WOMAN NOW IN PERFECT HEALTH

What Came From Reading a Pinkham Advertisement.



advertisement in the newspapers and decided to try a bottle of Lydia E. Pinkham's Vegetable Compound. It worked from the first bottle, so I took a second and a third, also a bottle of Lydia E. Pinkham's Blood Purifier, and now I am just as well as any other woman. I advise every woman, single or married, who is troubled with any of the aforesaid ailments, to try your wonderful Vegetable Compound and Blood Purifier and I am sure they will help her to get rid of her troubles as they did me."

York St., Paterson, N. J. Write the Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass, if you need special advice.

Mrs. ELSIE J. VAN DER SANDE, 36 No.

An Elegant Translation. A Boston girl who had been taking her first lesson in bicycle riding expressed her satisfaction at home at the

result of the experiment. "The man said," she repeated, "that I had made most satisfactory progress for a novice."

"Why, did he really say that?" was

the surprised query. "Well, no," answered the Boston young woman, after a moment's reflection. "What he did say was, 'You'll do fust rate for a new beginner!" "-Christian Register.

CUTICURA IS SO SOOTHING

To Itching, Burning Skins-It Not Only Soothes but Heals-Trial Free.

Treatment: Bathe the affected surface with Cuticura Soap and hot water dry gently and apply Cuticura Ointment. Repeat morning and night, This method affords immediate relief,

Would-be progressive people sometimes forget that a freight train makes more noise than a limited ex-

Boston. Sold everywhere .- Adv.

Alfalfa \$6, sweet clover \$12, rye \$2.50. J. Mulhall, Sioux City, Iowa.

Moore Haven, Fla., has a woman

Too Much to Expect.

the best excuse for not working that

we could ever have imagined. File it

One fellow said, "How do you like

"I ain't workin' there no more," an-

right on makin' good. 'That's too much

to expect of anybody, this kinda weath-

er, So I quit."-Cleveland Plain Dealer.

CORNS LIFT OUT

You say to the drug store man,

"Give me a small bottle of freezone."

This will cost very little but will

positively remove every hard or soft

A few drops of this new ether com-

pound applied directly upon a tender,

aching corn relieves the soreness in-

stantly, and soon the entire corn or

callus, root and all, dries up and can

This new way to rid one's feet of

corns was introduced by a Cincinnati

man, who says that freezone dries in

a moment, and simply shrivels up the

corn or callus without irritating the

If your druggist hasn't any freezone

tell him to order a small bottle from

his wholesale drug house for you.-adv.

No Cause for Alarm.

The other Monday afternoon a wom-

an rushed excitedly down an alley in

the poor quarter and, stopping at a

house, knocked loudly. Receiving no

reply, she knocked a second time. Still

A third time she knocked, and then

The woman below looked up and ex-

"Mrs. Skinner, yer 'usband's got ten

"Dear, dear me, Mrs. Jones," was the

reply, "is that all? How yer did un-

nerve me! I thought it was that

Its Kind.

"I guess it was an a la cart one

"What sort of a dinner was that of

The man who never jokes has to

look out that he doesn't get to be a

a window flung open and a woman

whose appearance betrayed signs of

n sudden awakening leaned out.

claimed with bated breath:

scarcerow after the rent agin."

"Well, what is it?" she asked.

corn or callus from one's feet.

be lifted off with the fingers.

surrounding skin.

no answer.

days ?"

the teamsters?"

joke himself.

WITH FINGERS

YES! MAGICALLY!

your job down at the mill?"

"Nope. Ain't got no job."

"What did you quit for?"

"Got a better job?"

We overheard, on a Collinwood car,

Feed the Fighters! Harvest the Crops — Save the Yields

On the battle fields of France and Flanders, the United States boys and the Canadian boys are fighting side by side to win for the World the freedom that Prussianism would destroy. While doing this they must be fed and every ounce of muscle that can be requisitioned must go into use to save this year's crop. A short harvest period requires the combined forces of the two countries in team work, such as the soldier boys in France and Flanders are demonstrating.

The Combined Fighters in France and Flanders and the Combined Harvesters in America WILL Bring the Allied Victory Nearer.

