

# BROKEN DOWN IN HEALTH

Woman Tells How \$5 Worth  
of Pinkham's Compound  
Made Her Well.

Lima, Ohio.—"I was all broken down in health from a displacement. One of my lady friends came to see me and she advised me to commence taking Lydia E. Pinkham's Vegetable Compound and to use Lydia E. Pinkham's Sanative Wash. I began taking your remedies and took \$5.00 worth and in two months and in two months was a well woman after three doctors said I never would stand up straight again. I was a midwife for seven years and I recommended the Vegetable Compound to every woman to take before birth and afterwards, and they all got along so nicely that it surely is a godsend to suffering women. If women wish to write to me I will be delighted to answer them."  
—Mrs. JENNIE MOYER, 342 E. North St., Lima, Ohio.

Women who suffer from displacements, weakness, irregularities, nervousness, backache, or bearing-down pains, need the tonic properties of the roots and herbs contained in Lydia E. Pinkham's Vegetable Compound.

In No Position to Learn.  
"What is the latest news?"  
"I don't know," replied Mr. Meekton. "The newspapers are all censored, and Henrietta has quit going to teas."

Kill the Flies Now and Prevent  
disease. A DAISY FLY KILLER will do it. Kills thousands. Lasts all season. All dealers or six cent express paid for \$1. H. SOMERS, 150 De Kalb Ave., Brooklyn, N. Y. Adv.

## WAR ON INSECT PERIL NEXT

Extermination of Winged and Creeping Enemies of Mankind Held to Be of Vital Importance.

A writer in an English journal has suggested that the next great war will be between man and the insect world. This war would be waged not only on insects that actually attack man himself, but also on all those winged or creeping things that are his enemies in less direct ways—those species that, to use the writer's phrase, "exist at the expense of human progress and happiness."

We all shudder with horror at the thought of a scorpion or of a centipede, although few of us ever see one of them, but we do not shudder enough at the thought of the millions of untold disgusting things that are putting up with all the time. Perhaps it is unfortunate for us that many of these harmful, and even death-dealing, insects are very small. If they were as large as they are bad we should soon rid ourselves of them. When we see the housefly or the mosquito, however, we realize at once that, compared with them structurally, the tiger is a charming and beautiful thing; but we go away and forget the magnified picture and submit to the original of it. The death toll that vermin have caused in the present war so enforced its lesson that the world has roused itself to clean things up. The knowledge that certain insects were disgusting and unclean did not seem to be sufficient reason for action, but the knowledge that these same insects are quite as dangerous as so many bullets is a strong argument.—Youth's Companion.

It is a bad well into which you must pour water and he is a tiresome friend who is always looking to you for support.

# WOMEN AND CHILDREN TO ASSIST IN INCREASING THE FOOD SUPPLY

Engage in Campaign for Bigger Crops—Federal Department of Agriculture Trying to Interest the Nonfarming Population in the Food Problem—More Hands Needed to Help Till the Soil.

New York.—The farmers cannot work any harder—only women and children and men whose regular work is not agriculture can increase the crops of the nation.

This is a truth which impresses itself on anyone who investigates the experiences of the warring nations and the problems of our own.

In Germany and the other central powers the problem is not one of more land, but more labor. With the farm hands limited mostly to women, children, wounded or otherwise incapacitated men, old men and prisoners, it is found impossible to produce a usual crop, even with ordinarily favorable weather.

In this country similar problems are met. It is useless to explain the crisis to the farmer and his "hired men."

They are going to get up at four o'clock in the morning and work as long as it is light in the hot months. But they were going to do that whether or not the United States went to war. They can do no more.

It is only by bringing in hands which in other years would not be devoted to the cultivation of the soil that the earth's bounty can be increased.

Therefore, the experts of the department of agriculture, and of state farm bureaus, and various official and semi-official organizations throughout the country, are trying to interest the non-farming population in the food problem.

Nowhere are they meeting with greater success than on Long Island. This stretch of nearly level soil, very rich when fertilized, bids fair to be one continuous garden this year and make a new name for itself as a truck produce center.

It is the promised land of the commuter. It is a country of small holdings, besides many large estates. Women and children are assisting in many ways to increase the yield.

Suffragist Shows Her Worth.  
One of the most interesting points on the island, from a food-increase standpoint, is Mrs. Ruth Litt's magnificent 125-acre estate, Jackwill farm, named after her two boys. It lies on Great South bay, near East Patchogue.

Here the suffragist is finding a new way of proving herself fit for the ballot.

The votes-for-women enthusiasts are tilling the ground and planting vegetables in a most efficient way. They are doing all the work themselves, real men's work.

Mrs. Litt has turned over a huge field to the suffragists, besides tools, horses, seeds and other things needed. The women will put it entirely under cultivation, and they are making it a point of honor not to let a male hand assist them.

Associated with Mrs. Litt in the agricultural venture are Mrs. George Baxter, Jr., the suffrage leader of Long Island; Miss Grace Homan, vice leader; Mrs. W. Granville Smith and Mrs. Charles Gould.

