onderstal and wife are in Sioux City today to consult a doctor in regard to Mrs. Onderstal's health.

Ponca Advocate: Rev. A. L. Umpley made a business trip to Dakota City on Monday. Fred Rogosh went down to Coburn Monday to finish up some mason work. Emery and Anna Austin were at home over Sunday from their school work in Dakota county.

Craig News: A letter from Mrs. Raymond I. Fouts, of South Sioux City, says her father, Wallace Dose, is failing very fast, physically. Her sister Mary's husband, John Carlson, died at a hospital at St. Paul, Minn., of cancer of the stomach, about a month ago.

Sioux City Journal, 31: Mrs. J. Edgar Anderson, Wirrick flats, is entertaining in her home, Miss Margaret Ryan, of Jackson, Neb. Born in Sioux City, Ia., Wednesday, October 29, 1919, at Maternity hospital, to Mr. and Mrs. O. B. Metz, South Sioux City, Neb., a son.

Wakefield items in Wayne Herald: W. A. Heikes and S. A. Heikes of Dakota City, were business visitors in Wakefield and Wayne Monday. C. T. Barto received word of the death of his son-in-law, Herman Carlson, in Omaha Friday. Mrs. George Barto, Mrs. Richard Chinn, Frank Barto and Ernest Barto went to Omaha Saturday to attend the funeral.

Froid, Montana, Tribune: M. B. Hogan, local manager of the Libby Lumber Co., is the proud daddy of a bouncing boy born at the Dahl hospital on Monday evening of this week. The best cigars in town have been going the rounds since the event happened and M. B. is one of the happiest fathers in the whole state. Mother and son doing fine. The Tribune joins in extending congratulations.

Sioux City Tribune, 3: L. Whitehorn, who has been visiting two weeks with his daughter, Mrs. G. E. Burdick, left Saturday for his home in Omaha, Neb. Forty friends and neighbors surprised Mr. and Mrs. M. Hurley recently at their home east

of Leeds. The hours were spent informally. Luncheon was served at the close of the evening. Mr. and Mrs. Hurley will depart soon for Hubbard, Neb., where they will locate.

Sioux City Journal, 1: Thieves Thursday night broke into the railroad station at South Sioux City, Neb., and emptied the cash drawer of its contents, which amounted to slightly more than \$10. An entrance was effected by smashing the locks on the door. Two \$50 Liberty bonds which were in the drawer, were left behind by the thieves. The bonds yesterday morning were found on the desk and it is thought that the burglars examined them and then decided not to take them.

Emerson Enterprise: Nels Tolstrop returned Tuesday from his hunting trip at Crystal lake, bringing home the limit, also a nice string of fish was brought home. Mrs. Geo. McPherran and two children of South Sioux City, came Tuesday evening for a few days' visit with Mrs. S. N. Swanson. The ladies are sisters. Charles Skidmore of the Blyburg neighborhood, was in Emerson Tuesday with the back end of his Ford full of fish. They were taken from the shutes in the Missouri the day previous, and they were of the best kind of eating, although buffalo was the only kind they caught.

Wayne Herald: Mrs. Brown Palmer of Hubbard, was visiting friends in Wayne Friday and Saturday. Mrs. J. J. McBride of Sioux City, was a guest at the F. S. Berry home Sunday. She returned to Sioux City in the afternoon. W. B. Elliott of Homer, left Wednesday for the Rio Grande valley in Texas, after spending a day here with his niece, Miss Doris Wilcutt, who attends the Normal school. Mrs. Harvey Neeley went to Grand Island Saturday to meet and accompany to this place her mother, Mrs. Eva Orr, who had been visiting there. Mrs. Orr resides in South Sioux City. She expects to visit her daughter here.

Thanks for the Fruit
A week or so ago D. M. Neiswanger shipped two barrels of canned goods, which had been donated by the ladies of the Lutheran church in this vicinity, to the Tabitha Home in Lincoln, Neb., a home for elderly people of the church. Following is a letter received by Mr. Neiswanger from the superintendent of the home, acknowledging receipt of the shipment, and extending thanks for the donation:

Lincoln, Neb., Oct. 31, 1919.
Mr. D. M. Neiswanger,
Dakota City, Neb.
Dear Mr. Neiswanger:
Your two barrels of good things you sent arrived safely and in good condition. Kindly convey our sincerest thanks to the ladies and to all who have a share in this expression of kindness. May God bless you. You know there are about 95 eaters in the home. I am sure you believe me, if I assure you of our appreciation and thankfulness.

With kindest personal regards, also thanking you all again, I beg to remain,
Sincerely and gratefully yours,
REV. E. WALTER,
Supt. Tabitha Home.

A Stitch in Time.