A reciprocal arrangement for the use of farm workers has been perfected between the Department of the Interior of Canada and the Departments of Lubor and Agriculture of the United States, under which it is proposed to permit the harvesters that are now engaged in the wheat fields of Oklahoma, Kansas, Iowa, North Dakota, South Dakota, Nebraska, Minnesota and Wisconsin to move over into Canada, with the privilege of later returning to the United States, when the crops in the United States have been conserved, and help to save the enormous crops in Canada which by that time will be ready for harvesting.

HELP YOUR CANADIAN NEIGHBOURS WHEN YOUR OWN CROP IS HARVESTED !!! Canada Wants 40,000 Harvost Hands to Take Care of Its 13,000,000 ACRE WHEAT FIELD.

One cent a mile railway fare from the International boundary line to destination and the same returning to the International Boundary.

High Wages, Good Board, Comfortable Lodgings.

An Identification Card issued at the boundary by a Canadian Immigration Officer will guarantee no trouble in returning to the United States.

AS SOON AS YOUR OWN HARVEST IS SAVED, move northward and assist your Canadian neighbour in harvesting his; in this way do your bit in helping "Win the War". For particulars as to routes, identification cards and place where employment may be had, apply to Superintendent of Immigration, Ottawa, Canada, or to

M. J. Jehnstone, Drawer 197, Watertown, S. D.; R. A. Garrett, 311 Jackson St., St. Paul, Minn. Canadian Government Agents.

for reference.

swered the other.

SHAKESPEARE AT THE FRONT

Famous English Actress Declares Every Performance She Gave for Soldiers Was a Joy.

Miss Lena Ashwell, the distinguished London actress, who has been giving a number of dramas and Shakespearean plays to soldiers at the front, waxes eloquent upon her strange and wonderful auditory. "No Tommy is stodgy, as a West end audience is," she remarks. "Every performance was a

The Tommies show their devotion in all sorts of ways. Some Tommies, hearing she was coming, built her scenery out of odds and ends of canvas and wood, painted red and yellow, exactly like the framework of a Punch and Judy show. Another group of men, working with the forage supplies in Rouen, on the rallway side, where there are scarcely any blooms of any sort, managed to get her a little tight bunch of flowers, arranged with a bit of paper like an old-fashloned bouquet. Still another devoted group gave her

a little box of silver, beautifully chased. But what she treasures most is a lucky bean. The young soldier who gave it to her stood grasping her hands in the dark, saying blunderingly that he had been eleven months in the trenches and that she could not imagine what it meant to him to see a lady. much less hear her speak; that this bean had been all over the world with him and had brought him good luckhe hadn't been wounded yet-- and now he wanted her to have it. The boy was simply giving her everythin .. No wonder she set his bean in the best of gold and wears it always.

A Different Implement. Red-Nosed Tramp-Lady, kin I cut your grass fer a meal? I'm a firstclass lawn mower.

Lady-Go away! You look more like an old rake.

In the Same Class.

"I'm certainly down on my luck." "And I'm up against it."-Baltimore American.

Described. "What is a practical joke?" "A fool's attempt to make a fool out



Construction Is Usually Divided Into Two Entire Distinct Classes.

SUBGRADE FOR THE SURFACE

Some of Most Important Details Requiring Careful Attention Are Frequently Overlooked - Some Precautions to Observe.

(Prepared by the United States Depart-ment of Agriculture.)

Figure 1 shows a typical cross section for a gravel-road surface and indicates the customary steps involved in the construction of such a surface. and points to speedy healment. They The limiting thicknesses shown on this are ideal for every-day toilet uses. cross section are by no means followed Free sample each by mail with Book. universally, but are believed to repre-Address postcard, Cuticura, Dept. L, sent the best current practice. The minimum thickness shown is supposed to be employed where the traffic is light and the subgrade is uniformly stable, while the maximum thickness is adapted for opposite conditions, Perhaps the most usual compacted thickness of surface is eight inches at the center and six inches at the edges, The difference in thickness between the edges and center is effected by making the crown of the subgrade flatter than that of the surface.

