# WHO ARE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound-Her Personal Experience.

McLean, Neb.—"I want to recom-mend Lydia E. Pinkham's Vegetable Compound to all women who suffer



from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My hus-band and I both praise your medicine to all suffering women."—Mrs. John Koppelmann, R.

No. 1, McLean, Nebraska.

This famous root and herb remedy, Lydia E. Pinkham's Vegetable Com-pound, has been restoring women of America to health for more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, headaches, nervousness or "the blues" to give this successful remedy a trial.

For special suggestions in regard to your ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.



W. N. U., SIOUX CITY, NO. 33--1918.

Explained.

"Why do you women run after the military so?"

"Because women are inclined to a uniform devotion."

### Lemon Juice For Freckles

Girls! Make beauty totion at home for a few cents. Try it!

Squeeze the juice of two lemons into sunburn and tan lotion, and complexion whitener, at very, very small cost.

Your grocer has the lemons and any drug store or tollet counter will supply three ounces of orchard white for a few cents. Massage this sweetly horses were in fine condition; the men fragrant lotion into the face, neck, were cheerful and went singing, in spite arms and hands and see how freckles, sunburn and tan disappear and how clear, soft and white the skin becomes, Yes! It is harmless,-Adv.

#### WATER COLORED BY PLANTS

Interesting Discovery the Result of Tests Made by Scientists of Harvard University.

That many marine plants cause sea water to become alkaline when exposed to sunlight is definitely proved through interesting experiments devised by W. J. V. Osterhout and A. R. C. Haas of the laboratory of plant physiology, Harvard university,

These gentlemen have found a way to measure accurately the increased alkalinity. Without going into details, it may be said that this consists in immersing a green seaweed in a glass tube of salt water to which a few drops of phenopthalein have been added. After exposure to sunlight, the water turns pink, and the degree of against the colors of a series of tubes containing the same concentration of Indicator in a series of "buffer solutions" of known alkalinity, gives the quantity of alkali produced by the action of the sunlight.

#### Deceitful Biddies.

Fogg is rather disgusted with poultry farming. He says that when he left home yesterday morning forty of his hens were bragging about what they were going to do; but on his return he found that only eight had laid -the rest of the bunch had simply Hed.-Boston Evening Transcript.

One can't square himself with God unless he pays what he owes to his fellow men.

SAVING WHEAT is only one good point



## TO ALL WOMEN | CAVALRY PLAYS A BIG PART NOW

General Foch Used French Horsemen to Advantage in Big Drive.

#### PROVE GOOD FIGHTERS AFOOT

Rides 80 Miles in Day and Relieves Hard-Pressed British in Flanders -Makes New Place for Self in Warfare.

Washington.-Skillful use of French cavalry has marked General Foch's tactics ever since he took over control of the ailled armies as supreme commander, according to information reaching military circles here. The horsemen have played an important role in the whole battle of 1918, as the struggle which began March 21 with the first German drive has come to be known.

The employment of swift-moving columns in the present counter-stroke from the Aisne-Marne line has been noted in the dispatches. Again General Foch took advantage of the great mobility of the mounted arm to throw it in wherever his advancing infantry units threatened to lose touch with each other in the heat and confusion of the contest. No gaps have been left where the enemy might strike back, for always the horsemen came up to fill the hole until the infantry line could be rectified and connected in a solid front.

The same tactics marked the first use of French cavalry in the battle of Picardy, when the French took over 55 miles of front from the British to permit the latter to mass reserves at seriously threatened points of the line farther north.

Cavalry Fights Afoot.

A French cavalry corps complete with light artillery, armored cars and cyclists arrived first on the scene in Picardy and relieved the British. They fought it out afoot until the heavy French infantry arrived and took over the task.

Three days later the horsemen were on the move again, this time hurrying to the front, where the enemy was hitting hard at the Lys line. The cavalry rode hard as the advance guard pects of flying. of the French infantry columns marched toward St. Omar. In the first 24 hours, despite the long strain a bottle containing three ounces of of fighting in Picardy, they covered orchard white, shake well, and you 80 miles without losing a man or a have a quarter pint of the best freckle, horse on the way. In 66 hours they had transferred their whole corps over 125 miles and arrived east of Mont Cassel.

"It was a wonderful sight," writes the chief of staff of a division. "The had to endure.

"In truth, our boys looked a little tired, but they were all yery proud of them and all were bearing it cheer-

The cavalry corps stood in support of the British for ten days in April after the enemy had forced the line held by the Portuguese division. It maintained communication between two British armies and organized the ground from Mont Cassel to Mont Kemmel, while the French army moved up behind it. As the French infantry came into line the cavalry was drawn off to the left in the Mont Kemmel region, and for five days the horsemen, fighting afoot with two infantry divisions, withstood the terrific assaults of the Germans who sought to hammer a way through behind Ypres at any cost.

They stood steady bombardment for days, and when the infantry was hemin on top of Mont Kemmel, pinkness, measured by matching the cavalry drove forward in counterattack and held off the shock divisions of the enemy while the French gunners got their pieces away.

