

MOTHERS TO BE

Should Read Mrs. Monyhan's Letter Published by Her Permission.

Mitchell, Ind.—"Lydia E. Pinkham's Vegetable Compound helped me so much during the time I was looking forward to the coming of my little one that I am recommending it to other expectant mothers. Before taking it, some days I suffered with neuralgia so badly that I thought I could not live, but after taking three bottles of Lydia E. Pinkham's Vegetable Compound I was entirely relieved of neuralgia, I had gained in strength and was able to go around and do all my housework. My baby when seven months old weighed 19 pounds and I feel better than I have for a long time. I never had any medicine do me so much good."—Mrs. PEARL MONYHAN, Mitchell, Ind.

Good health during maternity is a most important factor to both mother and child, and many letters have been received by the Lydia E. Pinkham Medicine Co., Lynn, Mass., telling of health restored during this trying period by the use of Lydia E. Pinkham's Vegetable Compound.

Kodak Finishing

Expert work. Prompt return. Special mail order department. We pay return postage. Write for price list. The Robert Dampster Co., Box 1138, Omaha, Neb.

June Advice.
Bishop Bristol, in an address in Chattanooga, was giving advice to prospective bridegrooms.

"Whatever you do," said the bishop, "don't spoil everything on your wedding day by telling your wife what fine pies your mother used to make. Swallow the bride's creation, even if you have to break the crust with a sledge hammer, assure her it's a culinary chef d'oeuvre, and then take a pill on the sly."

A Lady of Distinction.
Is recognized by the delicate fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores, followed by a dusting with Cuticura Talcum Powder usually means a clear, sweet, healthy skin.—Adv.

Sleep.
"My husband slept all through the sermon in church yesterday morning."
"That's nothing. My husband even goes to sleep at a moving picture show."

Easy Guess.
She—I have a jewel of a dish for your dinner today.
He—It must be a diamond back.

Back Giving Out?

That "bad back" is probably due to weak kidneys. It shows in a dull, throbbing backache, or sharp twinges when stooping. You have headaches, too, dizzy spells, a tired, nervous feeling and irregular kidney action. Don't neglect it—there is danger of dropsy, gravel or Bright's disease! Use **Doan's Kidney Pills**. Thousands have saved themselves more serious ailments by the timely use of Doan's.

A South Dakota Case
"Dear Mother, I feel a great deal better now. August Wachholz, retired farmer, Salem, S. D., says: 'I caught a cold which settled in my kidneys. My kidneys became weak and my back ached terribly. The kidney secretions passed irregularly. I was told about Doan's Kidney Pills being good and decided to try them. Doan's relieved me in a short time and I kept getting better every day. I hadn't used them long before I was entirely over the trouble.'"

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Bad Sickness Caused by Acid-Stomach

If people only realized the health-destroying power of an acid stomach—the many kinds of sickness and misery it causes—the lives it literally wrecks—they would guard against it as carefully as they do against a deadly plague. You know in an instant the first symptoms of acid-stomach—pain of indigestion; disagreeable, painful, bloated, sour, gassy stomach; belching; food repeating; heartburn, etc. Whenever your stomach feels this way you should lose no time in putting it to rights. If you don't, serious consequences are almost sure to follow, such as intestinal fermentation, auto-intoxication, impairment of the entire nervous system, headache, biliousness, cirrhosis of the liver, the cause of cancer of the stomach and intestinal ulcers and cancer.

If you are not feeling right, see if it isn't acid-stomach that is the cause of your ill health. Take **EATONIC**, the wonderful modern stomach remedy. **EATONIC** Tablets quickly and surely relieve the pain, bloating, belching, and heartburn that indicate acid-stomach. Make the stomach strong, clean and sweet. By keeping the stomach in a healthy condition so that you can get full strength from your food, your general health steadily improves. Results are marvellously quick. Just try **EATONIC** and you will be as enthusiastic as the thousands who have used it and who say they never dreamed anything could bring such marvellous relief. So get a big 50-cent box of **EATONIC** from your druggist today. If not satisfactory return it and he will refund your money.

