

"CASCARETS" FOR SLUGGISH BOWELS

No sick headache, sour stomach, biliousness or constipation by morning.

Get a 10-cent box now. Turn the roses out—the headache, biliousness, indigestion, the sick, sour stomach and foul gases—turn them out to-night and keep them out with Cascarets.

Millions of men and women take a Cascaret now and then and never know the misery caused by a lazy liver, clogged bowels or an upset stomach.

Don't put in another day of distress. Let Cascarets cleanse your stomach; remove the sour fermenting food; take the excess bile from your liver and carry out all the constipated waste matter and poison in the bowels. Then you will feel great.

A Cascaret to-night straightens you out by morning. They work while you sleep. A 10-cent box from any drug store means a clear head, sweet stomach and clean, healthy liver and bowel action for months. Children love Cascarets because they never gripe or sicken. Adv.

Shining Example.

"The forehead in the case of an intellectual man, and a studious man especially, is likely to be brightened after thirty." Ah, yes, of course. There is the case of Robert Fitzsimmons, actor. Dear old Bob. They say he is tremendously studious. Studies for weeks to commit to memory: "Strike this tender woman if you dare," or some other great line in the play.—Louisville Courier-Journal.

CUTICURA IS SO SOOTHING

To Itching, Burning Skins—It Not Only Soothes, but Heals—Trial Free.

Treatment: Bathe the affected surface with Cuticura Soap and hot water, dry gently and apply Cuticura Ointment. Repeat morning and night. This method affords immediate relief, and points to speedy treatment. They are ideal for every-day toilet uses.

Free sample each by mail with Book. Address postpaid, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

High Pockets.

Patience—You know small pockets for valenables, intended to be fastened to linings of ladies' shoes, have been patented.

Patience—That's convenient. They are made so high now that we won't have to go very far down to reach them.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Wm. A. Stearns*. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Mum's the Word.

Doctor—Something wrong with the baby? Mother—Yes, doctor; he got hold of an old dictionary some way, and chewed up two pages out of it. "Did you give him an emetic?" "Yes, doctor, but I can't get a word out of him!"

ACTRESS TELLS SECRET.

A well known actress gives the following recipe for gray hair: To half pint of water add 1 oz. Day Rum, a small box of Barbo Compound, and 1/2 oz. of glycerine. Any drugstore can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded, gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

Half-Watt Lamp Popular.

There has been a wide adoption in England of the half-watt metallic filament lamp for interior lighting, and it is said that had it not been for the lighting restrictions the half-watt lamp would probably have supplanted the arc lamp for outside lighting.

EAT LESS MEAT

Excessive eating of meat is not only tremendously expensive, but it is positively injurious to health. In place of meat try Skinner's Macaroni and Spaghetti the most delicious of all food and the richest in nutriment. They can be prepared in a hundred appetizing ways at small cost. Write Skinner Mfg. Co., Omaha, Neb., for beautiful Cook Book. It's free.—Adv.

In the Same Fix.

"Ah!" said we, reading the headline. "Mrs. Lloyd George, wife of the English premier, is a fighter, too." "Aw, well," replied the Missourian, "the gort hain't got nuth'n on me on that score—so is mine!"—Exchange.

Send 10c to Dr. Pierce, Invalids' Hotel, Buffalo, for large trial package of Anurie for kidneys—cures backache.—Adv.

Thirteen Lucky Miles.