A three-day-old Jersey calf has become the mascot of the woman farmers.

"The women of England," said Mrs. Litt, carefully steering the plow in a straight furrow as she talked, "were not prepared to do any work of this sort. It came to them in the nature of a great hardship, albeit they were willing to do their 'bit.' The American woman has taken a leaf out of the experience of her British sister and is learning to do efficiently something that she may sooner or later be called upon to do by the government."

"The work is good for women. It will turn a lot of women from house plants into 'huskies' and will be of two-fold benefit, making efficient workers and garnering health and physical strength for the women of the nation."

Mrs. Litt turned the plow over to one of the other workers and proceeded to the hothouse, where she displayed with natural pride healthy young tomato, lettuce, bean and pea plants ready to be set out when the weather was gracious.

Two huge greenhouses were filled with plants ready for the open. A long row of chrysanthemums occupied an especial place in one of the hothouses. The lady farmer explaining that they were all yellow ones and were being especially trained for suffrage decoration only.

Women Do the Work.  
"It's no kid-glove job," is what Albert Johnson told 150 women recently at the Astor hotel when he talked to them about what they must expect when they begin a course in practical agriculture.

They had responded to a call from Miss Alice Carpenter, chairman of the executive committee of the No. 6 National Service school of the women's section of the Navy league, which hopes to train a score of women every three weeks at the State Agricultural school, at Farmingdale, L. I., and at the same time train 200 women in military duties.

The expectant agriculturists listened to some solid facts about the work. Mr. Johnson, who is head of the state school, announced at the start that they hadn't a "farm hand" on the place, and that the women must do the work themselves.

"We take women of every age," he said. "Recently we had three grandmothers and one great-grandmother in our classes."

Anyone past the age of eighteen is eligible to enroll for the agricultural course under the guidance of Miss Carpenter and Mr. Johnson. There were several gray-haired women present whose faces brightened when they heard the reference to the agricultural activities of grandmothers.

Every student is to have a garden plot 15 by 20 feet, Mr. Johnson explained. These will be on the grounds of the state school. Every bit of the work on that plot is to be done by the students, under the supervision of instructors.

"Special emphasis will be placed on the methods which can best be employed in vegetable growing in city yards, vacant lots and school gardens," he continued. "All common vegetables will be grown. Particular attention will be paid to those of high-food value, including potatoes.

"The work will include seed testing, starting of seeds in flats, use of cold frames, setting out plants, culture, harvesting, packing or otherwise preparing the vegetables for marketing, storing and preserving vegetables, the last to include canning."

Many Practical Courses.  
"There will be a course also in economic entomology, where the students will take up the habits of insects of orchards, gardens and farm crops. A course in the different types of soils, poultry raising, which will include incubation, rearing of chicks, their feed, care and management, killing, dressing and marketing, and poultry house construction, also is offered to the women bent on growing and conserving the nation's food supply."

Milking cows, driving horses, feeding, the care and management of dairy cattle, hogs and horses are also to be taught at the agricultural school. The courses will open on April 23, and will close on July 23. Living accommodations will be provided on the grounds. Mrs. Carpenter said they had rented an old-fashioned homestead for the women students.

"Potato patriotism" is being encouraged at the headquarters of the Woodcraft League of America, here Ernest Thompson Seton, the chief, is urging all members to devote time this summer to growing the costly "spud."

"The great need for potatoes has

## OFFERS LAND FOR FARMING



Earl Carroll, America's youngest and most versatile composer and playwright, whose royalties from his successful comedies and numerous popular songs are said to be in the neighborhood of \$5,000 weekly, believes in acting while others are planning as to what can be done for the country in this crisis.

Just outside New York city, within twenty-five minutes' ride of the city hall, there is a great tract of land that Mr. Carroll has succeeded in leasing.

He has offered the tract to the superintendent of schools. The great stretch of land, covering about two hundred acres, is to be divided into small plots (each 25 by 100), and schoolboys and girls are to aid in raising their quota of food for the soldiers.

caused us to urge the formation of clubs of boys and girls and men and women who will raise potatoes," the league says in its pamphlet called "The Hoe Behind the Flag." A minimum number of hills is to be raised by each member, but it is hoped that this will be only a starting point.

Clubs are to be formed in every state and prizes will be offered for the best crops.

## GROWS HAIR FOR GIRL'S WIG

Man Arrested in California Tells Story About Accident of Daughter.

Sacramento, Cal.—Because his little daughter, two years ago, when she was but three years of age, fell into the fire and burned her scalp to a crisp so that hair never again will grow thereon, Henry Hamilton of Idaho, now working on a nearby ranch, is growing a luxuriant head of hair, it being his idea when he returns home to have the hair cut and made into a wig for his little girl.

The story came out the other day when Hamilton, who had been arrested the night before while on a visit to this city, was questioned by Max P. Fisher, who had inquired as to the cause of the flowing locks.

## SCOURGE HITS BRITISH BEES

Ravages Have Caused Honey Output in the United Kingdom to Be Cut in Half.

