## LOOK AT CHILD'S TONGUE IF SICK, CROSS, FEVERISH

HURRY, MOTHER! REMOVE POI-SONS FROM LITTLE STOMACH, LIVER, BOWELS.

GIVE CALIFORNIA SYRUP OF FIGS AT ONCE IF BILIOUS OR



Look at the tongue, mother! If coated, it is a sure sign that your litthe one's stomach, liver and bowels needs a gentle, thorough cleansing at

When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour. breath bad; has stomach-ache, sore throat, diarrhea, full of cold, give a teaspoonful of "California Syrup of Bigs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

You needn't coax sick children to take this harmless "fruit laxative;" they love its delicious taste, and it always makes them feel splendid.

Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. To be sure you get the genuine, ask to see that it is made by the "California Fig Syrup Company." Refuse any other kind with contempt .- Adv.

#### Art of Oratory.

"Didn't you ever catch yourself talking nonsense when you were making a speech?"

"Yes." replied Senator Sorghum. "You have to give some audiences a few sentences they can't understand. It impresses them with a sense of ignorance and tends to make them sort of dependent."

#### Den't Forget Cuticura Talcum

When adding to your toilet requisites. An exquisitely scented face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum). 25c each everywhere .- Adv.

Financial Arrangement. "What does nature do when mois-

ture falls due?" "I suppose she collects it by means

of grassy banks."

Many a girl with teeth like pearls is as stupid as an oyster.

# BEST MEDICINE FOR WOMEN"

What Lydia E. Pinkham's Vegetable Compound Did For Ohio Woman.



so weak at times I could hardly get around to do my work, and as I had four in my family and three boarders it made it very hard for me. Lydia E. Pinkham's Vegetable Compound was recommended to me. I took it and it has restored my health. It is certainly the best

medicine for woman's ailments I ever saw."-Mrs. SARA SHAW, R. No. 1, Portsmouth, Ohio.

Mrs. Shaw proved the merit of this medicine and wrote this letter in order that other suffering women may find

relief as she did. Women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years experience is at your service.

### Hooked to Death

This may happen if your cattle have horns, or they may in ure each other and keep the whole berd excited. PE HUMANE. Prevent borns growing while calves are young. It means a contented and more profitable herd. Use



POSTPAID 50c consult DR. DAVID ROBERTS about all animal aliments. Information free. Send for price list of medicines and get FREE mation on Aberlies in Cows. DR. DAVID ROBERTS VETERINARY CO., 100 Grand Ave., Waukesha, Wis.

# KEEPS WATCH ON SEAMEN'S HEALTH

of His Merchant Crews.

#### SEAMAN'S BOTTLE IS LATEST

Contains Passports to Good Health by Providing Free Hospital Treatment Anywhere-Days of the Dog's Life Now History.

Washington.-Uncle Sam is getting more watchful of the health of his merchant crews as the great American peace-time fleet continues to grow. The latest innovation of the United States shipping board in the "seaman's bottle," which has now become one of the cherished possessions of hundreds of American seamen.

This little glass bottle, small enough to be carried in the vest pocket, contains passports to good health-printed forms which, when filled out by a ship's captain, will gain admittance for the holder to any United States manine hospital or relief station of the public health service in every important port in the United States. On a foreign voyage the application will provide the seaman with the best medical care, free of charge, on application to the United States consular officer.

At present the bottle is being provided only for men who have been trained for a sea career by the recruiting service of the shipping board, but in the opinion of Surgeon General Blue every American seaman should have one.

It is in port that the new "seaman's bottle," which was originated by Dr. Louis W. Croke, medical director of the shipping board recruiting service, plays its chief part. A seaman in need of medical attention has merely to dig the bottle out of his kit, bring the printed form to his skipper to be filled out and then go ashore to the nearest federal official.

#### Free Hospital Care.

The label which bears the imprint of the board's recruiting service informs the seafarer that he is entitled to free

port in the United States. He must meat and black bread.

Uncle Sam Will Take Good Care entitled as seamen of the United States but will preserve the certificate and keep it clean.

Years ago, in the days of the clipper ship, and even since that time, the sick or disabled American sailor at sea or in a foreign port had no resource but the charity of his captain or shipmates. Old-time skippers generally prescribed and supplied a blue pill and the crews were not burdened with funds to lend.

Harrowing tales have been told of those dark days of the merchant marine, of men forced to lie for weeks in cramped, foul-smelling forecastles, often beset by rats and without proper food, light, air or clothing.

