

Get the Habit of Drinking Hot Water Before Breakfast

Says we can't look or feel right with the system full of poisons.

Millions of folks bathe internally now instead of loading their system with drugs.

There are vast numbers of men and women who, immediately upon arising in the morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it.

People who feel good one day and badly the next, but who simply can not get feeling right are urged to obtain a quarter pound of limestone phosphate from any druggist or storekeeper.

Just as soap and hot water act on the skin, cleansing, sweetening and freshening, so limestone phosphate and hot water act on the stomach, liver, kidneys and bowels.

Poor Percy.

At a dance Percival Claude was presented to a beautiful young girl from an adjoining town, and during the evening it was his great happiness to lead her out among the paper mache palms for ice cream and angel cake.

"No," answered Percival, "I shall never marry until I meet a woman who is my direct opposite."

"That should not be hard," returned the pretty one with a faint smile.

STOP ITCHING INSTANTLY

With Cuticura Soap and Ointment. Nothing Better. Trial Free.

Bathe the affected part with Cuticura Soap and apply the Ointment. For eczemas, rashes, irritations, pimples, dandruff and sore hands Cuticura Soap and Ointment are supreme.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

A German substitute for sole leather withstood six weeks' test of the severest character.

You never realize how dearly you have paid for your whistle until you try to sell it.

ASK FOR AND GET

SKINNER'S THE HIGHEST QUALITY EGG NOODLES

Save the trademark signature of Paul F. Skinner from all packages and exchange free for Onaida Community Silverware.

SKINNER MFG. CO., OMAHA, U.S.A. LARGEST MACARONI FACTORY IN AMERICA

PATENTS

Watson E. Coleman, Washington, D.C. Books free. Highest references. Best results.

Sioux City Directory

"Hub of the Northwest"

RICE BROTHERS

Live Stock Commission Merchants at SIOUX CITY, Chicago or Kansas City

CANCER

Tumors and Lupus successfully treated without knife or pain. All work guaranteed. Come, or write for Free Illustrated Book.

BLACK LEG

LOSSES SURELY PREVENTED by Cuticura's Blacking Pills. Leg-pain, swollen, itchy, inflamed, itchy, swollen, itchy, inflamed, itchy, swollen, itchy, inflamed.

PILES IN A FEW DAYS CURED

No laying up—No hospital operation—No pay if cured. Write C. Y. Clement, M. D., 255 Good Bldg., Des Moines

W. N. U., SIOUX CITY, MO., 17-1916.

NEW AIRCRAFT TO CROSS ATLANTIC IN 30 HOURS

Rodman Wanamaker Is Building Second Giant Craft to Fly Over Seas.

TO BE LARGEST EVER BUILT

Will Be Ten Times Power of America, Which Was Sold to Great Britain at Outbreak of War—To Carry Crew of Six Persons, Fuel and Provisions.

New York.—The construction of a new America, to be the largest aircraft ever built and to have sufficient power and speed to cross the Atlantic ocean in 30 hours, was announced to local aeronautical authorities by Rodman Wanamaker of Philadelphia, president of the Aero Club of America.

Mr. Wanamaker was the owner of the old America, in which an attempt to fly from Newfoundland to England was to have been made in 1914. After completion it was launched in June of that year, achieved a trial speed of 60 miles an hour and was ready for the transatlantic flight when the war intervened.

John C. Porte, a lieutenant in the English army, who was to have had command of the trial trip across the ocean, returned to his regiment in England and the proposed flight was postponed until after the war. In October, 1914, however, under what was reported as a contract made contingent upon England's entrance into a war, the America was sold to Great Britain and was shipped to that country aboard the steamship Mauretania.

Ten Times Power of Others. The new America will be ten times the power of the old one, will be of design different from anything ever constructed, and will be by far the largest airship of any nature ever



Rodman Wanamaker.

built. While the details of the construction have not been made public, it is understood that the new craft will be equipped with six 12-cylinder motors of 300 horsepower each, giving a total power to the airship of 1,800 horsepower.

This power, it is believed, will be easily capable of sending the America through the air at a speed of 100 miles an hour.

