

Feel All Used Up?

Does your back ache constantly? Do you have sharp twinges when stooping or lifting? Do you feel all used up—as if you could just go no further?

Kidney weakness brings great discomfort. What with backache, headache, dizziness and urinary disturbances it is no wonder one feels all used up.

Doan's Kidney Pills have cured thousands of just such cases. It's the best recommended special kidney remedy.

A South Dakota Case Mrs. Mary B. Sundvold, Canton, S. D., says: "Kidney trouble made me miserable for years. I had awful pains in my back and my limbs were so stiff and sore I could hardly work."

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS. Purely vegetable—act surely and gently on the liver. Cure Biliuness, Headache, Dizziness, and Indigestion.

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

Marvel of Training. Rose had called on her afternoon out to see her friend, Arabella. Arabella's mistress had just purchased a parrot, and Rose was much interested in the bird.

Willing to Please. "Now, you, as superintendent of a school, object to this saloon and dance hall?" "I do."

Hardly. "Is life on a submarine quite cheerful?" "I should think it would rather induce that sinking feeling."

SOME HARD KNOCKS. Woman Gets Rid of "Coffee Habit." The injurious action of coffee on the hearts of many persons is well known by physicians to be caused by caffeine.

Never So Much Cake Eaten. The government officials tell you, with seriousness which demonstrates at least their conviction, that never in the history of Germany has so much cake been consumed as in this winter.

Communities Direct Distribution. It will pay for supplies at the "maximum price" fixed by the government last fall for grain transactions.

Parisian Meals at 2 Cents. Paris.—Sixty popular restaurants in Paris are now subsidized by the national relief commission organized by the government.

Poor People May Eat in French Capital at Marvelously Low Price. Paris.—Sixty popular restaurants in Paris are now subsidized by the national relief commission organized by the government.

Postum comes in two forms: Regular Postum—two must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

There's a Reason for Postum.—sold by Grocers

NO FAMINE IN GERMANY, BUT FOOD IS SAVED

Teuton Officials Expect Supplies to Hold Out With Proper Conservation.

LIMIT TO BE PUT ON BEER

Brewery Output Will Be Cut to Save Barley—Prisoners Used on Farms—Meat is Plentiful—Cut Down on Cakes.

By OSWALD F. SCHUETTE. Correspondent of the Chicago News.

Berlin.—Germany's official conservation of her bread and grain supplies is not regarded here as a promise of famine. It is only an episode in the all inclusive care with which the German government controls the price of eggs in Berlin with one hand and with the other fights against eight nations in arms.

It was only under the abnormal conditions created by the war that the government found any danger that the grain supplies would run short. Of every other item, practically, in the national bill of fare there seems to be a surplus, particularly of meat. But bread is such an important item in the life of this nation that its conservation becomes necessary.

The allowance which has been made of nine kilograms (approximately 20 pounds) to an individual each month is certainly a most liberal one. There are probably few families of five persons in America that consume 100 pounds of bread or flour a month.

Meat Supply is Abundant. As far as the other food supplies are concerned, the most important feature lies in the abundance of meat. For years the German empire has done all in its power to encourage the increase of animals on farms.

There has been the greatest peril to the sufficiency of the grain supplies. Therefore, the farms are being ordered to slaughter the hogs particularly, and to convert them, as far as possible, into smoked meat, which will be available for future use, without, in the meantime, eating any deeper into the national bread basket.

Two interesting items contributed to making radical steps necessary at this time. The first was the fact that the government prohibition against feeding grain to cattle and hogs has proved almost impossible of enforcement. The government authorities declared that the larger agriculturists obeyed, but the small farmers insisted on regarding their cattle as household pets.

The other item that contributed to compelling action at this time was the changed condition brought about by the sending of millions of men from the city to the front. This turned the handling of the household treasure completely over to the wives. It must be stated parenthetically that in Germany this is not as customary as in America.

They say that this came because the soldiers sent home virtually all their meager pay. But to this was added the additional subsistence provided by both government and municipality. They found that with this the housewife discovered it was possible to eat a meal or two a day in the thousand and one cafes that dot every big city until the consumption of flour began to soar at a surprising rate.

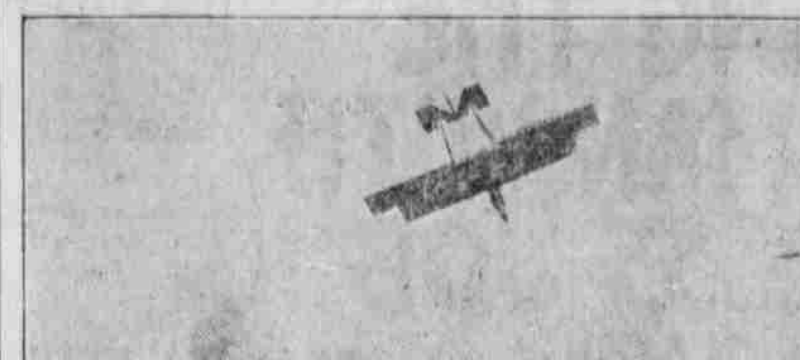
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MIMIC AIR FIGHT RESULTS FATALLY



Unusual photograph of falling aeroplane in which Frank Stiles was killed at Universal City, Cal. At the time of the accident Stiles was taking part in the making of a moving picture play-film and had just dropped a bomb on an aeroplane that had been started across a canyon.

