

**Watch That Cold!**

Chills and colds tend to throw an extra burden on the kidneys and poisons, that well kidneys normally throw off, accumulate. That may be why you have been feeling so tired, irritable and half sick since that cold. Don't wait for worse troubles to set in! If you suffer constant backache, headaches, dizzy spells and irregular kidney action, get a box of Doan's Kidney Pills today. Doan's are helping thousands. Ask your neighbor!

**A Nebraska Case**

Deborah Bates, Burket, Neb., says: "I don't know of any medicine I can recommend more highly than Doan's Kidney Pills. They have been an old standby with me ever since I came out of the army. I think the hardships endured during my military campaign had a lot to do with bringing on kidney complaint and causing attacks of backache. I have always used Doan's Kidney Pills when I have felt my kidneys needed attention and they have greatly helped me."

Get Doan's at Any Store, 60c a Box  
**DOAN'S KIDNEY PILLS.**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

**"CALIFORNIA FIG SYRUP" IS CHILD'S LAXATIVE**

Look at tongue! Remove poisons from stomach, liver and Bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California!"—Adv.

**On Land and Sea.**  
"What is a revenue cutter, pa?"  
"A revenue cutter is a coupon clipper, my son."

**GREEN'S AUGUST FLOWER.**

Stop a minute and think what it means to say that "Green's August Flower has been a household remedy all over the civilized world for more than half a century." No higher praise is possible and no better remedy can be found for constipation, intestinal troubles, torpid liver and the depressed feeling that accompanies such disorders. It is most valuable for indigestion or nervous dyspepsia and liver trouble, coming up of food, palpitation of heart, and many other symptoms. A few doses of August Flower will relieve you. It is a gentle laxative. Ask your druggist. Sold in all civilized countries.—Adv.

**GOT SPIRIT OF THE THING**

After Watching Men Give Up Their Seats in Car, He Offers His Place.

The Broad Ripple car was crowded, as usual. As women boarded the car the polite and gallant men got up and permitted them to have seats. A man, his wife and little son, about five years old, got on the car. The attractive looking mother was given a seat and she took her son on her lap.

As the car went along, the boy conversed in a loud tone. He spoke of the condition of the road bed, of the length of his trousers, of how long it would be until they got there, and so on.

Finally so many men had given up their places that several of them were standing in the car aisle. The little boy seemed to think it was wrong for him to have a comfortable place on his mother's lap while so many men were standing. Finally he sung out in a voice that could be heard throughout the car.

"Somebody can have my seat," he shouted.—Indianapolis News.

Three large Mexican states—Yucatan, Sonora and Chihuahua—have adopted prohibition.

A strike which recently broke out in the shipbuilding yards at Bilboa has now been settled.

Ministers preach and physicians practice.

**IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON**

(By REV. J. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)  
(Copyright, 1919, Western Newspaper Union)

**LESSON FOR OCTOBER 19**

**JESUS IN PETER'S HOME.**

LESSON TEXT—Mark 1:29-33.  
GOLDEN TEXT—Jesus said unto him, this day is salvation come to this house.—Luke 19:9.  
ADDITIONAL MATERIAL—Matt 8:14-17; Luke 4:38-44.

**I. Healing of Simon's Wife's Mother (vv. 29-31).**

1. A loved one ill (v. 30). From the synagogue Jesus with James and John went to the home of Peter and Andrew where he found Peter's mother-in-law prostrate with a burning fever. Among the closest followers there are suffering ones and anxious and burdened hearts, but to all such he comes with loving sympathy and power to help. His power is the same in the quietude of the home as in the public meeting place.

2. They tell him of her (v. 31). This was the proper thing to do. We should bring to our Saviour's attention those of our families who have need, of both bodily and spiritual healing.

3. He healed her (v. 31). "He came and took her by the hand and lifted her up." This act showed the nearness, sympathetic tenderness and power of Jesus. At his touch the fever departed and strength was imparted to her body so that she was at once able to minister unto them.