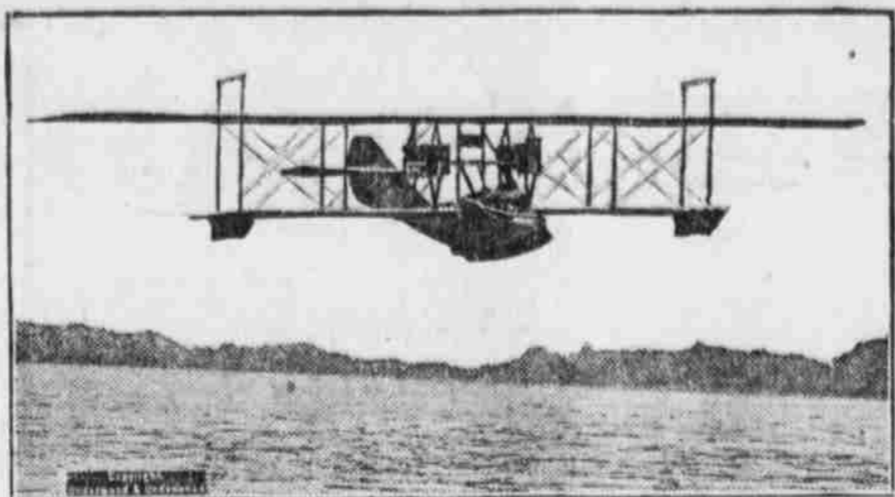
In addition to attaining the highest speed yet reached by any large aircraft, the America will be enabled by its large size to carry without the slightest trouble a crew of six persons, fuel, instruments, provisions and equipment necessary for the proposed flight.

In his letter to Mr. Hawley, Mr. Wanamaker told of his insistent desire to cross the Atlantic, in the belief that it would be the first step in the evolution of commercial air lines connecting all the continents. His letter in part is as follows:

"Pursuing my purpose to build an aircraft that will cross the ocean, the America Trans-Oceanic company was incorporated, and the company, acting for me, has placed an order with the Curtiss Aeroplane company for a new craft that will have more than ten times the power of the old one. It will be of special design, entirely different from any aircraft heretofore built, and especially adapted for alighting on and arising from rough seas, and therefore eminently fitted for the transatlantic flight. It is now under construction and will be tested at the Atlantic coast aeronautical station at Newport News.

Sees Aerial "Liners."

"I still believe that the first crossing of the ocean will bring quickly in its train aerial liners, which will regularly cross in the air from continent to continent. The first crossing of the



The America on a Trial Trip.

Atlantic ocean will only mark an epoch in aerial navigation, and this faith in its future is another important reason for the existence of the America Trans-Oceanic company. I hope to see the day when this company will be running aerial 'liners' regularly across the Atlantic and other oceans.

To indicate that his faith in ocean aerial navigation had not swerved from his former beliefs, Mr. Wanamaker also quoted in his letter extracts from a letter written by him in February, 1914, prior to the launching of the old America.

"The crossing of the Atlantic ocean in one flight of an aircraft," read Mr. Wanamaker's letter of that date, "is to my mind as important to aerial navigation as was the voyage of Columbus to transportation by water."

"What man can do once, he can do any number of times. Once the Atlantic is crossed in a single flight of an airship there will soon follow regular transatlantic trips and a fixed safe transatlantic passenger air line."

"The crossing of the Atlantic by air is not a matter merely of initiative, nor of daring, nor even of skill; it is a problem of science."

The fact that the Curtiss plant has

been for some time at work upon a huge aircraft had been rumored, but that Mr. Wanamaker was going to continue his efforts toward a crossing of the Atlantic was not definitely known by many persons until the other day. It is stated by local aeronauts that the designs were prepared by Glenn H. Curtiss and W. Starling Burgess, and that the very best aeronautic engineers in the country, supported by unlimited financial aid, have been called to their assistance.

OFFICES FOR ALL IN TOWN

Coram, Cal., Has as Many Public Jobs as It Has Man Residents.

Coram, Cal.—Coram, Shasta county, the smallest incorporated city in California and once a popular mining camp, with a population of 24, of whom nine are men, has eight offices to fill at the municipal election. One of the men, C. W. Barker, at present a city trustee, also is justice of the peace. He will not seek re-election.