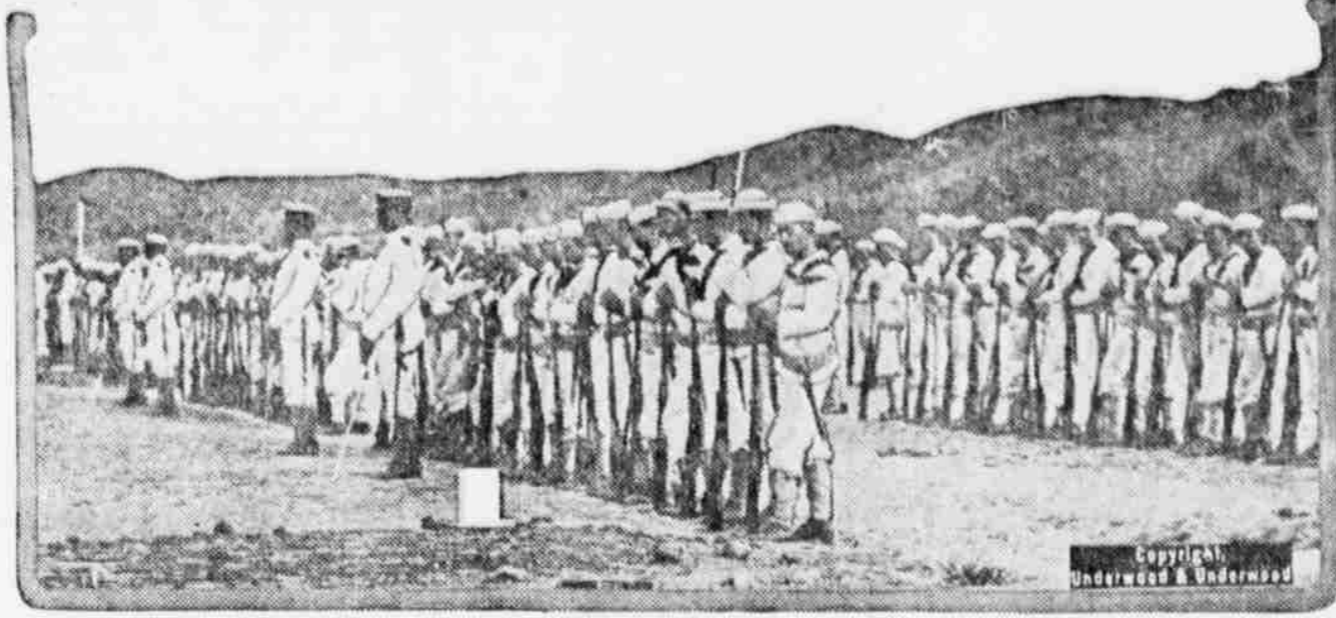
Patience—I see that 13 per cent of the line of a railroad being built in Switzerland will be through tunnels.

Patience—That is a case where no girl, however superstitious, could possibly think thirteen unlucky.

Help! Help!

The Turk ought to make a good chauffeur—he's a born Auto-man.—Boston Transcript.

SOME OF OUR BLUEJACKETS IN CUBA



These are a few of the sailors of the American navy now stationed at Guantanamo, Cuba.

ANCIENT ROMANY IS STRICKEN BY WAR

Simple Folk of the Carpathians Bewildered by Passing of Giant Armies.

BOAST OF ROMAN ANCESTRY

Picturesque Scenes in Roumania Described by Correspondent—Children Are Genuinely Handsome, But Cleanliness is an Unknown Virtue.

By OSWALD F. SCHUETTE. (Special Correspondent of Daily News, Chicago.)

With Gen. von Falkenhayn's Army in Roumania.—If a stage director could put this picture into the smugglers' scene in "Carmen" he would have a fortune.

But nobody would believe it to be real. It is the temporary internment camp for civilians into which the Germans have converted a spacious Greek church of Rucar, in the heart of the Roumanian Carpathians. Most of the city has been burned. All men of military age are gone. But the houseless inhabitants that remained had to be concentrated where they could be watched, for this city is an important base for mountain operations.

And such a camp. Such colors and types. The stained glass windows of the church fade before the gaudy apparel of these Roumanian women. Young and old alike wear the loudest of red skirts. Above the waist there is a little more individuality, but not less color—blue, white, green, yellow and a few black. Some are richly embroidered, others are cheap print cloths. But all are garish.

We found the original slit skirt here—as though the skirt were but an outgrowth of "blanket" days. Yet these are not an aboriginal type, like our Indians. Clothes are no civilized afterthought for them. Their proudest boast is that they are descendants of the Romans.

Many of them reveal the Roman profile. Some of them are genuinely handsome, especially the children! but they seem to age quickly. Apparently there is no summer in their lives. They jump from spring to fall and winter in a day. Only a few of the women between fifteen and forty years revealed traces of the beauty of their daughters. As for children, there seemed to be plenty of them.