4. She ministered to them (v. 31). This act shows that (1) the cure was instantaneous and complete. When Jesus heals there is no halfway business. It is the same with spiritual healing. (2) Gratitude on the part of the one healed. Those who have experienced the healing power of Jesus will express their gratitude in loving service to the Lord and his disciples.

**II. Christ's Ministry at Sunset (vv. 32-34).**

It became noised about that a notable miracle had been wrought in Peter's home, therefore as soon as the Sabbath drew to a close many demon-possessed and diseased were brought to him to be healed. If we would have the crowds to gather today we must be able to show that Jesus is at work among us. Our testimony should be backed by the healed body or soul.

1. He healed those of divers diseases (v. 34). Jesus can heal any disease. Many of the cures spoken of today are temperamental, but the cures wrought by Jesus were of all sorts. No manly ever baffled him.

2. Cast out many devils (v. 34). The devils obey him. There is no record of a demon ever disputing the authority of Jesus. At his command they rendered instant obedience.

3. Suffered not the devils to speak (v. 34). He bids the saved soul witness of his saving power, but will not allow the devils to speak in challenge of his authority or in witness of the truth of his deity.

**III. Jesus Retires to Pray (vv. 35-37).**

The arduous service of the day made it desirable to be alone with the Father in prayer. Shut out from man—alone with God. How necessary the hush of the eternal, the calm of God! There is great need of private prayer.

**IV. Preaching Throughout Galilee (vv. 38, 39).**

He continued steadfastly to preach, for this was his supreme business. His miraculous works were but aids to his testimony. Preaching the gospel is the chief concern of all who would follow Jesus.

**Harmony.**

It is a beautiful and blessed world we live in. The flowers blossom in obedience to the same law that keeps the stars in their places. Each bird song is an echo of the universal harmony. It is humanity which thrusts discords, and false and jarring notes into the days. We go out into the beautiful morning carrying our useless loads of fears and worries, our left-over resentments and our faithless fears. The sunshine assures us that the world is still moving safely in its appointed course and God has not forgotten us; the birds lift their cheering notes of rejoicing that they have found food for the day, but we lift complaining voices because we have not found provisions for years to come. Our moody spirits and jarring tempers hurt the love on earth and in heaven. But they hurt our own souls most of all, for they put us out of tune with the music of the universe.

**Success.**

The great highroad of human welfare lies along the old highway of steadfast well-doing; and they who are the most persistent, and work in the truest spirit, will invariably be the most successful; success trends on the heels of every effort.—S. Smiles.

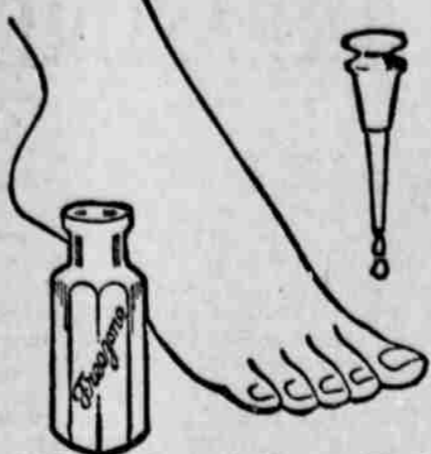
**Honest Prayer.**

We must be often, and alone, with God, and there at his feet we must pour out our hearts and ask his richest blessing upon our united endeavor. "To pray," says Fenelon, "is to desire; but it is to desire what God would have us desire. He who desires not, from the bottom of his heart, offers a deceitful prayer."

No Greater Enemy. Though all things do to harm with him what they can, no greater enemy to himself than man.—Earl of Stirling.

**Lift off Corns!**

Doesn't hurt a bit and Freezone costs only a few cents.



With your fingers! You can lift off any hard corn, soft corn, or corn between the toes, and the hard skin caluses from bottom of feet. A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callus. Instantly it stops hurting, then shortly you lift that bothersome corn or callus right off, root and all, without one bit of pain or soreness. Truly! No humbug!—Adv.

