Feel All Used Up? NO FAMINE IN

Does your back ache constantly? Do you have sharp twinges when stooping or lifting? Do you feel all used up— as if you could just go no further? Kidney weakness brings great discomfort. What with backache, headache, dizziness and urinary disturbances it is no wonder one feels all used up. Doan's Kidney Pills have cured thousands of just such cases. It's the best recommended special kidney remedy.

A South Dakota Case



Get Doan's at Any Store, 50c a Box DOAN'S HIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

The Wretchedness of Constipation



Genuine must bear Signature

A Soluble Antiseptic Powder to be dissolved in water as needed For Douches

In the local treatment of woman's ills, such as lencorrhoea and inflammation, hot douches of Paxtine are very efficacious. No woman who has ever used medicated douches will fail to appreciate the clean and healthy condition Paxtine produces and the prompt relief from screness and discomfort which follows its use. This is because Paxtine possesses superior cleansing, disinfecting and healing properties.

For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with wo-

private correspondence with women, which proves its superiority. Women who have been relieved my it is "worth its weight in gold." At druggists.

50c. large box or by mail. Sample free. The Paxton Toilet Co., Boston, Mass.

Marvel of Training.

bella's mistress had just purchased a meantime, eating any deeper into the parrot, and Rose was much interested | national bread basket, in the bird.

in a clock, an' when it was time to tell de time was."

"Go along. Yo' doan say so," said Arabella, incredulously.

"Shore thing," replied Rose, "and was only a wooden bird, too."-Har- powerless. per's.

Willing to Please.

"Now, you, as superintendent of a school, object to this saloon and dance hall?" "I do."

"And why do you object?" "On account of the establishment's

proximity." "Well, if they agree to cut that out every night at eleven o'clock, will that satisfy you?"

Hardly.

"Is life on a submarine quite cheerful?"

"I should think it would rather induce that sinking feeling."

SOME HARD KNOCKS Woman Gets Rid of "Coffee Habit."

The injurious action of coffee on the hearts of many persons is well known by physicians to be caused by caffeine. This is the drug found by chemists in coffee and tea.

A woman suffered a long time with severe heart trouble and finally her doctor told her she must give up coffee, as that was the principal cause of

the trouble. She writes: "My heart was so weak it could not do its work properly. My husband would sometimes have to carry me from the table, and it would seem that

I would never breathe again. "The doctor told me that coffee was causing the weakness of my heart. He said I must stop it, but it seemed I could not give it up until I was down

in bed with nervous prostration. "For eleven weeks I lay there and suffered. Finally husband brought not for human consumption, but to home some Postum and I quit coffee | feed farm animals. And the governand started new and right. Slowly L got well. Now I do not have any headaches, nor those spells with weak heart. We know it is Postum that helped me. The Dr. said the other day: 'I never thought you would be what you are.' I used to weigh 92

pounds and now I weigh 158. "Postum has done much for me and I would not go back to coffee again, for I believe it would kill me if I kept at it. Postum must be prepared according to directions on pkg., then it has a rich flavor and with cream is

PARISIAN MEALS AT 2 CENTS | bones to be cooked free of charge | of sciences, and of which M. Point Name given by Postum Co., Battle Creek, Mich. Read "The Road to Well-

ville," in pkgs. Postum comes in two forms: Regular Postum - must be well

boiled. 15c and 25c packages. Instant Postum-is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream | tional relief commission organized by and sugar, makes a delicious beverage

instantly. 30c and 50c tins. Both kinds are equally delicious and cost per cup about the same.

"There's a Reason" for Postum. -sold by Grocers GERMANY, BUT FOOD IS SAVED

Teuton Officials Expect Supplies to Hold Out With Proper Conservation.

LIMIT TO BE PUT ON BEER

Brewery Output Will Be Cut to Save Barley-Prisoners Used on Farms -Meat Is Plentiful-Cut Down on Cake.

By OSWALD F. SCHUETTE.

Correspondent of the Chicago News. Berlin,-Germany's official conservaion of her bread and grain supplies is not regarded here as a promise of famine. It is only an episode in the all inclusive care with which the German government controls the price of eggs in Berlin with one hand and with the other fights against eight nations in arms. For Germany's food supply is, according to all available statistics, more than large enough to feed her 65,000,000 until the summer harvest, even without importations.

