NERVES GAVE OUT

Serious Kidney Trouble Had Made Life Miserable, But Doan's Removed All the Trouble. Hasn't Suffered Since.

"I had such severe pains in my back," says Mrs. Albert Akroyd, 304 W. Indiana Avenue, Philadelphia, Pa., "that they almost doubled me up. Many a day I could not do my housework and at every move it seemed as if my back would break in two. My feet and ankles swelled until I had to wear large-sized slippers and sometimes I couldn't stand up.

Mrs. Akroyd

"I had dizzy spells and dreadful headaches and fery flashes passed before my eyes. Had a heavy weight been resting on my head, the pain could not have been more distressing. The least noise startled me, I was so nervous. I couldn't control the kidney secretions and the pain in passage was awful.

"It began to look as though my case was beyond the reach of medicine until I used *Doan's Kidney Pills*. The first box benefited me and four boxes cured all the troubles. I have had no further cause for complaint."

Sworn to before me,
Thos. H. Walters, *Notary Public.*

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

BILIOUSNESS

Caused by

Acid-Stomach

If people who are bilious are treated according to **local symptoms** they seldom get very much better. Whatever relief is obtained is usually temporary. Trace biliousness to its source and remove the cause and the chances are that the patient will remain strong and healthy.

Doctors say that more than 70 non-organic diseases can be traced to an **Acid-Stomach.** Biliousness is one of them. Indigestion, heartburn, belching, sour stomach, bloat and gas are other signs of acid-stomach. EATONIC, the marvelous modern stomach remedy, brings quick relief from these stomach miseries which lead to a long train of ailments that make life miserable if not corrected.

EATONIC literally **absorbs** and carries away the excess acid. Makes the stomach strong, cool and comfortable. Helps digestion; improves the appetite and you then get full strength from your food. Thousands say that EATONIC is the most effective stomach remedy in the world. It is the help **YOU** need. Try it on our money-back-if-not-satisfied guarantee. At all druggists. Only 50 cents for a big box.

EATONIC

FOR YOUR ACID-STOMACH

Expression Defined.

"Pa, when is a man as confirmed liar?"

"When nothing he says can be confirmed, my son."

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of Chas. H. Fletcher

In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

Something for Nothing.

"How much?" asked the man as he stepped from the elevator in the Federal Building.

"Huh?" returned H. N. Wadleigh, the elevator man.

"How much?" again asked the man as he pulled a large roll of bills from his pocket.

"What for?" Wadleigh inquired.

"Why, for the ride up to the third floor?" said the stranger.

Wadleigh thought he was being kidded, so replied. "Oh, I guess $1.50 will cover it."

The man reached in his pocket and got the amount.

"Say, where are you from that you have to pay for elevator service?" the elevator pilot asked.

"My name is Carl John Joseph Aaron Peterson, and I have lived in South Dakota for ten years," he said. "My sister's child is going to be christened Carl John Joseph and I'm going to be there," came the detailed answer.

Rank by Christening.

Two negroes were carrying a heavy piece of timber. Both wanted to "boss the job."

"Lay it down here," ordered one.

"What you-all a-talkin' to, man?" the other demanded. "Does you-all think you kin boss me around like dat?"

"Sure I kin," said the first darkey. "Mah name is Lew Tennant."

"Huh! dat's nothin," responded the second son of the sunny South "Mah name is Sam Browne."

ASPIRIN FOR HEADACHE

Name "Bayer" is on Genuine Aspirin—say Bayer

BAYER

Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin boxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Asking a Favor of a Flyer.

Small Boy (to airman)—"If you be a-goin' up, sur, would ye zee if ye can find Billy's kite driftin' about, wot 'e lorst larst Toosday?"

"FIDDLE-FIT"

Keep Liver and Bowels Clean and Active with "Cascarets"

Sick headache, biliousness, coated tongue, sour, gassy stomach—always trace this to torpid liver; delayed, fermenting food in the bowels.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret tonight will have you feeling clear, rosy and as fit as a fiddle by morning. They work while you sleep.—Adv.

Only a Few.

"Everybody knows about it. Some people take her part and some take her husband's part."

"And I presume there are a few eccentric individuals who mind their own business."

Cuticura Soothes Itching Scalp

On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your every-day toilet preparations and have a clear skin and soft, white hands.—Adv.