Garb of Old Romany.

The men all wore the typical Roumanian garb—tight-fitting trousers of cotton or woolen goods that had once been white, but probably laundered only infrequently; a white shirtlike affair that hung outside the trousers, halfway to the knees, like a kilt, and a little tight jacket. Few of the men showed any traces of Roman ancestry. Cleanliness would have hurt none, although it might have lessened the picturesque.

All about the big churchyard were gathered families and "neighborhoods," cooking primitive meals by open fires. One group was particularly worth observing. It might have been the city council of Rucar, for all I know. Around a fire sat 12 weather-beaten patriarchs, grave almost to silence. As we came up their deliberations stopped abruptly. They arose, took off their dirty sheepskin caps, bowed and stood silent with an air almost of servility. It is a typical Roumanian expression. For, not even excepting Russia, Roumania still seems to have the most servile peasant folk.

All arose but one. He was an old man, though not the oldest there. Instead of wearing a dirty sheepskin cap, he had one of black. His features were well cut, his eyes and nose revealed at times the possibilities of intelligent ancestry. He had the air of a man of importance. On the stage he might well have been the chief of a mountain tribe. Finally, he, too, arose and greeted us, though sullenly. Later we learned that he was one of the wealthiest men of Rucar, but could neither read nor write.

No Interpreter to Tell Story.

We could not understand their language, and they made little effort to get into a conversation with us. A woman from a neighboring campfire came over to say something, but we had no interpreter and her story was lost. But as an ethnological exhibit the picture belonged in the Smithsonian Institution at Washington.

In the church the scene was just as picturesque, but the air was too thick

for an extended inspection. About forty families were encamped on the floor, with a strange collection of household paraphernalia. Besides the door, the only possible ventilation was a broken window pane. What seemed to cause particular complaint was the broken pane, not the ventilation.

You could not help feeling sorry for these poor mountain folk, driven from their homes by a war of which and about which they knew nothing, and in which they had no interest. To them Bucharest was as far off as Berlin. Not one but envied the prosperity of the Roumanians on the Hungarian side of the Carpathians. Yet the war had wrecked their city and their homes, and strange German soldiers were marching through their streets in pursuit of the fathers and brothers who had fled with the Roumanian army into the mountain fastnesses beyond.

So far we had passed column after column of heavy baggage trains carrying provisions and ammunition to the front. Now our automobile slowed up, as we picked our way through a marching regiment. They were a dusty lot of men, loded down with heavy knapsacks and their winter equipment. For the nights are bitterly cold in these passes. Yet they sang as we passed them and seemed as cheery as though they were going on a mountain hike. That is, most of them did. For some of them it was a hard struggle with no pleasure ahead.

The head of this column had just reached the crest and left the road. For down the other side there was no need of following the long windings over which our automobile had to go with brakes set. The soldiers scampered freely down the bluffs, reaching the bottom almost as quickly as we did. But again we had to climb a long and tedious hill on the other side before we came to the valley in which the war operations were now on.

The Darker Side of Marching.

A week later we made the same trip,

DARING FEAT OF CUTTER RECALLED

Disabling of Geier at Honolulu Brings Back Incident of Spanish-American War.

TRIED TO RUN CUBA BLOCKADE

Interned Prussian Gunboat Makes Dash From Havana Harbor, but is Rounded Up by Coast Guard Cutter Manning.

New York.—The interned Prussian gunboat Geier, which was reported in recent dispatches to have been disabled at her pier in Honolulu, at the outbreak of war in 1914 was cruising in the Pacific and while en route to the California coast was pursued by three Japanese armored cruisers. In order to escape, the German ship made her way into Honolulu, but finding that the Japanese maintained a blockade off the Hawaiian port the Geier interned. As a precautionary measure, it is said, the breech blocks of the Geier's guns were removed and sent ashore, as were also the main cranks and cylinder heads.

During the Spanish-American war the Geier sprang into prominence by an attempt to demonstrate the ineffectiveness of the American blockade upon Havana. The Geier had obtained permission to pass through the American blockade at an early period of the war, at a time when a strong American naval force was present before the Cuban port, and she remained in Havana until only a few lightly armed cutters and converted lighthouse tenders were on guard, the heavy ships having been withdrawn under Admiral Sampson to the eastward.