London.—The output of honey in Great Britain has been cut in half since 1910 by the ravages of a scourge known to bee keepers as the Isle of Wight disease. It has been known to kill millions of bees within a few days.

## GERMAN OFFICER'S SON ENLISTS IN U. S. ARMY

Chicago.—Albert Werner is a private in the United States army.

Back of his simple statement is a story of heart-breaking struggle of a young man who wrestled alone with his conflicting emotions and who sacrificed everything for principle.

Werner is German born. He was brought to this country by his mother after his father had joined the German army. Today the father is a high officer in the kaiser's forces. Uncles and cousins of Albert Werner hold other high military posts.

Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.

W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money can buy.

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.

LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.

W. L. Douglas President W. L. Douglas Shoe Co., 185 Spark St., Brockton, Mass.

Boys' Shoes Best in the World \$3.00 \$2.50 & \$2.00

The war's devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and wheat near \$2 a bushel offers great profits to the farmer. Canada's invitation is therefore especially attractive. She wants settlers to make money and happy, prosperous homes for themselves by helping her raise immense wheat crops.

**160 ACRE FARMS IN WESTERN CANADA FREE**

You can get a Homestead of 160 acres FREE and other lands at remarkably low prices. During many years Canadian wheat fields have averaged 20 bushels to the acre many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley and Flax.

Mixed farming as profitable an industry as grain raising. The excellent grasses full of nutrition are the only food required for beef or dairy purposes. Good schools, churches, markets convenient, climate excellent.

There is an extra demand for farm labor to replace the many young men who have volunteered for the war. The Government is urging farmers to put extra acreage into grain. Write for literature and particulars as to reduced railway rates to Supt. of Immigration, Ottawa, Canada, or M. J. Johnston, Drawer 197, Watertown, S. D.; R. A. Garrett, 311 Jackson St., St. Paul, Minn. Canadian Government Agents

"Wormy" that's what's the matter of 'em. Stomach and intestinal worms. Nearly as bad as distemper. Cost you too much to feed 'em. Look bad—sneezing. Don't physic 'em to death. Spohn's Compound will remove the worms, improve the appetite, and tone 'em up all round and don't "physic" 'em. Acts on glands and blood. Full directions with each bottle, and sold by all druggists.

SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

The Minister Argues His Case.  
"So you don't go to church because you don't like the minister?"  
"Yes."  
"I suppose, then, you'd rather die than let a skillful surgeon you didn't happen to like operate on you and save your life."

Cuticura is wonderfully effective. The Soap to cleanse and purify, the Ointment to soothe and heal all forms of itching, burning skin and scalp affections. Besides these super-creamy emollients if used daily prevent little skin troubles becoming serious.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Always the Way.  
"I know a man who wants to take out fifty thousand dollars' worth of life insurance."  
"You do. Who is he?"  
"A friend of mine who tried to get a thousand dollars' worth the other day and was rejected by the doctors."

No foolishness! Lift your corns and calluses off with fingers—It's like magic!

Sore corns, hard corns, soft corns or any kind of a corn, can harmlessly be lifted right out with the fingers if you apply upon the corn a few drops of freezone, says a Cincinnati authority.

For little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain.

This simple drug dries the moment it is applied and does not even irritate the surrounding skin while applying it or afterwards.

This announcement will interest many of our readers. If your druggist hasn't any freezone tell him to surely get a small bottle for you from his wholesale drug house.—adv.

Had Brought Up Many.  
The pert lift-boy in the big hotel was airing his views to a passenger on the proper conduct of children.

"What do you know about it?" laughed the passenger. "You're not married, are you?"

"Well, no," replied the boy, as he flung open the gate on the top floor for his passenger to step out, "but I brought a good many families up in my time."

Following is an extract from "The Transmission of Disease by Flies," Supplement No. 29 to the Public Health Reports, April, 1916.

"Of other fly poisons mentioned, mention should be made, merely for a purpose of condemnation, of those composed of arsenic. Fatal cases of poisoning of children through the use of such compounds are far too frequent, and owing to the resemblance of arsenical poisoning to summer diarrhea and cholera infantum, it is believed that the cases reported do not, by any means, comprise the total. Arsenical fly-destrorying devices must be rated as extremely dangerous, and should never be used, even if other measures are not at hand."

106 fly poisoning cases have been reported by the press within the last three years. As stated above this number is but a fraction of the real number. Protect your children by using the safe, efficient, non-poisonous fly catcher

The O. & W. Thum Company GRAND RAPIDS MICHIGAN

FOR BEST SERVICE SHIP  
**RICE BROTHERS**  
Live Stock Commission Merchants at  
SIOUX CITY, Chicago or Kansas City

**Sore Eyes** Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Druggists or by mail 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye FREE ask Murine Eye Remedy Co., Chicago.

W. N. U., SIOUX CITY, NO. 19-1917.

A vital part of the navy is the fleet of submarine chasers, small vessels of high speed carrying a gun and wireless outfit.