Later, at the battle of Locre, the cavalry also shared fully with the infantry, blocking gaps in the line, and the final definite occupation of the town for the allies was accomplished by a cavalry battallon. A sergeant and a handful of dragoons drove 40 Germans out of the town, and at arother point a cavalry officer and 20 courtyard of a country house.

men backed up the infantry at a critical moment, the officer waving a pistol in one hand and a shovel in the other as he led the dash which restored the situation.

Defend Compeigne. A few days later the same envalry. after another long ride, met the enemy advance against Villers-Cotterets woods in the Aisne sector, where the fighting today is waging flercely, and where the horsemen again are engaged. When the Germans drove for- are always hurled first into the point ward in their effort to get around the forest to Compeigne, the horsemen ing infantry arrives. They have blocked the road between the wooded learned trench warfare completely, region and the River Ourcq.

dashing attack afoot, the cavalry ap- a glorious chance when the day comes pears to have established a new place for the allies to drive back all along for itself in modern warfare. They

**†**++++++++++++++++++++++++ FIDO'S BATH AND **3 MEALS ASSURED** 

Spokane, Wash .- One thousand dollars to provide three meals a day, a bath and a bed for her pet dog is a provision of the will of Mrs. Quincy Burgess, recently admitted to probate. When the dog dies the will provides that it shall be buried beside its late owner. A "nice casket" Is to be used and the dog's grave is to be properly cared for.

\*\*\*\*\* are the light reserves; the men who of danger to hold until the slow-movand General Foch is making use of In view of this record for swift and them in any move that insures them the line.

## DEFECTS SPELL **DEATH INFLYING**

New York.-Considerable concern of the skull. It is much more imporhas been expressed at the large num- tant that a man should have both ber of fatal accidents reported from arms intact than both legs. A clever our American military and naval avia- pilot who was killed on the western tion training camps. Considering the front was Lord Lucas, who had an risks the novice necessarily takes and artificial leg. the very special physiological and psychological factors that enter into the to the respiratory system. In addition science of flying, these fatal accidents to good, healthy lungs and vital capacare few in proportion to the number ity, the would-be pilot must pass a of men undergoing training, and they breath-holding test. This gives an inare not more numerous than those on dication of his capacity to stand the the training fields of Great Britain, France and Italy.

A perfect knowledge of all the rules of the game of flying will not save a man who lacks confidence in himself and is inclined to hesitate. A half- candidate has to stand on one leg with second of indecision may be fatal. In- his eyes shut and his hands on his itiative, the sporting instinct and a hips. There is also the old test for certain irresponsibility, qualities in sobriety-walking a straight line heel herent in American youth, have been to toe with eyes open and then turnfound of far greater value in the air ing round and walking back without than the logical, scientific, severely losing balance. The importance of disciplined character of the Germans, this test can be understood, seeing and account for the superiority of the allied aviators in general.

tists have devoted special study to the is actually upside down. It is essenpsychological and physiological as- tial that he should not lose a second

One authority says that good eyesight, normal hearing, good "muscle fully examined, for any defects might sense" and equilibration are indispen- seriously handicap a man during the sable qualifications. But most impor- great strain that all flying imposes. tant of all is the right temperament- With regard to the eyes, it is considto examine. Of the types-the imagi- color vision, in order to pick out the native and the unimaginative—the color or marking of hostile machines, better pilot if he can keep his imagi- judging the nature of landing grounds. nation under control.

Surgical Operations No Bar.

or wounds and disease is thortigue are serious defects. But somethat such an effort had been asked times even a serious surgical opera- immediately after landing. tion is not regarded as important. piece missing from the frontal region poor recommendation.

Considerable importance is attached strain of flying at high altitudes, where the air is rarefied and breathing is difficult. No man with a weak, heart can hope to pass the tests.

Self-balancing is another test. The that an aviator flying in a dark cloud or in a fog becomes unconscious of his The most eminent of British scien- position and sometimes the machine in recovering his balance.

The throat, nose and ear are carenot an easy thing for a medical board ered that pilots should have perfect imaginative youth is said to make the and in recognizing signal lights and in

Air Sickness Rare. A candidate who suffers from sea-

In the British air service previous sickness or train sickness would not be rejected on thos oughly investigated. Persistent head- Air sickness, caused by the rolling and aches, vertigo and easily induced fa- pitching of the airplane, is a very rare complaint, and sickness usually occurs

An unstable nervous system suggest-Thus a doctor recently passed as fit ed by fidgety movements of the hands, for flying a man who had quite a large feet or face, or biting the nails is a

#### FRENCH 155 FIRING FROM A COURTYARD



This French 155 gun is shown firing from its place of conceniment in the

## MUSTARD GAS WORST

Most Horrible Invention Huns Use in War.

It Brings Tears and Causes Painful Skin Diseases Among Soldiers.

Washington.-The most dangerous kind of poison gas used by the Germans is "mustard gas," or dichlorodiethysulphide.