Made Dash From Port.

Picking her time, the Geier one afternoon in May, 1898, made a dash out of port, hugged the coast in a run to the westward, and would have made good her getaway without being spoken to had it not been for the unexpected arrival a few hours earlier before Havana of the newly built and fast coast guard cutter Manning.

At the first cry of "Black smoke coming out of Havana!" which went up from every masthead lookout of the American vessels simultaneously,

this time following General von Falkenhayn himself on an inspection trip of this front. And now it rained. The gorgeous beauty of these wild mountain crags, the purple mists that veiled the garish colors of the peaks, the fascination and the splendor of what Americans call Indian summer were gone. Everything had assumed, as if by magic, drab colors. The misty rain beat against us before an icy wind. The steep roads became perilous with slippery mud. There was no song from the soldiers that we passed. Dripping, soaked, they plodded wearily and slowly. The horses of the baggage trains seemed to feel the same way about it. The automobile trucks floundered in the mud and many had narrow escapes. It is no light task to navigate one of these giant cars on a crooked, slippery mountain road.

On little shelves of the mountain side were smoky bivouac fires trying hard to burn. About them were drenched soldiers trying to dry their soaked equipment and uniforms. Here and there flapped tiny dog tents into which these soldiers would creep for the night in the hope that tomorrow would bring a bit of sunshine.

Wounded Know No Hate.

Around a turn in the road came a slowly moving, weary ox train. The oxen seemed to mind the rain less than the horses. It was the contents of the wagons these oxen pulled slowly and ponderously through the mud that made our auto slow down as we passed them. Each wagon contained a number of wounded lying in the straw.

It was in this section that the Roumanians had attempted to stop the German advance by blowing up the road at three abrupt curves. They had done their work well. The explosions tore off the whole shelf on which the road was carried. But the German engineers had done their work equally well. They hurriedly built up a wall at about the middle of the destroyed road, then dynamited away a big chunk of the overhanging mountain side. This fell against their new abutment, and in three hours the Germans were able to put artillery over the new road.

Too Sick To Work

Many Women in this Condition Regain Health by Taking Lydia E. Pinkham's Vegetable Compound.

Convincing Proof of This Fact.



Ridgway, Penn. — "I suffered from female trouble with backache and pain in my side for over seven months so I could not do any of my work. I was treated by three different doctors and was getting discouraged when my sister-in-law told me how Lydia E. Pinkham's Vegetable Compound had helped her. I decided to try it, and it restored my health, so I now do all of my housework which is not light as I have a little boy three years old." — Mrs. O. M. RHINES, Ridgway, Penn.

Mrs. Lindsey Now Keeps House For Seven.

Tennille, Ga.—"I want to tell you how much I have been benefited by Lydia E. Pinkham's Vegetable Compound. About eight years ago I got in such a low state of health I was unable to keep house for three in the family. I had dull, tired, dizzy feelings, cold feet and hands nearly all the time and could scarcely sleep at all. The doctor said I had a severe case of ulceration and without an operation I would always be an invalid, but I told him I wanted to wait awhile. Our druggist advised my husband to get Lydia E. Pinkham's Vegetable Compound and it has entirely cured me. Now I keep house for seven and work in the garden some, too. I am so thankful I got this medicine. I feel as though it saved my life and have recommended it to others and they have been benefited." — Mrs. W. E. LINDSEY, R. R. 1, Tennille, Ga.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.



Shipping Fever

Influenza, Pink Eye, Epistaxis, Diphtheria and all nose and throat diseases cured, and all others, no matter how "exposed," kept from having any of these diseases with SPHON'S DISTEMPER COMPOUND. Three to six doses often cure a case. One 50-cent bottle guaranteed to do so. Best thing for blood mares; acts on the blood. 50c a bottle, \$5 dozen bottles. Druggists and harness shops or manufacturers sell it. SPHON MEDICAL CO., Chebster, Goshen, Ind., U. S. A.

Strong Material.