> The construction of a gravel road usually is divided into two entirely distinct classes of work. The work of grading and preparing the subgrade falls into one class, and that of hauling, spreading and compacting the gravel into the other. The first class of work has been discussed at considerable length in connection with earth and sand-clay roads, but since it is desired to emphasize certain features of subgrade preparation that are of increased importance in connection with gravel-road construction, both classes of work will be considered in the following discussion:

Preparation of the Subgrade. In grading the roadbed and preparing the subgrade for a gravel surface, greater should be the care exercised gravel or to soften the subgrade. to prevent it from being damaged | 6. When the road surface is com-

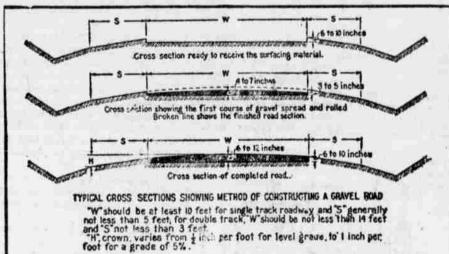
loads are dumped all in one spot and spread later with shovels, as is done frequently, it is very difficult to secure uniform density of the surface crust by subsequent harrowing and rolling. The spots where the loads are dumped nearly always will be more densely compacted than the areas between, and, as a result, uneven settlement

will develop soon. 2. The gravel should be spread in two or more courses, and the thickness of the different courses should be approximately the same, except that the first course may be made somewhat thicker than the succeeding courses, because, in general, a thicker layer of gravel may be compacted on the subgrade than when spread over a layer of gravel already compacted. It usually is impracticable to have the compacted thickness of any course greater than about 5 inches, and quite frequently 3 or 4 inches is as much as can be compacted satisfactorily at one

3. After each course of gravel is spread it should be harrowed with a tooth harrow until the various sizes of particles and the binder or cementing material are distributed thoroughly through the mass. Then it should be compacted by rolling with a power roller weighing about 10 tons, or by means of traffic. Where a roller is employed the rolling should be continued until the particles of gravel are all well bonded together and the surface presents a smooth, uniform appearance. When completed, the surface of each course should be so firm and unyielding that it will not be disturbed in any way by subsequent traffic.

4. Where it is necessary to add sand or clay to the gravel in order to fill the voids, it should be done after each course is spread and before it is harrowed, except that with some kinds of gravel it may be permissible to add a limited amount of fine material to the surface of the top course after the harrowing is completed and the rolling is in progress.

5. Where the binder consists of some material other than clay, it may be desirable to sprinkle each course with water while it is being rolled, and even where clay is used as a binder a small amount of sprinkling may be necessary in dry weather in order to secure a satisfactory bond. The sprinkling always should be done uniit should be borne in mind also that formly and in such quantities as not the more expensive a road surface, the to wash the fine material out from the



"Well, I couldn't see no use in keep- through settlement or upheaval of the | plete it should be uniform in grade in' on at it. I figger it that if I did subgrade, and the greater should be and cross section. If depressions ocmake good they'd expect me to keep is constructed, so that no unnecessary surfacing material may be required to gravel road surface, when completed, should conform closely in grade and cross section with the requirements fie it should be watched very carefuleven, uniform appearance. Also, it should be as firm and unyielding as the conditions will permit.

Some of the most important details requiring careful attention in preparing the subgrade, and which are perhaps most frequently overlooked, are (1) backfilling culvert trenches so as to prevent subsequent settlement, (2) exclusion of vegetable matter from fills, (3) provision for draining wetweather springs which occur in the subgrade, and (4) the matter of thoroughly loosening and distributing the materials contained in old road crusts.

After the roadbed has been graded and drained properly, and the details mentioned above have received proper attention, the work of preparing the subgrade consists simply in forming a trench, as shown in figure 1, to receive the gravel surface. The trench may be formed largely with a grading machine, but the final shaping should be effected by means of picks and shovels and rolling. It is customary to provide grade stakes at intervals of about 50 feet, to serve as a guide for the pick and shovel work, and where extreme accuracy is desired cords may be stretched between the stakes to insure that the subgrade conforms to the required grade throughout. The rolling is done ordinarily with a power roller weighing about ten tons.

In order that the subgrade may be well drained during the process of spreading and compacting the gravel it is frequently necessary to provide shoulder drains at comparatively short intervals. Such drains are constructed by opening small ditches through the shoulders and partially filling them with gravel.