EATONIC
FOR YOUR ACID-STOMACH



Mildew.
Mildew usually appears on the fibers of cotton and linen; it takes the form of small round dark spots; in reality it is a vegetable growth, or form of fungus, which develops on the fibers of the material. Its appearance is due to dampness, and reflects discredit on the work of the housekeeper, as the clothes must either have been put away damp or kept in a damp cupboard.

Owing to the nature of mildew it is difficult to remove. One of the simplest remedies is to moisten the stained fabric, rub it thickly with soft soap and sprinkle it with common salt. Place the material on the grass in the sunshine and keep it moist. Renew the treatment each day until the stain disappears.

A quicker method, and a surer one, is to keep the stained part in white material in a solution of bleaching liquor. To prepare the bleaching liquor, put half a pound of chlorinated lime into a basin and pour half a gallon of boiling water over it; add two tablespoonfuls of washing soda, and stir to break up all the lumps, and to enable the water to extract all the chlorine. Strain carefully to remove all the powder and to make the liquid clear. Bottle and keep ready for use. This liquor is used chiefly for the re-

DAINTY LINGERIE



Lingerie seems to have reached the crest of the wave in sheerness and daintiness; one wonders what will happen next. Its loveliness is not born to waste its flesh-pink blush unseen, but quite the contrary. Camisoles and chemise, combinations and slips are all visible through sheer blouses that depend upon them for added charm. The blouse often serves merely "to veil the rose's bloom," the camisole or other underbodice providing the most interesting contribution to the costume. Figured georgette, crepe de chine, lawns, laces and nets all play their exquisite parts in making up these undies. The finest batiste also holds the allegiance of gentlemen who never waver in their loyalty to this soft fabric and the hand embroidery that it makes worth while.

An envelop chemise and a combination, both of American design and manufacture, are shown in the picture above. Flesh pink crepe de chine makes the practical chemise shown at the left, trimmed with insertion and edging of the familiar val lace that women love. A small yoke of Irish lace is set in at the front. Pink satin straps with bows suspend the chemise from the shoulders and the same ribbon makes a dignified bow with hanging loops and ends to embellish the front. This garment is delightfully cool for warm weather when the lightest union suit proves burdensome. A short undervest and corset are worn under it.

Just because they are so pretty and for no other reason, the pink silk garters, with wide lace frills, flaunt their charm in company with this sensible chemise. There is a fad for such charming little frivolities and women delight to present each other with

removal of obstinate organic stains, such as dyes, fruit, wine and old tea or coffee stains. But it should only be used for fabrics made from vegetable fibers, such as linen and cotton, as its application to wool and silk proves fatal to the fibers. The solution should never be stronger than one part of the liquor to four parts of hot water.

Tonic for the Bath.
A bath much favored by the Kneipists, along with the bare-foot habit, is formed from a solution of pine needles and pine cones. Cover with cold water about a pound of fresh pine needles and pine cones, broken in small pieces. Roll for half an hour, strain and add the solution to the bath. If you do not want to use the entire amount at once it can be bottled and kept for future occasions. This has a tonic effect both on the nerves and the skin. It can be used on alternate days with a bath of sea salt.

Fresh Gloves.
Gloves should be kept as clean as possible, and of course should never reveal a slit. Silk the same color should be used to keep gloves in repair. For general street wear dark or medium toned gloves are to be preferred, unless one can afford white kid gloves of immaculate freshness.

SAVED TWO FAMOUS PICTURES

Old Masters Taken by British Officer From the Ruins of Ypres Cathedral.

