

Mix in One Minute with Cold Water—Ready to Apply Immediately

Let us tell you of the wonderful economy, simplicity and effectiveness of the Alabastine way of interior decoration.

The Alabastine way is simple in the extreme—You buy the Alabastine in the colors and quantities you require—it is mixed with cold water in a small quantity according to the directions on the package. There is no boiling water required; no glue to be added no unnecessary time. You can secure shades and tints that are individual with the Alabastine way by combining tints to produce a new shade. You need not use certain fixed colors unless you want to and you can have an artistic color scheme on your walls entirely your own.

Sanitary Beautiful Permanent Economical

Alabastine
The Beautiful Wall Tint

What Alabastine is. Alabastine is a clean, dry, sanitary, fine-textured powder—ground to impalpable fineness—the colors and tints added—and then it is put up in packages.

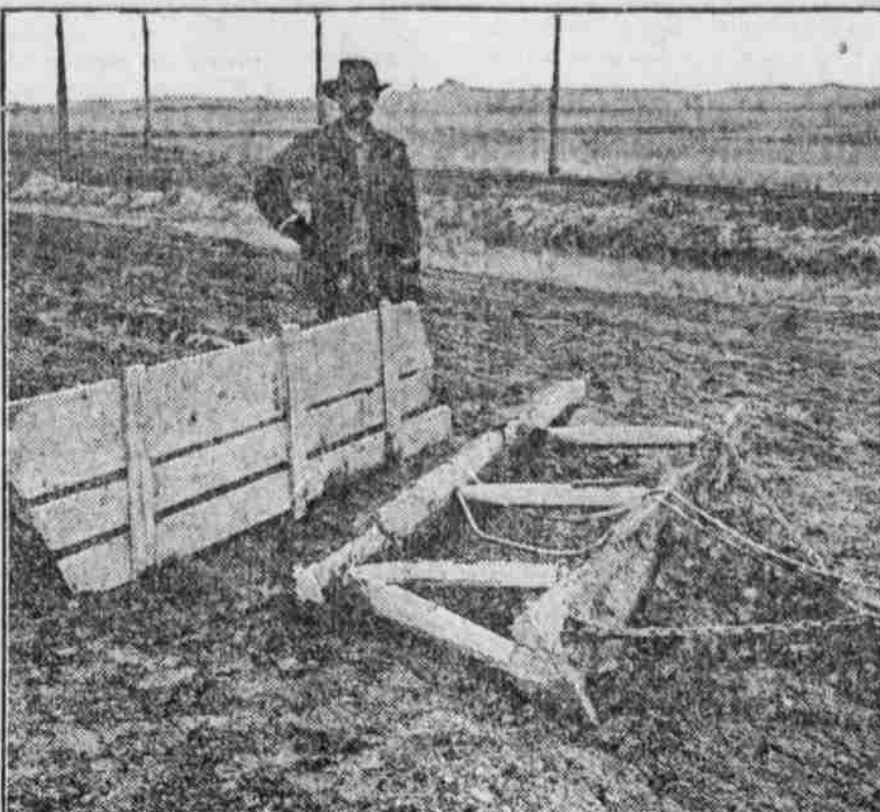
Made and Used for 35 Years Alabastine has been used by hundreds of thousands of painters and decorators—by housekeepers and homeowners for thirty-five years with unqualified success.

Special Stencil Offer—Ordinary stencils for border designs cost you from 50c to \$1.00 each. Our free book tells you how you can get the stencils you wish practically free of charge. Our color scheme cards suggest colors that harmonize for your room. Write for them today. Address: THE ALABASTINE COMPANY, 383 Grandville Road, Grand Rapids, Mich.

The Only Tool Needed to Apply

GOOD ROADS PAY
Economic Benefits Easily Recognized—
Improve Social Conditions in
Rural Sections

(Prepared by the U. S. Department of Agriculture)



Use of Split-Log Drag, Arlington Farm, Virginia.

It is estimated that the people of this country annually waste \$250,000,000 because of bad roads. Investigations have shown that the average cost of hauling on roads in the United States is 23 cents per ton per mile. It costs the farmer more to haul a bushel of wheat 9.4 miles, the average distance from farm to shipping point, than it ordinarily costs to ship it from New York to Liverpool. In France, England and Germany, consular reports show instances where the cost of hauling agricultural products is as low as 10 cents per ton per mile. If the farmers of this country could reduce the cost of hauling to 13 cents per ton mile, they would save about \$250,000,000 which now represents their "mud tax."

