

SELF POISONING

VERY PREVALENT

AUTO-INTOXICATION, OR SLOW SELF POISONING, CAUSE OF MOST ILL HEALTH AND DISEASE.

Advanced medical authorities assert that auto-intoxication is the foundation of most of the ills and diseases to which the human flesh is heir.

This condition is nothing more nor less than the slow self poisoning of the vital organs produced by the excessive mental and physical strain which we are forced to endure, and which renders the organs lame and inactive, and permits toxins—actual poisons—to be generated within one's own body.

Usually the trouble starts in the intestines; sometimes it starts in the stomach, liver or kidneys, but in any case the blame lies with the faulty method of living, and may be traced to over-eating, excessive nervous strain, lack of exercise, or other causes. At any rate it is the more important organs that suffer the final damage and when they falter or fail in their duties the body fills up with acids and poisons, and the victim often yields to their baneful influences. Bright's disease, heart trouble, high blood pressure, catarrhal affections, and other troubles are frequently the result of self poisoning or auto-intoxication.

A tired, draggy feeling of the body, a sluggish mind, and dull memory, intense nervousness, headache, stomach and bowel troubles, poor circulation, imperfect digestion, constipation and despondency are common symptoms of auto-intoxication; and nine out of every ten of the American people are likely to be so affected.

Tanlac, the powerful reconstructive and systemic tonic, was designed especially to overcome these very troubles. There is not a single portion of the body that is not benefited by the helpful work of this celebrated preparation, which begins its action by stimulating the digestive and assimilative organs, thereby enriching the blood and enervating the entire system. Composed of the most beneficial roots and herbs known to science, it enables the stomach to thoroughly digest the food, thereby permitting the assimilable products to be converted into blood, bone and muscle. It overcomes that great exciting cause of disease, weakness. It renders the body vigorous and elastic, it keeps the mind clear and energetic, and throws off the symptoms of nervousness and indigestion. It builds up the constitution weakened by diseased or mental and physical over-work, quickens convalescence of the invalid, and is a sure and unfailing source of comfort to those who are suffering from the effects of nervousness and overwork.

That Tanlac does these very things is proven by the fact that it now has the largest sale of any tonic on the American market. Millions have used it with the most astonishing and gratifying results.

Tanlac is sold in Dakota City by Neiswanger Pharmacy, in South Sioux City by Shanes Pharmacy, and in Homer by Wagner Pharmacy.

