 a chillos buels




 And this hook tis an appliance for




BEWMRE RIWW PORK Warning is Issued by Depart
ment of Agriculture.

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IISELSE HITS PIIE

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Blister Rust Threatens Big
Economic Loss.
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Everyone Should Drink Hot Water in the Morning Wash away
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Stho-My denr, tho
He-And Im all in!

A Woman tis always perfectiy sure
she is in the right until tit comes to
becking her opinion with real money



Ashamed of her bad complexion

Resinol Soap will clear it
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Don't Persecute Your Bowels

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## "I Feel Like

## A Real Day's Work'

Most men do who have good digestion
ady nerves and a clear brain. Right particularly right eating -makes for

The sound nourishment that "punch" to wade right into s richly supplied by the field But some grain foods are are all-important for physical

## Grape-Nuts

-made of selected whole wheat and malted bariey, furnishes one all the nutriment of the grain, including their vital mineral salis-phosphate of potash, etc.-necessary for the balanced rebuilding of body, brain and nerves.

GrapeNuts is easily digested; has a delicious nut-like flavour; is ready to eat direct from package; and with cream or good milk a splendidly balancod food.
"There's a Reason" for GRAPE-NUTS