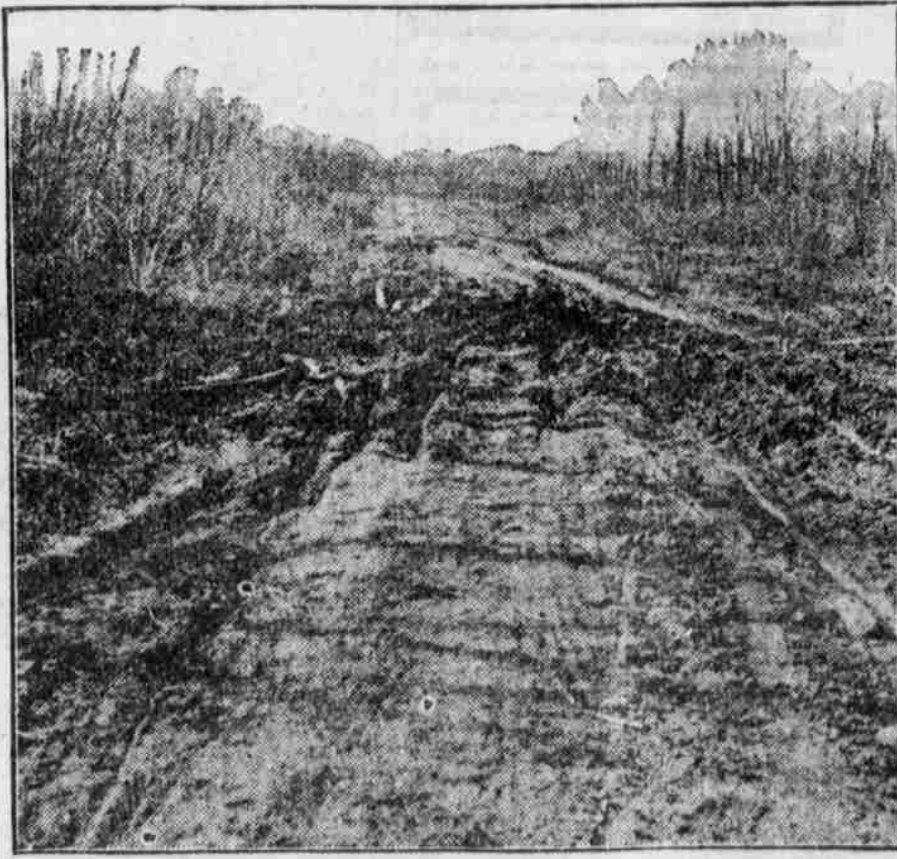
The benefits of good roads are numerous and far-reaching. They are a powerful factor in promoting better farm conditions throughout the country. They make the farmer more independent of seasonal and weather conditions and permit him to take better advantage of favorable market and prices. They increase the value of his farm and so enhance his material wealth. They promote better agricultural methods and are necessary for an efficient rural delivery and parcel post. They have a profound effect on our country schools and the home life on the farm. There are indeed few investments which the farmer can

This is due partly to the decreased cost of hauling and partly to the fact that a good road makes the farm a more desirable place to live.

Moreover, improved roads have a market effect on both the amount and character of production. For example, around the typical small town, when the roads are not improved, truck gardening, dairying and other forms of intensive farming are confined to a small zone, immediately surrounding the town, which is usually scarcely sufficient to supply the local demand. Without good roads the production of perishable goods at any considerable distance from market or shipping point is too hazardous an undertaking to be profitable. With good roads the produce can be brought to market with regularity and in prime condition, two essentials in successful marketing.

The parcel post makes possible direct marketing between producer and consumer regardless of distance. But here again the public roads play no small part, affecting not only possible extensions of the system, but also the cost of its operation.

The condition of our rural schools is closely connected with the condition of the public roads. While it is true that various factors contribute to increase or decrease the attendance at schools in given sections of the



Township Does Not Care for Engineering Advice.

make from which he is so sure to receive generous dividends as from good roads.

A reduction in the cost of hauling is one of the most immediate benefits of a good road. A striking instance of this is shown by investigations conducted in Virginia where the average distance from the farm to the market is 7-8.10 miles, and the average load for the staple crops is about one ton. Assuming that the wages of a two-horse team and driver are \$3.00 per day, it costs the farmer in Virginia an average of 26 cents per ton mile to market his crops. If the roads were graded and improved with a surfacing suitable for the particular road and region, the load could be increased at least 50 per cent and the round trip made in the same or less time without any additional hardship on the team. This would represent a clear saving of \$1.50 per day to each farmer in the state for every day in the year in which he was engaged in hauling to or from the market.

The increase in land values is another benefit that is noticeable wherever road improvement takes place. In our rural schools the attendance almost invariably shows a marked decrease during the periods when the roads are bad. Another point worthy of consideration is that the one-room school is being supplanted by larger consolidated schools throughout those portions of the country where conditions make it practicable to convey children to school at the public expense. Roads passable at all times are most necessary for successful school consolidation. There is abundant evidence to prove that any extensive road improvement is followed by better schools and better school attendance. In some of these schools, advanced courses have been introduced, and it has been possible to employ teachers having special qualifications and training.