The professor was speaking to the class regarding iron and steel for building construction. "What is the strongest material which can be put into a house?" he asked. "Limburger cheese," promptly replied the boy, speaking from experience.

LIFT YOUR CORNS OFF WITH FINGERS

How to loosen a tender corn or callus so it lifts off without pain.

Let folks step on your feet hereafter; wear shoes a size smaller if you like, for corns will never again send electric sparks of pain through you, according to this Cincinnati authority.

He says that a few drops of a drug called freezeone, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts right out.

This drug dries or cauterizes without even irritating the surrounding skin. A small bottle of freezeone obtained at any drug store will cost very little but will positively remove every hard or soft corn or callus from one's feet.

If your druggist hasn't stocked this new drug yet, tell him to get a small bottle of freezeone for you from his wholesale drug house.—adv.

Good Old Patrons.

Willis—Do you think a knowledge of the Bible is necessary for a businessman nowadays?

Gillis—Yes, indeed; ignorance of it cost Bump, the mail order man, a hundred last week. Some fellow copied a lot of names out of Chronicles and sold it to Bump as a mailing list and Bump sent out circulars of his new safety razor to half a hundred patriarchs of the Old Testament before he got wise.—Judge.

France in 1916 exported to the United States goods valued at \$110,304,951.

What Is Uric Acid?

Everyone has uric acid in the system, but naturally in small quantities. Excessive amount is caused by eating too much meat and foods that ferment in stomach. The kidneys, being the filters of the blood, are supposed to separate and throw the poisons out of the system. Weak, tired and overworked kidneys fail to do this, hence the uric acid accumulates and the urate salts are carried by the blood to the solid tissue structure, causing backache, lumbago, rheumatism, dropsy, drowsiness, and tired feeling.

To overcome the trouble is only a matter of toning up the kidneys, and this is best done by a treatment with Anurie, three times a day. Anurie is a recent discovery of Dr. Pierce of Buffalo, N. Y., and can be obtained at any drug store. Experience taught Doctor Pierce that Anurie is a more powerful agent than lithia in dissolving uric acid, and it is then carried out of the system.

Many a man who owes his success to his wife doesn't owe her much at that.

Alfalfa seed, 95; Sweet Clover, 58, J. W. Mulhall, Sioux City, Ia.—Adv.

A gauge has been invented for accurately determining the amount of moisture in lumber.

Mistaken Zeal.

An old Australian farmer visited his daughter, who had antismacassars on the backs of her chairs. As he was sitting by the window, he spied the minister coming to visit "Joan," as she was called. As she went to answer the door, her father, not being accustomed to such scenery, snatched all the antismacassars off the chairs and threw them under the table.

"Aye, Joan, Joan, glad I was to get yer washing out o' the way afore the minister came in," said the old man when the minister had gone.

BEWARE OF sudden colds. Take —



The old family remedy—in tablet form—safe, sure, easy to take. No opiate—no unpleasant after effects. Cures colds in 24 hours—Crip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it—25 cents. At Any Drug Store.

ECZEMA

Money back without question if HUNT'S OORE fails in the treatment of ECZEMA, RINGWORM, WITKIN or other itching skin diseases. Price 50c at druggists, or direct from A. H. Hunt's Remedies Co., Shuman, Pa.

"ROUGH ON RATS" Middle States, Wagon, Dept. H. The only one. The best. W. N. U., SIOUX CITY, MO. 9-1917.

THE ONWARD MARCH of Bronchitis, and deep seated Coughs is arrested by Doctor Pierce's Golden Medical Discovery.

In those atrocious conditions of the blood which invite Consumption; in severe, lingering Coughs, and Weak Lungs, which threaten you with this fatal disease, and when other help has failed—this medicine is a proved remedy. As a blood-cleanser, strength-restorer, and tonic it is sure to benefit. In all lingering Bronchial and Throat affections, and in every disease that can be reached through the blood, it never fails to benefit or cure. In tablet or liquid form.

The machinery of the body needs to be well oiled, kept in good condition just as the automobile, steam engine or bicycle. Why should the human neglect his own machinery when that of his horse or his engine? Yet most people do neglect themselves. Clean the system at least once a week with Dr. Pierce's Pleasant Pellets.