It was only under the abnormal conditions created by the war that the government found any danger that the grain supplies would run short. Of every other item, practically, in the national bill of fare there seems to be a surplus, particularly of meat. But bread is such an important item in the life of this nation that its conservation becomes necessary.

The allowance which has been made of nine kilograms (approximately 20 pounds) to an individual each month is certainly a most liberal one. There are probably few families of five persons in America that 'consume 100 pounds of bread or flour a month.

Meat Supply Is Abundant.

As far as the other food supplies are concerned, the most important feature lies in the abundance of meat. for years the German empire has done all in its power to encourage the increase of animals on farms. The result is that at this time the cattle total is, approximately, 22,000,000, while the number of hogs has reached a total of fall weather, which lasted almost un-25,000,000. In fact, it is this relatively large number of farm animals that has been the greatest peril to the sufficiency of the grain supplies. Therefore, the farmers are being ordered to slaughter the hogs particularly, and to convert them, as far as possible, Rose had called on her afternoon into smoked meat, which will be availout to see her friend, Arabella. Ara- able for future use, without, in the

Two interesting items contributed Birds is shore sensible," she ob- to making radical steps necessary at served. "You kin learn them anything. | this time. The first was the fact that I uster work for a lady that had a bird the government prohibition against feeding grain to cattle and hogs has de time ob day it uster come out an' proved almost impossible of enforcesay 'cuckoo' jest as many times as ment. The government authorities declared that the larger agriculturists obeyed, but the small farmers insisted on regarding their cattle as household pets. Against this even the iron de mos' wonderful part was dat it hand of the German government was

The other item that contributed to compelling action at this time was harvest the potato crop. In France the changed condition brought about by the sending of millions of men from the city to the front. This turned the handling of the household treasure completely over to the wives. It must be stated parenthetically that in Germany this is not as customary as in America. The government authorities say that as a result there has been a great increase in the consumption of bread and other flour products and a decrease in the consumption of meat and similar food.

They say that this came because the soldiers sent home virtually all their meager pay. But to this was added the additional subsistence provided by both government and municipality. They found that with this the housewife discovered it was possible to eat a meal or two a day in the thousand and one cafes that dot every big city until the consumption of flour began to soar at a surprising rate.

Never So Much Cake Eaten.

The government officials tell you, with seriousness which demonstrates at least their conviction, that never in the history of Germany has so much cake been consumed as in this winter. In fact, they refer to these cafes and bakeries as the "internal enemies" of the empire. When the war broke out the pig that insisted on eating grain had this distinction, but since then his slaughter has been de-

Another restriction is in immediate prospect. This concerns the amount of beer to be produced by the breweries. For the breweries are great consumers of barley. Barley is needed, ment has determined that food for farm animals is far more important

than beer for human beings. From a food standpoint Germany's salvation really lies in the enormous supply of potatoes furnished by last year's crip. Exact statistics are not available, but the government considers the potato production as inexhaustible. For this reason potatoes are being used in bread and in every possible form for human and animal food. The surplus of sugar beet also

Poor People May Eat in French Cap-

ital at Marvelously Low

Price.

Paris are now subsidized by the na-

the government. In these restaurants

meals are served at prices ranging

from two cents up. Sixty kitchens

are also maintained where poor fam-

Paris .- Sixty popular restaurants in

In addition the communities have fice.

Two hundred workrooms where wom-

en thrown out of work by war are

able to earn their living are also

Besides these enterprises the com-

mittee is running an employment

agency for the benefit of the 5,000,-

000 Belgian and French refugees and

distributing individual relief in all

cases that are not provided for by the

The commission presided over by

maintained by the commission.

regular government allowance.