Every man in the city will be an officeholder unless some of the women can be induced to accept municipal honors.

WINS BIG FIGHT ON STOCK PLAGUE

Country at Last Is Entirely Free of Foot-and-Mouth Disease.

The disease is wiped out, but they wish to use every precaution to detect and control any sporadic cases that may develop in remote districts.

WATCHFULNESS NOT ABATED

State and Federal Governments Brought to Better Understanding Which Will Insure Efficient Co-Operation in Future.

Washington, D. C.—The long fight against the foot-and-mouth disease is over. The secretary of agriculture has issued an order removing all foot-and-mouth quarantines and restrictions against the shipment and movement of live stock.

The order specifically removes the quarantine from a small territory in Christian county, Ill., the last area which was under suspicion. Along with the removal of this local quarantine, the various federal orders restricting shipment of cattle are rescinded, so that dealers can now ship their cattle as before the first quarantine was imposed.

Upon notification that the United States is free from the disease, all foreign governments which have placed embargoes on American cattle are expected to remove these embargoes, so that cattle raisers will then be able to resume shipments to these foreign countries.

The magnitude of the work of eradication and control carried on by farmers, shippers, and the state and federal governments is shown by the fact that before being controlled, the disease had gained a temporary footing in 22 states and the District of Columbia. The disease appeared and was controlled in 259 different counties.

The importance of the stock-raising industry of eradicating foot-and-mouth disease may be judged from the results of this plague in Denmark, where the disease appeared at about the same time that it broke out in the United States. The area of Denmark is approximately equal to that of the three England states—Massachusetts, Connecticut and Rhode Island. It is, however, a great dairying country, and it has been estimated that the losses in milk in one year caused by the foot-and-mouth disease have amounted to approximately one-third of the total cost of eradicating the pestilence in 22 states of this country.

The Danish authorities were unable to carry out their former policy of slaughter, and were compelled to resort to such measures of control as could be established by quarantines and other restrictions.

As a result of better understanding between the state and national governments, representatives of the department believe that many of the obstacles which confronted the authorities in the past outbreak, would not be encountered in dealing with any future occurrence of the disease. The veterinarians, however, will not abate their watchfulness for some time. Examination of animals and animal products offered for import will continue to be unusually strict. The department, moreover, particularly urges all farmers and cattle landers to notify their state veterinarians and the department of any suspicious cases of sore mouth combined with lameness of their animals. Those in charge of the eradication work are confident that

WAR EMPTYING THE PRISONS

Eleven in England Close Entirely, Nine Others Are Nearly Vacant.

London.—A reduction in the prison estimates for the coming year of \$500,000—or about 12 per cent—and the shutting up, in whole or part, of a score of prisons. These are some of the visible evidences of the reduction of crime in this country owing to the war.

Of the 20 prisons closed or in process of closure, 11 have been closed entirely, all being situated in towns of moderate size, like Chelmsford, Hereford, Stafford, St. Albans, Devizes, and so forth. Of four others a wing only has been given up. Arrangements are now being made for the total closing of five more.

It is true that not quite all of the diminution in criminality can be ascribed to the war, for the process has been going on since 1904, undoubtedly as a result of the greater intelligence of British legislation.

In their last report the commissioners of prisons ascribed the decrease in criminality to three chief causes—namely (1) the drifting into the army of a considerable section of the population from which the criminal classes ordinarily come; (2) the new demands for labor and the greater facilities for making a livelihood by honest means; and (3) the restriction of the sale of liquor. Experts have no doubt that it is the last of these three causes which has been most influential.

HORSE FALLS DOWN 100 FEET

His Master Lets Him Slide Over Mountain Snowdrifts With a Rope.

Truckee, Cal.—Hank Weber, with his snowshoe horse, arrived at Truckee the other day after a hair-raising trip down the mountainside. After leaving the Southern Pacific snowsheds at the summit, the way to the bottom of the mountain was almost straight up and down, with many drifts of snow nearly fifty feet deep.

The only way over some of the drifts was to tie a rope on the horn of the saddle and let the horse slide down. The horse slipped on one of the drifts and fell to the bottom, almost a hundred feet below, luckily escaping injury.

Old Man, Cave Dweller.