If the man lived until the ship reached port some sort of care might be provided for him, but hundreds died, were buried at sea; their togs were sold and they were soon forgot-

#### Must Carry Medicines.

or was a dog's life at best are now hiscan flag and engaged on long voyages twelve seamen aboard.

is required to carry a chest of medicines suitable for the treatment of common ailments and injuries. Failure to comply with this law subjects the master or owners of the vessel to

Scurvy, that scourge of the old days. has practically disappeared from the American mercantile marine because of the liberal supplies of lime or lemon juice, sugar and vinegar that are now required to be carried on every ship on a long voyage and to be given daily to the crew within ten days after salt provisions have been chiefly served to them. In the days of yore "salt junk" was the main item on every foc'sle bill of fare. This food, consigned to the vessel in barrels, was generally stowed below as ballast and sometimes remained there for a long time before being requisitioned for the crew. This diet, with the lack of fresh vegetables, caused scurvy.

Adequate hospital facilities aboard ship also are provided. The law requires that in addition to the space allotted for lodgings, which must be roomy and well ventilated, all merchant vessels of the United States, which ordinarily make voyages of more than three days' duration between ports and which carry more But the days when the life of a sail- than twelve seamen, shall have a suitable hospital compartment with at tory. Every vessel flying the Ameri- least one comfortable bunk for every

# HELD A PRISONER FOR FOUR YEARS

French Judge Returns to Battered there to find, if possible, the priceless Remains of Cambrai Home.

#### HID PRICELESS CITY RECORD

Refused to Leave Post When Hun Hordes Poured Through His Country-Tells of Cruelties Inflicted by Invaders.

Paris.-There reached Paris recently a fine-looking old French gentleman, sad-eyed, hollow-cheeked. For four years he had been held prisoner by hospital care no matter what his sta- the Germans in the city of Cambral. tion aboard ship. The term "seamen," He had seen the Hun kaiser three it says, means not only the men who times passing through the streets of are employed on deck but persons em- his city which previously had been ployed on board in the care, preserva- swept by the French women. Night tion or navigation of the ship, and it after night he had been forced to go even includes those who are in the and sit in the railroad stations of the service, on board, of those engaged in city while the British bombed them. such care, preservation or navigation. He had seen his friends, people once When discharged by the medical au- wealthy and of high birth, sent out to thorities the American seaman is dig trenches, to bury the dead and to given free passage to the port from cultivate and weed the fields. For two which he originally signed, unless the years he had only soup and cocoa for articles provide for discharge else- his dinner and a semi-monthly allowwhere, or if in a foreign port to some ance of three-quarters of a pound of

serve on board the ship on which his | Henri Bergier reached Paris just as to sea the privileges to which they are enough to travel again he will return

records of the city which he hid in 1914 when the Huns swept across Belgium and invaded northern France.

As a judge of a tribunal or court of Cambrai, Bergier refused to leave his post when the German hordes poured through his country in August, 1914. By a trick of chance he had just sent his wife and three daughters to Boulogne-sur-Mer, on the coast of France, for a holiday and was planning to join them early in September. The meeting was deferred just four years. He was captured, but was spared the bitterness of seeing his family subjected to the humiliations which came to the other women of Cambrai. His wife and daughters at once volunteered for hospital service and worked so heroically for three years that they were decorated by the French government with the medal

"des epidemies et du devouement." The story which Bergier brought back was one of want and suffering. The Germans held him as hostage so he was not maltreated. Whenever the city was bombed, however, he was sent with three other judges, also held as hostages, to sit in the railway stations so that they would be killed if the traffic centers were destroyed.

The people of the city who did not hold official positions were treated more summarily. The women were passage has been arranged if possible. the news came from the front that all made to do mental work of some The "seaman's bottle" not only will British and American troops had freed kind, such as sweeping the streets impress upon Americans who are going his home. As soon as he is strong of the city or cultivating and weeding the fields. The young boys and men were sent out to dig trenches and to bury the dead.

Turned Out of Homes.

Family after family was turned out of homes to make place for the wives of the German officers who came to stay in Cambrai with their husbands and for German actresses and singers who were brought from Germany to stage performances of grand opera and to make merry in the casinos. The prisons were kept filled with

"offenders." Early in September Bergier was told that an exchange find been effected and he was to return to France. He would be permitted to take with him what belongings he could carry. He found an old baby carriage with two wheels off and patched it up with wheels from a dismantled gun. His clothing, though threadbare, still held together, but he had no shoes at all. He took the leather portfolio which his youngest daughter had used to carry to school and made a sort of footgear out of it, using for soles the belting from a machine in an abandened factory.