MIMIC AIR FIGHT RESULTS FATALLY

Unusual photograph of falling aeroplane in which Frank Stites was killed Universal City, Cal. At the time of the accident Stites was taking part in the making of a moving picture play-film and had just dropped a bomb on an aeroplane that had been started across a canyon. The explosion of the bomb and destruction of the seroplane just below created an air pocket and Stites' machine was dashed to the earth almost at the feet of some 2,000 spectators. The picture shows Stites' machine as it headed for the earth. Before it struck the ground it turned completely over. The photograph was taken by U. K. Whipple, staff photographer of the Animated Weekly,

is being worked up in the same man-

Big Crops Expected This Year. As far as the crops of 1915 are conwith confidence to a larger harvest prices for the sale of bread. than that of 1913. The acreage sowed til Christmas. This made it possible for the decreased farm population to finish its work.

toes. These will be planted at the cost of the railroads and turned over to the employees for their personal called a meeting of the bakers for Satuse.

Large areas of private domains used this year. On the famous Lueneburger Heath extensive operations are to be undertaken to make the land arable.

Prisoners to Be Cultivators. For this purpose prisoners of war are to be used. In the same way Russian prisoners on the eastern frontier will be pressed into service to increase production there. They were used to some extent last fall to and Belgium the German soldiers have been helping to plant crops.

Probably the most interesting features of this problem of food conservation are the arrangements that have been made with reference to the grain supply. Last fall the imperial government, the cities of the empire with more than 100,000 population and some of the larger industrial organizations subscribed a capital of \$13,-000,000 to buy up grain supplies. It was the intention of the government to lay aside sufficient grain to carry the nation from May 15 to the next harvest.

By careful financiering in the way of loans on grain bought to make possible further purchases, this organization has accumulated approximately 3,000,000 tons of wheat and rye. This, it is figured, would have carried the nation to the harvest with a surplus of 10 per cent. However, when it was found that the present consumption increased too rapidly the government decided on its order of January under which all of the grain and flour supplies of the empire are put into the hands of this organization.

Communities Direct Distribution. It will pay for supplies at the "maxlast fall for grain transactions. It will then allot to each community an ents allow. amount equivalent to 20 pounds a person and the community government will be intrusted with its individual distribution. The communities must pay in the internal organization the cost price, plus interest and mailing. A special premium of 10 per cent rebate is provided on the amounts saved by communities out of their allow-

Certain important restrictions have or take it home with you." been imposed by the government upon the community distribution. All per cent of rye flour. All rye bread contains more than 10 per cent of flour. I am not enough of a culinary will make.

the authority entirely to forbid the baking of cake or of wheat bread and to fix standard prices for rye bread, with even greater percentages of potacerned, the government looks forward toes. They may also fix maximum

The decrease in the bread producto winter wheat and rye is up to last | tion as a result of the new restriction year's figures. There had been some is about 25 per cent. This, of course, fear that sending millions of men to has meant a corresponding decrease the front would so denude the farms in the business of the bakers. Therethat planting would be held back. But upon some of the latter raised the nature was most generous, with balmy price. It was to check this that power was given the communities to set maximum prices.

Labor Unions Pledge Support. All the labor unions of the empire In addition there is promised an in- have pledged their support to the govcreased acreage in spring planting, ernment plan and are helping in its The rights of way along the railroads | enforcement. The same is true of the throughout the empire are to be agricultural organizations. Wherever planted, as far as possible, in pota- there has been opposition the government has made short work of it. In urday night. Almost all of them sent as an excuse for their absence the which have not been cultivated will be fact that it was their cake-baking night

"There will be no more cake in Chemnitz," said the mayor, and the decree was issued.

Now the bakers can take Saturday nights off and there will be no further difficulty about attending the mayor's meetings.

Special appeals are being made ant problem.

Appeal Made to School Children. Even the school children are being made to the patriotism of the chil-

terrible war, in which your fathers and brothers are now fighting, to an end. As our enemies are unable to conquer us with the sword, it is their evil intention to try to starve us out and for this reason they have cut off our supplies. We are going to frusfrate their despicable intention and you must help us by conscientiously following this advice:

"I. Ask your parents to buy only 'kriegsbrot' (war bread). It tastes as good and is just as digestible as the

above mentioned 'kriegsbrot.' We may possibly become short of wheat, and, land will make the question well therefore, we wish to limit the use of flour as much as possible.

Urged to Eat Little Cake.

