

## DOCTOR URGED AN OPERATION

Instead I took Lydia E. Pinkham's Vegetable Compound and Was Cured.

Baltimore, Md.—“Nearly four years I suffered from organic troubles, nervousness and headaches and every month would have to stay in bed most of the time. Treatments would relieve me for a time but my doctor was always urging me to have an operation. My sister asked me to try Lydia E. Pinkham's Vegetable Compound before consenting to an operation. I took five bottles of it and it has completely cured me and my work is a pleasure. I tell all my friends who have any trouble of this kind what Lydia E. Pinkham's Vegetable Compound has done for me.”—NELLIE B. BRITTINGHAM, 609 Calverton Rd., Baltimore, Md.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydia E. Pinkham's Vegetable Compound, after an operation has been advised that it will pay any woman who suffers from such ailments to consider trying it before submitting to such a trying ordeal.

## Honey-BEES-Honey Keep Bees!

Interesting work with good profits. Help supply the world's demand for nature's best sweet. We can help you. Write for information.

WESTERN HONEY PRODUCERS  
SIOUX CITY, IOWA

**\$1.00 AN ACRE!**  
Texas lands, 60 to 40,000 acres, \$1.00 to \$1.40; one-fourth cash, balance 40 years 5%. Mexico lands, 1,000 to 100,000 acres on 140,000 acres, \$1.00 per acre cash. TEXAS-MEXICO RANCH CO., San Antonio, Texas.

MAIL ORDER COIN CARDS, 2c each. Joseph Curia, 1207 Fisk St., Chicago, Ill.

Re-voiting.  
Colored Patient (in hospital)—Boss, how do you all do youah cookin' in thah?

Orderly—Well, Sam, you know we have the latest fangled methods over here; in fact, we do our cooking by electricity.

Patient—Hum, by e-lec-tricity, huh? Well, boss, you sho' ought to have given dem beans anotha shock.—Judge.

## STOMACH UPSET?

PAPE'S DIAPEPSIN AT ONCE ENDS SOURNESS, GAS, ACIDITY, INDIGESTION.

When meals upset you and you belch gas, acids and undigested food. When you have lumps of indigestion pain or any distress in stomach you can get relief instantly—No waiting!



As soon as you eat a tablet of Pape's Diapepsin all the indigestion pain stops. Gases, acidity, heartburn, flatulence and dyspepsia vanish. Pape's Diapepsin tablets cost very little at drug stores. Adv.

Many a temperate sexton fills a drunkard's grave.

## Look out for Spanish Influenza.

At the first sign of a cold take



Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—keeps grip in 3 days—never backs if it fails. The genuine box has a Red top with Mr. Hill's picture. At All Drug Stores.

## DON'T KILL YOUR CATTLE BY DRENCHING

Salts and oil are DANGEROUS. Few cattle die of constipation; many of PARALYSIS of the bowels. Give

**LAXOTONIC**  
dry on the tongue. Positively prevents and overcomes both. Excellent for loss of appetite.

AT OUR DEALERS  
or Postpaid 50 Cents.  
Send for price list of medicines. Consult DR. DAVID ROBERTS about all animal ailments. Information free. Get a FREE copy of "The Cattle Specialist" with full information on diseases in Great DR. DAVID ROBERTS VET. CO., 100 Grand Ave., Waukegan, Wis.

## For Coughs and Colds

take a tried and tested remedy—one that acts promptly and effectively and contains no opiates. You get that remedy by asking for

## PISO'S

# VILLAGE LIFE FOR CITY DWELLERS

“Social Unit” Experiment in Cincinnati Has Been So Successful That It May Be Generally Adopted.

CAN THE advantages of village life be restored to the city? Can city dwellers have the friendly and neighborly feeling which marks the relations between men and women in the small town, where no one can be ill, or out of work, without receiving neighborly assistance? Can we find for the cities something to take the place of the town meeting, where all the population gathers together to discuss common problems and government is interpreted in terms of community service, instead of being housed in some remote city hall?

The “Social Unit,” newest experiment in applied democracy, believes that these advantages can be restored to cities, and in a section of Cincinnati is attempting to prove that they can. So successful has this experiment been, in the few months during which it has been tried, that people all over the country are beginning to watch it, and to talk about it, and influential men and women are even saying that the “Social Unit” has the biggest reconstruction program to offer America which has yet been formulated. The little Cincinnati district, which is trying to re-establish the sort of neighborliness which exists in small towns, has the most distinguished of visitors, men on reconstruction missions from the European countries, medical organizers and social service workers. For instance, Dr. Rene Sand of the University of Brussels was recently sent to this country to study methods for rehabilitating and reorganizing Belgium. He visited Cincinnati and said of the Social Unit: “I shall carry back to my people no more constructive suggestions than those which I have gotten from the Social Unit.”

This Social Unit district of Cincinnati, has acquired fame because the people are trying to be helpful each to the other and have gone to work to effect an organization which would make it possible for every one to be of service. Neighborliness in the Village.