NO LONGER MISTRESS OF SEAS

Great Britain's Supremacy Passing Into New Hands, Says Naval Expert.

In Great Britain fear is being felt that the trident of the ocean is passing into new hands. This at least is the note sounded by Archibald Hurd, the naval expert, writing in the London Daily Telegraph.

"It is an arresting fact," he says, "that, judged by the strength of its battle squadrons in active commission, this country's supremacy has at least temporarily passed away.

"The United States has now in commission 31 battleships, and Washington plans to have 20 next year, the reduction in number being balanced by the increased power of some of the ships now approaching completion.

"We have in a similar state of readiness 22 battleships and 5 cruisers, and, in accordance with the order published with reference to reduction to a reserve basis, our instantly ready battle force will fall at an early date to 16 ships, 10 of them forming the Atlantic fleet and the other 6 cruising in the Mediterranean. It may be somewhat of an affront to our national pride that we should have reached this secondary position at sea."

Mr. Hurd consoles himself with the reflection that the British admiralty is saving money.

Thrift is better than an annuity.

Build Up With Grape-Nuts

Popular for its delightful flavor and because it furnishes certain food values necessary for building the best in body and brain

Users know by test

"There's a Reason"

EXTREME CARE IS MOST ESSENTIAL FOR PRESERVATION OF POULTRY IN TRANSIT

Be Sure to Use Only Suitably Equipped Cars for Shipping Dressed Poultry.

(Prepared by the United States Department of Agriculture.)

Scrupulous care in pre-cooling a refrigerator car for shipping dressed poultry, always a matter of importance, is doubly so now, in the opinion of food-research experts. The greater necessity for care comes, in the first place, of the fact that there is a nation-wide ice shortage. The second important element is that, following the stress of war-time transportation, the refrigerator equipment of the country is in a run-down condition. The car should be carefully examined, the experts say, to see that it admits not even a pin point of light. Then it should be tested and, if it fall short of standard, there should be no hesitation about rejecting it and calling on the railroad agent for a car that will meet the requirements. Extreme care, the experts believe, is essential just now for the preservation of poultry in transit, and the chief of the department's food research laboratory has just issued the following definite information as to how satisfactory results are to be attained:

Select Car Day Before Loading.

"When the refrigerator car is set for icing, enter it and with doors and hatches tightly closed look carefully for any crack or point of daylight. The car should be absolutely black with not a pin point of light anywhere. If there are distinct cracks around the doors or hatches, the car will not maintain sufficiently low temperature and should not be iced for the hauling of dressed poultry or any other commodity requiring ice and salt refrigeration. Be sure also that the drain pipes are open and in good working order.

"The selected car should be set for icing at least 24 hours before it is to be loaded. Its bunkers should then be filled three-quarters full with finely broken ice; that is, no piece should be larger than a man's fist. When the bunkers are three-quarters full, tamp the ice down well so that all cracks and crannies are filled. Then add one-quarter of the calculated amount of salt on the 12 per cent basis. For instance, if the bunker holds 5,000 pounds of ice, when three-quarters full it will contain 3,750 pounds. On top of this amount of ice scatter 150 pounds of coarse gray rock salt. Mix this salt very lightly with the top ice and directly on top of it place more crushed ice until the bunker is full. Then add the remainder of the calculated amount of salt, which, in this case, would be 450 pounds. Mix it very lightly with the fine ice so that the salt does not penetrate into the mass of ice more than 4 or 5 inches; level the surface and quickly close the hatches.

Right Temperature Is 34 Degrees.

"With both bunkers so iced and salted, the car should stand for 24 hours. Then, in order to make sure that the temperature is right for loading, a man provided with a thermometer should enter as quickly as possible by opening one side of one dor, which should be tightly closed immediately. The man should stand midway between the doors holding the thermometer about 4 feet from the floor until the mercury has responded to the car temperature, which ordinarily is accomplished in from three to five minutes, depending on the quality of the thermometer. The temperature of the car at this point should not be above 34 degrees F. If it is more than 38 degrees at this point, it is dangerous to load the car for a haul requiring intensive refrigeration. Unless the shipper is willing to take chances on the condition in which his load will arrive at the market, he should communicate with the railroad agent and request a car which is able to refrigerate the dressed poultry properly.