With good roads, some of the advantages of the city can be brought to the country. Social gatherings become more frequent, and improved social conditions exert a decided effect upon the principal objections to life in a rural community—loneliness and isolation.

A man can even boast of his rheumatism—until he gets it.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

Some husbands would do almost anything to render their wives un-speakably happy.

Throw Off Colds and Prevent Grip. When you feel a cold coming on, take LAXATIVE BROMO QUININE. It removes cause of colds and gripes. Sold everywhere. 25c. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y. Adv.

A single nest of the Australian bush turkey has been found to weigh five tons.

USE ALLEN'S FOOT-POWDER The antiseptic powder to be shaken into shoes and used in foot-bath. It relieves painful, swollen, smarting, itching, tired feet and instantly takes the sting out of corns and bunions. The greatest comfort discovery of the age. Sold everywhere. 25c. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y. Adv.

Not Satisfied. "Can you play this song 'The Trailing Vine'?" "Not on an upright piano."

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Williams* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Its Fate. "What killed your case in court?" "It must have been because it was a short circuit court."

Retort Courteous. "You are getting quite bald, sir," remarked the fresh barber. "Yes," rejoined the victim in the chair, "but if my head ever gets as soft as yours I'll raise hair to sell."

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots. There's no longer the slightest need of feeling ashamed of your freckles, as the prescription ointment—double strength—is guaranteed to remove these homely spots. Simply get an ounce of ointment—double strength—from your druggist, and apply a little of it at night and morning, and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength ointment, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

Explaining Himself. "Don't you think that woman's skirt is—or—a trifle too high?" "That depends on the point of view."

"Oh, the point of view is eminently satisfactory, so far as I am concerned. I was just speaking on general principles."—Exchange.

Clean the Blood

Spring is the time of the year when we should put our house in order. We're run down after a hard winter—after grip, colds, catarrh. It's time to take Dr. Pierce's Golden Medical Discovery, purely vegetable and free from alcohol or narcotics. It will search out impure and poisonous matter and drive it from the system. Buy "Discovery" now in tablets or liquid.

It will dissolve the poisonous accumulations and replace the bad blood it drives out, with rich, pure blood full of vital force.

It will clear the skin; eczema, pimples, rash, blotches will dry up and disappear; both carbuncles and other evidences of tainted blood will pass away, never to appear again.

What Did He Expect?

For nearly an hour the salesman had been dilating on the marvels of the motor car he was trying to sell. "And the price of the car is \$750," the customer murmured thoughtfully. "Does that include everything?" "Yes—oh, no, of course, the lamps are extra." "Lamps extra!" said the customer sharply. "But they are shown in the illustration." "My dear sir, so is a very beautiful woman," said the salesman smoothly; "but we do not give a lady with every car!"

DRINK LOTS OF WATER TO FLUSH THE KIDNEYS

Eat Less Meat and Take Salts for Backache or Bladder Trouble—Neutralize Acids.

Uric acid in meat excites the kidneys, they become overworked; get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush out the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive, cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.—Adv.

Then Why? "Will you marry me, Ethel? My family is all one could wish for—" "Then why do you want me?"

Snores. "I sleep like a log." "With the saw going 'through it'?"—Boston Evening Transcript.

German shippers have never exported 27,562,361 pounds of black and the long sea voyages to the toll charges.

A NEW DISCOVERY

"Anuric" is a recent discovery of Doctor Pierce, who is head of the Invalid Hotel, Buffalo, N. Y. Experiments at Dr. Pierce's Hospital for several years proved that "Anuric" is a wonderful eliminator of uric acid. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine—or if uric acid in the blood has caused rheumatism, it is simply wonderful how "Anuric" acts; and in gravel and gout, invariably the pains and stiffness rapidly disappear.

Go to your nearest drug store and simply ask for a 50-cent package of "Anuric," or send Dr. Pierce 10c for trial pkg.

"I'm so nervous I could fly!"

"Every Picture Tells a Story"

Colds Make Backs Ache

MORE aching backs, more kidney troubles come in March, than in any other month. Stuffy sidewalks, dampness, raw winds and sudden changes cause chills and colds. And chills or colds tend to hurt the kidneys. It is good sense to use a kidney remedy when recovering from a cold and at any time when suffering from a lame back, sharp pains when stooping or lifting, dizzy spells, irregular or annoying kidney action, and a run-down, nervous state.