The Gravel Surface.

The principal precautions to observe in constructing a gravel road surface. after the subgrade is prepared, may be commented upon briefly as follows:

1. The gravel should be delivered on the work in wagons or cars espe-

the accuracy with which the subgrade cur under the roller they should be corrected by adding gravel and continuing the rolling, and this should be correct irregularities in grade and kept up until no depressions or apcross section. No matter what the soil preciable waves are produced by the conditions may be, the subgrade for a roller in moving back and forth over the surface. 7. After the road is opened to traf-

of the plans and should present an ly for several months and all defects which develop should be corrected immediately. The work of maintaining the road until the surface no longer "picks up" or ravels under traffic should be considered an essential feature of the construction. When traffic is depended upon to compact the gravel, much dragging usually is necessary in order to secure a smooth, wellbonded surface. In fact, the cost of dragging, under such conditions, frequently may exceed the cost of securing a well-bonded surface by means of rolling.

The construction method described above is modified quite frequently by omitting the subgrade trench and the rolling. The practice followed in many localities is simply to grade up the roadbed and heap gravel along the central portion. Traffic is then depended upon to spread and compact the gravel and produce a uniform surface. While some of the roads coustructed in this way are great improvements over the original earth roads they are nearly always crowned too much for comfortable driving, and seldom wear as well as when the more careful method of construction is followed. It is believed, therefore, that in the long run it usually pays to employ a trenched subgrade and to compact the surface by rolling, though a possible exception to the economy of a trenched subgrade may exist where good gravel may be obtained very cheap. In this case it may be cheaper to surface the entire roadway than to incur the additional expense of trenching and constructing earth shoulders.

TO DESTROY SHEEP SORREL

Weed Cannot Be Entirely Exterminat ed by Mowing, But It Can Be Weakened to Great Extent.

Sheep sorrel cannot be entirely exterminated by mowing, but it can be greatly weakened. The weed should cially adapted for spreading each load be mown as soon as the flowering uniformly over that part of the sub- stalks have attained full size, but begrade for which it is intended. Where | fore they have commenced to turn red.

His Long Stand.

Percy, being down to recite at the emperance concert, stood up to do or him.

"He stood beside the bier!" he repeated, trembling.

The evil spirits on the back benches murmured one to another.

"He stood beside the bier!" gronned Percy, and he drew a moist hand across his dripping forehead.

"Go on!" yelled a voice from the rear. "It'll get flat while you're wait- it!" ing, you fool!"

A wise head makes a close mouth.-English Proverb.

Modest Request.

One young man who was highly sensitive about an impediment which he die. He got along all right until he had in his speech went to a stammerreached the words, "He stood beside ers' institute and asked for a course the bier!" Then his memory failed of treatments. The professor asked him if he wanted a full or a partial course.

"A p-p-partial c-c-course." "To what extent would you like

partial course?" "Enough s-so that wh-when I go to a f-f-florist's and ask for a c-c-c-chrchrys-s-anth (whistle) e-m-mum, the th-thing won't w-wilt b-before I g-get

We are proud of being Americans, but it is a poor pride that does not make us grateful.

A Message to Mothers

OU know the real human doctors right around in your neighborhood; the doctors made of flesh and blood just like you; the doctors with souls and hearts: those men who are responding to your call in the dead of night as readily as in the broad daylight; they are ready to tell you the good that Fletcher's Castoria has done, is doing and will do, from their experience and their love for children.

Fletcher's Castoria is nothing new. We are not asking you to experiment. We just want to impress upon you the importance try an experiment. of buying Fletcher's.

Your physician will tell you this, as he knows there are a number of imitations on the market, and he is rarticularly interested in the welfare of your baby.

Genuine Castoria always bears the signature of Chart Hillthis

Lost His Protection.

A Kansas City man, who is very active in the affairs of his lodge, was passing the week end at Excelsior Springs, a near-by mineral water resort. He confided to a friend that he would like to scrape an acquaintance were both admiring.

"Why don't you try?" asked the friend.

"Couldn't think of flirting with her," came the horrified reply. "Her husband and I are brother lodge members."

The next week end the friend again went to the springs. On one of the prominent promenades he soon saw the lodge member and the strikinglooking woman they had admired. walking arm in arm, and apparently much taken up with each other. At the first chance he asked his friend for an explanation.