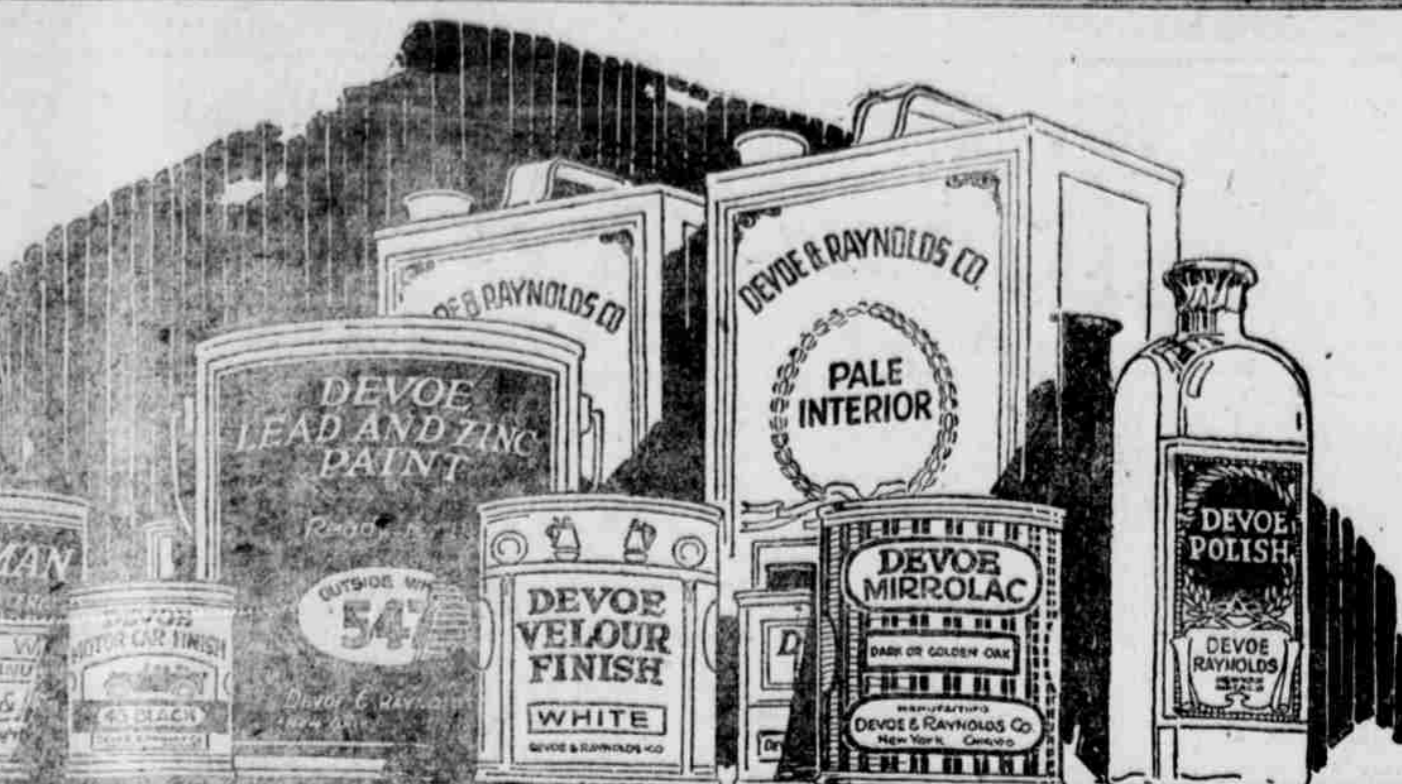
LEGAL NOTICES

1st Pub. May 29, 1919—4w.

NOTICE OF HEARING.

Estate of Mollie Graham, Deceased, in the County Court of Dakota County, Nebraska.

The State of Nebraska, To all persons interested in said estate, creditors and heirs take notice, that Thomas Graham has filed his petition alleging that Mollie Graham died intestate in Dakota county, Nebraska, on or about July 15, 1915, being a resident and inhabitant of Dakota county, Nebraska, and the owner of the following described real estate, to-wit: The southeast quarter of the northeast quarter of section thirteen, township twenty-eight, range seven, in Dakota county, Nebraska, leaving as her sole and only heirs at law the following named persons, to-wit: Thomas Graham, and praying for a decree barring claims; that said decedent died intestate; that no application for administration has been made and the estate of said decedent has not been administered in the State of Nebraska, and that the heirs at law of said decedent as herein set forth shall be decreed to be the owners in fee simple of the above described real estate, which has been set for hearing on the 30th



DEVOE PRODUCTS

PAINT PROTECTION

DO you know that a National survey shows 75 per cent of all money invested in homes and buildings in this community is being gradually lost thru lack of paint protection? Do you realize that this tremendous loss can be prevented by the use of proper Paint Products on all surfaces such as walls, woodwork, floors, radiators, furniture, picture frames, bric-a-brac, wagons, implements, automobiles, barns, silos, etc. Are you going to lose 75 per cent of your investment? Can you afford it? Devoe Paint Products, manufactured since 1754, offer you this protection:

"USE Devoe according to directions with the understanding that if you believe it faulty at the time you put it on, or afterwards in the wear, we will make you satisfactory restitution."

Watch This Space for the Name of the DEVOE AGENT

day of June, A. D. 1919, at 10 A. M. Dated at Dakota City, Nebraska, this 27th day of May, A. D. 1919.

S. W. MCKINLEY,
County Judge.

(Seal) Geo. W. Leamer, Attorney.

Notice for Tax Debt.

To Bertha Nelson, the person in whose name title appears of record in the office of the Clerk, ex-officio Register of deeds, of Dakota county, Nebraska; and to C. W. Dewall and E. F. Clinkenbeard in actual possession of the real estate described below:

You, and each of you, are hereby notified that at a public sale of lands and lots for taxes, held on November 1st, 1915, by the Treasurer of Dakota county, Neb., to-wit: south half of lot 3, and lot 4, block 42, Joy Place, an Addition of South Sioux City, in Dakota county, Nebraska, to-wit: South half of lot 3, block 42, Joy Place, an addition to South Sioux City, Nebraska, was sold to C. S. Brigham for the delinquent taxes, interest and costs for the year 1914; that said real estate was assessed in the name of Wm. Gordon for the years 1914 and 1915 and in the name of Bertha Nelson for the years 1916, 1917, 1918 and 1919; also taxed for all the years 1914, 1915, 1916, 1917, 1918, and 1919; that after the expiration of three months after the date of the service of this notice on you, application will be made for tax deed to said real estate.