"All refrigerator cars should be provided with a floor rack 4 inches in the clear, built of lengthwise stringers made from 2 by 4 lumber and crosswise slats made from 1 by 3 lumber, with 1½ inch spaces between. These crosswise slats are nailed to the lengthwise stringers. They do not interfere with trucking the load into the car. They should extend across the doorway, since it is this part of the car which is hardest to refrigerate and where air circulation is most needed. All railroad owned refrigerators as rapidly as possible are being equipped with racks which are fastened to the side walls so that they can be turned back for cleaning."

URGE UNITED FIGHT ON EUROPEAN BORER

Insect Is Serious Menace to American Agriculture.

Has Become Well Established in Both Massachusetts and New York.—Most Energetic Measures Favored for Eradication.

(Prepared by the United States Department of Agriculture.)

The European corn borer undoubtedly is a serious menace to American agriculture. The United States department of agriculture has for some time called attention to the extreme danger from this pest, which has become well established in both Massachusetts and New York. Now comes this reinforcement of that judgment:

"We, the National Association of Commissioners of Agriculture, with official entomologists from many states and representatives of the United States department of agriculture, together with representatives of the Canadian government, present as experts in conference upon the situation, express ourselves, after examining the infested area, as thoroughly convinced that this pest is one of the most dangerous insects which has become established in America, and we hereby place ourselves on record in favor of most energetic efforts on the part of federal and state agencies to control and, if possible, to exterminate this insect, including in the program vigorous quarantines to prevent its distribution."

That is a part of the resolutions adopted by the European Corn-borer conference, begun at Albany, N. Y., on August 28 and concluded at Boston, Mass., an August 29. The state commissioners of agriculture, state entomologists and others went over the corn fields around Schenectady, N. Y., and Boston, Mass., and saw the methods of destruction practiced by the United States department of agriculture and the state agencies, together with the damage caused by the borer.

The commissioners of agriculture returned to their states convinced of the reality of the peril and of the necessity of unifying all efforts to protect the farmers of the country from a destructive insect that may quickly spread over very large areas unless most energetic control work is done on a large scale.

TREES GROW BEST ON SLOPES

Roughest Areas on Farm Present Most Favorable Localities for Successful Growth.

(By W. J. MORRILL, Colorado Agricultural College, Fort Collins, Colo.)

Trees, especially cone bearing trees, seem to prefer newly eroded soil. Steep slopes are exposed to comparatively rapid erosion and here trees do the best. Level ground indicates old soil, old in the sense that it was derived from rock, as a rule, longer ago than soil found on steep slopes. Old soil probably contains an excess of soluble salts, too much for best tree growth.

In the mountains one sees the steep slopes clothed with trees, while the occasional flat spot is likely to be bare of trees. The roughest areas on the farm present the most favorable localities for successful tree growing.

KEEP VEGETABLES IN WINTER

Temperature Slightly Above Freezing Point Is Preferred for Beets, Turnips and Carrots.

(By A. F. YEAGER, North Dakota Agricultural College.)

Turnips, beets, and carrots will keep best at a temperature slightly above freezing. Cabbage will stand considerable freezing, and salsify and parsnips may be left in the soil over winter if desired. Squashes and pumpkins will keep best in a warm dry place. A warm attic where it does not freeze is good. Potatoes require a cool place not too dry. Cabbage and nearly all root crops may be stored in the ground. They must be put deep enough to be below the frost line and should be surrounded with straw to keep them from direct contact with the soil.

Mr. M. VanBuren, Engineer, G. R. & I. Ry., 17 Highland St., Grand Rapids, Mich.

The First Bottle of PE-RU-NA Gave Relief so Writes

Entirely Free from Catarrh of the Stomach

"Peruna has positively done for me what many doctors failed to do. I have been time and again compelled to take to my bed for days. The first bottle of Peruna gave relief and while I always keep it in the house for emergencies, I consider myself entirely free from catarrh of the stomach, the trouble from which I suffered for so long before taking this remedy."

Liquid or Tablet Form
Sold Everywhere
Ask Your Dealer

SPOHN'S DISTEMPER COMPOUND

COLT DISTEMPER

You can prevent this loathsome disease from running through your stable and cure all the colts suffering with it when you begin the treatment. No matter how young, **SPOHN'S DISTEMPER COMPOUND** is safe to use on any colt. It is wonderful how it prevents all distempers, no matter how colts or horses at any age are "exposed."