**Report True.**

First woman—I've been told that every time she calls at her husband's office he is out.  
Second woman—I'll warrant he is—out \$10, at least.

**\$100 Reward, \$100**

Catarh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE destroys the foundation of the disease, gives the patient strength, by improving the general health and assists nature in doing its work. \$100.00 for any case of CATARRH that HALL'S CATARRH MEDICINE fails to cure. Druggists &c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

**U. S. Silk Output Doubled.**

American silk factories are now turning out products worth \$500,000,000 yearly, against \$250,000,000 at the commencement of the war. In 1910 the output of silks was only \$100,000,000.

**Cuticura Comforts Baby's Skin**

When red, rough and itching with hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Adv.

Meat is salted in Colombia by dipping into the sea, and keeps for months.

**SAFE, GENTLE REMEDY BRINGS SURE RELIEF**

For 200 years GOLD MEDAL, Haarlem Oil has enabled suffering humanity to withstand attacks of kidney, liver, bladder and stomach troubles and all diseases connected with the urinary organs, and to build up and restore to health organs weakened by disease. These most important organs must be watched, because they filter and purify the blood; unless they do their work you are doomed. Weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, pains in the loins and lower abdomen, gravel, rheumatism, sciatica and lumbago all warn you of trouble with your kidneys. GOLD MEDAL, Haarlem Oil Capsules are the remedy you need. Take three or four every day. The healing oil soaks into the cells and lining of the kidneys and drives out the poisons. New life and health will surely follow. When your normal vigor has been restored continue treatment for a while to keep yourself in condition and prevent a return of the disease. Don't wait until you are incapable of fighting. Start taking GOLD MEDAL Haarlem Oil Capsules today. Your druggist will cheerfully refund your money if you are not satisfied with results. But be sure to get the original imported GOLD MEDAL and accept no substitutes. In three sizes. Sealed packages. At all drug stores.



**FARRIS' COLIC REMEDY**

The EASY WAY

**No Drenching A Child Can Give It Results Guaranteed**

Better buy a 60c bottle and never need it, as to need it and not have it and lose a \$300 horse or mule.

**Use B. A. Thomas' Poultry Remedy**

Get More Eggs—Raise Healthier Chicks The Cost Is Small—The Results Great

**B. A. Thomas' Stock Remedy**

A Tonic, Conditioner, Feed saver and Worm Expeller

**"Saves the Bacon"**

A Tonic, Laxative, Worm Expeller and Conditioner

Gentlemen: Your Hog Powder has almost performed miracles, as it has cured several cases that were too sick to eat. Sincerely yours, W. H. Herndon, Warren, Ark.

**OLD KENTUCKY MANUFACTURING CO. PADUCAH, KY.**

**Rather Hard.**

"Is young Mr. Duft such a fool as he looks?"  
"No, indeed. More so."

For true blue, use Red Cross Ball Blue. Snowy-white clothes will be sure to result. Try it and you will always use it. All good grocers have it.

**Unrequited Love.**

"Misery loves company."  
"Yep, but I never heard of company loving misery."

**Travelers Will Find a Warm Welcome at the**

**Hotel West**

MINNEAPOLIS

Sensible Prices—Service Our Watchword

MONTANA'S FINEST RANCH. 1919 crop: 50 bushels Corn, 25 Oats, fine Alfalfa, well irrigated, near city, 20 new modern buildings, 425 per acre; includes 1,000 head stock, new 120,000 farm equipment. Need partner or sell all. A smaller farm. Send for photos. Richard Meadows Ranch, Sidney, Mont.