Fulton, Mo.—H. B. Bode, deputy state highway commissioner, has discovered that Callaway county has a cave dweller in one of the bluffs in the hills northwest of Cedar City.

Curious children first discovered the man when they cautiously crept up to the mouth of the cave, and found him sleeping on leaves and dried vegetation. His fire smoldered near the entrance to the cave and near at hand were some primitive cooking utensils fashioned out of stone.

During the day he carries load after load of fagots and logs to keep his fire going, and apparently he lives in comfort. Children reported him to be a kind looking man, with a long beard

How to avoid Operations

These Three Women Tell How They Escaped the Dreadful Ordeal of Surgical Operations.

Hospitals are great and necessary institutions, but they should be the last resort for women who suffer with ills peculiar to their sex. Many letters on file in the Pinkham Laboratory at Lynn, Mass., prove that a great number of women after they have been recommended to submit to an operation have been made well by Lydia E. Pinkham's Vegetable Compound. Here are three such letters. All sick women should read them.



Marinette, Wis.—"I went to the doctor and he told me I must have an operation for a female trouble, and I hated to have it done as I had been married only a short time. I would have terrible pains and my hands and feet were cold all the time. I took Lydia E. Pinkham's Vegetable Compound and was cured, and I feel better in every way. I give you permission to publish my name because I am so thankful that I feel well again."

Detroit, Mich.—"When I first took Lydia E. Pinkham's Vegetable Compound I was so run down with female troubles that I could not do anything, and our doctor said I would have to undergo an operation. I could hardly walk without help so when I read about the Vegetable Compound and what it had done for others I thought I would try it. I got a bottle of Lydia E. Pinkham's Vegetable Compound and a package of Lydia E. Pinkham's Sanative Wash and used them according to directions. They helped me and today I am able to do all my work and I am well."

Bellevue, Pa.—"I suffered more than tongue can tell with terrible bearing down pains and inflammation. I tried several doctors and they all told me the same story; that I never could get well without an operation and I just dreaded the thought of that. I also tried a good many other medicines that were recommended to me and none of them helped me until a friend advised me to give Lydia E. Pinkham's Vegetable Compound a trial. The first bottle helped, I kept taking it and now I don't know what it is to be sick any more and I am picking up in weight. I am 20 years old and weigh 145 pounds. It will be the greatest pleasure to me if I can have the opportunity to recommend it to any other suffering woman."

If you would like special advice write to Lydia E. Pinkham Med. Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.



Watch Your Colts

For Coughs, Colds and Distemper, and at the first symptoms of any such ailment, give small doses of that wonderful remedy, now the most used in existence. SPOHN'S DISTEMPER COMPOUND 50 cents and \$1 a bottle; \$5 and \$10 the dozen, of any druggist, harness dealer, or delivered by SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

Evidence. "There goes another married man," said the girl at the candy counter. "How do you know?" asked the cashier. "He used to buy a three-pound box of candy twice a week, and now he buys half a pound once a month."

Ailing Women Need This Famous Doctor's Prescription. Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to health.

"ANURIC!" NEWEST IN CHEMISTRY. This is a recent discovery of Doctor Pierce, head of the Invalids' Hotel, Buffalo, N. Y. Experiments for several years proved that there is no other eliminator of uric acid comparable. For those easily recognized symptoms of inflammation—as back-ache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, "Anuric" acts quickly. In rheumatism of the joints, in gravel and gout, invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear.

Unusual Celerity. A lady who had just received an interesting bit of news said to her little daughter: "Marjorie, dear, auntie has a new baby, and now mamma is the baby's aunt, papa is the baby's uncle, and you are her little cousin."

Supplied. "Can I interest you in a set of Knowlton's encyclopedia?" asked the gentlemanly agent. "Not for the next eighteen or twenty years," said the farmer. "I've got forty-seven volumes of agricultural reports that our congressman sent me last winter, and I've got to read them through before I tackle anything else."

Safety First. "I'll let you into my scheme on the ground floor." "Are there any exits?"

The law resembles the ocean in one respect. The greatest trouble is caused by breakers.

Buy materials that last Certain-teed Roofing Fully guaranteed —best responsibility For sale by dealers everywhere at reasonable prices General Roofing Manufacturing Company