Don't delay and take a chance of getting dropsy, gravel, Bright's disease or some other serious kidney disease. Use Doan's Kidney Pills, the best-recommended, special kidney remedy. All over the world grateful people frankly praise Doan's.

Here's What South Dakota People Say:

August Wachholz, Salem, S. D., says: "A great deal of stooping and lifting weakened my kidneys. When I caught cold, it caused my back to ache terribly. My kidneys were weak and the secretions were irregular in passage. Doan's Kidney Pills helped me quickly and I continued using them until I was entirely relieved."

Mrs. C. Brandt, 641 Prairie Ave., S. Sioux Falls, S. D., says: "I had a severe illness and after that I suffered from weak kidneys. The pains across my back were so severe I could hardly get up from the chair. The least cold I caught caused the kidney secretions to pass irregularly. Doan's Kidney Pills relieved me as soon as I took them, toning up my system and making me feel better in every way."

DOAN'S KIDNEY PILLS
At All Stores, 50c a Box. Foster-Milburn Co., Buffalo, N. Y.

A Whale Market. Jonah complained. "We are always advised to buy at the bottom, but there is nothing for sale," he cried.

A GRATEFUL ACKNOWLEDGMENT.

Mr. F. C. Case of Welcome Lake, Pa., writes: "I suffered with Backache and Kidney Trouble. My head ached, my sleep was broken and unrefreshing. I felt heavy and sleepy after meals, was always nervous and tired, had a bitter taste in my mouth, was dizzy, had floating specks before my eyes, was always thirsty, had a dragging sensation across my loins, difficulty in collecting my thoughts and was troubled with shortness of breath. Dodds Kidney Pills have cured me of these complaints. You are at liberty to publish this letter for the benefit of any sufferer who doubts the merit of Dodds Kidney Pills."

When a man sneers at a woman's business ability he makes a noise like sour grapes.

A girl loses her self-possession when she puts on a wedding ring.

Mr. F. C. Case.

CANCER

Tumors and Lupus successfully treated without knife or hospital operation. Established for years. Write for list of patients. C. Y. Clement, M. D., 555 Good Bldg., Des Moines

PILES CURED

I treat piles by a mild safe method without knife or hospital operation. Established for years. Write for list of patients. C. Y. Clement, M. D., 555 Good Bldg., Des Moines

PATENTS

Watson E. Coleman, Patent Lawyer, Washington, D.C. Advice and books free. Rates reasonable. Highest references. Best services.

160 ACRE FARMS IN WESTERN CANADA FREE

Three Hundred Million Bushel Crop in 1915

Farmers pay for their land with one year's crop and prosperity was never so great.

Regarding Western Canada as a grain producer, a prominent business man says: "Canada's position today is sounder than ever. There is more wheat, more oats, more grain for feed, 20% more cattle than last year and more hogs. The war market in Europe needs our surplus. As for the wheat crop, it is marvelous and a monument of strength for business confidence to build upon, exceeding the most optimistic predictions."

Wheat averaged in 1915 over 25 bushels per acre Oats averaged in 1915 over 45 bushels per acre Barley averaged in 1915 over 40 bushels per acre

Prices are high, markets convenient, excellent land, low in price either improved or otherwise, ranging from \$12 to \$30 per acre. Free homestead lands are plentiful and not far from railway lines and convenient to good schools and churches. The climate is healthful.

There is no war tax on land, nor is there any conscription. For complete information as to best locations for settlement, reduced railroad rates and descriptive illustrated pamphlet, address Superintendent Immigration, Ottawa.

J. M. MacLachlan, Drawer 197, Watertown, S. D., R. A. Garrett, 311 Jackson St., St. Paul, Minn. Canadian Government Agents

The Family Safeguard Against Colds

HILL'S CASCARA QUININE

The old standard remedy. In tablet form. No unpleasant after effects. No opiate. Cures colds in 24 hours. Laxative in 3 days. Money back if it fails. Insist on genuine—Box with red top—Mr. Hill's picture on it. 25 Cents. At Any Drug Store. W. H. Hill Company, Detroit

The Army of Constipation

Is Growing Smaller Every Day.

CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief—they permanently cure Constipation. Millions use them for Biliousness, Indigestion, Sick Headache, Sallow Skin. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature *W. H. Wood*

Farmers Attention!

Did you know that you could buy Hall Insurance by mail and save the middle man's profits or about one-fourth the cost of your insurance. Write telling us how much you farm, what county you are in, and how much insurance you want to carry and let us figure with you.

F. L. McCLURE SIOUX CITY, IA.

Sioux City Directory

"Hub of the Northwest."

FOR BEST SERVICE WRITE

RICE BROTHERS

Live Stock Commission Merchants at SIOUX CITY, Chicago or Kansas City

W. N. U., SIOUX CITY, NO. 12-1916.