W. N. U., SIOUX CITY, NO. 42-1918.

**Kansas Land Sale**

Must Sell Immediately

6,000 acre Ranch, sandy land, 10 miles of main line of Rock Island and 10 miles of main line of Santa Fe, extra good grass, 500 acres Arkansas river bottom, suitable for feed, sweet clover and alfalfa, 100 acres cultivated, about 10 miles of three and four wire fence, running water and shallow wells, light set of improvements. Price \$15 per acre on good terms. Discount for all cash. \$50 acre pasture, black soil, 10 miles of town, extra good buffalo, bunch and blue stem grass, fenced, good well and fair windmill, possession at once if desired. Price \$22.50 on good terms.

2,480 acre Grain and Stock Farm, black land, half tillable, 800 acres in cultivation, mostly bottom land, over 500 acres suitable for alfalfa; light improvements; well irrigated pasture; living and running water; close to school, mail route and telephone. Price \$15 per acre on good terms.

160 acre unimproved Wheat Farm, 120 acres suitable for cultivation, 50 acres cultivated, 110 acres virgin prairie. Price \$5,000.

320 acre WHEAT FARM; Extra WELL IMPROVED, best black soil, about 280 acres in wheat. Price \$75 per acre on good terms.

450 acre smooth WESTERN LAND, good deep black soil; 100 at \$10, 150 at \$15, and 100 at \$20 per acre.

These are all snags. We need the money and no trader or agent will be considered.

EDGAR B. CORSE Greensburg, Kansas

**IN MEMORY OF DOUGBOYS**

Memorial Centers for Social Activities Are Preferred to Monuments.

Statistics just made public by the bureau of memorial buildings of War Camp Community service show the 254 communities in the United States have decided to erect buildings in memory of their men who served in the war. Of the memorial buildings to be raised, 132 will take the form of community-houses, each to function as a free recreation and social center. Six of the structures will be municipal office buildings.

More than 700 American communities now are considering the putting up of memorial buildings instead of shafts or monuments, the bureau of memorial buildings also announces. It is crusading throughout the United States for the community building type of memorial. Such an institution, the bureau heads maintain, is a living influence in every community, and serves constantly as a reminder of the men the community gave to the national fighting forces.

Additional figures concerning the 254 memorial buildings already decided upon show that fourteen of them will serve as state memorials and that forty-four of them will be of the auditorium type. These will have social and recreational facilities in addition to large meeting halls, and for the most part will be in larger cities. Other memorials will take the form of hospitals, libraries, school buildings and church work centers.

Some fellows who take a day off need a month back in the office to straighten up.

**More Economical Than Coffee**  
Better for Health and Costs Less  
**Instant Postum**  
A table drink made "quick as a wink" by placing a spoonful in a cup, then adding hot water, and sugar and cream to taste.

**"There's a Reason" for POSTUM**  
Made by Postum Cereal Company Battle Creek, Mich.  
Sold by Grocers and General Stores  
No Raise in Price

Net Contents 15 Fluid Drachms  
900 DROPS  
**CASTORIA**  
ALCOHOL-3 PER CENT.  
A Vegetable Preparation for Assimilating the Food by Regulating the Stomachs and Bowels of  
**INFANTS CHILDREN**  
Thereby Promoting Digestion Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.  
Painful Stool  
Acid Stools  
Bilious Colic  
Flatulency  
Inflammation of the Bowels  
Croup  
Whooping Cough  
Sore Throat  
Hoarseness  
Rheumatism  
Nervous Headache  
A helpful Remedy for Constipation and Diarrhoea and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy.  
Zac-Simic Signature of Chas. H. Fletcher  
THE CENTAUR COMPANY NEW YORK.  
At 6 months old 35 Doses - 35 CENTS  
Exact Copy of Wrapper.

**Children Cry For Fletcher's CASTORIA**

**Special Care of Baby.**  
That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.  
Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.  
A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for infants and children? Don't be deceived.  
Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.  
MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

**GENUINE CASTORIA ALWAYS**  
Bears the Signature of  
*Chas. H. Fletcher*  
THE CENTAUR COMPANY, NEW YORK CITY.