Part of his journey to Belgium he made on foot, pushing his belongings along in the old baby carriage. Part he made by train.

From Belgium M. Bergier went to Switzerland, finally arriving in Paris where he rejoined his family.

# USE OF MOONSHINE IS

Huntington, W. Va.-Use of

## Colds Coughs Catarrh

A trinity of evils, closely allied, that afflict most people, and which follow one on the other, in the order named, until the last one is spread through the system, leading to many evils. But their course can be checked.

PERUNA CONQUERS It is of great value when used promptly for a cold, usually checking it and overcoming it in a few days.

Ample evidence has proved that it is even of more value in overcoming chronic catarrh, dispelling the inflammatory conditions, enabling

the diseased membranes to perform their natural functions, and toning The experience of thousands is a safe guide to what it may be ex-

pected to do for you.

Liquid or tablets—both tested by the public and approved. THE PERUNA COMPANY - - - COLUMBUS, OHIO

Not in Vain.

They had arrested him on Broadway

for profanity. "Don't you know that it is against | door. both the religious and civil laws to take the name of the Lord in vain?" miringly.

"Wal, it warn't 'zactly in vain," drawled the man, "You see, yer honor, a yalier cuss had just started to steal next door one. my flivver, but when I unloads my vo- praise from one of your own family." cabulary, you orter have seen him

demanded Judge White.

#### RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.Adv

Dividing the Bird.

"To be happy a man needs a wonderful digestion and a woman needs beautiful attire," said Mr. Jones.

"Yes," commented Miss Brown; one wants the stomach of an ostrich and the other wants the feathers."-London Answers.

Important to Mothers
Examine carefully every bottle of
CASTORIA, that famous old remedy for infants and children, and see that it Bears the

Bears the Signature of Cat Hillthirs In Use for Over 30 Years. Children Cry for Fletcher's Castoria

A Good Haul. "Did Miss Port catch anything on that fishing party?" "Sure! She caught a beau."

Cynical Youngster. "Isn't my picture that I made pretty?" asked Robert of a little girl next

"Oh, it is very pretty," she

"Well, sister Mary sage it isn't a

bit," said Robert. "Well, what of it?" remarked the "You can't expect

Children's handkerchiefs often look hopeless when they come to the laun-

dry. Wash with good soap, rinse in water blued with Red Cross Ball Blue. Not Much.

Recruiting Sergeant-"Are you single?" Will-Be Rookle-"Do I look like twins?"-Leatherneck.

Men know that men are not born equal, but nobody will admit it.

Some men are quite regular in their

habits-but their habits are bad. Don't trifle with a cold

—it's dangerous. You can't afford to risk Influenza.

Keep always at hand a box of



Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture. At All Drug Stores.

# After the "Flu" -Fever or Cold

Clean the Acidity and Toxic Poisons Out of the Digestive Tract

Millions are now suffering from the after effects of the deadly "flu," a fever or a cold. Their appetites are poor; they are weak, and they are waiting for their strength to come back.

If these people could only realize that the return to health and strength would be greatly helped by giving attention to the stomach—that is, removing the acidity and toxic poisons from the entire digestive truct, making it act naturally, so that the body will receive the full strength of the food enten-a great deal of suffering would be saved to humanity.

Everyone knows that the disease itself, and the strong medicines that have been taken, upset the stomach, leave it hot and feverish, the mouth dry, the tongue conted, a nasty taste, and no desire to eat. This is a poor foundation to build new strength on.

Now, tens of thousands of people all over this country are using EATONIC believable, just as shown in the remarkable letter which is published upon the request of this sturdy old Civil War veteran. He is 77 years old. Read what he says EATONIC did for him:

"I am an old soldier, past sev-ity seven years. I had the Span h industria and it left my stomach

In an awful shape. I tried three different doctors but got no relief. As a last resort I sent and got a box of EATONIC and to may greatest surprise the very first indict I may be the last of the las

P. S.: If you can make any see of this letter for suffering human ity, you are at liberty to do so. C. S. M.

This is only one case out of thousands, You should make the EATONIC test in your own case at once. You have everything to gain-not a penny can you lose, for we take all the risk. Your own common sense, your own feelings, tell you that a good appetite, good digestion, a good stomach, with the fever poisons and effects of strong medicines out of your system, will put you on the road to strong, robust health again.