In the small village it is impossible for anyone to be sick or bereaved or out of employment without the folks of the village knowing about it and wanting to do something about it. A death or a contagious disease affects the entire village and the only people who go unbefriended are those who rebuff kindness or who wear it out. But in the crowded city people get away from this neighborliness, and seem to care nothing about the folks around them. Babies die because the mothers do not know how to care for them. Many people who have consumption and other diseases live with small children around them, exposing them to sickness. Many invalids spend months at home, alone and unbefriended. All this is not because the people of the city are not as kind hearted and as willing to be helpful, but because the city is too large for every one to know every one else, and many people live near each other for years without knowing even each other's names.

The Social Unit organization has divided the district of 15,000 people in which it is working into thirty-one small blocks of about 500 people each. The plan is to make each of these blocks a tiny village where folks will come to know one another and to be interested in having their neighbors happy and contented. In a country village there is usually some one woman who is a sort of village mother to whom folks go in times of trouble, who knows every one and is always busy getting people to help those in need. Taking her as an example, the Social Unit organization has found in each tiny block village a woman who serves as a “block worker,” who knows when anyone needs help of any kind and sees that help is given by the right agency. This worker is chosen by the people of her block and is paid enough so that she will be enabled to employ someone to do part of her housework during the times that she is “mothering” her block. The thirty-one block workers, together, form what is called the Citizens' Council. The work of this Citizens' Council is to learn what the needs of every part of the district are and to see that plans are worked out for meeting these needs. In doing this it uses the knowledge of the different skilled groups in the community.

Use People With Expert Knowledge.  
In every community there are certain groups, each of which knows more about one particular thing than any other group. For example, the doctors know more about the prevention of disease than anyone else, the teachers know more about educating children, the plumbers about plumbing, the business men about business, and so on.

The Social Unit has organized people with special skill for the good of the community as a whole. The doctors are the board of health of the district; the employers and trade unionists are the industrial experts; the social workers are the department of public welfare; the teachers the board of education, and so on. When the Citizens' Council, or the “block representatives” discover a health need in the district it puts the problem up to the doctor group. From that time on the doctors are responsible for finding a solution for the problem and for submitting the plan they devise to the Citizens' Council. If



BOYS DISTRIBUTE THE BI-WEEKLY A COMMUNITY BULLETIN



THREE THOUSAND CHILDREN LAUNCH A "SAVE OUR LIVES" CAMPAIGN

the block workers in the Citizens' Council should find that there are many men out of work in the various blocks, the business and labor groups would be held responsible for the working out of some plan to meet the problem. In this way, everyone in the Social Unit district is enabled to work for the whole community at the same time that he is working for himself. Everyone is a part of the big force for good in the community. Slowly, one by one, each occupation is being organized and will have an executive in charge. The committee made up of the executives of all the occupational groups is called the Occupational Council of the Social Unit. The Occupational Council and the Citizens' Council acting together are the means by which the community governs itself.

Children Given Medical Attention.  
When the doctors and nurses of the Social Unit district were organized they found that there were many babies dying every year quite unnecessarily, either because little diseases which they contracted were not taken in time, or because their mothers were not properly educated in caring for them. The doctors asked the Citizens' Council to go into their blocks and find out how many children under six years of age there were. They found that there were 1,179. The doctors decided to give each of these children a complete medical examination, and the “block work-

ers” went back to their blocks and told the mothers and fathers that the district physicians would examine their children and tell them if there was anything wrong and how it could be remedied. One thousand and forty-three of the children were brought to the district health station. Hundreds of defects were discovered and remedied. Classes were organized for the mothers; the district nurses went into the homes to follow up the children who had been examined and see that the parents were giving them the right care.

When the epidemic of influenza broke out, everyone knew that somewhere in his or her block, within calling distance, was a woman who would exert the utmost effort to see that those who were ill got help. The doctors and nurses were mobilized through the district headquarters, so that cases could be cared for in the shortest possible time. There was hardly a case in the district which was not reported, and when the epidemic was over it was found that the death rate in this district had been a third lower than in the rest of the city.

Census Is Taken.  
A little while ago the people of this district decided that they could not work out their problems as they should unless they knew more about each other, so they decided to take a census of themselves and find out who they were and where they lived and what countries they came from, how many rooms they lived in and what they did for a living. “Uplift” organizations have taken census of this kind before, but probably never before has a district voted through its block representatives and its skilled groups to make a study of its own life and present that study to the world. The people were willing to make it, because they were doing it themselves, and because they knew that if they found lousing conditions had they had an organization which could remedy them. If they found children and young people without opportunities for healthful, happy play they could see that such a condition did not continue.