Mustard gas has a distinctive but not altogether unpleasant smell, more like garlic than mustard. It is heavy and oily as a liquid. It boils at 217 degrees centigrade, and thus has proper-

tense pain. The nose discharges freely, by having food and ammunition cut 1917.

and severe can bin and vemiting en-

Direct contact with the spray causes blistering of the skin, and the vapor penetrates through the clothing. Gas masks, of course, do not protect against this. The symptoms are similar to pneumonia - high fever, heavy breathing and often stupor.

The damage done by mustard gas is a slow and insidious development. The breaking down of the affected tissues is slow, the height being reached from five to ten days after the burn is received. The painlessness is also a marked characteristic. Healing is

Mustard gas besides being used in tles whereby it can be distributed in direct attack, is also used for "neutrathe form of a spray on the impact of a lization," For instance, where supplies and ammunition are being brought up, Mustard gas is a powerful producer a few mustard gas shells will result of tears. After several hours the eyes in dangerous confusion and delay. A begin to swell and blister, causing in- part of the infantry is "neutralized"

neutralizes, so much the better.

The American mask to fight mustard gas is of the box respirator type. The hood is of rubber. Breathing is through the mouth, pincers shutting off the nostrils. The gas-charged air enters through the bottom of the canisters, where by means of neutralizing chemicals, it is purified. From the top of the canister the air is drawn into the lungs.

There is a one-way shutter valve in the hood through which the air comes out This mask is designed to last ten hours. For artillerymen the war department has made an oll suit which encloses the goldier bodily.

Rob Sewing Machine Bank. Sharon, Pa.-Mrs. James Rasci wait-

d two weeks to report that someone had stolen \$1,300 from her sewing machine drawer bank.

Mine fatalities in British Columbia for the first quarter of the present year totaled five, compared with seven in the corresponding three months in

## Save the Harves

When Our Own Harvest Requirements Are Completed

United States Help Badly Needed

Harvest Hands Wanted

Military demands from a limited population have made such a scarcity of farm help in Canada that the appeal of the Canadian Government to the United States Government for

Help to Harvest the Canadian Grain Crop of 1918

Meets with a request for all available assistance to

GO FORWARD AS SOON AS OUR OWN CROP IS SECURED The Allied Armies must be fed and therefore it is necessary to save every bit of the crop of the Continent—American and Canadian.

Those who respond to this appeal will get a

Warm Welcome, Good Wages, Good Board and Find Comfortable Homes

A card entitling the holder to a rate of one cent per mile from Canadian dary points to destination and return will be given to all harvest applicants. Every facility will be afforded for admission into Canada and return to the

Information as to wages, railway rates and routes may be had from the

#### UNITED STATES EMPLOYMENT SERVICE SIOUX CITY, MASON CITY, RAPID CITY, S. D.; HURON, S. D.; ABER-DEEN. S. D.; MITCHELL, S. D.; REDFIELD

"Is your brother making much noney as a chauffeur?" "Well, he manages to raise the

periscope." If a man is a liar he's likely to get

mad when he is called one.

"There is not so much scope in this war for naval activity." "Oh, yes, now and then there's a

Woman's tears have more effect on a man than her words,



## Packers' Profits -Large or Small

Packers' profits look big-

when the Federal Trade Commission reports that four of them earned \$140,000,000 during the three war years:

#### Packers' profits look small-

When it is explained that this profit was earned on total sales of over four and a half billion dollars-or only about three cents on each dollar of sales.

This is the relation between profits and sales:

Profits

If no packer profits had been earned, you could have bought your meat at only a fraction of a cent per pound cheaper?

Packers' profits on meats and animal products have been limited by the Food Administration, since November 1, 1917.

Swift & Company, U.S. A.

The Candidate.

"I am a candidate for your hand." "Very good. How much allowance do you propose to allot me, who is to do the cooking and what is to be your attitude toward my family? In short, dent. what's your platform?"

Smile, smile, beautiful clear white clothes. Red Cross Ball Blue, American made, therefore best. All grocers. Adv.

Punishment. Edith-I'll back out and let you mar-

y the wretch. Marie-Why do you do that? Edith-He proposed to both of us and I want to see him punished.-Boston Evening Transcript.

Not Sufficiently Marine. Pluto was boasting of Cerberus, "But he isn't a devil dog," we obected.

A politician thinks he is entitled to as many kinds of opinions as he may need in his business

Granulated Eyelids, Eyes inflamed by expo-sure to Sun, Bust and Wind quickly relieved by Muria: Lyes Eye Comfort. At Your Druggists or by mail 60c per Bottle. For Book of the Eye free write Murine Eye Remedy Co., Chicage.

A Good Method.

"There's nobody," said a government official, "who can get rid of an important caller so quickly and at the same time so smoothly as the presi-"Once, at a reception, a man held up

the long line of guests waiting to shake the president's hand while he recounted at great length some tedious yarn or other.

"The president stood about four minutes of this. Then he smiled and gave a start.

"'But, my dear sir, I am monopolizing you,' he sald."