The king of the Belgians will shortly have returned to him two famous pictures which were rescued, four years ago, from Ypres cathedral. It appears that during the bombardment of Ypres in 1915 a young British artillery officer noticed inside the cathedral, which was being heavily shelled, that the only things not shattered by German fire were two large Flemish masters, dated 1600, hanging some 20 feet high on the walls. How to get them and save them for Belgium was the question which immediately presented itself. The officer called two private soldiers to help him, and with the aid of some long gas pipes which had been blown down by the German fire, and two large hooks, the pictures were lowered to the ground. The officer, Lieutenant Daniels, R. A., then cut the pictures out of their frames and put them in a large sack, which he used for a time as a bed. In the end he took them to London, where, with the approval of the Belgian minister, they have been placed on exhibition prior to being returned to King Albert at Brussels.

In the Mazy Whirl.
Eleanor, five, had seen her first dance. She was frankly delighted watching the dancers, but had little to say when she got home that evening.

The next morning mamma told her to tell daddy about the dance, that daddy had never seen a dance. She explained it thus to daddy: "Well, you see, daddy, they sort of muddle up with their hands out this way on one side and hug with the other hands and then they scrape their feet on the floor and sort of run up one side of the floor, scraping their feet, and down the other other side."

Perhaps He Had Repented.
A funny one happened the other day in the office of a Justice of the peace. A young couple were being married, surrounded by several friends. As usual, the ritual came to that place where the justice said: "Does anyone present know of any reason why this couple should not become man and wife?" And to everybody's amazement, the groom spoke up, "I do."

As he said afterwards, "that's what comes of too many rehearsals."

Putting It Up to Grandpa.
Howard had not had his breakfast one morning when his grandfather drove up in his car. Howard wanted very much to go along, but his mother said: "But you haven't had your breakfast yet, and grandpa doesn't want to wait."

Howard studied a moment and then replied: "Well, if I was a grandpa and had a little boy, I'd say, 'Go on and eat your breakfast and I'll wait for you.'"

After He Had Declined It?
"What made Latin a dead language, pa?" "Oh, I guess somebody doctor-ed it."—Cartoons Magazine.

Some men imagine they are the whole orchestra because they have drums in their ears.

Courage.
"Aren't you afraid to wear a bathing suit like that?"
"Afraid of what?" asked the girl.
"Sunburn."

No References.
Jones—"Have you references from your former employer?"
Typist—"Well, no; I'm unfortunately married to him."

Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and a FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. **CASTORIA DOES NOT CONTAIN NARCOTICS**, if it bears the signature of Chas. H. Fletcher.

Genuine Castoria always bears the signature of *Chas. H. Fletcher*

Hammer and Tongs Type.
The Girl—"I admire that pianist's finish. Don't you?"
The Man—"Yes, but I always dread his beginning."

All Sound.
"Is her husband a sound sleeper?"
"Is he? You just ought to hear him snore."

SAFE, GENTLE REMEDY BRINGS SURE RELIEF

For 200 years GOLD MEDAL Haarlum Oil has enabled suffering humanity to withstand attacks of kidney, liver, bladder and stomach troubles, and all diseases connected with the urinary organs, and to build up and restore to health organs weakened by disease. These most important organs must be watched, because they filter and purify the blood; unless they do their work you are doomed.

Weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, pains in the loins and lower abdomen, gravel, rheumatism, sciatica and lumbago all warn you of trouble with your kidneys. GOLD MEDAL Haarlum Oil Capsules are the remedy you need. Take three or four every day. The healing oil soaks into the cells and lining of the kidneys and drives out the poisons. New life and health will surely follow. When your normal vigor has been restored continue treatment for a while to keep yourself in condition and prevent a return of the disease.

Don't wait until you are incapable of fighting. Start taking GOLD MEDAL Haarlum Oil Capsules today. Your druggist will cheerfully refund your money if you are not satisfied with results. But be sure to get the original imported GOLD MEDAL, and accept no substitutes. In three sizes. Sealed packages. At all drug stores.

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Better buy a 60c bottle and never need it, as to need it and not have it and lose a \$300 horse or mule.

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The Cost is Small — The Results Great

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A Tonic, Laxative, Worm Expeller and Conditioner



Gentlemen: Your Hog Powder has almost performed miracles, as it has cured several cases that were too sick to eat.

Sincerely yours, W. H. Herndon, Warren, Ark.

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