You want to enjoy life again after you have battled with the "flu," fever for the purpose of cleaning these or colds, or any other illness that has polsonous after-effects right out of the taken your strength. You want to get system and they are obtaining wonder- back your old-time vigor, be full of pep ful results - so wonderful that the and enthusiasm-be able to work with amazingly quick benefits are hardly ease, instead of listlessly, half-heartedly dragging out a mere existence.

> So be sure to take a box of EATONIO home with you today. We cannot urge this too strongly. If EATONIC fails to give you positive beneficial results, it will not cost you a penny. There is no risk-the benefit is surely all for you.

# FOR YOUR ACID-STOMACH

IF NOTE—Over 20,000 drug stores throughout the United States sell and guarantee EATONIC. If you cannot obtain EATONIC quickly at your drug store, do not be without it. Write us and we will mail you a big 50c box at once and you can send us the 30c after you get it. Add.: H. L. Kramer, Press. EATONIC REMEDY CO., 1944 S. Wabash Ave., Chicago, Ill.

Betrayed His Weakness. "Is he a tightwad?"

"Is he? Say, listen: When he came to propose to me he thought he'd have to get down on his knees, and, would you believe it, he came in the oldest pair of trousers he had!"

Headaches, Billous Attacks, Indigestion, are cured by taking May Apple, Line, Jalap made into Pleasant Pellets (Dr. Plerce's), Adv.

Probably the most dangerous men are those who have honest motives and dishonest practices.

Granulated Eyelids, OUF Eyes inflamed by expoes EyeRemedy. No Smarting, just Eye Comfort. At Your Druggists or by mail 60c per Bottle. For Book of the Eye free write

Why take Chances when the Reputation of

# Rice Brothers

Live Stock Commission Merchants Sioux City Stock Yards

#### Guarantees Satisfaction

Successful Sellers of Cattle, Hogs and Sheep. Write us! Wire us! Ship us Accurate Market Reports gladly furnished.



Murine Eye Remedy Co., Chicago. W. N. U., SIOUX CITY, NO. 2-1919.

# FLY ACROSS ATLANTIC

shows the refugees being escorted in wagons by the British troops,

Refugees who have been held in the German lines for four long years

are at last taken to a place of safety. This British naval official photograph

AFTER FOUR YEARS IN THE GRIP OF GERMANY

Airplane Manufacturers Make to fly that far into the fatherland and Long-Distance Machines.

Newspapers and Aviation Clubs.

losing no time in developing long-dis- propellers and driven by engines gentance machines for transatiantic erating more than 1,000 horse-power. flights for which tempting prizes have which he believes can negotiate the been offered by various newspapers transationtic flight. This machine will

and aviation clubs. Handley-Page machine has already for 36 hours. The body of the mato Ireland, but that the flight was fuselage, from the nose to the tailkept secret in order that the Germans piece and the crew can walk up and might not know that a machine had down through the passageway. Mullin. The allies had secret informat and safer.

get back and had practically no antialreraft batteries posted to protect his capital. It was realized that once it became known a plane had crossed Tempted by Big Prizes Offered by the Atlantic the Boche would take the tip and strengthen his defenses at

Farman has constructed a quadru-Paris .- Airplane manufacturers are ple motor biplane equipped with four have an average speed of 110 miles The rumors persist in Paris that a an hour and can carry gasoline and oil cossed the ocean, from Newfoundland chine extends the whole length of the

cure about the inability of airplanes motor machine, with two tractor and 24 hours.

CAUSING INSANITY

moonshine whisky is spreading Insanity throughout West Virginia, according to J. B. Coster of the state tasane asylum. Insanity is enidemic in the conf regions of Logan county, Coster says. All kinds of ingredients are used in the manufacture of the whisky and much of it, necording to the asylum officials, wrecks mind and body.

two pusher propellers, which he believes can fly 2,.00 miles without a stop. The Bierlot machine is a biplane, but the lower wings are much smaller than the upper, along the been produced which could bomb Ber- tiple whalls make landings easier lines of the Nicuport chasse model The Bierlot plane is expected to main tion that the enemy felt perfectly se- Bleriot has also constructed a bi- tain a speed of 150 miles an hour for