The picture shows Stiles' machine as it headed for the earth. Before it struck the ground it turned completely over. The photograph was taken by U. K. Whipple, staff photographer of the Animated Weekly.

is being worked up in the same manner. The authority entirely to forbid the baking of cake or of wheat bread and to fix standard prices for rye bread, with even greater percentages of potatoes. They may also fix maximum prices for the sale of bread.

Big Crops Expected This Year. As far as the crops of 1915 are concerned, the government looks forward with confidence to a larger harvest than that of 1913. The acreage sowed to winter wheat and rye is up to last year's figures.

Prisoners to Be Cultivators. For this purpose prisoners of war are to be used. In the same way Russian prisoners on the eastern frontier will be pressed into service to increase production there.

Appeal Made to School Children. Even the school children are being urged to help. In Schoenberg, for instance, the following appeal was made to the patriotism of the children in all the schools:

Urged to Eat Little Cake. "3. As long as the war lasts eat very little or no cake. In making those small sacrifices you are helping your fatherland. You can eat as much sugar and confectionery as your parents allow.

Premature Baldness. Due to Dandruff and Irritation, Prevented by Cuticura. The Soap to cleanse and purify, the Ointment to soothe and heal. Daily shampoos with Cuticura Soap and occasional applications of Cuticura Ointment gently rubbed into the scalp skin will do much to promote hair-growing conditions.

Beauty Is Only Skin Deep. It is vitally necessary, therefore, that you take good care of your skin.

ZONA POMADE. If used regularly will beautify and preserve your complexion and help you retain the bloom of early youth for many years.

DEFIANCE STARCH. Is constantly growing in favor because it Does Not Stick to the Iron and it will not injure the finest fabric.

BEST MARKET for POULTRY, VEAL, CREAM, EGGS, BUTTER, etc. Write us for Price List and Terms. THE E. E. COBB CO., 14 E. 3rd Street, St. Paul, Minn.

W. L. DOUGLAS MEN'S \$2.50 \$3 \$3.50 \$4.00 \$4.50 \$5 \$5.50 SHOES. WOMEN'S \$2.00 \$2.50 \$3.00 \$3.50 & \$4.00 SHOES. BOYS' \$1.75 \$2 \$2.50 \$3.00 MISSES' \$2.00 & \$2.50. YOU CAN SAVE MONEY BY WEARING W. L. DOUGLAS SHOES.

The Similarity. "Jims says his wife's tongue goes as fast as an express." "Yes, and it's always on the rail."

NO WAR TAX ON CANADIAN LANDS. Untruthful Reports Circulated by Interested Parties. Defaming a neighbor at the expense of the truth does not help those who are guilty of the practice, and it may be said that those spreading false reports about Canadian lands, in the hope that they may secure customers for their own, will certainly fail of their purpose.

LABOR UNIONS PLEDGE SUPPORT. All the labor unions of the empire have pledged their support to the government plan and are helping in its enforcement. The same is true of the agricultural organizations.

PROPER SURROUNDINGS. "I have called a conference of leading citizens to consider assisting the starving of Europe."

THE TRUTHFUL TRAVELER. "How did you find life in the tropics?" "All that I expected it to be." "You were not disappointed then?" "Not at all. I thought it was going to be the next thing to Hades, and it was."

THE KIND. "So they have cleared the water of mines 12 miles for the warships' advance in Turkish waters?" "Yes, so I hear."

BUSINESS COMING. Bill—He'll have a lot of business after the European war is over. Jill—Why, what's his business?" "He's a mapmaker."

OREGON HAS TWO WOMAN HARNESMAKERS AND 29 FEMALE HATMAKERS.

Official Denial. No War Tax on Homestead Land in Canada. The report that a war tax is to be placed on Homestead lands in Western Canada having been given considerable circulation in the United States, this is to advise all emigrants that no such tax has been placed, nor is there any intention to place a war tax of any nature on such lands.

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Standard Serum Co. of Sioux City, Ia. POTENT ANTI-HOG CHOLERA SERUM. Auto. Phone 2224. 610 2408 STOCK YARDS SIOUX CITY, IOWA. W. N. U., SIOUX CITY, NO. 15-1915.

California's Expositions. VISIT California's Expositions. Northern Pacific Ry. and Great Northern Pacific S. S. Co. Wonderful Yellowstone National Park. Enter via Canadian Gateway reached only by Northern Pacific Ry.