SPOHN MEDICAL CO., Goshen, Ind., U. S. A.

Cold Day for Him.

"So Jim married a cold million, eh?"

"Colder than he thought. His wife freezes onto every cent of it."

BREAKS YOUR COLD IN JUST A FEW HOURS

"Pape's Cold Compound" instantly relieves stuffiness and distress

Don't stay stuffed-up! Quit blowing and snuffling! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken usually breaks up a severe cold and ends all grippe misery.

The very first dose opens your clogged-up nostrils and the air passages of the head; stops nose running; relieves the headache, dullness, feverishness, sneezing, soreness and stiffness.

"Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores. It acts without assistance, tastes nice, contains no quinine—Insist upon Pape's!—Adv.

WANTED TO SEE THAT PIG

"Animal" Had a Strange Fascination for the Thirsty Easterners of a Century Ago.

The present prohibition law is much more stringent than was the dry law of Massachusetts of 100 years ago, when the "Striped Pig" gained its fame. At that time the law read that liquor could not be secured, save in 15-gallon lots. That gave the "pig" its chance.

An enterprising resident attended the military muster on the Readville fair grounds, and established a side show. A banner before the tent flaunted the likeness of a red and black pig which, a sign said, could be seen for four pence. Many men went in to see the strange animal, and returned many times. As the law did not prohibit the exhibitor from giving away liquor he gave each patron a generous glass of the forbidden drink from a huge stock he had laid in. The "Striped Pig" became famous over night. Songs were written about the animal, a beverage was named after it, and a burlesque play in New York adopted the absurd title.

These Balance Men.

I profess no special partiality for any critic, who, holding balance in hand, weighs eagerly whatsoever of learning comes to his counter. I question whether he is not taking less of the quality of the wares, than of the fashion of his scales, never questioning their accuracy nor his own levity. Still it must be admitted that these balance men are not without their usefulness, being convenient for appraising market values.—A. Bronson Alcott.

B. A. THOMAS HOG POWDER

Saves the Bacon

Mt. Pleasant, Ia.—"When I found sickness appearing in my herd I got a 20 lb. pail of B. A. Thomas' Hog Remedy. Before I finished feeding it I was so satisfied that I got another, and when my hogs were all well I got a third pail and find that twice a week feed keeps them well." Jim Kermeen, R. No. 1.

OLD KENTUCKY MFG. CO., Inc., Paducah, Ky.

W. N. U., SIOUX CITY, NO. 43--1919.

Farm Note.

"Pretty girls attract other boarders."

"And pay board themselves. Yes, they're a great help."

State of Ohio, City of Toledo, Lucas County—ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for any case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

(Seal) A. W. Gleason, Notary Public.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System.

F. J. Cheney & Co., Toledo, Ohio.

F. J. Cheney & Co., Toledo, Ohio.

WOULD BE FRIEND IN NEED

Grateful Colored Man Promised to Go if Services Should Be Needed.

"The race riots in Chicago remind me of the same sort of excitements that ran around Atlanta when I was living there as a young man," said George McDaniel of Metro, Cal., recently.

"My brother and I were both medicos—owners of smooth and virgin sheepskins. We shared the same office and lunched at the same counter. In the midst of wild confusion, one day, a wounded negro rushed into our office and begged for protection. This was freely granted, for we had no race prejudices, in spite of our Southern upbringing. We also poured salve on the negro's bruises.

"'Yo' shuah been good to me,' said the grateful darkey, turning to my brother—who, by the way, is now practicing in Los Angeles—'an' I'll 'member it, doc. Say, if yo' ever kills anybody mah friends and I'll get you out if we have to bust the jail to do it.'"—Los Angeles Times.

Animals Slaughtered.

It is estimated by competent authorities that 30 per cent of the leather furnishing animals of Italy have been slaughtered for food purposes during the war. Some years are necessary to recoup these losses.

A Saver to pocket book and health, and a delight to the palate.

Do as your neighbor is doing and cut the high cost of living by drinking

INSTANT POSTUM

Instead of coffee.

No Raise In Price

50-Cup Tins 30¢—100-Cup Tins 50¢

Made by
POSTUM CEREAL COMPANY
Battle Creek, Mich.

Sold by Grocers and General Stores