DAKOTA CITY SCHOOL NOTES

A. H. BRUNELLE, Principal

Home Demonstration Notes
Miss Florence Atwood
Home Demonstration Agent

William Joyal has registered in the fifth grade and Wilfred Kinkel has registered in the high school.

"He thee to the house of horrors" was the invitation, so we all hied to the school house Friday night, for the Halloween party. The horrors were worst down in the basement, where only by following a dangerous path amid the darkness, guided only by a slender cord, could the upper light be reached. The author of this dark design must have had in mind Theseus and his trip through the Labyrinth with the thread loaned him by the enamoured Ariadne. Up above, decorations of corn and grinning jack-o'-lanterns, gave a festive effect; but the climax was when someone was telling a ghost story, and just as we had the lonely wanderer in the deserted cabin where he heard three dreadful knocks, there were three knocks at the auditorium door, and in stalked some sure enough ghost. Pumpkin pie, apples, corn, and popcorn were served in a mixture of cafeteria and personal service style, and were followed by half an hour of dancing. Everyone is thought to have been home, safe and sound, by half-past eleven. The committee is to be congratulated on its careful planning and industrious preparations.

By way of breaking the monotony, the football team journeyed to Jackson Friday and won a game by a 27-0 score. The first score came after only a few minutes of play, Jackson being dazed by the speed and power of the Dakota City attack. Jackson then took a brace, and held for the remainder of the first half. Dakota City was slowed up by the additional fact that a succession of players on both sides were injured, necessitating taking time out almost continuously. The field was in such poor shape that sprained ankles were common, added to the other injuries. Dakota City took a brace in the second half, making three touchdowns, two of them in the last few minutes of play. All four touchdowns were made by passes over the line or close to it. Jackson put up a stiff defense, holding Dakota City for downs more than once, and making their own first downs several times. The game was exceptionally clean, there being no penalties for rough conduct. Bohier, who intercepted a pass and paved the way for a touchdown, Captain Antrim with his speedy end runs, Kramper with his powerful plunges and effective defense against passes, Culbertson and Ebel by their fierce smashes and tackles on defense, deserve credit no less than Stinson and Kinkel who each are credited with two touchdowns. Jackson afforded Dakota City's players and rooters very considerate treatment throughout.

Dakota City plays Newcastle on the local gridiron next Friday. Newcastle has a scrappy bunch, reputed to be skillful in the forward pass, and will put up a hard game.

Miss Marguerite Shreiner, Miss V. Clara Cook, and Miss Margaret Hartnett were hostesses at a Halloween party Thursday evening, given at the Schmied home. There were about thirty guests who enjoyed their delightful hospitality. Hunting for red ears of corn, various means of fortune telling, the time-honored nibbling at apples and doughnuts suspended by strings, and the "hard-times" costumes added to the merriment of the evening. A delicious lunch was served somewhere about midnight, but the more enterprising are said to have continued their merry-makings into the wee small hours of the morning.

Lutheran Church Notes

By Rev. C. R. Lowe.

A matter of the payment of our Midland College pledges has repeatedly come to my notice. I know this, that the pledges were made to read payable on or before January 1. A lot of us have been notified already that the first payment is due, and some of our men are not just pleased with the manner in which the matter is crowded. I have received a couple of notices as to my own pledge, but I have considered it only as an official notice that Midland has been moved to Fremont and that the pledges are due 'on or before January 1st, and sent in the payment when it was convenient. There need be no undue hurry as to the payment. Just make it before the first of January. No one ought to feel badly as to this matter. It is just your official notice that Midland has been removed and that the pledge is payable. Of course, the money will be received at any time.

We have about completed our arrangements for an adult men's class and an adult women's class. The pastor will teach the men's class and Mrs. G. W. Bates will teach the women's class. The division of the class will be made next Sunday and all arrangements will be made for the grand opening a week from Sunday.

Dr. S. H. Yerian, the representative of Midland College, dropped in last Saturday night, and spoke at the church service Sunday morning. At the time of the canvas in July there was so much haste that the work was not done thoroughly in any congregation, and the Dr. reports that his work over the congregations goes on well even in the places that have been canvassed in past is coming across nicely for Midland College.

The County Sunday School convention met at Salem last Saturday and Sunday. We had very interesting meetings indeed, though not largely attended on Saturday. Sunday had a good attendance. The pages put on by the Methodist Sunday school Sunday afternoon was certainly fine. Miss Brown's illustrated lecture was the most interesting from a Sunday school standpoint of any for several years. The Brown Family orchestra furnished a good number of very pleasing selections of music.

The pastor drove over to Ponca with Dr. Yerian Monday on Midland College business.

FOOD VALUE OF MILK.
Largely because Milk is a liquid, many people have not considered it a necessary article in the diet, and have either reduced their purchases of this valuable food, or purchased it rather reluctantly.