"Thought her husband was a lodge brother of yours," he said. "Oh, that's all right," was the an-

swer. "I looked him up on the books, Sioux City Directory and he hadn't paid his dues!"-Everybody's Magazine.

Some Gardener.

Flatbush-Is he ambidextrous?

University of Notre Dame NOTRE DAME, INDIANA

Offers Complete Course In Agriculture Full courses also in Letters, Journalism, Library Science, Chemistry, Pharmacy, Mediwith a striking-looking woman they cine, Architecture, Commerce and Law.



BOYS AND GIRLS Earn valuable and spare time, selling flag stickers and patriotic post cards. Western Supply Company, Madison, S. Date.

PATENTS Watson E. Coleman, Washington, D.C. Books free High

"Hub of the Northwest."

FOR BEST SERVICE SHIP RICE BROTHERS Bensonhurst—Sure; he can hoe with both hands.—Yonkers Statesman. SIOUX OITY, Obloage or Kaneas ORS

Canada's Liberal Offer of **Wheat Land to Settlers**



is open to you—to every farmer or farmer's son who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is much higher but her fertile farm land just as cheap, and in the provinces of Manitoba, Saskat-chewan and Alberta 160 Acre Homesteads Are Actually Free to Settlers and Other Land Sold at from \$15 to \$20 per Acre

The great demand for Canadian Wheat will keep up the price. Where a farmer can get near \$\mathbb{Z}\$ for wheat and raise \$20 to 45 bushels to the acre he is bound to make money—that's what you can expect in Western Canada. Wonderful yields also of Oats, Barley and Flax, Mixed Farming in Western Canada is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes

od required either for beef or dairy purposes bod schools, churches, markets convenient, climate cellent. There is an unusual demand for farm bor to replace the many young men who have lunteered for the war. Write for literature and criticulars as to reduced railway rates to Supt. of smigration, Ottawa, Can., or to

M. J. Johnstone, Drawer 197, Watertown, S. D.; R. A. Garrett, 311 Jackson St., St. Paul, Minn. Canadian Government Agents

A Treat for Dad.

One day someone sent me up a box of cigars from the cigar store downstairs. Arthur, my office boy, brought them in and stood near my desk while I unwrapped the package. As I opened the box I said to him jokingly-as he was too young to smoke-"Will you have a cigar, Arthur?" And Arthur replied: "I don't smoke, but my father does." So I said: "All right, take one for your father."

He picked out a cigar and put it away in his inside coat pocket. As he started away I said to him, more out of curiosity than anything else: "What does your father do, Arthur?"

Arthur remained silent and blushed deeply. It made me more curious than "Come, speak up," I urged.

"He k-k-keeps a cigar store," stammered Arthur as he bolted off .- Puck.

Pardonable Crime. He-If I should kiss you, would you have me arrested? She-What would be the use? Any

judge would acquit you.

The man who can extract olive oll from cotton seed should be able to gather figs from thistles.

Another good thing accomplished by the war is the restoration of economy to the category of virtues.

WRINE Granulated Eyelids. Sore Eyes, Eyes Inflamed by YOUR EYES No Smarting, Just Eye Comfort Murine Eye Remedy At Your Druggist's or by Eye Salve, in Tules May The Rose of the Eye Free. Ask Murine Eye Remedy Co., Chicago d Used to It.

Doctor-li'm, have you ever been ejected before? The Don Junn (undergoing re-examination) Oh, yassir. Little affairs of

Britain has 2,500,000 licensed dogs.

the heart, y'know.

A GUARANTEED REMEDY FOR

DR. R. SCHIFFMANN'S

AND ASTHMADOR CIGARETTES positively gives INSTANT RELIEF in every case and has permanently cured thousands who had been considered incurable, after having tried every other means of relief in vain. Asthmatics should avail themselves of this guarantee offer through their own druggist. Buy a 50-cent package and present this announcement to your druggist. You will be the calc judge as to whether you are benefitted and the druggist will give you back your money if you are not. We do not know of any fairer proposition which we could make. R. Schiffmann Co., Proprietors, St. Paul, Minn,



pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co, for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical

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