C. S. BRIGHAM, Purchaser.
Pub. May 29, June 5 and 12, 1919.

ORDINANCE NO. 245.

AN ORDINANCE prohibiting the discharge of firearms within the limits of the Village of Dakota City, and providing a penalty for the violation thereof.

Be it ordained by the Chairman, Board of Trustees of the Village of Dakota City, Nebraska:

Section 1. It shall be unlawful for any person to shoot or discharge any gun, revolver, pistol, or firearm of any description, within the corporate limits of this village, and every person so committing such offense shall be deemed guilty of a misdemeanor, and upon conviction thereof, shall be fined in any sum not less than \$1.00 and no more than \$10.00.

Section 2. Section 1 of this ordinance shall not be so construed as to prevent the Village Marshal from

discharging firearms in the discharge of the duties of his office.

Section 3. This ordinance shall take effect and be in force from and after its passage, approval and publication, as required by law.

Passed and approved this 3rd day of June, 1919.

G. F. BROYHILL,
Chairman Board of Trustees.

Attest: Sidney T. Frum, Village Clerk.

(Seal)



Driving the Brain often Affects the Nerves, causing Nervous Irritation and Nervous Headaches.

When Nervous, try using

Dr. Miles Nervine

The Standard Remedy for many years for disorders of the Nerves.

AT ALL DRUGGISTS

MILES MEDICAL CO., Elkhart, Ind.

McCALL'S Pure Bred Stallions

MAGAZINE Fashion Authority

For Nearly 50 Years! Join the 1,200,000 women who turn to McCall's every month for correct fashions, for patterns, for economical buying, for fancy needlework, for good stories—for pleasure, for help, for style. McCall Patterns fit.



FREE! SEND A POSTAL CARD AND ASK FOR SAMPLE COPY OF McCALL'S. No charge. HURRY! Offer to Women of Last of 1919 given without cost or effort. Offer to buy a Copy of latest PATTERN CATALOGUE or the 1919 Offer to ADVERTISE or \$10.00 Prize Offer to your CHURCH. Address THE McCALL CO., 238-250 West 37th Street, New York, N.Y.

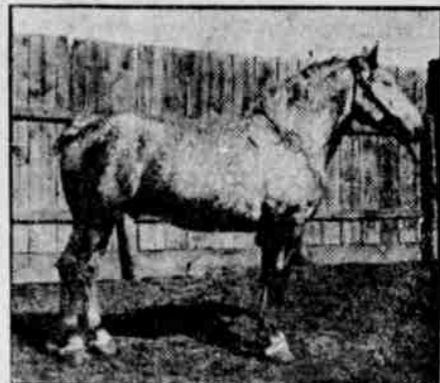
LUMBER

25% OR MORE SAVING. MILL LUMBER and general building materials at 25% OR MORE SAVING. We ship quick and pay the freight. FARMERS LUMBER CO. 2520 BOYD STREET OMAHA, NEB.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is cancer. Cancer being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Medicine is taken internally and acts first on the blood on the internal surfaces of the system thereby destroying the foundation of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrh Medicine that they offer it a Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address P. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, Etc.

McCALL'S Pure Bred Stallions



First Prize Winning Stallion WALLACE No. 121599

CAPTAIN No. 90975

These horses are inspected by the State Sanitary Board of Lincoln, Neb., and will stand the season of 1919 at my place at HUBBARD, NEBR., at the following terms: \$20 to insure colt nine days old. \$15 to insure mare in foal. \$12 for the season, paid in advance.

For full Pedigree and other information, see me at Hubbard, Nebr.

Louis Bogg

Phone No. 29. HUBBARD, NEBR.

Security Insurance Company
OF NEW HAVEN, CONNECTICUT
JOHN H. REAM, Agent
Dakota City, Nebraska.