"3. As long as the war lasts eat very little or no cake. In making those small sacrifices you are helping imum price" fixed by the government | your fatherland. You can cat as much sugar and confectionery as your par-

"4. Ask your mother to cook potatoes in their jackets. As Berlin chilgood cooked in this manner. "5. Especially you must be very say ing with all foodstuffs, old dry bread

"6. Don't take more lunch than you can eat to school with you. If you have too much, then give it to a friend

All of which means that the civil population of Germany is living pracwheat bread must contain at least 20 tically on the same "kommisbrot" which serves as the ration of the solmust contain at least 10 per cent of dier in the field. It seemed strange potatoes. No cake is to be baked that at first to miss the delicious little "brotchen" that formed such an important item in the German breakfast. expert to say what kind of cake this But in times like these you cannot even dignify that by calling it a sacri-

Students in the Army.

that two-thirds of the undergraduates of Oxford and Cambridge universities These include 80 of the 89 members of illes out of fuel may take their soup M. Paul Appell, dean of the faculty the athletic teams of the universities.

housewives to help in the conservation of the food supplies. In Berlin a series of classes has been arranged by the government to instruct speakers who are to lecture on this import-

erged to help. In Schoeneberg, for instance, the following appeal was dren in all the schools:

"We ask your help in bringing this

"2. Instead of white bread eat the

dren you will know that they are very Due to Dandruff and Irritation, Pre-

ments of life, including archbishops, politicians, educators, professional men and labor leaders.

care is honorary president, is com-

posed of leading men from all depart-

London.-Premier Asquith reports -about 6,000-have joined the army.

stand why they be and fit better, h YOU CAN SAVE MONEY BY their shape and wear longer than other makes for the price **WEARING W. L. DOUGLAS SHOES** W. L. Douglas shoes are made of the best domestic and impleathers, on the latest models, carefully constructed by the nexpert last and pattern makers in this country. No other make of equal prices, can compete with W. L. Douglas shoes for style, workmanship and quality. As comfortable, easy walking shoes they are unsurpassed. The \$3.00, \$3.50 and \$4.00 shoes will give as good service sa other makes costing \$4.00 to \$5.00. The \$4.50, \$5.00 and \$3.50 shoes compare favorably with other makes costing \$6.00 to \$5.00. The \$4.50, \$5.00 and there makes costing \$6.00 to \$5.00. Wherever you live there are many men and women wear shoes. Consult them and they will tell Douglas shoes cannot be excelled for the price. \$350 SHOE CAUTION! When buying W.L. Douglas shoes stamped on the bottem. Shoes this stamped are always worth the price paid for them. Shoes this stamped are always worth the price paid for them. For 32 years W.L. Douelas he guaranteed their value and protected the weaver assinct his prices for inferior shoes by having his NAME AND PRICE atamped on the bottom before they have the factory. Do not be persuaded to take some other make claimed to be just a good. You are paying your money and are entitled to the best II your dealer cannot supply you, write for Illustrated Catalog showing how to order by mail.

W. L. Douglas, 210 Spark St., Brockton, Mass BEWARE OF TROUBLES OF EARLY POET Complimentary,

The Similarity. "Jims says his wife's tongue goes as fast as an express." "Yes, and it's always on the rail,"

Untruthful Reports Circulated by Interested Parties.

Defaming a neighbor at the expense guilty of the practice, and it may be said that those spreading false reports about Canadian lands, in the hope that they may secure customers for their own, will certainly fail of their purpose. False statements so maliciously circulated will sooner or later be disproved. And, as in the case of the lands of Western Canada, the fertility of which is now so well known to people of every state in the United States, the folly of this work shows an exceeding short sightedness on the part of those guilty of the practice.

The present war has given some of these people the opportunity to exercise their art, but in doing it they are only arousing the curiosity of those who read the statements and a trifling investigation will only reveal their untruthfulness.

A very foolish statement has recently appeared in a number of pa-

pers, reading in part as follows:-"It is believed that as a result of the war tax on land imposed by the Canadian Government a number of former Dakota farmers who went to the British Northwest will be compelled to return to the United States. Information has been received that the tax will amount to about \$500 for each farm of 160 acres, which in the case two Dakotas would practically amount to confiscation."