Secret of a Successful Community.  
The men and women who are backing the Social Unit experiment—for the Cincinnati district is really a laboratory for social experimentation, and hundreds of men and women of vision are interested in it—believe that the secret of a successful community organization lies in making everyone feel that he is important. It is hard to feel that you are important, and that what you do counts for good or ill, in a city of half a million or more. But in a city block, which is really a little village, with its own council, its own “block worker,” its own program of health, recreation and civic endeavor, every man, woman and child is important. If they fail to do their part they can see immediately the effect upon the life of their little community. If they work in the interests of their little community they can see the good effects as well. And this, after all, is the advantage which the village has over the city. People don't get lost in the village as they do in the city. And no one can “get lost” in the Social Unit.

### A FAUX PAS.

“You made a bad break just now when you remarked that congressional humor was dry stuff.”  
“I noticed one gentleman in the party looked hurt. What was wrong?”

“The person you speak of is a professional writer of anecdotes. I understand he does a brisk business with congressmen.”—Birmingham Age-Herald.

### WEARING IS RIGHT.

“Doesn't your wife find the demands of the social whirl very wearing?” asked the inquisitive man of the husband of a society butterfly.  
“Wearing, well, I should say they are wearing” commented the poor husband as he remembered half a dozen dressmakers' bills in his pocket.

### COMING AND GOING.

“A fine looking boy.”  
“My grandchild.”  
“Got any teeth, has he?”  
“I wish I had as many,” said the old man sadly. —Louisville Courier-Journal.

### THE ALL-FOURS RECORD.

A correspondent of Collier's, who was under shell fire on Hill 212 in the battle of the Ourcq, says: “I think it was the ninth or tenth shell that for the fraction of an instant fully convinced

me that I was through. The explosion turned me quite over where I lay flat, all huddled up. . . . At the end of 45 or 50 minutes the captain decided that we might duck, one at a time. We rolled out of the shell hole on all fours for an old wall 100 yards away. I don't know what the all-four record for 100 yards is, but I think I hold it.”—Outlook.

### THE MODERN ATTITUDE.

“Say, waiter,” growled the chronic customer, “there's a dead fly in my soup.”  
“Well, what of it?” muttered the knight of the tray and napkin. “You'd be dead, too, if you'd been in hot soup since the day before yesterday.”

### STICKING UP FOR THE CORP.

Raw Recruit (late of the criminal bar)—I say, old top, do you believe in corporal punishments in the army?  
Seasoned Soldier—Naw, the corporals ain't a bad set, but these dern sergeants ought to have sumplin' comin' to 'em.

### HE EXPLAINS.

“Are you down on matrimony?”  
“Not at all,” said the old bachelor. “Matrimony is well enough.”  
“Yes?”  
“And I believe in letting well enough alone.”—Louisville Courier-Journal.

## DANDRUFF MAKES HAIR FALL OUT

A small bottle of “Danderine” keeps hair thick, strong, beautiful.

Girls! Try this! Doubles beauty of your hair in a few moments.



Within ten minutes after an application of Danderine you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp. A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance.

Get a small bottle of Knowlton's Danderine for a few cents at any drug store or toilet counter, and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all—you surely can have beautiful hair and lots of it if you will just try a little Danderine.—Adv.

To Wax Paper.  
If one needs some waxed paper quickly and there is none handy, melt some paraffin in a shallow pan and put strips of thin paper (tissue paper is good) through it.

## TOO WEAK TO FIGHT

The “Come-back” man was really never down-and-out. His weakened condition because of overwork, lack of exercise, improper eating and living demands stimulation to satisfy the cry for a health-giving appetite and the refreshing sleep essential to strength. GOLD MEDAL Haarlem Oil Capsules, the National Remedy of Holland, will do the work. They are wonderful. Three of these capsules each day will put a man on his feet before he knows it; whether his trouble comes from ureic acid poisoning, the kidneys, gravel or stone in the bladder, stomach derangement or other ailments that befell the over-zealous American. The best known, most reliable remedy for these troubles is GOLD MEDAL Haarlem Oil Capsules. This remedy has stood the test for more than 200 years since its discovery in the ancient laboratories in Holland. It acts directly and gives relief at once. Don't wait until you are entirely down-and-out, but take them today. Your druggist will gladly refund your money if they do not help you. Accept no substitutes. Look for the name GOLD MEDAL on every box, three sizes. They are the pure, original, imported Haarlem Oil Capsules.—Adv.

Good Delivery.  
Hillie—I hear your new minister is a great success. One of those straight-from-the-shoulder speakers, who can put 'em over the plate.  
Mollder—Yes, and in the plate.

### RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

Life's Minor Worries.  
Frequently a woman worries a great deal over the question of calling on another woman who doesn't care in the least whether she calls or not.—Boston Transcript.

A Lady of Distinction.  
Is recognized by the delicate fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores, followed by a dusting with Cuticura Talcum Powder usually means a clear, sweet, healthy skin.—Adv.

People who blot out the past should destroy the blotter.  
Selfishness is the greatest enemy of the human family.