However, when its real food value is known, it is looked upon as the most nourishing of all foods. It is a complete food, containing all the food essentials necessary for body activities; its protein is of exceptional quality, and the fat in milk contains a newly discovered substance, essential in the diet, called Fat Soluble A. This substance has been found to be indispensable to health, and no child can grow and develop without it.

Furthermore, this substance is valuable to the adult in promoting health and vigor.

This growth and health promoting element is deficient in the diet of one out of every three children, who are thereby caused to suffer in various ways; some children even develop sore eyes and rickets and other complicated disturbances when they do not receive sufficient amounts of this substance.

Fat Soluble A is found most abundantly in Milk, Butter, Cheese, and Ice Cream; the fat of the egg contains it, as also do the leafy portions of vegetables to some extent. Milk and Dairy Products, however, are the principal sources.

Dr. Sherman of Columbia University says that the average American diet should consist of at least twice as much Milk, Butter and Cheese as at present.

Dr. McCollum of John Hopkins University, the foremost authority on nutrition, says that there are no substitutes for Milk and Dairy Products as food; they are essential to the growth of the child and to the health of the adult.

If one but for a moment considered Milk on the basis of its protein, fat, and sugar content, and overlooked its growth and health promoting substances and its ideal mineral matter, it would be found that Milk is a cheap food even then, when compared with most other staple articles of diet.

For example, veal costs about twice as much as Milk for the same food value; pork chops, ham and shoulder, are more expensive than four per cent Milk, while chicken at 27 cents a pound is more than fifty per cent more expensive, and broilers at 30 cents a pound are almost five times as expensive. Eggs at 48 cents a dozen are about two and one-half times as costly as four per cent milk.

Fresh fish, such as salmon, halibut, and whitefish, cost about two and one-half times as much.

Of the fruits only those that are dried are as cheap as milk. The same is generally true with respect to the vegetables, except potatoes. For instance, canned peas at 20 cents a pound are about three and one-half times as expensive as four per cent milk, or in other words, when they are 20 cents a pound, it requires \$2.58 cents worth of them to equal one quart of four per cent milk, which is generally purchased for 15 cents.

All these figures show that Milk is an economical and nourishing food, even at 15 or 20 cents a quart.

This fact, coupled with the fact that Milk contains certain substances, called vitamins, which are necessary for growth and health, and mineral matter of splendid quality, should make everybody realize keenly that Milk should be used freely in every American home and in every human diet.—National Dairy Council.

Interest in Poultry Growing

One of the surprising developments in Nebraska poultry raising is the increased interest among men. A few years ago when University extension workers went out they gave demonstrations to only women and girls. Now their audiences are often largely men. In one case a crowd of 200 was composed wholly of men. In several other instances of smaller attendance women were entirely lacking. Women are still intensely interested in poultry but they now have the cooperation of the men, who evidently have come to realize the immense importance of poultry raising, as a farm asset.

Nebraska has about 12,000,000 chickens within its borders and the value of its poultry products for the last year is estimated at \$50,000,000.

Big Enrollment at State School

Registration in the University School of Agriculture, a secondary school of the university enrolling anyone with a common school education, now totals about 450. More than 300 are boys. This is one of the largest registrations in the history of the school. Practically every county in the State and several other states are represented among the students. Registration in the power farming engineering courses is steadily growing with each Monday. These courses, which include tractors, trucks, and automobiles, may be entered any Monday morning. A four weeks' course is also offered in the farm shop or blacksmithing and carpentering. The university agricultural engineering department now has a total registration of more than 700 students.

The Red Cross—the heart of humanity.

M. E. Church Notes

Rev. S. A. Draise, Pastor

Last Sunday was a fine Sunday school day. The attendance was about up to normal—although there are many more who might have been present. In the afternoon about 75 of the Sunday school children and adults attended the convention at Salem. Several could not go for one reason or another, but we had a good representation and a good time. Don't forget the time next Sunday—10 o'clock.

The mid-week service will be on Wednesday evening hereafter. The change was made in order that the pastor might be at Homer on Thursday evening for a mid-week service.

Next Sunday morning service at 11 o'clock. Come! Boost!

Snapped Corn Ration Returns Profit

Snapped corn, cottonseed cake and alfalfa proved the best money making ration in a cattle feeding experiment at the Nebraska Agricultural Experiment Station, according to a bulletin just issued. Five lots of steers were fed as follows: Corn and alfalfa, profit per steer, \$8.21; corn, cottonseed nut cake, alfalfa, profit per steer, \$5.56; ground corn, cottonseed cake, ground alfalfa, profit per steer, \$11; snapped corn, cottonseed cake alfalfa, profit per steer, \$19.85; silage, cottonseed nut cake, alfalfa, profit per steer, \$7.05. Bulletin 174, "Beef Production," may be obtained free by writing the Agricultural Experiment Station, Lincoln.

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