To show that the public has doubted, hundreds of inquiries have been made the Government at Ottawa, Canada, only to bring out the most emphatic denial. A full-fledged lie of this kind has, of course, only a short life, and will tell in the end against those who forge it and spread it, but, as a Winnipeg paper points out, it is most complimentary to the agricultural possibilities of Western Canada to find that rival farming propositions need audacious mendacity of this description to help them.

What is the truth? The Saskatchewan Government has authorized a levy of \$10 per quarter section on uncultivated lands owned by non-residents. The Alberta Government has imposed a Provincial tax of 10 mills on the assessed value of all uncultivated lands. There are some special applications of these taxes, but the main provisions are as above. Those vacant lands held by non-residents in Western Canada form a grave problem. They are making for poor communities, poor schools and poor social and economic conditions generally. By having them cultivated the owners as well as the districts in which they are located will benefit alike. It is for this reason that the Government has recently asked the co-operation of the non-residents. The high price of grain for some years to come, and the general splendid character of Western Canada worth consideration.-Advertisement.

Preposterous.

"The poor fellow was simply driven to his grave." "Well, why not? You wouldn't compel a dead man to walk there, would you?"

> PREMATURE BALDNESS vented by Cuticura.

The Soap to cleanse and purify, the Ointment to soothe and heal. Daily shampoos with Cuticura Soap and occasional applications of Cuticura Ointment gently rubbed into the scalp skin will do much to promote hair-growing conditions. Sample each free by mail with Book.

Address postcard, Cuticura, Dept. XY

Boston. Sold everywhere.-Adv The Proviso. "Don't you think all laws ought to have teeth in them?"

"Yes, if they're not gold-filled." ALLEN'S FOOT-EASE for the TROOPS Over 100,000 packages of Alien's Foot-Ease, the antiseptic powder to shake into your shoes, are being used by the German and Allied troops a the Front because it rests the feet, gives in stant relief to Corns and Bunions, hot, swoller aching, tender feet, and makes walking easy Sold everywhere. Sc. Try It TODAY. Don' nocept any substitute. Adv.

Why pay to be delivered from temptation and then go around looking

YOUR OWN DRUGGIST WILL TELL YOU

It's nice to live in the countrynice for your city relations.

to Do but Proceed to Invention of Paper? "My dear," said the Cave Man Poet, appearing in the doorway of their dwelling, chisel and mallet in hand, "Did you see that page of my poem on 'Spring' I was cutting for

His Brainwork Lost, What Was There

.L.Douglas

MEN'S \$2.50 \$3 \$3.50 \$4.00 \$4.50 \$5 \$5.50 SHOES

WOMEN'S \$2.00 \$2.50 \$3.00 \$3.50 & \$4.00 SHOES

BOYS' \$1.75 \$2 \$2.50 \$3.00 MISSES' \$2.00 & \$2.50

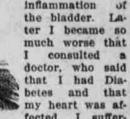
the Yearly Neolith yesterday? I can't find it anywhere in the quarry." His wife nodded. "Yeh," she replied querulously, "and I don't care-you ought to be out hunting grub with the rest of the men. I bounced it off that old perydactyl's

bean yesterday, when he was snoopof the truth does not help those who are ing around here trying to get a couple of the children." "And did it-7" "Yes, it tore in two and plopped into

> the lake." Whereupon the Cave Man threw up both hands in despair, and proceeded to invent paper.

SUFFERED FOR FOUR YEARS.

Mr. J. M. Sinclair of Olivehill, Tenn., writes: "I strained my back, which weakened my kidneys and caused an awful bad backache and inflammation of



betes and that my heart was affected. I suffer-Mr. J. M. , nclair. ed for four years and was in a nervous state and very much depressed. The doctor's medicine didn't help me, so I decided to try Dodds Kidney Pills, and I cannot say enough to express my relief and thankfulness, as they cured me. Dia-

mond Dinner Pills cured me of Constipation." Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Dodds Dyspepsia Tablets for Indigestion have been proved.

50c. per box.-Adv.

Proper Surroundings. "I have called a conference of leading citizens to consider assisting the starving of Europe."

"I'll provide a nice lunch for those who come." "No: leave out the lunch. Let 'em feel how it is to be hunugry. They'll appreciate the situation better."-Kansas City Journal.

The Truthful Traveler. "How did you find life in the troples?"

"All that I expected it to be: "You were not disappointed then?" "Not at all. I thought it was going to be the next thing to Hades, and

The Kind. "So they have cleared the water of mines 12 miles for the warships' advance in Turkish waters?" "Yes, so I hear."

"Could that be called a sweeping victory?" Business Coming.

after the European war is over. Jill-Why, what's his business?" "He's a mapmaker." Some people are so careless they

Bill-He'll have a lot of business

Nothing is more disgusting than a young man trying to act old or an old man trying to act young.

don't care what happens, so long as

It doesn't happen to them.

Oregon has two woman harnessmakers and 29 female batmakers.



Beauty Is Only Skin Deep

essary, therefore, that you take good care of your skin.

preserve your complexion and help you retain the bloom of early youth for many years. Try it for 30 days. If not more than satisfied you get your money back. 50c at druggists or mailed direct.

Zona Company, Wichita, Kan. DEFIANCE STARCH

is constantly growing in favor because it Does Not Stick to the Iron and it will not injure the finest fabric. For laundry purpose sit has no equal. 16 oz.. package 10c. 1-3 more starch for same money. DEFIANCE STARCH CO., Omaha, Nebraska

BEST MARKET for POULTRY-VEAL-CREAM
HIDES-EGGS-BEANS
Write us for Price List and Tags.
IHER. E. COBS CO., 14 E. 3rd Street. St. Paul, Minn.
W. N. U., SIOUX CITY, NO. 15-1915.

Master of the House (to complaining servant)-Dear, dear, James. Fm tired of these continual kitchen squab-

If you could what th

at Brookton, Mas

and see how carefu

the shoes are mad

leathers used, yo would then unde

nd the high grad

bles. Servant-Well, sir, 'ow would you like to be called a addle headed old idiot, supposin' you wasn't one, sir?

Matter of Sex. "This is one of the spiciest books I ever read," remarked the hardward drummer, as he turned over another

leaf. "So?" queried the hotel clerk.

'What's the name of the authoress?" Examine carefully every bottle of CASTORIA, a safe and sure remedy for

infants and children, and see that it Bears the Signature of Chart Hillithiss.
In Use For Over 30 Years.

A Change. He-What did young Vakant say? She-He says that he has changed his mind.

Children Cry for Fletcher's Castoria

the better. The Necessary Start. "Professor, do you think my daughter has any qualifications for the pi-

He-Well, any change would be for

"Well, she has two hands, madam." With some men nothing is impossible. You will even sometimes see an old bachelor trying to amuse a baby.

Adam was the only man in the history of the world who never tried to blame his downfall on heredity.



California's Expositions

Northern Pacific Ry ter via Gardiner Gateway Northern Pacific Ry. Vi

Send at once for free Expenteravel literature, and fafe let us assist you in plann! "Made in America" vacation, A. M. CLELAND, Gen'l Pass. A. 517 Northern Pacific Ry. St. Paul, Minn.

Official Denial No War Tax on Homestead Land in Canada The report that a war tax is to be placed on Homestead lands in Western Canada having been given considerable circulation in the United States, this is to naivise all enquirers that no such tax has been placed, nor is there any intention to place a war tax of any nature on such lands. (Signed) W. D. Scott, Supt. of Immigration, Otlaws, Canada, March 15th, 19th

In the Wheat Belt Improved farms, rawland, an Loan & Realty Co., White Sulphur Springs, Mon

It is vitally nec- MUST MOVE 5000 choice apple trees. Will name the saorince prices. Full line other stock. Sioux City Directory

"Hub of the Northwest." DEVELOPING Kodaks and PRINTING if used regularly will beautify and ZIMMERMAN BROTHERS, 608 Pierce St., Sleez Chy, In

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TI-HOG CHOLERA SERUM STOCK YARDS SIOUX CITY, IOWA